

# **PRAYER AND LITURGY Policy**



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#### Introduction

# Understanding Prayer and Liturgy (From the draft Prayer and Liturgy Directory, September 2022)

In any school there will be a range of prayer and liturgy: classroom prayer, meditation, assemblies, devotions, special services for times in the school year, celebrations of Mass and the Sacrament of Reconciliation. Each form of prayer and liturgy will have its own character dependent on the circumstances, size and age of the group, the place of celebration and its content.

#### **Definition of Terms**

Prayer, Liturgical Prayer, and Liturgy form a continuum with silent meditation at one end and a celebration of Mass on a Solemnity of the Church (e.g. Ascension of the Lord) at the other. Of course, there are areas of overlap between the categories.

Prayer	Liturgical Prayer	Liturgy	
Christian meditation Sacraments:	Service of the Word		<b></b>
Prayer before meals	Assembly	Liturgy of Hours	Mass
Penance			
D	evotions	Benediction	

Prayer	Liturgical Prayer	Liturgy
Simple structure	Structured (often 4 part)	Taken from official books
One or two elements	Elements drawn from liturgy	Complex structure
Balance of familiarity & creativity	Places of Scripture	Many elements
	Contrasts and creativity	Range of ministry

In Catholic terminology 'worship' is not generally used to name and describe a distinct type of prayer or event. Worship is about living our lives in a way that recognises that everything we have is a gift from God and that everything we do gives glory to God that, of course, does include prayer but the scope is broader. With that understanding of worship it will be seen that that the purpose of education in a Catholic school is to know and love Christ and to open the vision and imagination of all students to the wonder of living in God's world, and the responsibilities that follow from this.

Under Section 48 of the Education Act 2005 there is a statutory duty to inspect and report on denominal education (that is religious education) and collective worship in schools designated as having a religious character. For this reason, the term 'Collective Worship' has been kept as the headline judgement by the Catholic Schools Inspectorate but throughout the framework it is referred to as prayer and liturgy. This model policy addresses the shift in vocabulary and is an interim response to the draft Prayer and Liturgy Directory. When the Directory is published it will contain a model policy which the Diocese of Hexham and Newcastle will adapt for schools.

#### St John's Catholic School & Sixth Form College: Prayer and Liturgy Policy

#### **Vision & Mission Statement**

Our Catholic ethos and support for one another as a family of schools drives all that we do. Our mission is guided by a collective culture and vision where:

'Our schools are places of excellence –providing service and witness to children, their families and the wider Catholic community, adding value as a family of schools and enriching the learning and experience of all our young people, so they may achieve their full potential.'

#### The Nature of Prayer and Liturgy

Prayer and liturgy in a Catholic school names and celebrates God's presence in our lives. It is concerned with giving glory, honour, praise and thanks to God. It is our loving response, in word and action, to God's invitation to enter into relationship, made possible through the work of Jesus Christ and the witness of the Holy Spirit.

'The celebration of Catholic liturgies and prayers as an integral part of the learning and teaching should enable the school community to become reflective, experience the presence of God and should develop a mature spiritual life.'1

#### **Legal Requirements**

It is a legal requirement that there is a daily 'act of worship' offered for all students. This can take place at any time during the school day and can be either a single 'act of worship' for all students, or separate 'acts of worship' in school groups. Holding an assembly that includes a prayer, said either by the teacher or everyone present, does not fulfil this requirement. Prayer, liturgical prayer and assembly are distinct activities. They may sometimes form part of the same gathering, but the difference between will always be made clear.

The 'act of worship' is not designated curriculum time under regulations and will not be subsumed under any part of the curriculum, including religious education. Responsibility for arranging prayer and liturgy lies with the Governing Body after consultation with the headteacher.

Parents have a right to withdraw their child from 'Collective Worship' however, given the importance of prayer and liturgy in a Catholic school, parents and prospective parents will be made aware of the fact that it can never be confined to 'timetabled slots' but may take place in a variety of contexts other that those which are specifically structured, within Come and See RE curriculum.

#### The Place of Prayer and Liturgy in the Life of St John's School

Prayer and liturgy are integral parts of school life and central to the Catholic tradition.

Prayer and liturgy consider the religious and educational needs of all who share in it:

- Those who form part of the worshipping community in church;
- Those for whom school may be their first and only experience of church;
- Those from other Christian traditions or none;
- Those from other faith backgrounds.

<sup>&</sup>lt;sup>1</sup> Christ at the Centre Rev Marcus Stock, 2005

#### The Aims of Prayer and Liturgy

Prayer and liturgy in St John's School aims to provide opportunities for all students and staff:

- To contemplate the mystery of God
- To reflect on spiritual and moral issues
- To explore personal beliefs
- To respond to and to celebrate life
- To experience a sense of belonging and to develop community spirit
- To develop a common ethos and shared values
- To enrich religious experience
- To grow in liturgical understanding and development
- To pray using prayers which are part of the Catholic tradition
- To reinforce positive attitudes
- To participate fully
- To take time out 'to wonder at', 'to come to terms with' and 'to give worth to.'

#### **Principles**

All acts of prayer in St John's School will:

- Give glory and honour to God;
- Be a quality activity, fundamental to the life of the school and its Catholic character;
- Enable students to develop skills so that they can prepare, organise and lead prayer times;
- Give students positive liturgical experiences, appropriate to their age, aptitude and family backgrounds in order to prepare them for the liturgical life of the Church.<sup>2</sup> Celebrations will be appropriate to the age and groupings of the children.

#### **Planning, Content and Celebration**

Prayer and liturgy is planned following a structure with reference to the Church's seasons, Come and See, feast days, the curriculum and significant dates e.g. CAFOD Family Fast Day, Holocaust Memorial Day.

Parish and parents are invited to participate in some celebrations.

A variety of prayer styles will be used appropriate to the age of the children and the occasion.

Staff prayer takes place on Monday and Thursday mornings during Staff Briefings. Prayers are shared at the start of meetings. Staff Mass takes place on Friday mornings before school in the Chapel. Liturgies during Lent and Advent take place in the Chapel and at St Mary's RC Church in Bishop Auckland. In the summer term, staff are invited to attend an overnight residential retreat at the Emmaus Youth Village. This is fully funded by school.

#### The Timetable of Prayer and Liturgy

Each week members of the Leadership Team, Heads of Year or the School Chaplain, deliver an assembly to students and prayer is at the centre of the assembly. The assembly theme is linked to that week's Gospel theme and virtues. Students participate in Liturgies at Advent and Lent. When Ash Wednesday falls in term time, all students and staff participate in a liturgy and receive ashes.

<sup>&</sup>lt;sup>2</sup> Directory for Masses with Children, paragraph 9.

https://docs.google.com/spreadsheets/d/1Kpi lxdjMrziL9kBvYFDm4hoq1lNOtd-wvv9QiaJqU/edit?usp=sharinq

### **Leading Prayer and Liturgy**

As faith leaders of the school, the Headteacher and the Leadership Team will plan and lead prayer and liturgy during weekly main hall assemblies, Year Group masses and liturgies. (*Include information about DHT and/or senior leadership leading prayer times*) Pastoral tutors lead class prayer during PREP and pastoral sessions. Students plan and lead prayer / reflections.

#### Recording

Prayer and liturgy is recorded in the Liturgy/Mass booklets that students, parents and staff receive.

#### **Monitoring and Evaluation**

Prayer and liturgy are monitored during PREP and pastoral sessions by the School Chaplain, pastoral leaders and members of the Leadership Team. Following monitoring, training needs will be identified and outcomes used to inform the school's CSED (Catholic Schools Evaluation Document).

#### Resources

There are resources available on the Google Drive for both students and staff to support the planning and delivery of prayer and liturgy.

#### **The Learning Environment**

'Symbols and icons of the Catholic faith when displayed in school and throughout its premises will help the school community and visitors to experience the uniqueness and sacredness of this learning environment' <sup>3</sup>

There is an abundance of symbols and icons throughout the school building which reflect our Catholic faith and ethos. Visitors who enter our Main Reception are met with images of our house saints, including St John and illustrations of our Gospel Values. Similar illustrations are found at Student Reception and in corridors. The 'virtue wheel' is on display in all pastoral bases and the virtues are linked to the Gospel theme of that particular week. Depending on the liturgical season, there is a focal point outside the Main Hall, which students will see when they enter for their weekly assemblies. All of these symbols, icons and focal points are outward signs of our school's ethos.

#### **Retreats**

All students in Years 7-10 are offered the opportunity to attend a residential retreat. All students have the opportunity to attend an in-school day retreat, which is led by our School Chaplain.

## **Eucharist**

Throughout the school year, each year group celebrates a Year Mass.

#### **Role of Trust Head of Catholic Life**

The Trust Head of Catholic Life acts as a resource to support to Lay Chaplains and Chaplaincy Teams. Their role is to provide:

- Training and support
- Point of contact
- Identify and meet the training needs of those involved in chaplaincy in our schools
- Oversee spirituality timetables
- Assistance with sacred spaces
- Opportunities to meet and discuss ideas and problem-solve together

<sup>&</sup>lt;sup>3</sup> Christ at the Centre Rev Marcus Stock, 2005

- Assistance with the planning and preparation of key Liturgical celebrations including major feasts and seasons across sectors
- Resources for websites

The Trust Head of Catholic Life will work with school Chaplains and those with responsibility for coordinating collective worship to develop ideas to:

- Make prayer engaging and meaningful
- Increase involvement of our young people in the prayer life of their school
- Develop whole Trust MAT spirituality events including retreats and liturgies

# The Coordinator for Prayer and Liturgy

The Coordinator for Prayer and Liturgy at St John's is Emma Ramsey, our School Chaplain.

#### **Policy Monitoring and Review**

This policy is monitored by the Prayer and Liturgy Coordinator and is evaluated and reviewed by the whole school staff and governors every three years. The Foundation Governors in particular will play a most important role.

# The Role of the Coordinator for Prayer and Liturgy

- Formulating a written policy for prayer and liturgy
- Ensuring that there is a development plan for prayer and liturgy included in the school development plan
- Ensuring that prayer and liturgy is appropriate to the age, aptitudes and faith backgrounds of students
- Ensuring that prayer and liturgy takes account of the religious and educational needs of all who share in it and is rooted in the principles of the 'Directory for Masses with Children'
- Organising themes for prayer times
- Assisting the governors and headteacher to carry out their legal responsibilities with regard to prayer and liturgy including withdrawal from Collective Worship
- Developing staff confidence and expertise e.g. through modelling different prayer styles

#### Planning, recording, monitoring and evaluating

- Maintaining and developing effective procedures and documentation
- Observing Acts of Prayer and Liturgy and providing feedback
- Informing the headteacher of standards and developments in prayer and liturgy

#### Communication

- Communicating to members of the school community the significance and content of prayer and liturgy
- Reporting to and consulting with the governors and headteacher regarding matters of concern and development
- Acting as consultant to colleagues
- Encouraging positive attitudes towards prayer and liturgy
- Informing newly appointed colleagues of school policy regarding prayer and liturgy
- Communicating with parents, governors and the parish community
- Liaison with the Diocesan Department for Education

# **Professional development/Ongoing formation**

- Leading and organising in-service training and ongoing formation for prayer and liturgy
- Attending appropriate in-service courses, reporting back and leading staff training
- Keeping up to date by personal reading

#### Resources

- Evaluating existing resources
- Developing the resources available for prayer and liturgy including visual aids, artefacts, drapes, music, visitors, leaders, new and relevant books, posters etc.
- Budgeting efficiently

[Consideration should be given to the establishment of a planning group, which might include, the coordinator, the headteacher, deputy, staff, students, governors and school chaplain. It would be part of the role of the coordinator to lead this group.]