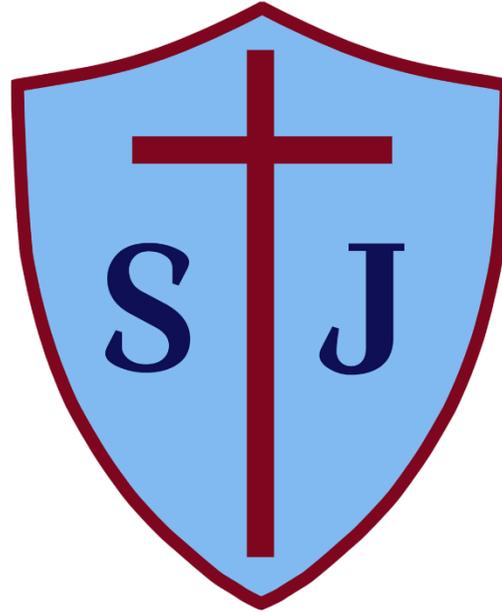


# St. Joseph's Catholic Academy



## RSE Curriculum Overview

# Diocese of Hexham and Newcastle Primary Curriculum Framework for Relationships Education, Relationships and Sex Education and Health Education

In March 2017 the Catholic Bishops' Conference of England and Wales published *Learning to Love: An Introduction to Catholic Relationship and Sex Education (RSE) for Catholic Educators*. This framework has been informed by *Learning to Love*. In a Catholic school all teaching about love and sexual relationships and the Catholic Church's teaching about what it is to be truly human in Christ and what it means to live well in relationship with others must be rooted in Gospel values (from which British values are derived). This curriculum framework is being offered to help schools deliver quality Relationships Education, Relationships and Sex Education and Health Education adhering to guidance from the Department for Education which states:

*'To embrace the challenges of creating a happy and successful adult life, pupils need knowledge that will enable them to make informed decisions about their wellbeing, health and relationships... High quality, evidence-based and age-appropriate teaching of these subjects can help prepare pupils for the opportunities, responsibilities and experiences of adult life. They can also enable schools to promote the spiritual, moral, social, cultural, mental and physical development of pupils, at school and in society'.*

*(Relationships Education, Relationships and Sex Education and Health Education DfE February 2019)*

## **Structure**

This Relationships Education, Relationships and Sex Education and Health Education curriculum framework, is offered as guidance, to be adapted by schools as required. It covers EYFS, KS1, lower KS2 and upper KS2 and it is based on five core themes within which there will be some overlap. It is adaptable to the age and ability of the pupils. The five themes are: **Moral** (this explores the individual)

Children will learn: about the Christian belief to love self, made in the image and likeness of God, and an understanding of the importance of respecting, valuing and understanding themselves as the basis for personal relationships.

**Spiritual** (this explore the individual's approach to the world and relationships through their relationship with God)

Children will learn: about the Christian belief in a personal relationship with God which will guide their relationships with others.

**Physical** (this explores the individual's response to the world as they change and develop physically)

Children will learn: about how they change and grow, the changes that will take place in their body and rooted in the command to love, the basis of all Christian life.

\*They will learn the facts about human reproduction, how love is expressed sexually and how sexual love plays an essential and sacred role in procreation

**Emotional** (this explores the individual's relationships through their emotional responses and how to deal with them)

Children will learn: about the changes which happen in life, how to manage their feelings and behaviour rooted in Gospel values.

**Social** (this explores the individual's relationships with others in the local community and the wider world)

Children will learn: how human beings live in the wider community, including how to keep safe in situations with others and how to spread the Gospel for the good of individuals and the wider world.

This curriculum framework refers to resources being used across our Diocesan schools including *Come and See*, *Life to the Full* and *Journey in Love*. It shows how and where the learning takes place using these resources. [Page numbers are shown for the *Journey in Love* 2006 and 2020 editions.]

In addition, the framework shows where issues concerning safety and behaviour, for example cyber bullying, are covered in the curriculum. There are some other suggested resources on the back page of this document. \*parents have the right to withdraw their child from this aspect

At St Joseph's we use the Ten:Ten framework for RSE and supplement this with resources from NSPCC to teach safeguarding in line with Keeping Children Safe in Education. Highlighted throughout our curriculum are discreet lessons on Protected Characteristics, Sexual Harassment, Peer on Peer abuse, Bullying and Online Safety. We also ensure our Trust character virtues are taught throughout our curriculum alongside the British Values.

	EYFS	Come and See	Life to the Full	Statements to Live By	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar
Moral	I can: Say 'please' and 'thankyou'			19. I try to use words that make the world a better place	Managing feelings and behaviour (40-60+mths)	Picture my World resource	
	Say 'sorry'	Friends (Reconciliation-Summer term)	Module 1 Unit 3 Session 3 Let's Get Real  Module 2 Unit 2 Session 3 Forever Friends	31. I know how to show I am sorry	Managing feelings and behaviour (40-60+mths)		International Day of Peace 21 September
	Talk about the good things in my life	Myself (Domestic Church Autumn term) Celebrating (Local Church-Spring term)				Picture My World resource	World Environment Day 5 June
	Be patient when I do not get what I want straight away		Module 1 Unit 3 Session 3 Let's Get Real		Managing feelings and behaviour (30-50mths)		

	Show care for others	Family (Domestic Church Autumn term) Friends (Reconciliation- Summer term)	Module 2 Created to Love Others Unit 1 Religious Understanding	27. I know how to help others when they are in trouble	Making relationships (22–36mths)		Fair Trade Fortnight February  Refugee Week June
--	----------------------	---	--	--	-------------------------------------	--	---

		Come and See	Life to the Full	Statements to Live By	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar
Spiritual	I know: That I am made by God	Myself (Domestic Church- Autumn term)	Module 1 Created and Loved by God Units 1 and 2	1. We are all special		Picture my World resource	
	That God loves me and I can talk to God through prayer	All Topics	Module 1 Unit 1 Religious Understanding  All Units from 'Life to the Full' introduce children to a variety of ways to pray				
	That Jesus cares for me and I am part of God's family	Myself (Domestic Church- Autumn term)	Modules 1 and 2 Unit 1 Religious Understanding				Universal children's day 20 November

	That Jesus tells us to love one another	Friends (Reconciliation-Summer term)	Module 2 Unit 1 Religious Understanding  Module 3 Unit 1 Session 1 God is Love				
	What I am good at		Module 1 Unit 2 Session 1 I Am Me	2. I can say one good thing about myself	Self-confidence and self-awareness (4060+mths)	Picture My World	

		Come and See	Life to the Full	Statements to Live By	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar
Physical	I know: That I am living and growing	Growing (Lent/Easter Spring term)	Module 1 Unit 4 Session 1 Growing Up		The world (30 – 50mths)	Harvest Resources	
	That a baby grows inside its mother's womb before birth		Module 1 Unit 4 Session 1 Growing Up				International Women's Day
	I can: Identify living things				Understanding the world (30 – 50mths)		World Wildlife day 3 March

	Name similarities and differences between myself and others		Module 1 Unit 2 Session 1 I Am Me	35. I notice we are the same and we are different	The world (40-60+mths)		World Day for Cultural Diversity 21 June
	Keep clean by washing and drying my hands		Module 1 Unit 2 Session 3 Ready Teddy?		Health and self – care (30-50mths)		World Health Day 7 April  World water day 22 March
		Come and See	Life to the Full	Statements to Live By	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar
Emotional	I know : What I like and dislike		Module 1 Unit 3 Session 1 I Like, You Like, We All Like		Self-confidence and self-awareness (4060+mths)	Picture my world	
	Say how I feel at different times		Module 1 Unit 3 Session 2 Good Feelings, Bad Feelings				

		Come and See	Life to the Full	Statements to Live By	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar
Social	I know: Who can help me in school		Module 2 Unit 3 Session 1 Safe Inside and Out Session 2 My Body, My Rules	25. I know when to ask for help and who to ask for help from	Self-confidence and self-awareness (30-50mths)		
	That I belong to a family and can name my family members	Myself (Domestic Church Autumn term)	Module 2 Unit 2 Session 1 Who's Who		Understanding the world People and communities(22-36mths)		International Day of Families 15 May

	When people are being unkind to me or others and how to respond		Module 2 Unit 2 Session 3 Forever Friends	5. I know what to do if I see anyone being hurt	Making relationships (30-50mths)		
	I can: Identify special people (family, carers, friends) in my life		Module 2 Unit 2 Session 1 Who's Who		Making relationships (30-50mths)		
	Show friendly behaviour towards others		Modules 2 and 3 Unit 1 Religious Understanding		Making relationships (30-50mths)		Fair Trade Fortnight February
		Come and See	Life to the Full	Statements to Live By	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar
	Ask questions about the wider world	Our World (Universal Church Summer term)	Module 3 Unit 2 Session 1 Me, You, Us		Understanding the world –the world (40-60+mths)	God's Wonderful World linked to (Come and See Universal Church)	World Environment Day 5 June

	KS1	Come and See	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar
Moral	I can: Be courteous, for example, remembering to say, 'please' and 'thank you' without prompting		Module 2 Unit 2 Session 2 Treat Others Well	19. I try to use words that make the world a better place			
	Be forgiving, able to say sorry to mend relationships	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)	Module 2 Unit 2 Session 3 ...And Say Sorry	31. I know how to show I am sorry 29. I try to forgive people when they hurt me			International day of Peace 21 September
	Give thanks for the good things in my life	Families Y1 Beginnings Y2 (Domestic Church Summer term)	Module 2 Unit 2 Session 1 Special People	20. I try to appreciate the beauty and the wonder in the world around me		Picture My World resource  A Day with Musa resource	World Environment Day 5 June
	Look after myself and show respect to others		Module 2 Unit 2 Session 2 Treat Others Well	13. I try to love others as I love myself		Picture My World resource  A Day with Musa resource	World Faith Week 22-29 October

		Come and See	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar
	Be honest, able to tell the truth about my actions	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)	Module 2 Unit 2 Session 3 ...And Say Sorry	31. I know how to show I am sorry			
	Accept that I do not always get what I want	Change Y1 Opportunities Y2 (Lent/ Easter Spring term)		23. I try to keep going when things get difficult and not give up hope			
	Be caring, aware of the needs of others	Holidays and Holydays Y1 Spread the Word Y2 (Pentecost Summer term)	Module 2 Unit 2 Session 2 Treat Others Well	13. I try to love others as I love myself		Picture My World resource  A Day with Musa resource	Refugee Week June  International Day of Families 15 May

		Come and See	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar
Spiritual	I know: That I am special because I am made and loved by God	Belonging Y1 Signs and Symbols Y2 (Baptism- Autumn term)	Module 1 Unit 1 Story Sessions Handmade with Love  Module 2 Unit 1 Session 1 God Loves You	1. We are all special			Universal Children's Day 20 November
	That prayer is listening to God as well as talking to Him	All Topics	All Units from 'Life to the Full' introduce children to a variety of ways to pray				
	That Catholics belong to the Church family and that Jesus cares for all	Special People Y1 (Local church- Spring term) Neighbours Y1 (Universal Church Summer term)		15. I know I belong to a community that includes my school		Refugees resource  Universal Church topics	World Refugee Day 20 June
	That Jesus tells us to forgive one another	Being Sorry Y1 Rules Y2 (Reconciliation- Summer term)	Module 2 Unit 2 Session 3 ...And Say Sorry	31. I know how to show I am sorry			International Day of Peace 21 September

	That I have individual gifts, talents and abilities, given by God	Beginnings Y2 (Domestic Church- Autumn term)	Module 1 Unit 2 Session 1 I am Unique	2. I can say one good thing about myself			
--	---	--	---------------------------------------	--	--	--	--

		Come and See	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar
Physical	I know: That babies change and grow and that there are life stages from conception to death	Change Y1 (Lent/Easter Spring term)	Module 1 Unit 4 Session 1 The Cycle of Life		Living things and their habitats Y2 Sc2/2.1b  Animals including humans Y2 Sc2/2.3b		
	That a baby moves as it grows in its mother's womb	Waiting Y1 (Advent Autumn term)					International Women's Day 8 March
	I can: Identify the needs of people and other living things.				Animals including humans Y2 Sc2/2.3c		Human Rights Day 10 December
	Describe the similarities and differences between people (general)		Module 1 Unit 2 Session 2 Girls and Boys	35. I notice that we are the same and we are different		A Day with Musa resource	World Day for Cultural Diversity 21 June

	Say what I should do to keep my body healthy (exercise, food, teeth, sleep, keeping clean)		Module 1 Unit 2 Session 3 Clean and healthy	9. I can tell you how I look after myself  10. I think before I make choices that affect my health (circle time)	Animals including humans Y2 Sc2/2.3c	Health resource  Water resource	World Health Day 7 April World Water Day 22 March
		Come and See	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar
	Describe how to keep safe in the sun		Module 2 Unit 3 Session 1 Being Safe	9. I can tell you how I look after myself  10. I think before I make choices that affect my health (circle time)		Health resource	World Health Day 7 April

		Come and See	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar
Emotional	I know: That we all have different likes and dislikes		Module 1 Unit 3 Session 1 Feelings, Likes and Dislikes			A Day with Musa resource  One Day One World resource	
	That how I act can have consequences	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)	Module 1 Unit 3 Session 3 Super Susie Gets Angry				
	I can: Name happy and sad times in my life	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)	Module 1 Unit 3 Session 2 Feeling Inside Out	3. I can say how I feel (circle time)			International Day of Families 15 May

		Come and See	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar
	Manage my feelings and behaviour	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)	Module 1 Unit 3 Session 2 Feelings Inside and Out  Module 1 Unit 3 Session 3 Super Susie Gets Angry	3. I can say how I feel (circle time)			
	Talk about my mood and know that how I am feeling is a normal part of daily life		Module 1 Unit 3 Session 2 Feeling Inside Out	3. I can say how I feel (circle time)			

		Come and See	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar
Social	I know: Who to go to if I am worried or need help		Module 2 Unit 3 Session 1 Being Safe	25. I know when to ask for help and who to ask for help from			
	That healthy families love, care and protect one another and that there are different family structures and these should be respected	Families Y1 (Domestic Church Autumn term)	Module 2 Unit 2 Session 1 Special People				Refugee Week June  International Day of Families 15 May
	That there are different types of teasing and bullying which are wrong and unacceptable and how to respond		Module 1 Unit 3 Session 2 Feelings Inside and Out  Module 2 Unit 2 Session 2 Treat Others Well	5. I know what to do if I see anyone being hurt  7. I try to stand up for myself and others			Anti-Bullying Week November  Internet Safety Week February
	How my behaviour affects other people and that there are appropriate and inappropriate behaviours	Rules Y2 (Reconciliation Autumn term)	Module 2 Unit 2 Session 2 Treat Others Well				Anti-Bullying Week November  Internet Safety Week February

	Recognise the characteristics of positive and negative relationships		Module 2 Unit 3 Session 2 Good and Bad Secrets	26. I can recognise comfortable and uncomfortable feelings (circle time)			
--	--	--	--	--	--	--	--

		Come and See	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar
	How to use simple rules for resisting pressure when I feel unsafe or uncomfortable		Module 2 Unit 3 Session 2 Good and Bad Secrets	26. I can recognise comfortable and uncomfortable feelings (circle time)			Anti-Bullying Week November Internet Safety Week February
	I can: Recognise what makes people special.		Module 2 Unit 2 Session 1 Special People	1. We are all special		KS1 Bangladesh resource	International Day for Children 12 April
	Be friendly and can make friends		Module 2 Unit 2 Session 2 Treat Others Well	18. I cooperate with others in work and play. (circle time)			
	Recognise that I can belong to a variety of communities locally, nationally and globally	Special People Y1 Books Y2 (Local church Spring term)  Neighbours Y1 (Universal Church Summer term)	Module 3 Unit 1 Session 2 Who is My Neighbour?  Module 3 Unit 2 Session 1 The Communities We	15. I know I belong to a community that includes my school		KS1 Bangladesh resource  Laudato Si Care for our Common Home	Fair Trade Fortnight February

		Come and See	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar
	<b>Get adult help if someone is hurt</b>			27. I know how to help others when they are in trouble			Emergency Services Day
			Live In				
	Show awareness of differences between my life and others in the wider world	Neighbours Y1 (Universal Church-Summer term)	Module 3 Unit 1 Session 1 Trinity House  Module 3 Unit 1 Session 2 Who is my Neighbour			Fair Trade Resource  Laudato Si Care for our Common Home	Fair Trade Fortnight February

	LKS2	Come and See / Sacramental Preparation Education programme	Life to the Full	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar
Moral	I can Be courteous, showing good manners at home and in school		Module 2 Unit 2 Session 1 Family, Friends and Others	19. I try to use words that make the world a better place			
	Be forgiving, able to say sorry and not hold grudges against those who have hurt me	Choices Y3 Building Bridges Y4 (Reconciliation- Summer term)	Module 2 Unit 2 Session 1 Family, Friends and Others	33. I try to accept forgiveness from others		Peace and Conflict resource	International Day of Peace 21 September
	Be grateful to others for the good things in my life	Homes Y3 (Domestic Church- Autumn term)	Module 2 Unit 2 Session 1 Family, Friends and Others	20. I try to appreciate the beauty and the wonder in the world around me		One Day One World resource	World Environment Day 5 June
	Be respectful of myself and others, recognising differences		Module 1 Unit 2 Session 1 We Don't Have to be the Same	33. I know what human dignity means and I show that I respect others		One Day One World resource	World Faith Week 22-29 October
	Be honest, able to be truthful in my relationships with others	Choices Y3 Building Bridges Y4 (Reconciliation Summer term and Sacramental Preparation-Autumn term)	Module 2 Unit 2 Session 1 Family, Friends and Others	31. I know how to show I am sorry			

	Accept that I do not always get what I want and show an awareness of why this is	Self-Discipline Y4 (Lent/Easter-Spring term)		10. I think before I make choices that affect my health			
		Come and See / Sacramental Preparation Education programme	Life to the Full	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar
	Be caring, aware of the needs of others and responding to those needs	Energy Y3 New Life Y4 (Pentecost-Summer term)	Module 2 Unit 2 Session 1 Family, Friends and Others	27. I know how to help others when they are in trouble  34. I stand up for people who are being treated unfairly		All CAFOD resources	Refugee Week June  Fair Trade Fortnight 26 February

		Come and See / Sacramental Preparation	Life to the Full	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar
--	--	--	------------------	-----------------------	---------	----------------	--------------------------

		Education programme					
Spiritual	I know: That life is precious and given by God	Homes Y3 People Y4 (Domestic Church Autumn term)  Other Faiths weeks	Module 1 Unit 1 Story Sessions Designed for a Purpose  Module 1 Unit 2 Session 1 We Don't Have to be the Same	35. I notice that we are the same and we are different  36. I try to be accepting of others		One Day One World	Universal Children's Day 20 November  International Day for Tolerance 16 November
	That I can spend time with God in prayer by myself and with others which helps me in life	All Topics	All Units from 'Life to the Full' introduce children to a variety of ways to pray				
	That belonging to the Church family means that I should love other people in the same way as Jesus does	Journeys Y3 Community Y4 (Local Church-Spring term)  Called Y4 Baptism/Confirmation-Autumn term	Module 3 Unit 1 Session 2 Where is Church?	15. I know I belong to a community that includes my school		Refugees resource  Universal Church topics	Refugee Week June  International Day of Families 15 May

		Come and See / Sacramental Preparation Education programme	Life to the Full	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar
	That following Jesus' teaching on forgiveness can help me in my relationships my friends	Choices Y3 Building Bridges Y4 (Reconciliation-Summer term)	Module 2 Unit 1 Story Sessions Jesus My Friend	33. I try to accept forgiveness from others			
	That God wants me to use my individual gifts, talents and abilities		Module 1 Unit 2 Session 1 We Don't Have to be the Same	2. I can say one good thing about myself			

		Come and See / Sacramental Preparation Education programme	Life to the Full	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar
Physical	I know: That my body is changing as I grow and some of the changes that occur throughout life.		Module 1 Unit 2 Session 3 What is Puberty? (optional – can be left to Upper KS2) Module 1 Unit 2 Session 4 Changing Bodies (optional – can be left to Upper KS2)				Universal Children’s Day 20 November International Day for Older Persons 1 October
	How a baby grows and develops in its mother’s womb	Visitors Y3 (Advent-Autumn term)	Module 1 Unit 4 Session 1 Life Cycles (optional – can be left to Upper KS2)				International Women’s Day 8 March
	I can: Describe the needs of people and other living things, including the need to reproduce		Module 1 Unit 1 Story Sessions Designed for a purpose				

	Describe the similarities and differences between girls and boys (specific) and correctly name the main external parts of the male and female body and their functions		Module 1 Unit 2 Session 4 Changing Bodies	35. I notice that we are the same and we are different		One Day One World resource	Universal Children's Day 20 November
	Describe a healthy lifestyle, including physical activity, dental health, healthy eating, sleep and hygiene		Module 1 Unit 2 Session 2 Respecting Our Bodies	9. I can tell you how I look after myself 10. I think before I make choices that affect my health	Animals including humans Y3 Sc3/2.2		World Health Day 7 April World Toilet Day 19 November
	Describe how and why to keep safe in the sun		Module 1 Unit 2 Session 2 Respecting Our Bodies	9. I can tell you how I look after myself 10. I think before I make choices that affect my health			World Health Day 7 April

		Come and See / Sacramental Preparation Education programme	Life to the Full	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar
--	--	--	------------------	-----------------------	---------	-------------------	-----------------------------

# Emotional

I can: Confidently say what I like and dislike			2. I can say one good thing about myself		One Day One World resource	
I know: That some behaviour is unacceptable		Module 2 Unit 2 Session 2 When Things Feel Bad	5. I know what to do if I see anyone being hurt		Global Neighbours resource Laudato Si Care for our Common Home	Holocaust Memorial Day 27 January  World Environment Day 5 June
I can: Describe the wider range of my feelings		Module 1 Unit 3 Session 1 What Am I Feeling?				
Describe changes that happen in life e.g. loss, separation, divorce and bereavement	Community Y4 (Local church-Spring term)	Module 2 Unit 2 Session 3 When Things Change Module 1 Unit 3 Session 3 I am Thankful	3. I can say how I feel (circle time)			
Cope with natural negative emotions and show resilience following setbacks		Module 2 Unit 2 Session 3 When Things Change Module 1 Unit 3 Session 3 I am Thankful	23. I try to keep going when things get difficult and not give up hope			
Describe some ways to maintain good mental health,(exercise, diet sleep, company)			3. I can say how I feel (circle time)			Mental Health Awareness Day/Week

		Come and See / Sacramental Preparation Education programme	Life to the Full	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar
Social	I know: That I can go to a number of different people for help in different situations.		Module 2 Unit 2 Session 2 When Things Feel Bad	25. I know when to ask for help and who to ask for help from			
	That there are different types of relationships including those between acquaintances, friends, relatives and family	People Y4 (Domestic Church-Autumn term)	Module 2 Unit 2 Session 1 Family, Friends and Others	35. I notice that we are the same and we are different			
	What bullying is (including cyberbullying) and how to respond		Module 2 Unit 2 Session 2 When Things Feel Bad				Anti-Bullying Week November
	That not all images, language and behaviour are appropriate		Module 2 Unit 2 Session 2 When Things Feel Bad  Module 2 Unit 3 Session 2 Chatting Online	26. I can recognise comfortable and uncomfortable feelings (circle time)			Internet Safety Week February

	The difference between good and bad secrets		Module 2 Unit 2 Session 2 When Things Feel Bad	15. I know I belong to a community that includes my school			
			Module 2 Unit 3 Session 3 Physical Contact				

		Come and See / Sacramental Preparation Education programme	Life to the Full	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar
	How to recognise safe and unsafe situations and ways of keeping safe, including simple rules for keeping safe online		Module 2 Unit 3 Session 1 Sharing Online				Internet Safety Week February
			Module 2 Unit 3 Session 2 Chatting Online				
	I can: Show care and concern for the special people in my life	Giving and Receiving Y4 (Eucharist-Spring term)	Module 2 Unit 2 Session 1 Family, Friends and Others	18. I cooperate with others in work and play (circle time)			
	Be friendly, able to make and keep friends	Choices Y3 Building bridges Y4 (Reconciliation Summer term)	Module 2 Unit 2 Session 1 Family, Friends and Others	18. I cooperate with others in work and play (circle time)			

	Show concern for the communities to which I belong, aware that my behaviour has an impact upon them	Choices Y3 Building bridges Y4 (Reconciliation Summer term)  Other Faiths weeks	Module 3 Unit 1 Session 1 Trinity House  Module 3 Unit 1 Session 2 Where is Church?	18. I cooperate with others in work and play (circle time)		Climate and Environment Resource  Fair Trade Resource  Laudato Si Care for our Common Home	Fairtrade Fortnight February  World Health Day 7 April  World Environment Day 5 June

		Come and See / Sacramental Preparation Education programme	Life to the Full	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar
	Identify injustices in the wider world	Special Places Y3 God's People Y4 (Universal Church-Summer term)	Module 3 Unit 1 Session 1 Trinity House  Module 3 Unit 1 Session 2 Where is Church?			Climate and Environment Resource  Fair Trade Resource  Laudato Si	Fairtrade Fortnight February  World Health Day 7 April World Environment Day 5 June
	<b>Make a clear and efficient call to emergency services if necessary</b>			27. I know how to help others when they are in trouble			Emergency services day

	UKS2	Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar
Moral	I can: Be courteous in my dealings with friends and strangers			Module 1 Unit 1 Story sessions Kester's Adventures	19. I try to use words that make the world a better place			
	Be forgiving, developing the skills to allow reconciliation in relationships	Freedom and Responsibility Y5 (Reconciliation-Summer term)		Module 1 Unit 1 Story sessions Kester's Adventures	29. I try to forgive people when they hurt me			International day of Peace 21 September
	Demonstrate my gratitude to others for the good things in my life through words and actions	Ourselves Y5 Loving Y6 (Domestic Church-Autumn term)		Module 1 Unit 1 Story sessions Kester's Adventures	20. I try to appreciate the beauty and the wonder in the world around me		One Day One World resource	World Environment Day 5 June
	Be respectful of my own and others uniqueness, demonstrating respect for difference (Protected Characteristics)	Ourselves Y5 (Domestic ChurchAutumn term)  Other Faiths weeks	2006: God loves me in my changing and development Y5 p.33-36 2020: God loves us in our changing and developing Y5 p.47 2020 The wonder of God's love in creating new life Y6 p.58		36. I try to be accepting of others		One Day One World resource	One World Week October  World Faith Week November
	Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar	

	Be honest, striving to live truthfully and with integrity, using good judgement			Module 1 Unit 1 Story sessions Kester's Adventures	8. I try to be just and fair			
	Be self-disciplined and able to delay or even deny myself	Sacrifice Y5 Death and New Life Y6 (Lent/Easter-Spring term)					Advent and Lent Resources	
	Be compassionate, able to empathise with the suffering of others and displaying the generosity to help	Sacrifice Y5 Death and New Life Y6 (Lent/Easter-Spring term)			27. I know how to help others when they are in trouble  34. I stand up for people who are being treated unfairly	All CAFOD resources	Refugee week June  Fair Trade Fortnight February	

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar
Spiritual	I know: That we are all children of God and made in God's image and likeness	Ourselves Y5 (Domestic Church-Autumn term)	2006: God loves me in my changing and development Y5 p.33-36 2020: God loves us in our changing and developing Y5 p.49, 53 2020 The wonder of God's love in creating new life Y6 p.58	Module 1 Unit 1 Story sessions Kester's Adventures  Module 1 Unit 2 Session 1 Gifts and Talents	1. We are all special		One Day One world resource	World Day for Cultural Diversity 21 June  International Day for Tolerance 16 November
	That prayer and worship nourish my relationship with God and support my relationships with others	All topics	2006: God loves me in my changing and development Y5 2006: The wonder of God's love in creating new life Y6 2020: God loves us in our changing and developing Y5 2020 The wonder of God's love in creating new life Y6	All Units from 'Life to the Full' introduce children to a variety of ways to pray			CAFOD Assembly resources	
	That the Church is the Body of Christ in the world and what Church teaching says about showing love for others (Catholic Social	Common Good Y6 (Universal Church Summer term)  Mission Y5 (Local Church-Spring term)				15. I know I belong to a community that includes my school		Universal Church Topic Year 6

	Teaching)							
		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar
		Unity Y6 (Eucharist-Spring term)						
	The importance of forgiveness and reconciliation in relationships and the challenges involved in following Jesus' teaching on forgiveness	Freedom and Responsibility Y5 Healing Y6 (Reconciliation-Summer term)			29. I try to forgive people when they hurt me  33. I try to accept forgiveness from others		Advent and Lent resources	International Day of Peace 21 September
	That each person has a purpose in the world and that God has created me for a particular purpose (vocation)	Life Choices Y5 Vocation and Commitment Y6 (Baptism/Belonging-Autumn term)		Module 2 Unit 1 Session 1 Is God Calling You?			Oscar Romero resource	

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar
Physical	I know: The changes that occur at each stage of a human being's life (including childhood, adolescence, adulthood, old age) and specifically the changes which occur during puberty		2006: God loves me in my changing and development Y5 p.33-34 2020: God loves us in our changing and developing Y5 p.50-51	Module 1 Unit 2 Session 1 Girl's Bodies Module 1 Unit 2 Session 2 Boy's Bodies		Animals including humans Sc5/2.2a		International Youth Day 12 August  International Day for Older Persons 1 October
	About the week by week development of the baby in its mother's womb		2006: The wonder of God's love in creating new life Y6 p.40-41 2020 The wonder of God's love in creating new life Y6 p.60-61	Lower KS2 Life Cycles could be used here  Module 1 Unit 4 Session 1				International Women's Day 8 March

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar
	How human life is conceived in the womb, including the language of sperm and ova and about the nature and role of menstruation in the fertility cycle		<p>2006: God loves me in my changing and development Y5 p.34</p> <p>2006: The wonder of God's love in creating new life Y6 p.40-41</p> <p>2020: God loves us in our changing and developing Y5 p.51</p> <p>2020 The wonder of God's love in creating new life Y6 p.59-60</p>	<p>Module 1 Unit 3 Sessions 1-3 Making Babies (Part 1 and 2) (parents may withdraw )</p> <p>Session 3 Menstruation</p>				
	About the differences between boys and girls with regard to puberty and reproduction		<p>2006: God loves me in my changing and development Y5 p.33-36</p> <p>2006: The wonder of God's love in creating new life Y6 p.37-39</p> <p>2020: God loves us in our changing and developing Y5 p.50-51</p> <p>2020 The wonder of God's love in creating new life Y6 p.59</p>	<p>Module 1 Unit 2 Session 1 Girl's Bodies</p> <p>Module 1 Unit 2 Session 2 Boy's Bodies</p>				

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar
	About the impact that poor lifestyle choices can have on my health including lack of physical activity, poor dental health, sleep, hygiene, drugs and alcohol. The facts and science relating to immunisation and vaccination			Module 1 Unit 2 Session 4 Spots and Sleep	9. I can tell you how I look after myself  10. I think before I make choices that affect my health	Animals including humans SC6/2.2b		World Health Day 7 April  World Toilet Day 19 November
	About the impact of unsafe exposure to the sun and how to reduce the risk of sun damage				9. I can tell you how I look after myself  10. I think before I make choices that affect my health			World Health Day 7 April

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar
--	--	--------------	-----------------	------------------	-----------------------	---------	----------------	--------------------------

Emotional	I can: Be confident in my relationships with my peers in various situations, including online		2020: God loves us in our changing and developing Y5 p.48 2020 The wonder of God's love in creating new life Y6 p.63	Module 2 Unit 3 Session 1 Sharing Online  Module 2 Unit 3 Session 2 Chatting Online				Internet Safety Week February
	I know: That some behaviour is unacceptable, unhealthy or risky		2020: God loves us in our changing and developing Y5 p.47-48 2020 The wonder of God's love in creating new life Y6 p.63	Module 1 Unit 3 Session 2 Peculiar Feelings	6. I understand that rights match responsibility			Internet Safety Week February
	I can: Describe how my emotions may change and intensify as I grow and move through puberty		2006: God loves me in my changing and development Y5 p.35 2006: The wonder of God's love in creating new life Y6 p.42-43 2020: God loves us in our changing and developing Y5 p.48, 51	Module 1 Unit 3 Session 3 Emotional Changes	3. I can say how I feel			

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar
--	--	--------------	-----------------	------------------	-----------------------	---------	----------------	--------------------------

	Describe some of the varied emotions that accompany the changes that happen in life, e.g. loss, separation, divorce and bereavement	Death and New Life Y6 (Lent/Easter-Spring term)		Module 1 Unit 3 Session 3 Emotional Changes				
	Show resilience and manage risk in order to resist unacceptable pressure and show determination and courage when faced with new challenges		2006: God loves me in my changing and development Y5 p.35 2020: God loves us in our changing and developing Y5 p.51 2020 The wonder of God's love in creating new life Y6 p.63	Module 2 Unit 2 Session 1 Under Pressure  Module 2 Unit 2 Session 2 Do You Want a Piece of Cake?  Module 1 Unit 3 Session 1 Body Image	9. I can tell you how I look after myself			Internet Safety Week February
	Describe the impact that poor lifestyle choices can have on mental health and the need for exercise, fresh air, company, good diet and sufficient good quality sleep to support mental well-being.			Module 1 Unit 2 Session 4 Spots and Sleep	9. I can tell you how I look after myself  10. I think before I make choices that affect my health			Mental Health Awareness day/week

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar
Social	I know: That there are a number of different people and organisations I can go to for help in different situations and how to contact them				25. I know when to ask for help and who to ask for help from			
	About the importance of living in right relationship with the range of national, regional, religious and ethnic identities in the United Kingdom and beyond, respecting difference	Other Faiths weeks		Module 3 Unit 1 Session 1 Trinity House  Module 3 Unit 1 Session 2 Catholic Social Teaching	36. I try to be accepting of others		Global Neighbours resource	World Day for Cultural Diversity 21 May
	How to report and get help if I encounter inappropriate materials or messages		2020 The wonder of God's love in creating new life Y6 p.63	Module 1 Unit 3 Session 4 Seeing Stuff Online	25. I know when to ask for help and who to ask for help from			Internet Safety Week February
	How to use technology safely			Module 2 Unit 3 Session 1 Sharing Online  Module 2 Unit 3 Session 2 Chatting Online				Internet Safety Week February

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar
How to make informed choices in relationships			2006: God loves me in my changing and development Y5 p.35 2006: The wonder of God's love in creating new life Y6 p.42 2020: God loves us in our changing and developing Y5 p.48 2020 The wonder of God's love in creating new life Y6 p.63	Module 2 Unit 3 Session 1 Sharing Online  Module 2 Unit 3 Session 2 Chatting Online  Module 2 Unit 3 Session 3 Physical Contact				
That my increasing independence brings increased responsibility to keep myself and others safe				Module 2 Unit 3 Session 1 Sharing Online  Module 2 Unit 3 Session 2 Chatting Online	6. I understand that rights match responsibility			Internet Safety Week February
I can: Show care and concern for the special people in my life and put their needs before my own	Sacrifice Y5 Death and New Life Y6(Lent/Easter-Spring term)			Module 3 Unit 1 Session 1 Trinity House				

	Be just and fair, acting with integrity, understanding the impact of my actions locally, nationally and globally	Stewardship Y5 Common good Y6 (Universal Church-Summer term)		Module 3 Unit 1 Session 2 Catholic Social Teaching			Climate and Environment Resource  Laudato Si Care for our Common Home	Fairtrade Fortnight February World Health Day 7 April World Environment Day 5th June
	Speak out about injustice in the wider world and what I can do to help.	Stewardship Y5 Common good Y6 (Universal Church-Summer term)		Module 3 Unit 2 Session 1 Reaching Out			Fair Trade Resource  Laudato Si Care for our Common Home	Fairtrade Fortnight February World Health Day 7 April World Environment Day 5 June
	About some basic firstaid, dealing with common injuries				27. I know how to help others when they are in trouble			Emergency services Day
	Be loyal, able to develop and sustain friendships							

## Resources referenced in this document:

Come and See – Sr Victoria Hummel – Matthew James Publishing Co Ltd <http://www.comeandseere.co.uk/> Early Learning Goals from Statutory Framework for Early Years/Foundation Stage

[https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/596629/EYFS\\_STATUTORY\\_FRAMEWORK\\_2017.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/596629/EYFS_STATUTORY_FRAMEWORK_2017.pdf)

Science Curriculum 2014 <https://www.gov.uk/government/publications/national-curriculum-in-england-science-programmes-of-study>

A Journey in Love – Sr Jude Groden RSM McCrimmon Publishing Co Ltd [2006 and 2020 editions] <http://www.mccrimmons.com/shop/relationships/>

Life to the Full – Ten: Ten Resources (including EYFS resources September 2020) [www.tentenresources.co.uk/relationship-education](http://www.tentenresources.co.uk/relationship-education)

CAFOD – Catholic Agency for Overseas Development <http://cafod.org.uk/Education/Primary-schools>

Statements to Live By – Nurturing Human Wholeness Through the Distinctive Catholic Tradition – Frank McDermott and Theresa Laverick

<http://www.anamcara.org.uk/Nurturing%20Human%20Whole.html> Global

[Calendar](#)

<https://globaldimension.org.uk/calendar/>

## Suggested additional Resources

Social and Emotional Aspects of Learning (SEAL) published by Department for Education - National Strategies

<http://webarchive.nationalarchives.gov.uk/20110809101133/nonline.org.uk/node/87009>

PSHE guidance from PSHE Association: <https://www.gov.uk/government/publications/personal-social-health-and-economic-education-pshe> <https://www.pshe-association.org.uk/>

It is recommended that schools include in their annual curriculum planning some focused lessons about internet safety and all forms of bullying e.g. Internet safety week and anti – bullying week (see global calendar).