

Keep your family safe, O Lord, with unflinching care, that, relying solely on the hope of heavenly grace, they may be defended always by your protection. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

### FIRST READING

A reading from the Prophet Isaiah. Isaiah 58:6-10

Thus says the Lord: Is not this the fast that I choose: to loose the bonds of wickedness, to undo the straps of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry and bring the homeless poor into your house; when you see the naked, to cover him, and not to hide yourself from your own flesh?

Then shall your light break forth like the dawn, and your healing shall spring up speedily; your righteousness shall go before you; the glory of the LORD shall be your rearguard.

Then you shall call, and the LORD will answer; you shall cry, and he will say, 'Here I am.' If you take away the yoke from your midst, the pointing of the finger, and speaking wickedness, if you pour yourself out for the hungry and satisfy the desire of the afflicted, then shall your light rise in the darkness and your gloom be as the noonday.

The word of the Lord.  
Thanks be to God.

### PSALM

Psalm 112(111):4-5. 6-7. 8a, 9. R.4a

**R. A light rises in the darkness for the upright.**

or: Alleluia.

A light rises in the darkness for the upright; he is generous, merciful, and righteous. It goes well for the man who deals generously and lends, who conducts his affairs with justice.

He will never be moved; for ever shall the upright be remembered. He has no fear of evil news; with a firm heart, he trusts in the LORD.

With a steadfast heart he will not fear. Open-handed, he gives to the poor; his justice stands firm for ever. His might shall be exalted in glory.

### SECOND READING

A reading from the First Letter of Saint Paul to the Corinthians. 1 Corinthians 2:1-5

When I came to you, brothers and sisters, did not come

### GOSPEL

Matthew 5:13-16

The Lord be with you.

**And with your spirit.**

A reading from the holy Gospel according to Matthew.

**Glory to you, O Lord.**

At that time: Jesus said to his disciples, 'You are the salt of the earth, but if salt has lost its taste, how shall its saltiness be restored? It is no longer good for anything except to be thrown out and trampled under people's feet.

'You are the light of the world. A city set on a hill cannot be hidden. Nor do people light a lamp and put it under a basket, but on a stand, and it gives light to all in the house.

In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven.'

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

### PRAYER OVER THE OFFERINGS

O Lord our God,  
who once established these created things  
to sustain us in our frailty,  
grant, we pray,  
that they may become for us now  
the Sacrament of eternal life.  
Through Christ our Lord.  
**Amen.**

### COMMUNION ANTIPHON

Cf. Ps 106:8-9

**Let them thank the Lord for his mercy,  
his wonders for the children of men  
for he satisfies the thirsty soul,  
and the hungry he fills with good things.**

### PRAYER AFTER COMMUNION

O God, who have willed that we be partakers

## GOSPEL REFLECTION



As a Christian I am called to be the "salt of the earth". So, what could it mean for this salt to lose its taste?

When be called to answer neighbors that we disciple. It is a practice of the who ever and raise see the are truly self-centered self-glorious to the Love d light; beloved

POPE FRANCIS' ENCYCLICAL  
**FRATELLI TUTTI**  
BROTHERS AND SISTERS ALL



## THE DEATH PENALTY

270. I ask Christians who remain hesitant at this point, and those tempted to yield to violence in any form, to keep in mind the words of the book of Isaiah: "They shall beat their swords into plowshares." For us, this prophecy took flesh in Christ Jesus. When seeing a disciple tempted to violence, said firmly to him: "Put your sword back into its place; for all who take to the sword will perish by the sword" (Mt 26:52). His words echoed the ancient warning: "I will reckon for human life. Whoever sheds the blood





Parish Website



## Week beginning: Sunday, 8th February, 2026.

**Website:** [www.rcdhnbillingham.co.uk](http://www.rcdhnbillingham.co.uk)
**Facebook:** [www.facebook.com/rcdhnbillingham](https://www.facebook.com/rcdhnbillingham)
**Email:** [StThomasofCanterbury.Billingham@diocesehn.org.uk](mailto:StThomasofCanterbury.Billingham@diocesehn.org.uk)

Daily Readings



Day and date	Holy Mass and Services	Intentions
<b>Sunday</b> 8th February Fifth Sunday of the Year.	Sunday Holy Mass at <b>Holy Rosary</b> at 10.00 AM	Sally Paczynski
<b>Monday</b> 9th February	<b>No Mass</b> 11.30am Funeral Service at St John's for Carol Stoves	
<b>Tuesday</b> 10th February St Scholastica	10.00am Mass in St Joseph's School	Intentions of Audrey Johnson
<b>Wednesday</b> 11th February Our Lady of Lourdes	10.30am Mass in <b>Holy Rosary</b>	with Anointing of the Sick
	Exposition and Evening Prayer at <b>Holy Rosary</b> at 6:15pm Holy Mass at <b>Holy Rosary</b> at 7.00 PM	Christopher Allison
<b>Thursday</b> 12th February	12.00pm Requiem Mass at <b>St John's</b> for Kathleen Grainger	
<b>Friday</b> 13th February	<b>No Mass</b> 1.30pm Funeral Service in St John's for Edith Robinson	
<b>Saturday</b> 14th February Vigil of the 6th Sunday of the Year	Vigil Holy Mass at <b>St John's</b> at 5.30 PM	Lisy Joy
<b>Sunday</b> 15 <sup>th</sup> February Sixth Sunday of the Year	Sunday Holy Mass at <b>Holy Rosary</b> at 10.00 AM	Parishioners

### Please pray for the sick:

Sheila Allen	Maureen Braithwaite	Carol Brownlee	Ann Christeson	Robert Dalton	Bill Devine
Judy Houchen	Sheila Hunt	Brian Kane	Mary Langsdale	Sarah McAllister	Rev. Dan Mckie
Grace Ollie	Christine Rooney	Bill Simpson	Fr John Skivington	Peter Smith	Judith Sowerby
Anne Ward	Margaret Wilkie	Kate Williams			

### Please pray for those who have died recently. May they rest in Peace. Amen.

Carol Stoves	Kathleen Grainger	Edith Robinson	Ernie Nardone	Duman Clarke-Barnes	Tony Canty
Thomas Peters	Brian Nicholls	Denis Murphy	Bridget McGoldrick	Georgina McQuilling	Peter Horan

### Light a Virtual Candle

Please join us at the Prayer Wall - We visit the Prayer Wall on our parish dedicated space where our community can be in spirit.

### Candle Lighting Prayer

Lord, This light is sign of my prayer which I know you always hear.

Look with kindness on my request, the dedication of my heart, and the needs of this troubled world.

When the concerns of life steal my thoughts let my prayer like this light still shine before you, now and in the days to come.

Amen.

### All Our Yesterdays

Do you have photos, videos, or memories? Please speak with Fr Adrian.

### Fr Adrian's Lent Quiz

Calling all puzzle fans! Get your thinking. Fr. Adrian's Lent Quiz drops right at the start of the month.

### Holy Island SVP Summer Camps 2026

Applications are now open for children in Years 5 to 7 for Holy Island Summer Camps. Children will spend a week in our centre on the island during the Summer holidays. Transport takes the children from Tyneside to our residential centre and accommodation and activities are included. For more information please visit our website: <https://svp.org.uk/microsite/ozanam-camp>

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**Volunteers are needed** for caretaking, assistants, cooking or working with the children. It is also needed for Term Time Camps.