

Relationships and Sex Education Overview

St Joseph's COUNDON

From September 2020, Relationships and Sex Education became a statutory subject on the curriculum which is separate from other areas of PHSE.

As a church school, we endeavour to teach any Relationships Education through the values of the Roman Catholic Church and therefore have invested heavily in a scheme produced in consultation with the Bishops of England & Wales and ratified by our own Diocese.

Indeed, most Catholic schools in Hexham and Newcastle will deliver their RSE curriculum through the use of the scheme which is named Life to The Full (Ten Ten). This scheme explores first of all, how children view themselves, the relationships they have with others and finally, the relationships they have within the wider world.

The scheme covers the majority of the requirements of the National Curriculum and where there are gaps, staff have ensured that this content is taught in other lessons/ assemblies. For all children this will involve discussion around themselves, their feelings and emotions and their bodies and from the very beginning, children will use correct terminology for body parts.

Obviously, everything that is taught is age appropriate and the programme has been trialled extensively in a range of pilot schools. Please find attached an overview of all modules covered in school. It is designed to be taught across a school year. The scheme aligns closely with our RE content as well as the National Curriculum for Science and ESafety. In many cases, we have already been teaching similar content for many years. This pulls everything together in a single scheme and is delivered through high quality music, videos and worksheets which build upon teaching by Class Teachers.

For some modules, particularly in Y5 and Y6, information will be delivered by our school nurse as it always has been. The biggest change is that this will now be Y5 instead of Y6. This is because children are now physically maturing at an earlier age.

This scheme celebrates the uniqueness of every human and their right to be treated respectfully and appropriately by others. It focuses upon encouraging children to see themselves as special and how to find their place in the world. It teaches them about the wonder of God's creations and how those creations come to be and we are sure the children will enjoy these sessions. As always, if you have any queries please do not hesitate to contact either your child's class teacher or the school office on our relevant emails.