



St Joseph's Catholic Primary School
Coast Road, Blackhall, Hartlepool, TS27 4HE

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Website: www.stjosephsblackhall.net

Head Teacher: Mrs L Ashton Chair of Governors: Clare Sutherland



Friday 24th May 2026

Dear Parent/Carer,

Family Coffee Afternoon – Monday 18th May 2026

We would like to invite you to a coffee afternoon, focusing on helping families understand anxiety in children and how to support them. You will also have the opportunity to take part in a craft activity, making a worry box with your child. Please bring an empty cardboard box with you.

This will take place on **Monday 18th May 2026 2:15pm – 3:15pm at St Joseph's Catholic Primary School, Blackhall.**

During the coffee afternoon, information will be shared with families regarding emotional well-being and managing thoughts and feelings around anxiety. There will also be an opportunity to ask a member of the Emotional Well-being and Effective Learning team any questions that you may have.

If you would like to attend, please complete the slip below and return to school by Friday 8th May 2026.

Thank you for your continued support.

Kind regards,
Mrs Ashton
Executive Headteacher

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Family Coffee Afternoon – Monday 18th May 2026

_____ (name of the family member) attending
the family coffee afternoon on Monday 18th May 2026.

Child's Name Year Group

Date