



changetalks

Change Talks is a multi-award winning, health education service delivered by the Prevention and Engagement Team at Lancashire and South Cumbria Foundation Trust.

The team are running a series of workshops via Zoom for parents and carers, to support learning on different mental health topics, including a session on learning disabilities and autism.

For more information or to join a session visit lscft.nhs.uk/changetalks/workshops or scan the QR code



Scan here