



St Joseph's Catholic Primary School
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Head Teacher: Mrs L Ashton Chair of Governors: Clare Sutherland



Monday 14th September 2026

Dear Parents/Carers,

At St. Joseph's, we use **Life to the Full** as our programme for delivering **Relationships, Sex and Health Education (RSHE)**. Developed by Ten:Ten and based on *A Model Catholic RSHE Curriculum* from the Catholic Education Service, the programme is fully aligned with Catholic teaching and has been carefully mapped against the latest statutory RSHE guidance from the Department for Education. Through age-appropriate and engaging lessons, **Life to the Full** supports children in developing healthy relationships, understanding personal safety, nurturing their emotional and physical wellbeing, and growing in faith. We are confident that this programme provides a comprehensive, faith-centred approach to meeting the statutory requirements of RSHE whilst supporting the holistic development of every child and strengthening the partnership between home, school and parish.

Life to the Full is much more than a series of lessons. It is an entire platform of creative resources that will engage, inform and inspire our children and, indeed, you as parents. This includes interactive video content, story-based activities, a wide range of teaching tools, original worship music and an accompanying programme of classroom prayers.

In addition, there is an online parent platform so that you, as parents and carers, can engage with the teaching and deepen the experience for your child. To access the online parent platform, please visit:

<http://www.tentenresources.co.uk/parent-portal>

Username: st-josephs-ts27

Password: tree-lights

Life to the Full is intended to be a partnership between home, school and church. We know that you already do a fantastic job, and we see our programme, **Life to the Full**, as a means to further develop, support and enrich the partnership between home, school and church so that your child is fully supported in their personal, social, emotional and spiritual development.

We would like to invite you to give your feedback by completing the consultation survey via the Forms link that will be sent separately. If you wish to give feedback, please do so by Friday 25th September. Your views are important to us and will help ensure that our RSHE provision continues to meet the needs of our children and community.

Thank you for your continued support.

Mrs Ashton
Executive Headteacher