

**P.E WHOLE SCHOOL OVERVIEW**

**2024/2025**

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **RECEPTION**  | Fundamental Movement Skills 1 | Fundamental Movement Skills 1New to balance bikes | Fine Motor SkillsYOGA | Balance Bikes-Moving OnGym-Rock and Rolling | Fundamental Movement Skills 1Athletics 1 | Athletics 2Object Control 1 |
| **Year 1** | Dance from around the worldFundamental Movement Skills 2 | Balance Bikes-Mastering SkillsFundamental Movement Skills 2 | Invasion Games Skills 1Gymnastics-Balancing & Spinning on points and patches  | Striking and fielding game skills 1Gymnastics-Pathways small and long | Athletics 2YOGA | Dance-Under the seaFundamental Movement Skills 3  |
| **Year 2** | Gymnastics-Pathways straight, zipzag and curving Fundamental Movement Skills 2 | Dance-Fire of LondonFundamental Movement Skills 2 | Dance-Fire of LondonFundamental Movement Skills 3 | Fundamental Movement Skills 3Gymnastics-Spinning, turning and twisting  | Dance-Mini-BeastsAthletics 2 | Athletics 2Dance-Mini-Beasts |
| **Year 3** |  Health Related FitnessTennis | Gymnastics-linking movements togetherFootball  | Dance-VolcanoesNetball | Health Related FitnessTag Rugby  | Max Whitlock GymnasticsAthletics 3 | YogaRounders |
| **Year 4** | Gymnastics-Arches and bridgesHockey | CricketDance-Theseus and the minotaur  | Athletics 4Tag Rugby | Fit2GoFlag Football | Swimming Tennis | SwimmingAthletics 4 |
| **Year 5** | SwimmingTennis | SwimmingFootball | SwimmingHealth Related Fitness | SwimmingNetball | Rugby & ReadingGymnastics-Year 5 | Rugby & ReadingAthletics-5 |
| **Year 6** | NetballGymnastics-Group Sequencing | CricketDance-The Haka | HockeyStreet Dance-House Of Wingz | TennisGymnastics-Flight | FootballAthletics 6 | LeadershipHealth Related Fitness |