## <u>Year 5</u> Kindness Bingo



"If we all do one random act of kindness daily, we just might set the world in the right direction."

~ Martin Kornfeld

Keep smiling Year 5! See you soon - Mr Williams. Make a card for someone thanking them for all that they do.

Give someone a hug when they really need it.

Organise an afternoon of games for your family and friends.

During the month of June, we remember the Sacred heart. Say a prayer asking Jesus to keep you and your family safe.

Write a happy note to cheer someone up!

Be kind to yourself do at least 30 minutes of exercise every day.

Pay someone a compliment.

Keep your room nice and tidy, without being asked.

Remember to say 'Please' and 'Thank you.'