



Items we need!

Tins of soup

Tins of veg

Tins of baked beans

Tins of spaghetti

Tinned meals

Tins of fish

Pasta sauce

Tins of fruit

Tins of rice pudding

Jars of jam

Tins/packets of custard

Packs of dried pasta, rice and plain
noodles

Pasta in sauce

Savoury rice packets

Instant noodles

Cup a soups

Tea bags

Biscuits

Men's deodorant

Women's deodorant

Shower gel

Shampoo

Conditioner

Bars of soap

Toothbrushes

Toothpaste

Packs of tissues

Razors

Sponges and flannels

Body lotion

Sanitary towels

Tampons

Hair gel

Aftershave balm

Toiletry bag

Combs and brushes

Wet wipes

Hairspray or mousse

Men's and women's new/unused
underwear in adult sizes Small and
Medium

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