



## PSHE/RSE Long Term Plan

Term	Autumn	Spring	Summer
Nursery	<p>Story sessions- Made with love</p> <p>Role model</p> <p>Who is who?</p> <p>You got a friend in me</p> <p>Forever friends</p> <p>Self-image and online identity- saying no</p> <p>POL ED- Who are the police and how do they help us?</p>	<p>Safe inside and out</p> <p>My body, my rules</p> <p>Feeling poorly</p> <p>People who help us</p> <p>Online reputation-information online</p> <p>Courtesy and manners- good manners</p> <p>Health eating- what foods are healthy</p> <p>POL ED- What are rules?</p>	<p>God is love</p> <p>Loving God, loving others</p> <p>Me, you, us</p> <p>Online bullying- being unkind</p> <p>Online relationships- technology</p> <p>THINK tales of the road</p> <p>Being safe in the sun- suncream</p> <p>POL ED-How can I be a good friend?</p>
Reception	<p>Story sessions- Hand made with love</p> <p>I am me</p> <p>Head, shoulders, knees and toes</p> <p>Ready, Teddy?</p> <p>Health, wellbeing and lifestyle- keeping safe</p> <p>Stepping stones to road safety</p> <p>Health eating and table manners</p> <p>POL ED- Who are the police and how do they help us?</p>	<p>I like, you like, we all like</p> <p>All the feelings?</p> <p>Let's get real</p> <p>Growing up</p> <p>Managing online information- using the internet</p> <p>Privacy and security- examples of personal information</p> <p>THINK be bright be seen</p> <p>POL ED- What are rules?</p>	<p>God is love</p> <p>Loving God, loving others</p> <p>Me, you, us</p> <p>What is the internet</p> <p>Playing online</p> <p>Copyright and ownership- work that belongs to me</p> <p>THINK road ranges</p> <p>NSPCC PANTS</p> <p>Being safe in the sun</p> <p>POL ED-How can I be a good friend?</p>
Y1	<p>Purple mash-Online safety</p> <p>TenTen story sessions- God loves you</p> <p>Special people</p> <p>Self-image and online identity- recognising feelings</p> <p>Money matters- understanding what money is &amp; it's different forms</p> <p>Dental hygiene and healthy eating-looking after our teeth</p> <p>Courtesy and manners</p> <p>POL ED – What is 999?</p> <p>Fairtrade fortnight-Sep/Oct</p> <p>Fire safety- Bonfire assembly</p> <p>Food bank- Harvest</p> <p>Black History month- Oct</p> <p>Cycle to school week -Oct</p>	<p>Treat others well</p> <p>Saying sorry</p> <p>Real life</p> <p>Good and bad secrets</p> <p>Physical contact</p> <p>Online relationships- being kind online</p> <p>Online reputations- information online</p> <p>Where money comes from-jobs</p> <p>Looking after money</p> <p>POL ED-Who are my trusted adults?</p> <p>Animal safety- Charities</p> <p>Water safety- Assembly</p>	<p>Harmful substances</p> <p>Can you help me?</p> <p>Three in one</p> <p>Who is my neighbour?</p> <p>Communities we live in</p> <p>Online bullying- how to behave online</p> <p>THINK safety first- keeping safe when travelling</p> <p>NSPCC P.A.N.T.S- rules</p> <p>POL ED- What do the police do?</p> <p>Trainline-Assembly</p> <p>Refugee week-June</p> <p>Litter picking- community project</p>



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	Parliament week- Nov Anti-bullying week-Nov		
Y2	Purple mash-Online safety Let the children come I am unique Girls and Boys Clean and healthy Managing online information Health, wellbeing and lifestyle Spending and saving      Understanding mental health Healthy eating POL ED-How can I work with different people? Fairtrade fortnight-Sep/Oct Fire safety- Bonfire assembly Food bank- Harvest Black History month- Oct Cycle to school week -Oct Parliament week- Nov Anti-bullying week-Nov	Feelings, Likes and Dislikes Feeling Inside and Out Super Susie Gets Angry The Cycle of Life Beginnings and Endings NSPCC PANTS Privacy and Security Want or Need Emotions and Feelings Mental Health Problems – Causes and Signs POL ED-What are medicines? Animal safety- Charities Water safety- Assembly	God Loves You Three in One Who Is My Neighbour? The Communities We Live In Rules To Help Us Copyright and Ownership THINK – Road Safety Warriors Going Shopping Looking After Our Mental Health Sun Safety POL ED-Why does age matter? Trainline-Assembly Refugee week-June
Y3	Purple mash-Online safety Story sessions-get up The sacraments Story sessions- Jesus my friend Friends, Family and others Self-image and online identity-understanding the term identity Where does money come from? -work and other sources of money Understanding Mental Health- physical and mental health Dental hygiene and healthy eating-importance of looking after our teeth Bullying and friendship- what makes a good friend	When things feel bad Sharing online Chatting online Safe in my body Drugs, alcohol & tobacco First aid heroes NSPCC PANTS Online relationships-Trust Ways to pay Talking about mental health Mental health problems-impact POL ED- What are the emergency services? Animal safety- Charities Water safety- Assembly	A community of love What is the church? How do I love others? Online reputation Online bullying Road safety Reasons to borrow Looking after our mental health Courtesy and manners Pol Ed – How can I be a responsible citizen? Trainline-Assembly Refugee week-June



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	<p>POL ED- Who are my key people?</p> <p>Fairtrade fortnight-Sep/Oct</p> <p>Fire safety- Bonfire assembly</p> <p>Food bank- Harvest</p> <p>Black History month- Oct</p> <p>Cycle to school week -Oct</p> <p>Parliament week- Nov</p> <p>Anti-bullying week-Nov</p>		
Y4	<p>Purple Mash- Online Safety</p> <p>Story sessions get up</p> <p>The sacraments</p> <p>We don't have to be the same</p> <p>Respecting our bodies</p> <p>What is puberty?</p> <p>Managing online information- accuracy of information</p> <p>Spending decisions- how can these affect others</p> <p>Understanding mental health-links between physical and mental health</p> <p>Bullying and mental wellbeing- strategies</p> <p>POL ED- What is discrimination?</p> <p>Fairtrade fortnight-Sep/Oct</p> <p>Fire safety- Bonfire assembly</p> <p>Food bank- Harvest</p> <p>Black History month- Oct</p> <p>Cycle to school week -Oct</p> <p>Parliament week- Nov</p> <p>Anti-bullying week-Nov</p>	<p>Changing bodies</p> <p>What am I looking at?</p> <p>I am thankful</p> <p>Lifecycles</p> <p>A time for everything</p> <p>NSPCC PANTS</p> <p>Health, wellbeing and lifestyle-screen time</p> <p>Privacy and security-personal information</p> <p>Advertising- influence of our spending</p> <p>Emotions and feelings-knowing the difference</p> <p>Mental health problems-loneliness</p> <p>POL ED-What is first aid?</p> <p>Animal safety- Charities</p> <p>Water safety- Assembly</p>	<p>What am I feeling?</p> <p>Community of love</p> <p>What is the church?</p> <p>How do I love others?</p> <p>Copyright and ownership</p> <p>Keeping track- money</p> <p>Looking after our mental health</p> <p>Healthy sleeping- importance</p> <p>POL ED- What are protective characteristics?</p> <p>Trainline-Assembly</p> <p>Refugee week-June</p>
Y5	<p>Purple Mash-Online Safety</p> <p>Story sessions- Get up!</p> <p>God is calling you</p> <p>Under Pressure</p> <p>Do you want a piece of cake?</p> <p>Self-Talk</p>	<p>Sharing isn't always caring</p> <p>Cyberbullying</p> <p>Types of Abuse</p> <p>Impacted Lifestyles</p> <p>Making Good Choices</p> <p>Giving Assistance</p>	<p>The Holy Trinity</p> <p>Catholic Social Teaching</p> <p>Reaching Out</p> <p>Self-image and Online Identity</p> <p>Online Relationships</p> <p>Money in the Wider World</p>



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	<p>Online Reputation</p> <p>Money- Look after it</p> <p>Understanding Mental Health</p> <p>Courtesy and Manners</p> <p>POL ED-What is grooming?</p> <p>Fairtrade fortnight-Sep/Oct</p> <p>Fire safety- Bonfire assembly</p> <p>Food bank- Harvest</p> <p>Black History month- Oct</p> <p>Cycle to school week -Oct</p> <p>Parliament week- Nov</p> <p>Anti-bullying week-Nov</p>	<p>NSPCC PANTS</p> <p>Online Bullying</p> <p>Critical Consumers</p> <p>Talking about Mental Health</p> <p>Mental Health Problems and feeling worried</p> <p>POL ED- How can we use phones sensibly?</p> <p>Show racism the red card workshop</p> <p>Animal safety- Charities</p> <p>Water safety- Assembly</p>	<p>Looking after our Mental Health</p> <p>Bullying and Stereotypes</p> <p>Health and Allergies</p> <p>POL ED- What is gambling?</p> <p>Trainline-Assembly</p> <p>Refugee week-June</p> <p>Knife crime programme</p>
Y6	<p>Purple mash-Online safety</p> <p>Story sessions- calming the storm #</p> <p>Gifts and talents</p> <p>Girls' bodies</p> <p>Boys' bodies</p> <p>Spots and sleep</p> <p>Build others up</p> <p>Managing online information-influences</p> <p>Value for money and ethical spending-spending decisions</p> <p>Understanding mental health-significance of both physical and mental health</p> <p>POL ED-How can we be allies against racism?</p> <p>Fairtrade fortnight-Sep/Oct</p> <p>Fire safety- Bonfire assembly</p> <p>Food bank- Harvest</p> <p>Black History month- Oct</p> <p>Cycle to school week -Oct</p> <p>Parliament week- Nov</p> <p>Anti-bullying week-Nov</p>	<p>Body image</p> <p>Peculiar feelings</p> <p>Emotional changes</p> <p>Hope beyond death</p> <p>Seeing stuff online</p> <p>NSPCC PANTS</p> <p>Health, wellbeing and lifestyle- online</p> <p>Privacy and security – passwords</p> <p>Budgeting</p> <p>Emotions and feelings- concept of</p> <p>Mental health problems-feeling unhappy</p> <p>POL ED-How can we change sexism?</p> <p>Show racism the red card workshop</p> <p>Animal safety- Charities</p> <p>Water safety- Assembly</p>	<p>Making babies part 1 and part 2</p> <p>Menstruation</p> <p>Holy trinity</p> <p>Catholic social teaching</p> <p>Reaching out</p> <p>Copyright and ownership- search tools and online access</p> <p>Money and emotional wellbeing-impact</p> <p>Looking after our mental health</p> <p>POL ED- What is the issue with addiction?</p> <p>Trainline-Assembly</p> <p>Refugee week-June</p> <p>Knife crime programme</p>