



PE: Curriculum Overview 22/23



Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	FMS - Elmer	EMS – Rumble in the jungle	FMS – Hungry Caterpillar	FMS – How to Catch a Star	FMS - Superworm	FMS – Rosie’s Walk
	FMS – Jack and the Beanstalk	FMS - Space	FMS – Mini Beasts	FMS - Castles	FMS - Transport	FMS - Seaside
Year 1	FMS and Gym – Jack and the Beanstalk	FMS – Underarm Throw	Gymnastics	FMS – Rolling a Ball	Dance – Three Little Pigs	Gymnastics
	FMS (Baseline) – Lost and Found	FMS – Dance - Zog	FMS – Overarm Throw	FMS – Catching and Bouncing a Ball	Dance – Toy Story	Athletics
Year 2	Gymnastics	FMS – Playground games in the 20 th Century	Dance – Once Upon a Giant	Games – Net and Wall	Games – Striking and Fielding	OAA – The Great Outdoors
	Games – Piggy in the Middle	Dance – Fire, Fire	FMS – Catching and Bouncing a Ball	Dance - Seaside	Athletics	FMS end of KS1 Assessment
Year 3	Net and Wall Core task 1	Invasion Games - Rugby	Gymnastics - 1	Striking and Fielding - Cricket	Creative Games – Tag and Target	Striking and Fielding - Rounders
	Net and Wall Core task 2	Invasion Games - Netball	Gymnastics - 2	Dance – Myths and Legends	OAA – Team work and Problem Solving	Athletic Activities
Year 4	Target Games - Dodgeball	Invasion Games - Rugby	Gymnastics - 1	Dance - Ironman	Striking and Fielding - Cricket	Athletics Activities
	Invasion Games - Basketball	Invasion Games - Handball	Gymnastics - 2	Dance – Sparks Might Fly	OAA – Trust and Trails	Striking and Fielding - Rounders
Year 5	Year 5/6 - Athletics	Year 5/6 Invasion Games - Netball	Year 5/6 Invasion Games – Rugby 1	Year 5 Gymnastics - 1	Year 5/6 OAA	Year 5/6 Striking and Fielding – Rounders
	Year 5/6 Invasion Games - Hockey	Year 5/6 Dance –Heroes and Villains	Year 5/6 Invasion Games – Rugby 2	Year 5 Gymnastics - 2	Year 5/6 Net and Wall - Tennis	Year 5/6 Striking and Fielding – Cricket
Year 6	Year 5/6 - Athletics	Year 5/6 Invasion Games - Netball	Year 5/6 Invasion Games – Rugby 1	Year 5 Gymnastics - 1	Year 5/6 OAA	Year 5/6 Striking and Fielding – Cricket
	Year 5/6 Invasion Games - Hockey	Year 5/6 Dance –Robin Hood	Year 5/6 Invasion Games – Rugby 2	Year 5 Gymnastics- 2	Year 5/6 Net and Wall - Tennis	Year 5/6 Striking and Fielding – Rounders