

**P.E WHOLE SCHOOL OVERVIEW**

**2024/2025**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **RECEPTION** | Fundamental Movement Skills 1 | Fundamental Movement Skills 1  New to balance bikes | Fine Motor Skills  YOGA | Balance Bikes-Moving On  Gym-Rock and Rolling | Fundamental Movement Skills 1  Athletics 1 | Athletics 2  Object Control 1 |
| **Year 1** | Dance from around the world  Fundamental Movement Skills 2 | Balance Bikes-Mastering Skills  Fundamental Movement Skills 2 | Invasion Games Skills 1  Gymnastics-Balancing & Spinning on points and patches | Striking and fielding game skills 1  Gymnastics-Pathways small and long | Athletics 2  YOGA | Dance-Under the sea  Fundamental Movement Skills 3 |
| **Year 2** | Gymnastics-Pathways straight, zipzag and curving  Fundamental Movement Skills 2 | Dance-Fire of London  Fundamental Movement Skills 2 | Dance-Fire of London  Fundamental Movement Skills 3 | Fundamental Movement Skills 3  Gymnastics-Spinning, turning and twisting | Dance-Mini-Beasts  Athletics 2 | Athletics 2  Dance-Mini-Beasts |
| **Year 3** | Health Related Fitness  Tennis | Gymnastics-linking movements together  Football | Dance-Volcanoes  Netball | Health Related Fitness  Tag Rugby | Max Whitlock Gymnastics  Athletics 3 | Yoga  Rounders |
| **Year 4** | Gymnastics-Arches and bridges  Hockey | Cricket  Dance-Theseus and the minotaur | Athletics 4  Tag Rugby | Fit2Go  Flag Football | Swimming  Tennis | Swimming  Athletics 4 |
| **Year 5** | Swimming  Tennis | Swimming  Football | Swimming  Health Related Fitness | Swimming  Netball | Rugby & Reading  Gymnastics-Year 5 | Rugby & Reading  Athletics-5 |
| **Year 6** | Netball  Gymnastics-Group Sequencing | Cricket  Dance-The Haka | Hockey  Street Dance-House Of Wingz | Tennis  Gymnastics-Flight | Football  Athletics 6 | Leadership  Health Related Fitness |