



PE Curriculum Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Yoga Funky fingers and squiggle wiggle		Movement and dance Ball and bean bag skills		Climbing and apparatus. Games/ sports day practice	
Reception	Intro to PE	Gymnastics	Dance	Fundamentals	Ball skills	Games / sports day practice.
Year 1	Fundamentals/ Fitness	Gymnastics / Ball Skills	Dance / Send and Receive	Net and Wall / Target Games	Team building / Striking and Fielding	Athletics / Invasion Games
Year 2	Fundamentals/ Fitness	Gymnastics / Ball Skills	Dance / Send and Receive	Net and Wall / Target Games	Team building / Striking and Fielding	Athletics / Invasion Games
Year 3	Ball skills Fundamentals	Gymnastics Dance	Netball Dodgeball	Fitness Tennis	Rounders OAA	Athletics Golf
Year 4	Ball skills Fundamentals	Gymnastics Dance	Netball Dodgeball	Fitness Tennis	Rounders OAA	Athletics Golf
Year 5	Tag rugby Fitness	Indoor athletics Basketball	Football Gymnastics	Hockey Dance	Badminton OAA	Cricket Volleyball
Year 6	Tag rugby Fitness	Indoor athletics Basketball	Football Gymnastics	Hockey Dance	Badminton OAA	Cricket Volleyball
KS2		Swimming		Swimming		Swimming

From Year 4 children will have the opportunity to go swimming. Each term, selected classes will attend a swimming block for two full weeks.