WEEK 1 MENU

WEEK 1 MENU DATES: 04/01, 25/01,08/03,19/04, 10/05, 21/06, 12/07

BISHOP HOGARTH
Catholic Education Trust

MONDAY

- Cheese Pizza and Homemade Potato Wedges (V) 
- Homemade Tomato Soup and a Sandwich of the Day (V) 
- Jacket Potato and Baked Beans with a Sprinkling of Cheese (V) 
- Tuna and Mayo or Egg Mayo Salad Wholemeal Wrap (V) 
- Corn on the Cob and Salad Bar Selection 
- Watermelon Wedges 

TUESDAY

- Make Your Own Mexican Beef Taco with 50/50 Rice 
- Pesto Pasta and Garlic Bread (V) 
- Jacket Potato and Baked Beans with a Sprinkling of Cheese (V) 
- Apple and Cheddar Triangles (V) or Tuna Mayo Wholemeal Roll 
- Baby Carrots and Salad Bar Selection 
- Jelly and Fruit 

WEDNESDAY

- Roast Pork/ Gammon with New Potatoes and Gravy 
- Omelette and New Potatoes (V) 
- Jacket Potato & Baked Beans with a Sprinkling of Cheese (V) 
- Shredded Roast Chicken or Cheese Wholemeal Pitta (V) 
- Peas, Baby Carrots and Salad Bar Selection 
- Fruit Salad 

THURSDAY

- Rosy Red Penne Pasta (V) 
- Jollof Rice (V) 
- Jacket Potato & Baked Beans with a Sprinkling of Cheese (V) 
- Soft Cheese and Cucumber (The Kings Sandwich) on 50/50 Bread (V) 
- Broccoli and Salad Bar Selection 
- Ginger Biscuit and Orange Wedges 

FRIDAY

- Fish Fingers and Oven Chips 
- Magic Melting Mac and Cheese (V) 
- Jacket Potato and Baked Beans with a Sprinkling of Cheese (V) 
- Tuna and Cucumber Roll or Egg Mayo Wholemeal Roll (V) 
- Corn on the Cob and Salad Bar Selection 
- Apple Crumble and Custard 

NEW SCHOOL FOOD STANDARDS

Foods high in fat, salt and sugar will be limited. Only desserts containing 50% fruit can be served twice weekly, the remaining days will be a selection of fresh fruit or a yoghurt.

Children enjoy two courses, two sides, salad bar access, bread, and a drink of milk or chilled water as part of their school meal. We offer five daily main meal choices, including a vegetarian option, with a choice of dessert, fruit or yoghurt. Children can also choose up to five portions of fruit and vegetables each day. Special dietary menus are available, including diabetic, gluten-free, dairy-free, vegan options where required. We are a nut-aware school. **Allergen information correct at time of print, please see staff for up to date information.**

Always Available:

Unlimited Salad Bar, Seasonal Fruit and Yoghurt

WEEK 2 MENU

WEEK 2 MENU DATES: 11/01, 01/02, 22/02, 15/03, 26/04, 17/05, 07/06, 28/06

BISHOP HOGARTH
Catholic Education Trust

MONDAY

- Cheese Pinwheel and Sweet Potato Wedges (V)
- Homemade Vegetable Soup and Sandwich of the Day (V)
- Jacket Potato and Baked Beans with a Sprinkling of Cheese (V)
- Tuna and Mayo or Egg Mayo Salad Wholemeal Wrap (V)
- Corn on the Cob and Salad Bar Selection
- Watermelon Wedges

TUESDAY

- Chicken Fajitas and Veggie Pasta Salad
- Quorn Mince Pasta Bake (V)
- Jacket Potato and Baked Beans with a Sprinkling of Cheese (V)
- Roast Chicken or Egg Mayo Wholemeal Roll (V)
- Baby Carrots and Salad Bar Selection
- Sprinkle Cake and Custard

WEDNESDAY

- Minced Beef and Vegetable Pie with Mashed Potatoes
- The Power Up Burrito (V)
- Jacket Potato and Baked Beans with a Sprinkling of Cheese (V)
- Roast Chicken or Cheese Wholemeal Pitta (V)
- Peas, Carrots and Salad Bar Selection
- Crunchie Biscuit and Apple Slices

THURSDAY

- Chicken Tikka Curry and 50/50 Rice
- Tomato and Basil Pasta with Garlic Bread (V)
- Jacket Potato and Baked Beans with a Sprinkling of Cheese (V)
- Soft Cheese and Cucumber (The Kings Sandwich) on 50/50 Bread (V)
- Baby Carrots and Salad Bar Selection
- Banana and Custard

FRIDAY

- Fish Fingers and Oven Chips
- Spanish Rice (V)
- Jacket Potato and Baked Beans with a Sprinkling of Cheese (V)
- Tuna and Cucumber Roll or Egg Mayo Wholemeal Roll (V)
- Corn on the Cob and Salad Bar Selection
- Rice Pudding and Sultanas

NEW SCHOOL FOOD STANDARDS

Foods high in fat, salt and sugar will be limited. Only desserts containing 50% fruit can be served twice weekly, the remaining days will be a selection of fresh fruit or a yoghurt.

Children enjoy two courses, two sides, salad bar access, bread, and a drink of milk or chilled water as part of their school meal. We offer five daily main meal choices, including a vegetarian option, with a choice of dessert, fruit or yoghurt. Children can also choose up to five portions of fruit and vegetables each day. Special dietary menus are available, including diabetic, gluten-free, dairy-free, vegan options where required. We are a nut-aware school. **Allergen information correct at time of print, please see staff for up to date information.**

Always Available:

Unlimited Salad Bar, Seasonal Fruit and Yoghurt

WEEK 3 MENU

WEEK 3 MENU DATES: 18/01, 08/02, 01/03, 22/03, 12/04, 03/05, 24/05, 14/06, 05/07

BISHOP HOGARTH
Catholic Education Trust

MONDAY

- Cheese Pizza and Homemade Potato Wedges (V) 
- Homemade Tomato Soup and a Sandwich of the Day (V) 
- Jacket Potato and Baked Beans with a Sprinkling of Cheese (V) 
- Tuna and Mayo or Egg Mayo Salad Wholemeal Wrap (V) 
- Corn on the Cob and Salad Bar Selection 
- Watermelon Wedges 

TUESDAY

- Veggie Mince Bolognaise and Crusty Bread (V) 
- Vegetable Fajitas and 50/50 Rice (V) 
- Jacket Potato and Baked Beans with a Sprinkling of Cheese (V) 
- Roast Chicken or Egg Mayo Wholemeal Roll (V) 
- Baby Carrots and Salad Bar Selection 
- Mandarin Sponge and Custard 

WEDNESDAY

- Roast Chicken Stuffing Yorkshire Pudding, Gravy and Mashed Potatoes 
- Magic Melting Mac and Cheese (V) 
- Jacket Potato and Baked Beans with a Sprinkling of Cheese (V) 
- Roast Chicken Wholemeal Pitta or Apple and Cheddar Wholemeal Pitta (V) 
- Peas, Carrots and Salad Bar Selection 
- Lemon Drizzle Cake 

THURSDAY

- Minced Beef Cottage Pie 
- Tomato Pasta and Crusty Bread (V) 
- Jacket Potato and Baked Beans with a Sprinkling of Cheese (V) 
- Soft Cheese and Cucumber (The Kings Sandwich) on 50/50 Bread (V) 
- Baby Carrots and Salad Bar Selection 
- Shortbread Biscuit and Orange Wedges 

FRIDAY

- Fish Fingers and Oven Chips 
- Homemade Cheese Pie and Oven Chips (V) 
- Jacket Potato and Baked Beans with a Sprinkling of Cheese (V) 
- Tuna and Cucumber Roll or Egg Mayo Wholemeal Roll (V) 
- Corn on the Cob and Salad Bar Selection 
- Chocolate Fudge Brownie 

NEW SCHOOL FOOD STANDARDS

Foods high in fat, salt and sugar will be limited. Only desserts containing 50% fruit can be served twice weekly, the remaining days will be a selection of fresh fruit or a yoghurt.

Children enjoy two courses, two sides, salad bar access, bread, and a drink of milk or chilled water as part of their school meal. We offer five daily main meal choices, including a vegetarian option, with a choice of dessert, fruit or yoghurt. Children can also choose up to five portions of fruit and vegetables each day. Special dietary menus are available, including diabetic, gluten-free, dairy-free, vegan options where required. We are a nut-aware school. **Allergen information correct at time of print, please see staff for up to date information.**

Always Available:

Unlimited Salad Bar, Seasonal Fruit and Yoghurt