




A WORD FROM LISA BYRON, HEADTEACHER

I hope you all enjoyed a restful break. As our Spring 2 term begins, so too do our Year 11 mock exams, the final set before the Summer exams begin. We know our students will put all of their hard work and revision into practice and we wish them luck with the next two weeks.

We are also now in the season of Lent, a period of time where we reflect, prepare and make commitments. For many, Lent may mean giving up something, such as chocolate, but it can also be a chance to give and do more for others. Each day, we will be sharing CAFOD's Lenten calendar with students for ideas on how they can use Lent as a time to give and help.



What to Give Up:

A Lenten Reflection

- Give up complaining—focus on gratitude.
- Give up pessimism—become an optimist.
- Give up harsh judgments—think kindly thoughts.
- Give up worry—trust Divine Providence.
- Give up discouragement—be full of hope.
- Give up bitterness—turn to forgiveness.
- Give up hatred—return good for evil.
- Give up negativism—be positive.
- Give up anger—be more patient.
- Give up pettiness—become mature.
- Give up gloom—enjoy the beauty that is all around you.
- Give up jealousy—pray for trust.
- Give up gossiping—control your tongue.
- Give up sin—turn to virtue.
- Give up giving up—hang in there!



LAST WEEK'S EVENTS

On Wednesday before Half Term we welcomed the YAM team (Youth Aware of Mental Health) to deliver sessions to our Year 9 students around the topic of mental health. They explored self-help and signposting, the differences between normal low mood and depression and changes to look out for in friends. Students found the sessions helpful for understanding mental health a little better.

We have been doing a big push on attendance and punctuality within school recently, sharing students' attendance figures with them to remind them of the importance of being in school and being on time. Whilst we appreciate that illness, and therefore absence, is often unavoidable, it is important to remember that days off do add up and can often contribute to students falling behind with learning. Please see below some posters from the Trust which highlight the importance of good attendance and punctuality, and please ensure you contact school to inform us of your child's absence in the event they are too ill to be in school.

A Member Of Bishop Hogarth Catholic Education Trust

ATTENDANCE

Every School Day Counts!



365 days in a calendar year
190 school days each year
175 non-term days each year

(All the time you need for shopping, holidays and appointments)

Good attendance means being in school at least 95% of the time or 180 to 190 days
Please don't let your child miss out on the education they deserve

0 days absent	10 days absent	19 days absent	29 days absent	38 days absent	47 days absent
190 Days in School	180 Days in School	171 Days in School	161 Days in School	152 Days in School	143 Days in School
100% attendance	95% attendance	90% attendance	85% attendance	80% attendance	75% attendance

Best chance of success

Poor attendance - Less chance of success, harder to make progress and achieve higher grades


Very poor attendance - Huge impact on academic learning, parents may face court action if no justifiable reason for absence

Attend Today = Achieve Tomorrow!

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ATTENDANCE

Every School Day Counts!



5 Minutes late each school day
=
3 school days lost each year

Every day your child is absent impacts on their education and academic achievement
There is a clear link between attendance and attainment.

95% Attendance	↔ 9 Days Absent	↔ 2 Weeks Absent	↔ 50 Lessons Missed
90% Attendance	↔ 19 Days Absent	↔ 4 Weeks Absent	↔ 100 Lessons Missed
85% Attendance	↔ 29 Days Absent	↔ 6 Weeks Absent	↔ 150 Lessons Missed
80% Attendance	↔ 38 Days Absent	↔ 8 Weeks Absent	↔ 200 Lessons Missed
75% Attendance	↔ 48 Days Absent	↔ 10 Weeks Absent	↔ 250 Lessons Missed
70% Attendance	↔ 57 Days Absent	↔ 11.5 Weeks Absent	↔ 290 Lessons Missed
65% Attendance	↔ 67 Days Absent	↔ 13.5 Weeks Absent	↔ 340 Lessons Missed

Missing School = Missing Out!

COMING UP THIS WEEK

February/March

- ❑ **Monday 27-** Year 11 mock exams begin
- ❑ **Monday 27-** Pre-loved Uniform Shop, 3.15-5pm. A range of uniform items will be available for free from the Sixth Form Bistro, with entrance to school via the Sixth Form entrance. All are welcome.
- ❑ **Monday 27-** Auditions for The Performing Arts Prize Concert, Main Hall 3-4pm. Students should ensure they have emailed Miss Bell to book an audition slot.
- ❑ **Tuesday 28-** NEU Strike- School is open to Year 8, Year 11 and Year 13 students, as well as those who receive free school meals. All other students are to access lessons or work online. Please see the parent letter sent before Half Term for more details and guidance.
- ❑ **Wednesday 27-** Addams Family rehearsal for named characters involved in the 'When You're An Addams' opening number, 3-4pm.
- ❑ **Thursday 2-** Year 10 Work Experience Parent Information Evening. An in-person presentation will take place in the Lecture Theatre from 3.30-4pm. This information will then be repeated in an online presentation from 5.30-6pm. The link for this will be sent out via MyEd. A recording of the online presentation will also be made available for anyone unable to attend.
- ❑ **Thursday 2-** Performing Arts Rewards Trip. The Performing Arts Faculty are rewarding members of choir and MADD from Years 7-10 and 12 for their contributions to the extra-curricular life of the school with a trip to Sunderland Empire to see The Ocean at the End of the Lane. The coach will leave school at 1.10pm and return at approximately 6pm. All students should have their lunch at 12.30pm.

LAST WEEK'S ACHIEVEMENTS



ST JOHN'S CATHOLIC SCHOOL & SIXTH FORM COLLEGE

Virtues
(Respect, Responsibility, Honesty, Self-Belief, Confidence, Resilience, Justice, Compassion)

High Five Friday
17th February

Freya M 10J - Responsibility (LHE) Finley I 9J - Confidence and Self-Belief (LHE & LKR) Brandon C 9H - Confidence and Self-Belief (LHE & LKR) Shamara M 9N - Confidence and Self-Belief (LHE & LKR) Izzy W 9N - Confidence and Self-Belief (LHE & LKR) Lena C 7H - Confidence and Self-Belief (LHE & LKR) Harry W 7N - Confidence and Self-Belief (LHE & LKR) Rosie C 8R - Confidence and Self-Belief (LHE & LKR) Leon K 8R - Confidence and Self-Belief (LHE & LKR) Mya M 8Y - Self-Belief (LHE) Cheryl SJ 7A - Resilience (HHA) Charlotte T 7R - Resilience (HHA) Michael T 10J - Self-Belief and Resilience (LKR)	Eva N-D 8H - Compassion (RST) Jenson S 7A - Compassion (DSH) Olivia I 12E - Responsibility (EST) Casper W 12E - Responsibility (EST) Lloyd W 8H - Compassion (HBA) Almee C 10M - Compassion (CJO) Eleanor T 12E - Compassion (NRO) Charlotte H 12P - Compassion (NRO) Katie C 12P - Compassion (NRO) Mia R 12E - Compassion (NRO) Kate F 12P - Compassion (NRO) Neve W 12E - Compassion and Respect (NRO)
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ST JOHN'S CATHOLIC SCHOOL & SIXTH FORM COLLEGE

Year 7

High Five Friday
17th February

Harvey M 7R (LHE & HHA) Max A 7M (LHE & CKI) All Year 7 Paired Readers (LHE) Eve B 7R (HHA) Ruby S 7R (HHA) Thalia A 7M (CKI) Nathan K 7M (CKI) James D 7M (CKI) Savannah-Leigh H 7M (CKI) Lexi T 7O (CKI) Brooke-Morgan L 7O (CKI) Georgia M 7O (CKI) Jack D 7O (CKI) Millie W 7O (CKI) Anya A 7O (CKI) Olivia S 7O (CKI)	Madeline S 7N (CKI) Oliver J 7N (CKI) (JCK) Kyrah N 7N (CKI) Aiden D 7N (CKI) Harry W 7N (CKI) Anna R 7N (CKI) Charlie T 7N (CKI) Jessica M 7N (CKI) Milly H 7N (CKI) Danielle D 7N (CKI) Poppy G 7N (CKI) Maks W 7A (CKI) Ryan D 7A (CKI & AWR) Hollie D 7A (CKI & AWR) Alex M 7A (CKI) Isabella E 7A (CKI)	Alfie W 7O (NHA) Finley P 7O (NHA) Evangeline E 7J (RST & JCK) Iona A 7O (SEB) Ewan W 7O (SEB) Olivia S 7O (SEB) Ewan R 7O (JCK) Robyn S 7H (JCK) Thomas R 7H (JCK) Esther L 7J (JCK) Joel H 7J (JCK) Iris C 7J (RST) Mia L 7R (NHI) Finbar H 7R (NHI) Tia S 7A (NHI) 7Y/DAT Maths (DAT)
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Year 8

High Five Friday
17th February

Sienna S 8H (CKI) Lily J 8H (CKI & CHA) Maddison C 8H (CKI) Grace I 8H (CKI) James K 8H (CKI) Hannah S 8H (CKI) Alfie S 8H (CKI) Danae H 8H (CKI) Phoebe H 8H (CKI) Ben B 8H (CKI) George H 8H (CKI) Lillie C 8H (CKI)	Benjamin 8H S-J (ARI) Lewis A 8N (ARI) Elliot R 8H (ARI) Lillie C 8H (ARI) Teo D 8A (ARI) Olivia M 8M (ARI) Zuzanna W 8J (ARI) Katie W 8O (ARI) Tom M 8J (ARI) Josh S 8J (ARI) Olivia C 8J (NHA & AWR & ARI)	Isaac C 8O (SEB) Neve E 8O (SEB) Katie W 8O (SEB) Matthew L 8N (SEB) Thomas T 8N (SEB) Hassan S 8J (NHA) Reuben S 8J (NHA) Halden R 8J (NHA) Jamie M 8J (NHA) Megan M 8O (RST) Ava P 8M (JKE) Mr Kitson's 8N RE Class (CKI)
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ST JOHN'S CATHOLIC SCHOOL & SIXTH FORM COLLEGE

Year 9

High Five Friday
17th February

Lucas E 9N (CKI) Nina K 9H (CKI) Amirah W 9O (CKI) Olivia P 9J (CKI) Maddison C 9J (CKI) Mia H 9J (CKI) Sophie R 9M (JCK) Evie W 9Y (JCK) Roxy E-M 9Y (JCK) Zak S 9M (JCK) Mahmoud A-M 9R (JCK) Grace R 9M (JCK) Isabel W 9A (JCK) Dillon O*N 9R (JCK)	Dylan B 9M (EST & NHI) Finlay C 9Y (EST) Olivia F 9R (EST) Kate M 9Y (EST) Grace W 9A (EST) Isabel W 9A (EST) Vincent T 9A (AWR) Phoebe C 9M (NHI) Adam L 9M (NHI) Hollie R 9M (NHI) Ella K 9M (CLI)
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ST JOHN'S CATHOLIC SCHOOL & SIXTH FORM COLLEGE

Year 10

High Five Friday
17th February

Mr Kitson's 10X4 RE Class (CKI) All Year 10 Paired Readers (LHE) Joshua M 10O (LHE) Savannah L 10O (RST) Jessica A 10H (IAI) Laksh S 10J (CLI & NHI) Leo B 10Y (EST) Joseph B 10Y (EST) Almee C 10M (EST) Ella C 10Y (EST) Gabi F 10A (EST) Nicole H 10Y (EST) Effie H 10Y (EST) Jonny L 10Y (EST) Mica M 10M (EST)	Neve R 10M (EST) Hannah S 10R (EST) Faith S 10Y (EST) Ryan W 10H (DAT) David C 10H (DAT) Katie G 10H (DAT) George B 10J (DAT) McKenzie K 10J (DAT) Emma C 10O (DAT) Abbigail H 10H (NRO) Mia G 10H (NRO) Fleni B 10N (NRO) Sarah L 10H (NHI) Eve C 10O (NHI)	Lyra W 10N (NHI) Lily W 10O (NHI) Isabelle M 10J (NHI) Ryan W 10N (NHI) Logan M 10N (NHI) Lucas E 10O (NHI) Sam W 10N (NHI) Charlie P 10J (NHI) Isobel H 10O (NHI) Lily H 10O (NHI) Ellie B 10N (NHI) Imogen C 10H (NHI) Lily D 10N (NHI & NRO) Jack R 10H (NHI & NRO)
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Year 11

High Five Friday
17th February

Dylan C 11M (CKI) Sienna B 11R (CKI) Carrera J 11M (CKI) Katie B-S 11M (CKI) Rishi S 11Y (CKI) Georgia E 11M (CKI) Niamh S 11R(LDV) Ben A 11S (LDV & HBA) Alfie N 11Y (LDV) Mr Kitson's 11Y4 RE Class (CKI) Hannah G 11T (CHA) Chloe C 11M (CHA) Isobel G 11R (CHA)	Thomas B 11M (NHI) Archie M 11A (NHI) Mrs Sturdy's 11X1 RE Class (EST) Katie T 11R (AWR) Macey M 11S (HBA) Evan W 11H (HBA) A-Jay W 11A (HBA) Sam A 11T (CLI) James D 11T (NRO) Reece E-M 11A (NRO) Sophie C 11M (NRO) Andrew B 11Y (NRO)
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ST JOHN'S CATHOLIC SCHOOL & SIXTH FORM COLLEGE

Year 12

High Five Friday
17th February

Will F 12O (CLI & NHI) Mia R 12E (EST & HTH) Mrs Sturdy's Tutor Group, 12E (EST) Leah A 12P (HTH) Tim C 12H (HTH) Charlie M 12P (HTH) Mohamad R 12O (HTH) Emily W 12O (HTH) Eve H 12P (MDU)	Will L 12O (NHI) Jacob C 12O (NHI) Jake S 12O (NHI) Casper W 12E (NHI) Olivia I 12E (NHI) Jack H 12E (NHI) Ben M 12E (NHI) Chloe D 12E (NHI) Thomas B 12O (EST) Evie C 12E (EST) Emma M 12H (EST)
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ST JOHN'S CATHOLIC SCHOOL & SIXTH FORM COLLEGE

Year 13

High Five Friday
17th February

Imogen W 13T (MDU & NRO) Sadie W 13A (MDU) James S 13F (CLI) Marissa M 13F (EST) Jessica D 13I (EST) Ellie K 13A (EST) Matthew M 13F (EST) Summer N 13I (EST) Lauren R 13H (EST) Grace S 13I (EST) Katie S 13F (EST) Keira K 13T (EST)	Luke A 13A (HTH) Katie A 13A (NHI) Eleanor M 13A (NHI) Leo B 13A (NHI) Neve W 13A (NHI) James S 13F (NHI) Sam N 13F (NHI) Ruth B 13T (NHI) Elliott F 13T (NHI) Leah D 13A (HTH) Hannah P 13I (HTH) Emma R 13H (NRO)
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DATES FOR YOUR DIARY

- ❑ **Monday 6-** National Careers Week
- ❑ **Monday 20 March-** Year 13 mocks begin
- ❑ **Wednesday 22 March-** The Performing Arts Competition Concert, 6pm
- ❑ **Thursday 23 March-** Year 11 Progress Eve
- ❑ **Thursday 30 March-** Year 10 Progress Eve
- ❑ **Friday 31 March-** Last Day of Term before Easter break (school reopens Monday 17)
- ❑ **Thursday 27 April-** Year 8 Progress Eve
- ❑ **Thursday 13 and Friday 14 July-** The Addams Family the Musical, 7pm



FOCUS ON...

Once again, we have received some lovely emails to our I Heard a Whisper account and it is wonderful to see so many staff members being praised and celebrated by parents and colleagues. Most recently, we acknowledged the excellent work of our SEND team and our tutors. Well done to Mrs Hannant, Mrs Davis and Mrs Kreczak who all received a sweet treat before half term. Head over to our Facebook or Instagram pages to read their nominations.

I Heard a Whisper...

Has a member of staff at St John's gone above and beyond in their role or gone out of their way to help or support?

Please email iheardawhisper@stjohns.bhcet.org.uk to notify us of the staff who you think deserve a special shout out and a sweet treat.

Each week we will share a selection and celebrate those members of staff.