



**ST JOHN'S C.E. PRIMARY SCHOOL**  
Church Street, Blackpool, Lancashire, FY13NX  
Tel: 01253 807495 Fax: 01253 290685  
Email: admin@st-john.blackpool.sch.uk  
[www.stjohnsblackpool.co.uk](http://www.stjohnsblackpool.co.uk)



THE CHURCH OF ENGLAND IN LANCASHIRE

Dear Year 6 Parents and Carers,

We are delighted to inform you about an excellent opportunity to support your child as they prepare for the transition to high school.

The Family Hub team are running the Triple P Fear-Less Workshop, a fantastic, free programme designed to help parents and carers support their child, in preventing anxiety and building resilience as they approach high school.

Moving to high school can be a very nerve-wracking time for children. This workshop is designed to equip you with the tools and skills needed to help your child navigate this big change with confidence. The friendly and relaxed one-day session will cover a range of strategies to help you support your Year 6 child in overcoming any anxieties they may have.

The workshop will run for one full day, from 8.45am to 3.15pm, on Friday 15th May 8:45am -3:15pm at the Health and Social Care Career Academy (under Bickerstaffe house).

We are sending this letter in advance to ensure you have enough notice to plan to attend.

We strongly encourage you to take advantage of this wonderful, free opportunity. The skills you gain will be invaluable in supporting your child during this important milestone.

If you would like to attend this free session, please return the slip below by Friday 27<sup>th</sup> March.

Thank you for your continued support.

-----

I will be attending the Triple P Fear-less Workshop on Friday 15th May 8:45am -3:15pm at the Health and Social Care Career Academy (under Bickerstaffe house).

Child's Name: \_\_\_\_\_

Parent/Carer Name: \_\_\_\_\_