

# LUNCH TIME MENU



## WEEK 1

26/08, 16/09, 07/10,  
28/10, 18/11, 09/12,  
30/12, 20/01, 10/02

Mexican Quorn Fajita Pasta & Crusty French Bread  
or  
Cheese & Onion Pie & Mashed Potatoes  
~  
Cauliflower & Broccoli  
~  
Today's Jacket Potato – Baked Beans  
Today's Sandwich – Egg Mayo  
~  
Apple Crumble & Custard

British Roast Chicken, Sage & Onion Stuffing, Creamed Potatoes & Gravy  
or  
Linda McCartney Vegetarian Sausage, Creamed Potatoes & Gravy  
~  
Sliced Carrots & Cabbage  
~  
Today's Jacket Potato – Cheese  
Today's Sandwich – Ham  
~  
Raspberry Bun

Red Tractor Pork Sausages, Bacon, Hash Brown & Baked Beans  
or  
Free Range Egg Omelette, Hash Brown & Baked Beans  
~  
Baked Beans & Mixed Vegetables  
~  
Today's Jacket Potato – Tuna Mayo  
Today's Sandwich – Turkey  
~  
Homemade Rice Pudding

Homemade Meat & Potato Pie with a Shortcrust Pastry Top  
or  
Special Quorn Rice (Biryani) & Naan Bread  
~  
Green Beans & Sweetcorn  
~  
Today's Jacket Potato – Baked Beans  
Today's Sandwich – Cheese  
~  
Cook's Choice Cookie

Young's Crispy Fish finger & Chips  
or  
Country Vegetable Bake & Chips  
~  
Garden Peas & Sweetcorn  
~  
Today's Jacket Potato – Cheese  
Today's Sandwich – Tuna Mayo  
~  
Vanilla Sponge & Custard

## WEEK 2

02/09, 23/09, 14/10,  
04/11, 25/11, 16/12,  
06/01, 27/01, 17/02

Cook's Choice Homemade Pizza made with Wholemeal Flour & Oven Baked Herby Diced Potatoes  
or  
Vegetarian Sausage Roll, Oven Baked Herby Diced Potatoes & Gravy  
~  
Baked Beans & Garden Peas  
~  
Today's Jacket Potato – Baked Beans  
Today's Sandwich – Egg Mayo  
~  
Chocolate Mousse & Fresh Orange Wedges

Traditional Roast Beef, Yorkshire Pudding, Roast Potatoes & Gravy  
or  
Arrabiata Tomato Sauce, Wholemeal Pasta with Garlic Bread  
~  
Carrot Batons & Broccoli  
~  
Today's Jacket Potato – Cheese  
Today's Sandwich – Turkey  
~  
Cook's Flapjack

Cook's Choice Chicken Curry Rice & Naan Bread  
or  
Mexican Cheese & Tomato Wrap & Savoury Vegetable Rice  
~  
Sliced Carrots & Garden Peas  
~  
Today's Jacket Potato – Tuna Mayo  
Today's Sandwich – Cheese  
~  
Cook's Choice Jelly & Watermelon Slices

Pork Sausage Puff Pastry Twist Mashed Potatoes & Gravy  
or  
Quorn & Sweet Potato Tikka & Steamed Rice  
~  
Mixed Vegetables & Green Beans  
~  
Today's Jacket Potato – Cheese  
Today's Sandwich – Ham  
~  
Chocolate & Beetroot Muffin

Golden Fish Star & Chips  
or  
Quorn Nuggets & Chips  
~  
Garden Peas & Baked Beans  
~  
Today's Jacket Potato – Baked Beans  
Today's Sandwich – Tuna Mayo  
~  
Shortbread Biscuit

## WEEK 3

09/09, 30/09, 21/10,  
11/11, 02/12, 23/12,  
13/01, 03/02

Vegetarian Meatballs in a Tomato Sauce, Pasta & Crusty French Bread  
or  
Homemade Cheese & Egg Flan & New Potatoes  
~  
Baked Beans & Sweetcorn  
~  
Today's Jacket Potato – Baked Beans  
Today's Sandwich – Cheese  
~  
Chocolate Brownie

British Roast Chicken, Sage & Onion Stuffing, Creamed Potatoes & Gravy  
or  
Tomato Sauce with Wholemeal Pasta & Crusty Bread  
~  
Sliced Carrots & Broccoli  
~  
Today's Jacket Potato – Tuna Mayo  
Today's Sandwich – Turkey  
~  
Cheesecake

Seasoned Chicken Fillet Potato Puffs & BBQ Sauce  
or  
Homemade Individual Pizza & Potato Puffs  
~  
Mixed Vegetables & Diced Carrots  
~  
Today's Jacket Potato – Cheese  
Today's Sandwich – Cheese  
~  
Frozen Yoghurt Pot

Homemade Beef Lasagne & Crusty Bread  
or  
Cheese & Onion Lattice & Mashed Potatoes  
~  
Garden Peas & Baked Beans  
~  
Today's Jacket Potato – Baked Beans  
Today's Sandwich – Ham  
~  
Cook's Choice Jelly & Mandarins

Battered Fish & Chips  
or  
Golden Vegetable Fingers & Chips  
~  
Mushy Peas & Sweetcorn  
~  
Today's Jacket Potato – Tuna Mayo  
Today's Sandwich – Tuna Mayo  
~  
Chocolate Sponge & Custard

