



St. Joseph's Catholic Academy, Norton PSHE & RSE Long-Term Plan

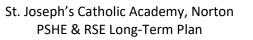
Class	Autumn	Spring	Summer
Nursery	 Story sessions – handmade with love Role model Who's Who? You've got a friend in me Forever friends Self-image and online identify 	 Safe inside and out My body, my rules Feeling poorly People who help us Online reputation 	 God is love Loving God, loving others Me, you, us Online bullying Online relationships THINK – Takes of the Road
Reception	 Story sessions – handmade with love I am Me Heads, shoulders, knees and toes Ready teddy? Health, wellbeing and lifestyle 	 I like, you like, we all like! Good feelings, bad feelings Let's get real Growing up Managing online information Privacy and security 	 God is love Loving God, loving others Me, you, us Copyright and ownership THINK – Stepping stones to road safety THINK – Be Bright, Be Seen NSPCC PANTS (sexual harassment)
Y1	 Online Safety (Computing) Story sessions – Let the children come God loves you Special people Self-image and online identify Money Matters 	 Treat others welland say sorry Being safe (online safety and safeguarding) Good and bad secrets Physical contact Online relationships Online reputation Where Money Comes From Looking After Money 	 Harmful substances Can you help me? (first aid) Trinity house Who is my neighbour? The communities we live in Online bullying THINK – Safety first THINK – Road Rangers NSPCC PANTS (sexual harassment)
Y2	 Online Safety (Computing) Story sessions – Let the children come I am Unique Girls and Boys Clean and Healthy Managing online information Health, wellbeing and lifestyle Spend or Save Understanding Mental Health 	 Feelings, likes and dislikes Feeling inside out Super Susie gets angry The cycle of life Beginnings and endings NSPCC PANTS (sexual harassment) Privacy and security Want or Need Emotions and feelings Mental health problems – causes and signs 	 God loves you Trinity house Who is my neighbour? The communities we live in Copyright and ownership THINK – Roads away from home THINK – Road Safety Warriors Going Shopping Looking after our mental health



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Y3	 Online Safety (Computing) Story sessions – Get up! The sacraments Story sessions – Jesus my friend Friends family and others Evolve – Self-image and online identify Where does Money come from Understanding Mental Health 	 When things feel bad Sharing online Chatting online (cyberbullying). Safe in my body - Physical contact (abuse including sexual abuse) Drugs, alcohol, tobacco First Aid heroes NSPCC PANTS (sexual harassment) Online relationships Ways to Pay Talking about mental health Mental health problems – impact 	 Trinity house Who is the Church? How do I love others? Online reputation Online bullying THINK – Do you stop, listen, look, think? THINK – Take the lead THINK – Map your journey Reasons to Borrow Looking after our mental health
¥4	 Online Safety (Computing) Story sessions – Get up! The sacraments We don't have to be the same Respecting our bodies What is puberty? Managing online information Spending Decisions Understanding Mental Health 	 Changing bodies What am I looking at? I am thankful Lifecycles A time for everything NSPCC PANTS (sexual harassment) Health, wellbeing and lifestyle Privacy and security Advertising Emotions and feelings Mental health problems – loneliness 	 Trinity house Who is the Church? How do I love others? NSPCC Stop Speak Support (bullying/online safety) Copyright and ownership Keeping Track Looking after our mental health
Υ5	 Online Safety (Computing) Story sessions – calming the storm Is God calling you? Under pressure Do you want a piece of cake? (Consent) Self:Talk Online reputation Look After It Understanding Mental Health 	 Sharing isn't always caring Cyberbullying Types of abuse (abuse including sexual abuse) Impacted lifestyles Making good choices Giving assistance (first aid) NSPCC PANTS (sexual harassment) Online bullying Critical Consumers Talking about mental health Mental health problems – feeling worried 	 Trinity house Catholic social teaching Reaching out Self image and online identify Online relationships Money in the wider World Looking after our mental health







Y6	 Online Safety (Computing) Story sessions – calming the storm Gifts and talents Girls bodies Boys bodies Spots and sleep Managing online information Value for Money and Ethical Spending Understanding Mental Health 	 Body image Peculiar feelings Emotional changes Hope beyond death Seeing stuff online NSPCC PANTS (sexual harassment) Health, wellbeing and lifestyle Privacy and security Budgeting Emotions and feelings Mental health problems – feeling unhappy 	 Making babies part 1 and 2 (Pt 2 may be omitted) Menstruation Trinity house Catholic social teaching Reaching out Copyright and ownership NSPCC – It's not okay (sexual harassment 11+) Money and Emotional Wellbeing Looking after our mental health
KEY	Relationships and Sex Education – some RSE lessons in Protected characteristics* Safeguarding* (including road safety) Mini Medics – Mental Health Sexual harassment Child on child abuse* Online safety* Bullying Financial capability – Santander Money Matters *PREVENT Strategy included		