



St Joseph's Catholic Primary School
Coast Road, Blackhall, Hartlepool, TS27 4HE

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Website: www.stjosephsblackhall.net

Head Teacher: Mrs L Ashton Chair of Governors: Clare Sutherland



Monday 2nd February 2026

Dear Parent/Carer,

Wellbeing Coffee Morning – Friday 13th March 2026

We would like to invite you to a coffee morning, focusing on helping families who have concerns about their child's school attendance, anxiety, worries and any other mental health concerns.

This will take place on **Friday 13th March 2026 9:00am – 10:00am at St Joseph's Catholic Primary School, Blackhall.**

During the coffee morning, information will be shared with families regarding emotional well-being and managing thoughts and feelings around anxiety. There will also be an opportunity to ask a member of the Emotional Well-being and Effective Learning team any questions that you may have.

You will receive a resource booklet at the event, which can help to support you help your children manage anxieties and worries.

A form will be sent out via email for you to indicate your attendance.

Thank you for your continued support.

Kind regards,
Mrs Ashton
Executive Headteacher