

ST JOSEPH'S CATHOLIC PRIMARY SCHOOL

PRAYER PROGRESSION



Our Prayer Progression

At St Joseph's Catholic Primary School, we aim for our children to have a vast experience and knowledge in Prayer to provide guidance and structure for their spiritual growth, and to cultivate a sense of connection with God, the Church and the community.

EYFS	Sign of the Cross School Prayer Grace before meals End of day prayer
Year One	Genuflection The Lord's Prayer Glory Be Hail Mary
Year Two	A Child's Prayer to St Joseph Prayer to the Guardian Angel Act of Faith
Year Three	An Act of Contrition Act of Hope The Rosary
Year Four	Angel of God Come, Holy Spirit The Prayer of St Richard of Chichester
Year Five / Six Cycle A	Morning Offering Apostles' Creed
Year Five / Six Cycle B	The Magnificat Act of Love



Early Years Foundation Stage

School Prayer:

This is our school,
Let it be full of love,
Love for one another,
Love for life itself,
But most of all,
The love of Jesus Christ, our Lord
Amen

Grace before meals:

Bless us, oh Lord,
As we sit together.
Bless the food we eat today.
Bless the hands that make the food.
Bless us, oh Lord
Amen



End of day prayer:

God, our Father,

I come to say,

Thank you for your love today,

Thank you for my family and all the friends you give to me.

Guard me in the dark of night and in the morning send your
light

Amen



Year One

The Lord's Prayer

Our Father who art in heaven,
Hallowed be thy name.
Thy kingdom come.
Thy will be done on earth,
As it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil
Amen

Glory Be

Glory be to the Father
and to the Son
and to the Holy Spirit,
As it was in the beginning
Is now, and ever shall be
World without end
Amen.



Hail Mary

Hail, Mary, full of grace,

The Lord is with thee.

Blessed art thou among women

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

Pray for us sinners,

Now and at the hour of our death.

Amen



Year Two

A Child's Prayer to St Joseph

St. Joseph,
Watch over me and care for me,
Just as you cared for the child Jesus;
and by your help, may I come to know your Son,
and so grow in strength and wisdom and the favour of God.
Amen.

Prayer to the Guardian Angel

Angel of God, my guardian dear,
To whom God's love commits me here,
Ever this day be at my side,
To light and guard, to rule and guide.
Amen

Act of Faith

My God, I believe in you and all that your Church teaches,
Because you have said it, and your word is true.
Amen



Year Three

The Act of Contrition

O my God, because you are so good,
I am very sorry that I have sinned against you,
and with the help of your grace
I will not sin again.

Amen

Act of Hope

My God, I hope in you,
For grace and for glory, because of your promises,
Your mercy and your power.

Amen

The Rosary

(For each mystery or decade, one Our Father, ten Hail Marys
and the Glory Be is recited.)



Year Four

Angel of God

Angel of God,
My guardian dear,
To whom God's love commits me here,
Ever this day be at my side,
To light and guard, to rule and guide.
Amen

Come, Holy Spirit

V. Come, Holy Spirit, fill the hearts of your faithful.
R. And kindle in them the fire of your love.
V. Send forth your Spirit and they shall be created.
R. And you will renew the face of the earth.
Let us pray
O God, who by the light of the Holy Spirit,
Did instruct the hearts of your faithful,
Grant that by that same Holy Spirit,
We may be truly wise, and ever rejoice in your consolation,
Through Christ our Lord.
Amen



Prayer of St Richard of Chichester

Thanks be to you, my Lord Jesus Christ,
For all the benefits which you have given me,
For all the pains and insults which you have borne for me.
O most merciful Redeemer, friend and brother,
May I know you more clearly,
Love you more dearly, and follow you more nearly,
Day by day.
Amen



Year Five / Six

Cycle A

Morning Offering

O Jesus,
Through the most pure heart of Mary,
I offer you all my prayers,
Thoughts, works and sufferings of this day
For all the intentions of your most Sacred heart.
Amen

The Apostles' Creed

I believe in God, the Father almighty Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried;
He descended into hell; on the third day he rose again from the dead; He ascended into heaven and is seated at the right hand of God the Father almighty; from there He will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting.

Amen



Year Five / Six

Cycle B

The Magnificat

My soul proclaims the greatness of the Lord, and my spirit
rejoices in God my Saviour,

For he has looked upon his handmaid in her lowliness; for
behold, from this day forward, all generations will call me
blessed.

For the Almighty has done great things for me, and holy is his
name.

His mercy is from age to age for those who fear him.

He has made known the strength of his arm, and has scattered
the proud in their conceit of heart.

He has cast down the mighty from their thrones and has
exalted those who are lowly.

He has filled the hungry with good things, and has sent the rich
away empty.

He has helped his servant Israel, mindful of his mercy,
Even as he promised to our fathers, to Abraham and his
descendants forever.

Glory be to the Father and to the Son and to the Holy Spirit,
As it was in the beginning, is now, and ever shall be, world
without end.

Amen



Act of Love

My God, because you are so good,
I love you with all my heart, and for your sake,
I love your neighbour as myself.
Amen

