



## Well-being Ambassadors

♥ Turn Blue Monday Bright ♥

This week we took part in the Headlight Project's 'Turn Blue Monday Bright' to help raise awareness about mental health, and how we can look after our own mental well-being.

We chose the day to launch a new series of mental health lessons in our PSHE curriculum so that we can ensure that our pupils are explicitly taught about mental health from Reception class to Year 6.

Our pupil Well-Being Ambassadors showed excellent leadership skills by organising activities for classes to use across the day and a fabulous coffee morning and cake sale.

The coffee morning was a great success, and was very well attended by our parents and families. Thank you to all who came, and to all who baked delicious cakes.

Together we have raised ⌘ £400 ⌘ for the Russ Devereux Headlight Project to support them with the wonderful work they do.

