



ST JOHN'S C.E. PRIMARY SCHOOL

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THE CHURCH OF ENGLAND IN LANCASHIRE

Dear St John's families

I am writing in light of changes made to national policies on self-isolation and to provide information on how COVID-19 will be managed in the school this term.

CHANGES TO NATIONAL SELF-ISOLATION GUIDANCE

From 16 August, the Government has said that people aged under 18 years and 6 months or who are fully vaccinated will no longer be legally required to isolate if they are a close contact of someone with COVID-19. Instead, such people will be advised to get a PCR test (unless they have had a positive PCR test in the previous 90 days.)

Anyone who develops any of the three main COVID-19 symptoms (see below) **must** get a PCR test as soon as possible and isolate until the result is available. People who get a positive PCR test must continue to isolate as usual.

The main symptoms of COVID-19 are:

- new continuous cough and/or
- fever (temperature of 37.8°C or higher)
- loss of or change in, normal sense of taste or smell

Self-isolation means your child:

- **should not go to school, attend any out of school activities or visit a friend's house.**
- **They should not visit any public places, use public transport or go out to exercise.**
- **You should not have visitors into the home except for those providing essential care.**

Please contact the school by phone and inform us your child has COVID-19 confirmed by PCR test. It is really important you let us know if your child has confirmed COVID-19 so we can monitor the number of children with COVID-19 across the school.

Thank you
Mrs Galloway

Head Teacher

<p>What should I do if my child develops COVID-19 symptoms?</p>	<p>If your child develops any of the symptoms, you must arrange for them to have a PCR test as soon as possible. A PCR test can be arranged via the NHS UK (www.nhs.uk) website or by contacting NHS 119 via telephone if you do not have internet access. Your child should self-isolate immediately and they should not attend school. Please contact the school by phone to inform us your child has COVID-19 symptoms and you are awaiting a COVID-19 test.</p>
<p>What should I do if my child has COVID-19 confirmed by PCR test?</p>	<p>Anyone with COVID-19 confirmed by PCR test should self-isolate until the <u>latest</u> of:</p> <ul style="list-style-type: none"> • 10 days after the onset of their symptoms, or • 10 days after their test day if they are asymptomatic
<p>What should I do if my child is a contact of someone with COVID-19 confirmed by PCR test?</p>	<p>They should have a PCR test unless they have had a positive PCR test in the last 90 days. If your child's test is positive they will need to isolate for 10 days. If the test is negative, we would encourage them to take a lateral flow device test every 2 days for the next 10 days. They can continue to attend school if they remain well.</p>
<p>What should I do if my child has a positive result on a lateral flow device test?</p>	<p>If your child has a positive result on a lateral flow device test, they should self-isolate immediately and you should arrange a PCR test as soon as possible. Other members of the household do not need to self-isolate whilst you await the PCR test result if they do not have symptoms and are aged under 18 years and 6 months or are fully vaccinated.</p>
<p>What should I do if my child is unwell with signs of an infection but does not have symptoms of COVID-19</p>	<p>Your child should not attend school if they are unwell. If concerned you should seek advice from your GP or Pharmacist, they will be able to advise you how long your child should stay off school. Otherwise we would recommend 48 hours or until the child is symptom free, whichever is longer.</p>