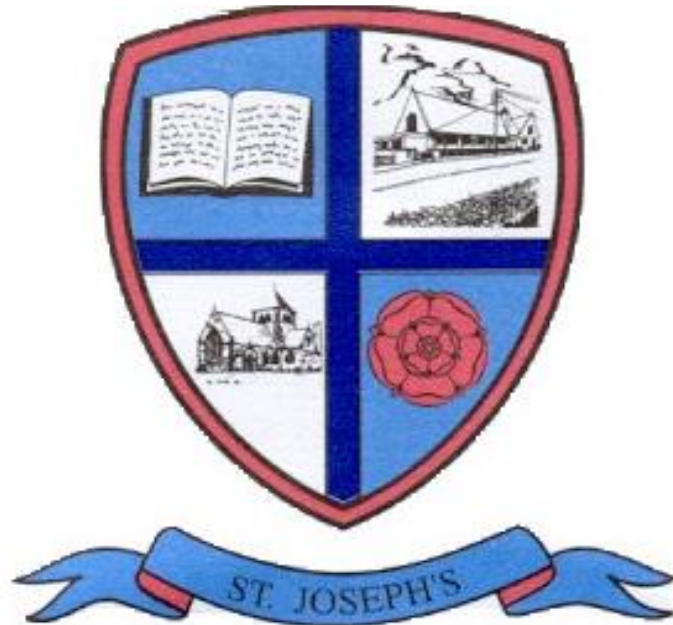


**ST JOSEPH'S
CATHOLIC PRIMARY
SCHOOL**



**PHYSICAL EDUCATION AND ACTIVITY
POLICY**

**Reviewed: MAY 2021
To be reviewed: MAY 2023**



ST JOSEPH'S CATHOLIC PRIMARY SCHOOL, WRIGHTINGTON

Physical Education and Activity Policy

Document Purpose

This policy reflects the school values and philosophy in relation to the teaching and learning of Physical Education and Activity. It sets out the framework within which teaching and non-teaching staff can operate and gives guidance on planning, teaching and assessment. This policy should be read in conjunction with the Lancashire Scheme of Work for P.E. which sets out in detail what pupils in different classes will be taught.

Outline of Facilities for Physical Activity

On-site Facilities

- P.E. cupboard contains equipment to meet all the objectives of the Lancashire Scheme of Work.
- Trim Trail
- Running Track
- Netball court and posts.
- Football posts.
- 1 large football pitch & 1 small football pitch.
- Rounder's Pitch
- Outdoor Play area for Foundation Stage.
- Outdoor Forrest Environment – for all classes to access, learning about the great outdoors, den building etc.

Off-site Facilities

- Skelmersdale Swimming Pool.
- Wigan Life Centre Swimming Pool
- St Peter's High School.
- Up Holland High School.
- Winstanley Tennis Club.
- JMO Football Facilities.
- Orrell Water Park
- Sporting Edge Athletics Facilities

Aims of the Physical Education and Activity Policy

The aim of the Physical Education and Activity Policy is to increase the activity levels of the whole school through the provision of a supportive environment conducive to the promotion and understanding of physical activity.

- West Lancashire School Sport Partnership 'Specialists' currently delivering all P.E sessions until 2020.
- To work in conjunction with the West Lancashire School Sport Partnership.
- To deliver the National Curriculum P.E requirements through the Lancashire Scheme of Work.
- Develop control, co-ordination and mastery of the body.
- Develop stamina and strength.
- Develop knowledge, understanding and appreciation of the purposes, forms and conventions of a selection of physical activities.
- Develop the capacity to express ideas in dance forms and appreciate qualities of movements.
- Develop a range of criteria for assessing performance, strategies for improving performance.
- Develop the appreciation of the concepts of fair play, honest competition and good sportsmanship.
- Develop the capacity to maintain interest and persevere to achieve success.
- Foster self esteem and develop self confidence through understanding the capabilities and limitations of oneself and others.

- Develop an understanding of the importance of exercise in maintaining a healthy life.
- Develop an understanding of safe practice.
- To enable young people to become independently active within the school and the community.
- To foster an enjoyment of physical activity, and offer a wide range of opportunities to encourage lifelong participation.
- St Joseph's has a provision register where all children who take part in any clubs are recorded throughout each year. This includes any AGT or Inclusion festivals that children may have taken part in.
- DfE funding is having a positive impact on the quality and breadth of PE and sporting provision, including increasing participation so that all pupils develop healthy lifestyles and achieve the performance standards they are capable of, by funding a variety of PE specialists to deliver quality PE lessons and after school clubs; to allow greater inclusion of organized events focusing on AGT and SEN children.
- Sports Funding can be viewed on our school website and this is reviewed every 12 months (*see appendix 1a & 1b*)
- Building on this, new funding for Health & Wellbeing will be introduced next year (2018) to encourage ALL children to be involved in fitness, exercise and healthy eating. To prepare for this we are currently having taster sessions to give the children an insight to the kind of activities that they will be involved in e.g. Aerobic exercise sessions and classroom based sessions on healthy diet.

Objectives of Physical Activity Policy

- To be actively involved in the West Lancashire School Sports Partnership (WLSSP), working closely with the PDM, Up Holland High School SSCO and School Sport Specialists.
- PE subject leader to ensure staff receive appropriate training and quality information
- We follow the Lancashire P.E. Scheme of Work to be supported by TOPS Cards, which meet statutory National Curriculum requirements.
- Maintain at least two hours of curricular Physical Education.
- Increase pupil participation in physical activity both within and outside the curriculum.
- Engage with School Games by providing opportunities for Level 1 within school, Level 2 competitions within the WLSSP competition structure and striving where possible to represent West Lancashire at Level 3.
- Making facilities and equipment available for pupils to use at lunchtimes and break times and encouraging pupils to be active at these times.
- Providing leadership opportunities for pupils on the playground.
- Utilising P.E premium funding to provide school sport specialists from the WLSSP to deliver physical education lessons, staff CPD and extra curricular provision. (*See Appendix 1b*).
- To engage other appropriately qualified professionals to contribute to the provision of activities e.g. Team Theme.
- Liaise with relevant professionals in the community to develop physical activity pathways beyond school.
- Organisation of specific annual events which promote and raise the profile of activity, e.g. Sports Day, Hat-Trick Day, National School Sports Week, Commonwealth Games and Olympic Games Weeks.
- Encouraging staff, governors and parents to participate in physical activity.

General Aims of Physical Education for Key Stage One and Two

Gymnastics – To establish skilful control of body movement (travelling, rotation and balance.)

Dance – To develop an awareness of the body as a medium for communication and expression, and to appreciate the aesthetic qualities of movement.

Games Skills – To provide the opportunity for children to acquire a variety of games skills and to provide opportunities and practice for children to create their own games, and be introduced to the games that are part of our cultural heritage. (Invasion, striking and fielding)

Athletics – To encourage children to participate in, and develop their individual skills in running, throwing and jumping.

Swimming – To enable children to learn to enjoy being in the water and to be able to swim confidently and have a basic knowledge of personal survival techniques.

OAA – To develop children's orienteering and problem-solving skills with an emphasis on building trust and team work.

School Policies on Specific Issues.

Entitlement and Equal Opportunities

- All pupils at St Joseph's, including those with special needs, are ENTITLED to a comprehensive programme of physical activity which:
 - ❖ Takes into account their individual needs and interests.
 - ❖ Provides them with opportunities to pursue activity beyond school.
- The Physical Activity opportunities offered both within and outside of curriculum time:
 - ❖ Provide all pupils with EQUAL OPPORTUNITIES to participate and to achieve in different activities.
 - ❖ Ensure that all children have ACCESS to a varied programme which allows children the opportunity to meet the national expectations as outlined in the PE National Curriculum.

Differentiation

The Physical Education and Activity Policy takes into account the different stages of development of all children. The provision within St. Joseph's is developmentally appropriate and a variety of teaching and learning approaches are adopted to ensure that tasks are matched to the pupils different abilities, needs and interests by balancing challenge with the likelihood of success.

The achievements of all pupils are maximised by providing variations in tasks, resources, response, support and group structure.

Low Achievers

To ensure the needs of low achievers are met the provision:

- Differentiated targets.
- Allows extra time to complete a task.
- Uses appropriate demonstrations.
- Groups the children into ability groups for some tasks/activities.
- Focuses on personal improvement and recognises participation, improvement and effort.
- Makes activities enjoyable and interesting.
- Uses Adults Other than Teachers (AOTT's) to provide additional support.
- Uses more-able pupils to assist in paired work, taking on a coaching role.

High Achievers

To ensure the needs of high achievers are met the provision:

- Differentiated targets.
- Provides appropriate challenges which stretch them.
- Provides extension work for activities.
- Encourages participation in out of hour's clubs.
- Encourage children to work at a faster pace and to move onto more advanced skills.
- Uses Adults Other than Teachers (AOTT's) to provide additional coaching.
- Involves them in helping and supporting less-able peers.
- Uses award schemes which focus on performance and attainment of skills.
- Provides competitive opportunities.
- Encourages participation in local sporting events.
- Directs pupils to local clubs/outside agencies under the guidance of WLSSP.

Inclusion

To ensure the inclusion of those with specific difficulties; the following approaches are adopted:

- Modification of activities where necessary.
- Parallel activities - all pupils take part in the same activity but in different ways.
- Included activities - all pupils play adapted games specifically designed to meet everyone's needs.
- Separate activities - where it is difficult for a pupil with special needs to take part.
- Provide opportunities for pupils to take part in activity specific inclusion events provided by WLSSP.

Procedures are in place to ensure that pupils take appropriate medication prior to, or following physical activity.

Gifted Able and Talented Provision

It is our aim to identify, encourage, challenge and support our gifted and talented pupils through the organisation of our Physical Education curriculum and extended curriculum. Providing opportunities for pupils to develop their abilities at WLSSP activity specific and generic Gifted & Talented Events.

Identification of pupils – exceptionally Able and Talented pupils are those who may demonstrate many or all of the

following characteristics in one or more areas:

- Perform exceptionally well in one sport or many.
- Show good spatial awareness.
- Have a good understanding of movement quality such as weight and time.
- Skilful body management showing a high degree of control and coordination.
- Are able to combine movements fluently, precisely and accurately.
- Learn, understand and adopt technical aspects of sport very quickly.
- Are able to make correct decisions in pressure situations and adapt their technique accordingly.
- Able to reflect on processes and outcomes in order to improve performance, taking into account the relationship between skill, fitness and tactics or composition.
- Able to work independently and with initiative.
- Show a high degree of motivation to practise and perform.
- Show an ability to lead others.

To Identify Able and Talented pupil's staff will use the following:

- Recorded Teacher and School Sport Specialist assessment of the Lancashire Scheme of Work.
- Discussion with colleagues.
- Information from colleagues in other institutions.
- Information from the pupil, peers, parents and coaches.
- Evidence of pupil's performance at club level, town level or County level.

Provision – Many Able and Talented pupils have specific needs that stretch beyond the skill, knowledge and expertise of the teacher. We will:

- Differentiate lessons to endeavour to challenge their skill level.
- Use their skill level to help guide and coach the other children.
- Point the children to an outside agency or club which has been audited by the WLSSP.

The Able and Talented register will be reviewed termly with all staff. Able and talented pupils are highlighted on every unit planning/assessment sheet, enabling the teacher to take into account the needs of the pupil.

Assessment/Recording/Reporting

Pupils' progress and achievements are assessed, recorded and reported in the following ways.

- Assessment criteria included as lesson objectives, outcomes and success criteria.
- Teacher and School Sport Specialist observation of pupil performance in lessons.
- Question pupils to find out what they did/did not enjoy – involving pupils in the assessment of themselves and others.
- Keep an electronic record of individual pupil's achievements for each activity area (those working towards, at, and beyond expectations).
- Keep an electronic record of class achievements through the production of a pie chart for each activity area (those working towards, at, and beyond expectations).
- Highlight physical activity successes through assemblies, school newsletter WLSSP newsletter, local press and display of trophies in school.

Methods of reporting pupils' progress and attainment to various groups include:

To pupils:

- Highlighting objectives at the start of lessons and reinforcing these throughout, providing feedback at the end of the lesson.
- Setting pupils individual targets verbally with reference to pupil friendly assessment criteria posters.
- Giving verbal feedback.
- Awarding certificates and stickers for achievements in different activities, focusing on effort, skill, participation and support.
- Awarding certificates for attendance at out-of-hours activities.
- Highlighting pupils' successes via assemblies, press and newsletters.

To teachers and School Sport Specialists:

- Use the Lancashire Scheme of Work Activity Specific Assessment Criteria to assess children.
- Pass all assessments to subject leader for electronic recording.
- Teachers know where to access recorded assessments (School Server).

- Analyse previous assessments to inform planning; this is recorded in a whole school data overview – populated by the PE Subject Leader (**Appendix 2**)
- Highlighting pupils’ successes via assemblies, press and newsletters.

Parents:

- End of year report.
- Parent’s evenings.
- Chatting to parents at sport fixtures and physical activity events.
- Inviting parents to sports day, festivals and events.

Other Agencies:

- Providing annual report to Governors.
- Arranging transfer meetings with other schools.
- Involving pupils in WLSSP sports events.
- Informing local press of physical activity and sporting successes.

Safety

The Physical Activity Policy ensures the safety of all pupils. As part of this the policy ensures that:

- Appropriate risk assessments are adopted by the PE co-ordinator.
- Pupils understand all procedures and information regarding the minimising of risks.
- Regular assessments are carried out of risks associated with general procedures, facilities, activities, equipment and exercise practice.
- PE co-ordinator to ensure staff receive appropriate training and quality information to minimise risk in PE.

PE Subject Leader should:

- Have a working knowledge and understanding of their liabilities and legal responsibilities.
- Secure knowledge and understanding of the safety implications and procedures associated with the activities which are being taught.
- Be familiar with the Health and Safety Policy of the school.
- Risk-assessment framework.
- Carry out regular assessments of risk in terms of general procedures, facilities, activities and exercise practice.
- Be completely familiar with the BAALPE document, ‘Safe Practice in PE.’
- Be knowledgeable concerning particular conditions and know how to plan and/or adapt exercise/activities to minimise risks for young people with these conditions.
- Be able to assess the safety of specific exercise/activities.

All teaching staff and School Sport Specialists should ensure:

- That they are familiar with safety guidelines issued by Subject Leader in conjunction with BAALPE document.
- A record is kept of pupils with medical conditions.
- They are either first aid trained themselves or know who the qualified first aiders are.
- Safe and effective procedures are taught and adopted in all activity sessions within and outside of school.

Staffing Levels and Responsibilities

In planning the subject leader should:

- Review and contribute to teacher planning.
- Develop policy and scheme of work with staff.
- Analyse recorded P.E assessments.
- Co-ordinate P.E specific CPD.

The PE Subject Leader will assist the staff by:

- Leading staff meetings when required.
- Planning/leading INSET activities when required.
- Provide advice.
- Specifying and ordering all resources.
- Co-ordinating staff requests for resources.
- Monitoring and maintaining condition and availability of resources.

The PE Subject Leader's responsibility for monitoring and evaluating includes:

- Analysing pupils' access to the subject.
- Reviewing teacher and School Sport Specialist plans.
- Reviewing teacher/pupil records.
- Leading curriculum meetings.
- Liaise with the Head Teacher on spending of P.E Premium Funding.

Each member of staff is responsible for planning, implementation and evaluation of the Lancashire PE Scheme of Work for their Year group.

Curricular Physical Education Programme

Foundation Stage – two hours.

Key Stage 1 – two hours per week.

Key Stage 2 – two hours per week.

The outline of the content of curricular provision is provided by the Lancashire Scheme of Work for PE.

Participation

Any child not participating in the PE lesson should bring a note explaining the reason, but should still be involved in the lesson in some way, through observation, coaching or officiating.

Parents will be contacted if their child is a regular non-participant. Letters regarding non-participation and lack of PE kit can be found in the appendix (**Appendix 3 & 4**)

Daily Mile

All children have access each day to the daily mile. This is where children will use the track on the school field (*purchased with the Health & Well Being Funding*) to improve their own health on a daily basis. Every Wednesday morning before school children have the option to take part in the 'Family Mile' were they are able to run around the track with family members to improve their own health & well being.

Paid and Voluntary Sports Coaches (AOTT's)

The school has a number of sports specialists, coaches and leaders working within the school, providing support for curriculum PE and running out of school hours learning activities and clubs. These include specialist sports coaches, parents and non-teaching staff.

To ensure that activities are safe and of a high quality all voluntary and paid staff must:

- Adhere to the school's Physical Education and Activity Policy.
- Provide a CRB Disclosure certificate.
- Where appropriate, provide appropriate insurance documentation.
- Be qualified or working towards a nationally recognised qualification in the appropriate sport or activity.
- Be informed and encouraged to attend locally run coaching and leadership courses available through the WLSSP and Sports Specific Governing Bodies.
- Keep a register of all pupils attending each session.
- Be aware of any medical conditions among children and the first aid procedure in the school.
- Report any accidents and incidents to the head teacher.
- Ensure all sessions are inclusive to all children.
- Ensure the school rules regarding behaviour are adhered to.
- Adhere to the safety and accident procedures detailed on the Health and Safety Guidelines for teachers and pupils.
- Discuss activities with PE subject Leader on a regular basis.
- Be monitored and have their practice evaluated regularly by PE Subject Leader.

ICT and Physical Activity

The use of ICT makes a significant contribution to teaching and learning in physical activity by:

- Improving pupils' skills and techniques – video images.
- Help pupil to review and evaluate own performance – by videoing and reviewing performances.

- Develop pupils' understanding and knowledge of physical activity – viewing high quality performances.
- Develop pupils' understanding of the human body and health education – monitoring heart rates.

ICT will be used in PE by:

- Providing examples of quality performance.
- Supporting administration.
- Use of equipment – stop-watches, data handling programmes, measuring equipment, digital camera, video.
- For introducing and maintaining, 'Wake Up and Shake Up' routines.

Cross-curricular Links

- Literacy and Numeracy highlighted regularly in P.E lessons.
- Physical education lends itself particularly well to lateral thought, transferral of skills and practical experience, providing excellent links with a range of subjects such as Geography, History, Science and PSHE.

Out-of-hours Learning Programme

- Out-of-hours learning activities are offered both at lunchtimes and after school.
- All Year groups have activities offered to them at some point.
- Depending on the type of activity offered in a session determines whether sessions are for boys only, girls only or mixed.
- A mixture of competitive and open-access activities are offered.
- Outside Agencies are invited into school to run a range of out-of-hours clubs.

CPD

- School Sport Specialist Provision for all lessons provides activity specific staff CPD. Staff are encouraged to involve themselves in the lesson and conduct joint assessment of pupils. School Sport Specialist lesson plans are provided for teaching staff.
- A variety of CPD courses, meetings and conferences are provided through the WLSSP structure. These enable staff to be informed of new developments, share good practise, acquire new skills and resources and obtain qualifications.
- Internal CPD provided through school staff meetings and Inset's.

Resource Provision

- The PE Subject Leader is responsible for the purchasing of resources. An annual audit of equipment is taken and is used in conjunction with the staff audit, when new purchases are selected.
- It is the aim of St. Joseph's to have sufficient small equipment to enable individual and small-group work.
- WLSSP School Sport Specialists provide all equipment necessary for the delivery of their activity area.
- The WLSSP has provided some additional equipment.
- The WLSSP have loaned equipment to the school.
- Tennis equipment provided through attendance on LTA Primary Teachers Course.
- The PE cupboard is situated in the hall and is equipped for Key Stage One and Key Stage Two. Equipment should be collected and returned by a member of staff. If children are collecting or returning equipment this should be supervised. All equipment to be put back in the labelled places.
- The equipment is checked and maintained regularly, including inspections by an outside contractor. Any faulty equipment should be reported to the PE Subject Leader.

Community Links

- Links with all West Lancashire Primary and Secondary Schools through the WLSSP framework.
- Community facilities e.g. swimming pools, sports centres, private sports clubs and university facilities.
- Community Sports clubs through WLSSP, sports coaching in schools, parental and pupil links with local sports clubs.
- WLSSP and St. Joseph's promote clubs which adhere to minimum operating standards.

Dissemination of the Physical Activity Policy

This policy will be disseminated at:

- Staff meetings.
- Governors meetings.

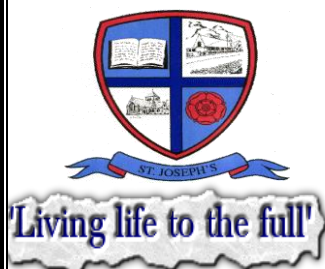
Procedures for Monitoring and Evaluating the Physical Education and Activity Policy.

Measures to be used are:

- Teacher feedback.
- Feedback from Governors/staff.
- Pupil feedback.
- Parental feedback.
- Out-of-hours learning opportunities offered.
- Pupil participation.
- Number and nature of links with local community.
- Number of special events offered.
- Availability of up-to-date information on local activity opportunities.
- Number of CPD courses attended by teachers.
- OFSTED inspection.

Health and Well Being Agenda

In line with the Governments 'Health & Well-Being' agenda: school is in receipt of extra money from the government. In order to be compliant with PE and website policy, the school must complete a form explaining exactly how all the money has been spent. This is updated each year and evaluated and is accessible via the School Website. (**Appendix 1a and 1b**)



St. Joseph's Catholic Primary School School Sport Funding

Report to Parents: 2019/2020

Overview of the school:

Number of pupils and School Sport Funding received:	
Total number of pupils on roll	128
Total number of pupils eligible for Sports Premium	104
Amount of sports funding received	£16000 + £10 per eligible pupil (Children who turned 5 by 31/08/19)
SCHOOL SPORTS' LINK GOVERNOR:	Mr Lane

Nature of support 2019/2020:

- Employing specialist PE teachers/qualified coaches to work alongside teachers in lessons to increase their subject knowledge and confidence in PE; *1.5 days of specialist sports teaching per week.*
- Employing a specialist teacher/ providing professional development for staff to lead after-school sports clubs; *2x1hour of sports clubs and 1 lunchtime club per week.*
- Procuring quality-assured professional training for staff to raise their confidence and competence in teaching PE and sport; *3 x CPD courses for staff.*
- Buying into existing local sports networks such as school sports partnership initiatives; *membership to WLSSP and SUPSSA to access a full range of competitive events i.e. Sport Hall Athletics, Tennis Festivals etc.*
- Providing pupils who are gifted and talented in sport with expert, intensive coaching and support; *6XAGT events per year.*
- Providing pupils who struggle with sport the chance to take part against other children at their level in *INCLUSION* festivals.
- Providing children with aerobics sessions for 8 weeks during the Summer Term to help children to become fitter and to think more about their health.
- Y6 classroom sessions about the advantages of leading a healthy lifestyle.
- 'Champions of Character education programme into curriculum and extra-curricular delivery, explicitly teaching honesty, reflection, responsibility, respect, empathy and resilience.
- Employing a qualified 'Forest School' specialist to help with delivery of Forest School sessions after school.
- Change4Life Lunchtime Sports Club engaging less active pupils in schools takes place at different points during the year.

- Purchased a running track for school with the extra funding received. This is being used for the 'Mile a Day', which is implemented into the school day. It is also going to be used before school to encourage parental involvement and for sponsored events. E.g. Sponsored 'Christmas Fun Run'.
- Walk for Life – Sponsored event, Children walking to Derby House and back to encourage a healthier life style.
- Forest School – School staff trained up as Forest School Leaders to deliver weekly sessions with each class.

Impact: Did the School Support Funding make a difference in 2019-20?

- All teachers have gained experience working alongside specialist PE teachers/qualified coaches during lessons. Particularly helping to assess pupils during each sporting discipline.
- Pupils have benefited from the 2x1hour of sports clubs and 1 lunchtime club provided per week by the P.E specialist giving them a further chance to develop their skills.
- The standard of PE which is delivered is good because:
- Assessments are provided each half term to the PE subject leader by the specialist.
- Pupils have benefited from taking part in inter-school activities to test themselves competitively against peers from other schools. Giving them the experience of working towards a goal, a skill that can then be transferred to their academic studies.
- Pupils who are gifted and talented in sport have benefited from focussed AGT events aimed at enhancing their specific set of skills through expert, intensive coaching.
- The after school clubs are always oversubscribed
- Aerobics sessions were made available to children for 8 weeks during the Spring Term and continues through lockdown to help children to become fitter and to think about their health.
- In addition, health classroom sessions were made available to Year 6 children where they made aware of the advantages of leading a healthy lifestyle.
- Champions of Character – children made aware of the principle of P.E and good effective team spirit/work.
- Change4Life Lunchtime Sports Club – Giving children who do not like taking the part in competitive sport the chance to learn how they can be active none competitively and look after their own bodies.
- Running Track – Track has been purchased and children are using it for 'The Daily Mile'.
- Forest School tacks place every Friday on a rolling program giving children from all classes the opportunity to learn in the outdoors. – Mrs O'Leary & Mrs Cook are both trained to hold Forest School Sessions.
- During lockdown a range of differentiated video resources were made available on the internet and updated weekly so that children were able to carry on with their Physical Education learning at home.

Evidencing the impact of the Primary PE and sport premium

Website Reporting Tool
Revised October 2020



Commissioned by



Department
for Education

Created by



YOUTH
SPORT
TRUST



It is important that your grant is used effectively and based on school need. The [Education Inspection Framework](#) (Ofsted 2019 p64) makes clear there will be a focus on **‘whether leaders and those responsible for governors all understand their respective roles and perform these in a way that enhances the effectiveness of the school’**.

Under the [Quality of Education criteria](#) (p41) inspectors consider the extent to which schools can articulate their curriculum (INTENT), construct their curriculum (IMPLEMENTATION) and demonstrate the outcomes which result (IMPACT).

To assist schools with common transferable language this template has been developed to utilise the same three headings which should make your plans easily transferable between working documents.

Schools must use the funding to make **additional and sustainable** improvements to the quality of Physical Education, School Sport and Physical Activity (PESSPA) they offer. This means that you should use the Primary PE and sport premium to:

- Develop or add to the PESSPA activities that your school already offer
- Build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years

Please visit [gov.uk](#) for the revised DfE guidance including the 5 key indicators across which schools should demonstrate an improvement. This document will help you to review your provision and to report your spend. DfE encourages schools to use this template as an effective way of meeting the reporting requirements of the Primary PE and sport premium.

We recommend you start by reflecting on the impact of current provision and reviewing the previous spend.

Schools are required to [publish details](#) of how they spend this funding as well as on the impact it has on pupils’ PE and sport participation and attainment by the end of the summer term or by **31st July 2021** at the latest.

**** In the case of any under-spend from 2019/20 which has been carried over this must be used and published by 31st March 2021.**

We recommend regularly updating the table and publishing it on your website throughout the year. This evidences your ongoing self-evaluation of how you are using the funding to secure maximum, sustainable impact. Final copy must be posted on your website by the end of the academic year and no later than the 31st July 2021. To see an example of how to complete the table please click [HERE](#).

Support for review and reflection - considering the 5 key indicators from DfE, what development needs are a priority for your setting and your pupils now and why? Use the space below to reflect on previous spend and key achievements and areas for development.

Please note: Although there has been considerable disruption, in 2020, it is important that you publish details on your website of how you spend the funding - this is a legal requirement.

N.B. In this section you should refer to any adjustments you might have made due to Covid-19 and how these will influence further improvement.

Key achievements to date until July 2020:	Areas for further improvement and baseline evidence of need:
<ul style="list-style-type: none"> ➤ Attainment in P.E is high across the school based on assessment data that is completed by the WLSP Specialist and Class Teacher at the end of each block of teaching. ➤ Wide range of extra-curricular sports clubs offered to children of all year groups. These include – Football, Netball, Gymnastics, Dance, Net & Wall, Striking and fielding, Invasion Games, Athletics, OAA and Fundamental skills. ➤ High levels of participation in extra-curricular sporting activities. ➤ Children have attended SEN/inclusion sporting events with children from other schools. ➤ Current Y4, Y5 & Y6 children attend Swimming lessons at Nye Bevan Swimming Pool, Skelmersdale 20/21 – All children in Y4-6 attend 9 weeks of swimming sessions throughout the year. If children do not meet NC for swimming then extra sessions will take place. ➤ 100% of Y6 children achieved NC in swimming in 2019/20. ➤ Successes in West Lancashire School Sports Partnership competitions in a range of year groups and sports. – Including Swimming Galas, Sports Hall Athletics, Triathlon, and Athletics competitions. ➤ Providing children with aerobics sessions for 8 weeks during the Summer Term to help children to become fitter and to think more about their health. ➤ Y6 classroom sessions about the advantages of leading a healthy lifestyle. ➤ Employing a qualified 'Forest School' specialist to help with delivery of Forest School sessions after school. 	<ul style="list-style-type: none"> ➤ To improve fitness levels of all children, particularly those who are not as engaged with P.E, sport and exercise. ➤ To increase the amount of children engaging in 30 minutes physical activity every day. ➤ Continue to develop staff's subject knowledge, skills and confidence relating to teaching P.E. ➤ Raise the profile to ensure physical activity is a high priority within school. ➤ Develop the fundamental movement skills of children across the school ➤ To continue to achieve 100% NC in swimming for Y6 children in 20/21

- Forest School – School staff trained up as Forest School Leaders to deliver weekly sessions with each class.
- Mini Wheelers – This combines unique ergonomic balance bikes with a programme of fun activities that build confidence, spatial awareness and dynamic balance skills in young children, enabling them to cycle without ever needing stabilisers. (Reception children will be targeted first)
- Bikeability – This will take with Y5 children. Bikeability is a **cycle training programme**. It helps children gain practical skills and understanding how to cycle on the roads. Bikeability gives everyone the skills and confidence for all kinds of cycling.
- ‘Champions of Character education programme into curriculum and extra-curricular delivery, explicitly teaching honesty, reflection, responsibility, respect, empathy and resilience.
- The ‘Daily Mile’, which is has been implemented into the school day, provides the children with greater opportunities to be physically active. It is also used before school to encourage parental involvement and for sponsored events. E.g. Sponsored ‘Christmas Fun Run’.

Did you carry forward an underspend from 2019-20 academic year into the current academic year? **YES**

If YES you must complete the following section

If **NO**, the following section is not applicable to you

If any funding from the academic year 2019/20 has been carried over you MUST complete the following section. Any carried over funding MUST be spent by 31 March 2021.

Academic Year: September 2020 to March 2021	Total fund carried over: £973	Date Updated: January 2021
What Key indicator(s) are you going to focus on?		
Intent	Implementation	Impact
To update our outdoor environment by fixing the trim trail so that the equipment can be fully utilised to enhance the children's experience of outdoor activities	<ul style="list-style-type: none"> Trim Trail to be fixed repairing and replacing any broken parts. <p>£973 to be put towards the total cost of the repairs to the Trim Trail (£2650.00)</p>	Trim trail being used by all classes during playtimes, dinner times and other parts of the day; Safety instructions explained to each class before they use the equipment.
Meeting national curriculum requirements for swimming and water safety. N.B Complete this section to your best ability. For example you might have practised safe self-rescue techniques on dry land.		100%
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? N.B. Even though your pupils may swim in another year please report on their attainment on leaving primary school at the end of the summer term 2021.		100%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?		100%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations? Not currently covered – Covered in Spring Term		100%
Schools can choose to use the Primary PE and sport premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?		Yes – Children swim for 9 weeks each year in Y4, Y5 & Y6 to ensure by Y6 all children are able to swim and are water confident.

Action Plan and Budget Tracking

Capture your intended annual spend against the 5 key indicators. Clarify the success criteria and evidence of impact that you intend to measure to evaluate for pupils today and for the future.

Academic Year: 2020/21		Total fund allocated: £17120	Date Updated: January 2021
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school			
Intent	Implementation		Impact/Success Criteria:
Continue the Daily Mile ensuring that the children are active for 15 minutes every day.	Classes regularly completing the daily mile each week. P.E lessons to include a high intense warm up to increase physical activity.	Nil	<ul style="list-style-type: none"> Children more actively involved in playtimes evident through observation. Continue to use the running track daily for mile a day activities.
Children to be active at playtimes	CPD for Staff Children taking part in organised games on day sport specialist is in school	Nil	<ul style="list-style-type: none"> Children taking part in physical activities on the playground. Welfare to encourage children to take part in different games at lunchtime. WLSP to run different games at playtimes and lunch times when in school.
A wide range of extra-curricular sports clubs offered to children of all year groups. These include – Football, Netball, Gymnastics, Dance, Net & Wall, Striking and fielding, Invasion Games, Athletics, OAA and Fundamental skills.	Ensure all children get the chance to attend the after school clubs during the year. Use WLSP specialists to support implementing a range of different clubs.	£430	<ul style="list-style-type: none"> Children from every year group encouraged to take part in extra-curricular activities during the academic year. Priority given to children who haven't taken part in extra-curricular activities this year. Encourage less active children to take part in extra-curricular activities.

Purchase equipment so that high quality and engaging P.E can be taught throughout school.	Equipment to be purchased	£60.95	<ul style="list-style-type: none"> Equipment being used by children during P.E lessons. Equipment replaced as and when necessary.
Update our outdoor environment by fixing the trim trail so that the equipment can be fully.	Trim Trail to be fixed repairing and replacing any broken parts.	£1677	<ul style="list-style-type: none"> Trim trail being used by all classes during playtimes, dinner times and other parts of the day. Safety instructions explained to each class before they use the equipment.
Pitch Markings : <ul style="list-style-type: none"> Football Pitch Markings Athletics Track Markings 	Pitches mart so that football matches and Athletics events can take place. Marking to be painted onto the pitches at different times of the year so that events can take place.	£300	<ul style="list-style-type: none"> Children taking part in different sports events. Children fully engaged. Pitch markings updated yearly.

Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement

Intent	Implementation	Impact	
Children exposed high quality PE once or twice a week.	West Lancashire School Sports Partnership subscription. High quality specialist coaches teaching PE – Working alongside class teachers.	WLSSP Package $£3160.66 \times 3 = £9481.98$	<ul style="list-style-type: none"> Analysis of termly Assessment data Staff in lessons working alongside WLSP coaches to provide them with CPD.
	Mini Wheelers programme x 2 (Reception & Y1)	$£450 \times 2 = £900$	<ul style="list-style-type: none"> Children develop confidence and competence on a balance bike. This will help the children with their balance and overall confidence and fundamental skills and will prepare them for the 'Bikeability' course (Learning how to ride safely on the road) which they will take part in in Y5/Y6

Forest School is used each week by different classes	Timetabled Forest School 3 x sessions taking place each week. Forest School After School club taking place during the summer term. Forest School supplies	£1871 £150	<ul style="list-style-type: none"> • All Children engaged • Team building exercises • Learning new skills • Calculated risks • Good mental health • Outdoor survival skills. • Continue to run weekly sessions.
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Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

Intent	Implementation	Impact
Children to receive better quality PE sessions by WLSP working closely alongside school staff.	School staff to receive CPD from WLSP coaches. Working alongside them and completing assessments together at the end of a unit of work.	As above - WLSP Package £3160.66 x 3 = £9481.98 Children enjoying PE sessions. High levels of attainment gained in Assessment data.

<p>Staff accessing weekly CPD through the observing and participation in PE lessons delivered by specialist coaches/teachers.</p>	<p>P.E Timetable in place ensuring that WLSP coaches and school staff are in attendance during PE sessions.</p> <p>Audit staffs knowledge, skills and confidence to identify training needs. Courses for staff in areas of need so that they can provide high-quality teaching within P.E.</p> <p>Subject Leadership time to identify staff training needs.</p> <p>First Aid training to ensure activities are delivered safely.</p>	<p>£500</p> <p>2 x £138 4 x £70 = £486</p>	<ul style="list-style-type: none"> • Staff Feedback. Audit at the end of the year • Continued relationship with WLSP to meet staff CPD needs. • Continue to identify training needs for staff. • Staff Meeting time to feedback any following any courses/training.
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Key indicator 4: Broader experience of a range of sports and activities offered to all pupils

Intent	Implementation		Impact
<p>Broad range of high quality activities to all pupils both within and beyond the curriculum using specialist staff.</p>	<p>Commission external coaches to bring expertise into school.</p>	<p>As above - WLSSP Package £3160.66 x 3 = £9481.98</p>	<ul style="list-style-type: none"> • Assessment data Numbers engaged School Games Mark Accreditation
<p>A greater range of children taking part in extra-curricular sporting activities.</p>	<p>Teaching Assistants paid to run weekly extra-curricular after school clubs. (Netball/Forest School). Offer more after school clubs.</p>	<p>As above - £430 (staffing costs)</p>	<ul style="list-style-type: none"> • Extra-curricular attendance data collected and reviewed.

A greater range of sports taking place during P.E lessons.	National Curriculum maps for each year group outlining what each class is learning for the year.		<ul style="list-style-type: none"> National Curriculum maps reviewed regularly ensuring all areas of the curriculum is covered.
Delivery of Bikeability to all year 5 and any Y6 children that have not passed from the last academic year.	All children in Year 5/6 to gain accreditation		<ul style="list-style-type: none"> Pupil satisfaction questionnaires Assessment data Numbers engaged School Games Mark Accreditation
Inclusion, GAT and SEN events delivered to identified children	Identify children to participate and enter into all events Ensure a survey of all children to ensure as many children have opportunity to represent school at events.		<ul style="list-style-type: none"> Assessment data Numbers of children engaged Possibly introduce a small fee for clubs to help cover staffing costs.
Delivery of mini-wheelers to all Reception children and Y1 children that need extra coaching.	All children in Reception to pass the course.	£450 x 2 = £900	<ul style="list-style-type: none"> Promote more exit routes for children within their chosen sporting domains. P.E curriculum changed to cover a greater range of sports to develop children's confidence. Provide more exit routes for children within their chosen sporting domains. Promote appropriate exit routes within the community.

Key indicator 5: Increased participation in competitive sport

Intent	Implementation	Impact	Impact
Children to take part in intra-school competitions.	Ensure competition week takes place in sports.	As above - WLSSP Package £3160.66 x 3 = £9481.98	Competitions entered. Data collected on children that have represented the school in a competition.
			Different members of staff to attend events so that more children can take part. (More teams etc...)

Participate in netball and football friendlies with local schools	Organise matches with local schools. Contact PE leaders.	As above - £430 (staffing costs)	Observations and feedback from children and staff.	Staff training Continue to do this each year.
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SPORTS PREMIUM PACKAGE PROVIDED BY WEST LANCSAIRE SPORTS PARTNERSHIP TO SUPPORT ACTION PLAN **Funding allocated: £9030**

- Delivery of high quality PE (1.5 days per week) with specialists rotating every term to cover the following 6 areas: dance, gymnastics, athletics, invasion, target, striking and fielding;
- Planning and delivery of high quality PE lessons using the Lancashire Scheme of Work with weekly staff CPD;
- Assessment of every child using the core tasks within the Lancashire Scheme of Work;
- Continued Professional Development opportunities with Specialists working alongside Teachers and Teaching Assistants;
- Delivery of 6 School Games Level 1 Competitions embedded within the Specialists curriculum delivery;
- Delivery of WLSP Champions of Character, embedding Empathy, Responsibility, Honesty, Resilience, Respect and Reflection into Specialist's curriculum delivery. Introductory assembly content to be sent out to schools;
- Delivery of Change 4 Life lunchtime activities;
- Delivery of sports specific after school clubs;
- Benefit from collaboration, economies of scale, shared resources and shared skills;
- Access to the WLSP Website (new update planned);
- Delivery of Level 2 and Level 3 School Games competitions delivered by WLSP;
- Wider competitions delivered on behalf of Clusters and Primary PE Associations at Secondary School and other community venues, supported by trained Young Leaders;
- Access to the CPD opportunities;
- Access to New PLT Training for any PE Co-ordinators who are new in role (please contact Chris Hart to access);
- Access to West Lancashire Primary PE and School Sport Conference, which will take place at Edge Hill each year;
- Bespoke training delivered to School Welfare Staff/Lunchtime Supervisors to support the delivery of physical activity at Lunchtimes;
- Resources and guidance to deliver bespoke playground leader training to support the delivery of physical activity at Lunchtimes;
- Access 3 Gifted and Talented events -Testing and My PB, Swimming and Dance;
- 4 Festivals of Sport - 2 x Change 4 Life Festivals, Dance and a PE Plus Festival;
- Access to 4 local competitions targeting young people with SEN: KS1 Boccia and Kurling, KS2 Boccia and Kurling, KS1 Multi Skills and KS2 Sports Hall Athletics;
- Sports Leadership embedded into Specialists delivery of curriculum PE and Extra Curricular Activities;
- Access to a AGT Leadership event;

Created by:



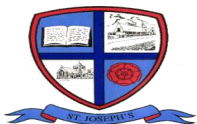
Supported by:



- Opportunity to send pupils to attend WLSP Primary Sports Council meetings and a day trip to a state of the art sporting venue;
- Delivery of 12-week Health and Wellbeing programme to targeted year groups within School;
- Created by: Supported by: Resources to support the delivery of Health and Wellbeing programmes;
- Support in establishing school led programmes that aim to increase physical activity levels of young people in schools;
- Delivery of Level 1 and Level 2 Bikeability programmes;
- Access to West Lancashire Schools Triathlon.

• Funding allocation:	£17120.00
• Membership to WLSP ad 1.5 days per week School Sports Specialist Provision:	£9481.98
• Additional swimming provision:	£1249
• Mini wheelers:	£900
• Forest School:	£1871 + 150 =2021
• Extra-Curricular Clubs (Staffing):	£430
• Pitch Marking:	£300
• PE equipment:	£60.95
• Repairing & Replacing Trim Trail:	£1677
• First Aid Training:	£486
	£16605.93 (£514.07 Left Over)

Signed off by	
Head Teacher:	Mrs Marie Baxendale
Date:	
Subject Leader:	Mr Adam Malley
Date:	
Governor:	
Date:	

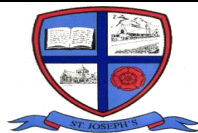


'Living life to the full'

ST JOSEPH'S CATHOLIC PRIMARY SCHOOL, WRIGHTINGTON
PE WHOLE SCHOOL DATA 2020-2021

Year Group	Ahead	On track/On track +	Below
Year 1 (2018/2019) – 18 pupils			
AUTUMN 1 2018 'TARGET GAMES'	3/18 pupils – 17%	14/18 pupils - 78%	4/18 pupils – 22%
AUTUMN 2 2018 'GYMNASTICS'			
SPRING 1 2019 'INVASION GAMES'			
SPRING 2 2019 'STRIKING & FIELDING'			
SUMMER 1 2019 'DANCE'			
SUMMER 2 2019 'ATHLETICS'			
Year 2 (2018/2019) – 16 pupils			
AUTUMN 1 2018 'TARGET GAMES'	4/16 pupils – 25 %	16/16 pupils - 100%	0/16 pupils – 0%
AUTUMN 2 2018 'GYMNASTICS'			
SPRING 1 2019 'INVASION GAMES'			
SPRING 2 2019 'STRIKING & FIELDING'			
SUMMER 1 2019 'DANCE'			
SUMMER 2 2019 'ATHLETICS'			
Year 3 (2018/2019) – 19 pupils			
AUTUMN 1 2018 'TARGET GAMES'	1/19 pupils – 5%	18/19 pupils - 95%	1/19 pupils – 5%
AUTUMN 2 2018 'GYMNASTICS'			
SPRING 1 2019 'INVASION GAMES'			
SPRING 2 2019 'STRIKING & FIELDING'			
SUMMER 1 2019 'DANCE'			
SUMMER 2 2019 'ATHLETICS'			

Year 4 (2018/2019) – 14 pupils			
AUTUMN 1 2018 'TARGET GAMES'	2/14 pupils – 14%	12/14 pupils - 86%	2/14 pupils – 14%
AUTUMN 2 2018 'GYMNASTICS'			
SPRING 1 2019 'INVASION GAMES'			
SPRING 2 2019 'STRIKING & FIELDING'			
SUMMER 1 2019 'DANCE'			
SUMMER 2 2019 'ATHLETICS'			
Year 5 (2018/2019) – 19 pupils			
AUTUMN 1 2018 'TARGET GAMES'	4/19 pupils – 21%	14/19 pupils - 74%	5/19 pupils – 26%
AUTUMN 2 2018 'GYMNASTICS'			
SPRING 1 2019 'INVASION GAMES'			
SPRING 2 2019 'STRIKING & FIELDING'			
SUMMER 1 2019 'DANCE'			
SUMMER 2 2019 'ATHLETICS'			
Year 6 (2018/2019) – 28 pupils (JJ NOT ASSESSED AS HE DOESN'T GO INTO PE FOR MEDICAL REASONS).			
AUTUMN 1 2018 'TARGET GAMES'	7/27 pupils – 26%	24/27 pupils - 89%	3/27 pupils – 11%
AUTUMN 2 2018 'GYMNASTICS'			
SPRING 1 2019 'INVASION GAMES'			
SPRING 2 2019 'STRIKING & FIELDING'			
SUMMER 1 2019 'DANCE'			
SUMMER 2 2019 'ATHLETICS'			



'Living life to the full'

Date _____

Dear Parent / Carers,

It has been brought to my attention by your child's class teacher, that _____ has not had the correct PE/Games kit in school on _____ occasions.

May I take this opportunity to remind you that St Joseph's PE kit comprises a white t-shirt, navy shorts and pumps. The Games kit comprises of tracksuits and trainers. Your child currently has PE/ Games on the following days:

Please ensure that your child has the correct kit with him/her on the necessary days.

Yours sincerely

Mr A Malley
PE Subject Leader



Date _____

Dear Parents/Carers,

It has been brought to my attention by your child's class teacher that _____ has been missing PE sessions on a regular basis.

Whilst some of these may be for medical reasons, may I remind you that PE is part of the National Curriculum. Children should not be missing PE/Games sessions, unless they provide a written note from home exempting them from physical activities.

Thank you for your co-operation.

Mr A Malley
PE Subject Leader