

Do you have concerns about a young persons, emotional health & Wellbeing ?

Would you like further information on local services & support available?

Unsure where go get support for a referral?

Keen to gain support for young person ?

Are you struggling with overwhelming thoughts & feelings ?



BLACKPOOL PMHW

Blackpool Primary Care Mental Health workers offer an ongoing weekly Monday drop ins, for support and guidance. Open to young people, parent carers & professionals.

We can discuss current concerns, safety / risk factors and devise a plan to support the young person. We look closely how best to support the young person by signposting the most appropriate services.

We can also assist with effective referrals into OPTIONS4CYP.

VENUE
2nd Floor
Whitegate Drive
Health Centre
Blackpool
FY9 9ES

Monday: 2pm-4pm

For Further Information Contact:

0800 121 7762