

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Myself and My relationships 1- Beginning and belonging (BBF) Myself and my relationships 3- My emotions (MEF)	Myself and my relationships 2- My family and friends (including anti bullying) (FFF) Citizenship 1- Identities and diversity (IDF)	Citizenship 2- Me and my world (MWF)	Healthy and safer lifestyles 1- My body and growing up (BGF)	Healthy and safer lifestyles 2- Keeping safe (including drug education) (KSF)	Healthy and safer lifestyles 3- Healthy lifestyles (HLF)
Year 1	Myself and my relationships- Beginning and belonging (BB12) Myself and my relationships- My emotions (ME12)	Citizenship- Working together (WT12) Citizenship- Diversity and communities (DC12)	Healthy and safer lifestyles- Managing safety and risk (ME12)	Healthy and safer lifestyles- Digital lifestyles (ES12)	Healthy and safer lifestyles- Relationships and sex education (RS1)	Healthy and safer lifestyles- Healthy lifestyles (HL12)
Year 2	Myself and my relationships- Family and friends (FF12) Myself and my relationships- managing change (MC12)	Myself and my relationships- Anti bullying (AB12) Citizenship- Rights, rules and responsibilities (RR12)	Economic wellbeing- Financial capability (FC12)	Healthy and safer lifestyles- Personal safety (PS12)	Healthy and safer lifestyles- Drug education (DE12)	Healthy and safer lifestyles- Relationships and sex education (RS2)

Year 3	Myself and my relationships- beginning and belonging (BB34)	Myself and my relationships- my emotions (ME34) Citizenship- Working together (WT34)	Citizenship- Diversity and communities (DC34) Healthy and safer lifestyles - Digital lifestyles (ES34)	Healthy and safer lifestyles- Managing safety and risk (MR34)	Healthy and safer lifestyles- Healthy lifestyles (HL34)	Healthy and safer lifestyles- Relationships and sex education (RS3)
Year 4	Myself and my relationships- Family and friends (FF34) Myself and my relationships- managing change (MC34)	Myself and my relationships- anti bullying (AB34) Citizenship- rights rules and responsibilities (RR34)	Economic wellbeing- Financial capability (FC34)	Healthy and safer lifestyles- Relationships and sex education (RS4)	Healthy and safer lifestyles- Drug education (DE34)	Healthy and safer lifestyles- Personal safety (PS34) (SC34)
Year 5	Myself and my relationships- Beginning and belonging (BB56) Myself and my relationships- My emotions (ME56)	Citizenship- Working together (WT56) Citizenship- Diversity and communities (DC56)	Healthy and safer lifestyles- Digital lifestyles (ES56)	Healthy and safer lifestyles- Healthy lifestyles (HL56)	Healthy and safer lifestyles- Managing safety and risk (MR56)	Healthy and safer lifestyles- Relationships and sex education (RS5)
Year 6	Myself and my relationships- Family and friends	Myself and my relationships- Anti bullying	Economic wellbeing- Financial capability	Healthy and safer lifestyles- drug education	Healthy and safer lifestyles- Personal safety	Healthy and safer lifestyles-

	(FF56)	(AB56) Citizenship- rights, rules and responsibilities (RR56)	(FC56)	(DE56)	(PS56) (SC56)	Relationships and sex education (RS6) Myself and my relationships- managing change (MC56)
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