



St Joseph's Catholic Primary School

Weekly Newsletter

1st May 2026



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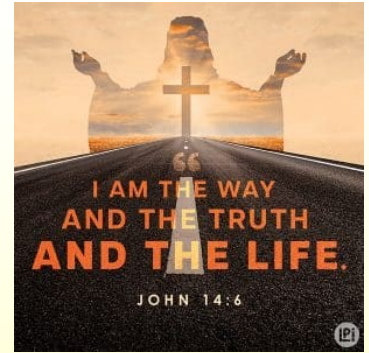
May Bank Holiday

Please note that school will be closed on Monday due to the bank holiday. We look forward to welcoming the children back on Tuesday 5th May.



Sunday 3rd May 2026

Gospel: John 14:1-12



“I am the way, and the truth, and the life. No one comes to the Father except through me. If you know me, you will know my Father also. From now on you do know him and have seen him.”

Sacramental Celebrations

We have entered the season of Sacramental Celebrations. On Saturday, I drove past the Church and saw lots of our former pupils, all dressed up, gathering to celebrate their Confirmation. Soon, our First Holy Communicants will be doing the same. Please pray for all the children – former pupils and present-day pupils – who will be undertaking these Sacraments. Later in June (10am on Friday 5th June) we will celebrate our Presentation Mass where all the children who recently made their First Holy Communion will again celebrate together.



Poetry competition

On Tuesday, St Joseph's pupils participated in the St Augustine's Poetry Parade where they had to recite an entire poem in Spanish, using: smoothly delivered fluency; clear and accurate pronunciation; conveying expression and challenge in length and language complexity.

All the children were excellent at delivering their poems and rising to the challenge by demonstrating confident, young voices in Spanish. Enda, Helen, Jamie, Jane, Zofia, Bruce, Noar, Ava, Alicia, Dafidi, Bibiana, Kayden, Carina, Leon and Veronika all did brilliantly. Well done to them all for performing in a foreign language and a special mention goes to our 4 award winners - Helen, Ava, Noar and Kayden, who fell under one of the previously mentioned categories.



Refreshments were provided by our hosts and also a much-anticipated visit to their onsite farm to see their lambs, guinea pigs, goats and chickens. On departure, all children received a goody bag, including a certificate of participation. The children and parents thoroughly enjoyed their afternoon and Mrs Garcia could not be more proud of their achievement. Thank you to Mrs Garcia for supporting the event so well.



Mixing up classes

Every year, children start Reception and the staff make every effort to balance the classes as much as possible in terms of age, gender, language acquisition, ability and educational needs. However, as the children progress through the school the classes become unbalanced due to a variety of reasons e.g., children moving away from the area. For this reason, we re-balance the classes by mixing up the children at the end of Year 1 and at the end of Year 3. This year, we will also do it at the end of Year 5. Staff in the Lower, Middle and Upper Phases will begin to plan the carefully thought-out re-structuring of classes over the next month.

Year 5 Greek Day

The day started by being given a Greek name for the day. Then the children learnt about the origin story of the Greek gods where some of the children acted it out. The classes then completed three activities – Archimedes Screw, Greek inspired board game and a quiz. All had tremendous fun. In the afternoon, the children competed in a mini-Olympics, again, lots of fun was had by all. Thank you to all the staff who made it so special for the children.



Catholic Social Teaching—The Dignity of the Worker

This week we celebrated the fact that God has given each of us unique gifts and talents. These gifts are not just for ourselves—they are meant to be shared. Whether it's being a good listener, creating art, fixing things, or making people smile, every gift can be used to help others. The children learned that even small acts of work done with love can make a big difference. God doesn't measure the size of the job, but the love and care we put into it.

Scripture:

"Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace." – 1 Peter 4:10

Prayer/Reflection:

"Lord, thank You for the gifts You have given me. Help me to use them to help others and bring joy. Amen."

Family Task:

Each family member shares one of their talents and uses it to help someone else this week—like baking for a neighbour, fixing something, or making a card.

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LiveSimply tips:



Mrs Lally's tip is to move our bodies often and live gratefully. Exercise isn't always about intensity; it's about choosing small, consistent movements and being thankful for the good health you have right now!

Have You Joined Arbor Yet?

We've noticed many of you have already signed up for the Arbor Parent App—thank you!

The app is the best way to:

- Update your contact details
- Report absence
- Track your child's attendance

How to join:

Please check the poster at the back of this newsletter and scan the QR code to download the app and get started.

If you are having any trouble logging in, please contact the office.



BEST Club

Please see the flyer at the back.



St Joseph's Toddler Group

I have attached the flyer for the toddler group to the back so that you can see the upcoming dates for this term.



Cooking Club

Please see flyer at the back for Early Bird offer for summer term.



Celebrations

Religious Education Work of the Week awards are given to children who have shown that bit of extra effort in their RE lessons that week.

Class	Name	Reason
Nursery	Filip	For making the Holy Spirit puppet.
RB	Melodie	For thinking of others through giving her classmates super pictures she does at home! Thanks Melodie!
RL	Lakshmika	For showing care and kindness to all of God's creatures.
1EB	Aylin	For her recount of the events of Pentecost.
1AP	Hanna	For understanding how the Apostles changed after Pentecost.
2AF	Alan	For his wonderful and thoughtful ideas of what Peter might
2SR	Oliwia	For working well with her group to retell the story of The Con-
2AS	Leyna	For explaining how St Peter was changed by the Holy Spirit.
3DB	Ronan	For making fantastic links between the story of Emmaus and
3GS	Emma	For great participation and understanding in the Dignity for
3AR	Katelyn	For a modern piece of Art based on the Road to Emmaus.
4JB	Antoni	For understanding that Jesus chose Peter to be the first Pope
4AS	Harry	For a clear explanation of why Jesus changed Simon's name
4S	Katya	For a fantastic understanding of what an apostle is.
5AL	Shaynie	For her super work on the Sacrament of Confirmation.
5MM	Meabh	For good understanding of the Sacrament of Confirmation.
5CR	Marcus	For understanding Chrism is the oil used during a person's
6LI	Quejeune	For good understanding shown through discussion about be-
6MS	Oliwia	For writing an excellent diary entry showing Thomas' doubts
6WL	Euan	For finding evidence in two Bible scriptures to make compari-

Celebrations continued

Headteacher awards are presented each week to children who the staff think have put that little bit of extra into their work. Well done to the children listed below:

Class	Name	Reason
Nursery	Abigail	For taking care of others.
RB	Max	For his fantastic effort in reading! Well done and keep it up Max!
RL	Luna	For writing compound words on her own. Well done superstar!
1EB	Felipe	For a great week of work including a super diary entry about Amy
1AP	Victor	For his effort when writing a non-fiction report.
2AF	All of 2AF	For all their hard work and fantastic assembly!
2SR	Nylah	For displaying a great understanding of unit and non-unit frac-
2AS	Jojo	For making a massive improvement in Fractions.
3DB	Nina	For exceptional hard work in improving her handwriting and pre-
3GS	Harrison	For learning most of his lines in the production, although he is a
3AR	Fabien	For demonstrating great core strength and stability in PE.
4JB	Patrick	For great understanding of converting fractions to decimals.
4AS	Akira	For excellent attitude to learning in all subjects; a real role model
4S	Lena	For writing a fantastic diary entry from King Henry's point of view!
5AL	All of 5AL	For participating with great enthusiasm during 'Greek Day'.
5MM	Jamie	For always showing his fantastic ideas and great work with his
5CR	Joseph	For incredible enthusiasm on our Greek Day this week!
6LI	Kei'Aire	For ownership of learning as we move closer to SATs.
6MS	Jack	For superb batting skills in Cricket. Well done!
6WL	All of 6WL	For their hard work in the lead up to the SATs – let's keep going!

Good Disciple awards are given to children who have shown exceptional love and kindness to fellow pupils and are helping to build God's kingdom here and now. Well done to the children listed below:

Phase	Name	Reason
Lower	Fabiola 1EB	For her care and consideration of others.
Middle	William 3AR	For always being a wonderful role model to his peers.
Upper	Taijah-Lee 6LI	For helpfully supporting a teammate, enabling them to take part in a small game.



St Joseph's
Catholic Primary School
Love. Learn. Believe.



Download the Arbor App

Stay connected with your
child's learning and school life
in one easy-to-use app.



Stay informed

Get important messages
and updates.



View attendance and report absence

See your child's attendance
and report absence.



View progress reports

Keep track of your child's
progress and achievements.



Update personal details

Keep your information
up to date.

Scan to download
the Arbor App



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App Store



GET IT ON
Google Play

*Together, we grow
in faith and knowledge* ♥

ST JOSEPH'S TODDLER GROUP

SUMMER TERM DATES

14TH APRIL

28TH APRIL

12TH MAY

2ND JUNE

16TH JUNE

30TH JUNE

12TH MAY

WE'RE
BACK!

9.30am - 11.15am

Gates open 9.30-9.40
No entry after this time
due to gate access

The Community Classroom @
St Joseph's Catholic Primary
School, York Avenue,
Hanwell, W7 3HU



Introducing Our BEST Club @St Josephs

Summer 2026 YR – Y6

Tuesday Mornings or Wednesday afternoons

Emotional Control Through Self Regulation



**Tuesday 21st April – Tuesday 7th July
7.45am – 8.45am**

**Wednesday 22nd April – Wednesday 8th July
3.15pm – 4.15pm**

BEST clubs are designed to help grow your child's social and emotional wellbeing. By focusing on the development of a child's brain we teach how each unique part creates our thoughts, feelings and actions. Through interactive activities in sport, art and drama we build the life skills needed to develop into strong and confident young adults.

To book a place please click on the following links:

<https://best4learning.co.uk/stjosephstuesam-2/>

<https://best4learning.co.uk/stjosephswedpm-2/>

For more information best4learningvicky@gmail.com

or call 07718 588454



COOKING CLUB

**LAST FEW PLACES LEFT!
BOOK NOW!**

**Summer Term 2026
21st Apr- 14th July**

**Tuesdays & Fridays
3:20 – 4:20pm**



Culinary Creativity in just one hour!

- Exploring food in a fun & safe way
- Sweet and savoury dishes
- A recipe for fun and skill-building



Klarna



Developing Life Skills:

- Nutrition
- Creativity
- Independence
- Teamwork
- Literacy
- Numeracy
- Confidence
- Problem Solving



Book online!



SCAN ME

Our website

www.mylittlechefathome.co.uk

EALING PARENTING SERVICE

FREE PARENTING WORKSHOPS SPRING / SUMMER TERM 2026

Tues 24th
MAR

**Addressing the Challenges:
Fathers in Caring Roles for Children with SEN**
Delivered by Derek Willis - Ealing Parenting Service
via MS Teams 10am-12pm **men only session*

Tues 21st
APR

**Different Strokes:
Navigating Fatherhood Across Cultures**
Delivered by Derek Willis - Ealing Parenting Service
via MS Teams 10am-12pm **men only session*

Tues 28th
APR

Understanding Your Teenager
Delivered by Sabrina Meakins - SAFE Counselling
via MS Teams 10:30am-12:30pm
**for parents/carers of over 11s*

Tues 5th
MAY

**Managing Parental Conflict
& It's Impact on Children**
Delivered by Chris Kolade - Ealing Parenting Service
via MS Teams 10am-12pm

Tues 19th
MAY

Employment, Benefits & Retraining
Delivered by Surria Ali & Thankaraj Karunakaran
- Family Community Work Coaches
via MS Teams 10am-12pm

EALING PARENTING SERVICE

FREE PARENTING WORKSHOPS SPRING / SUMMER TERM 2026

Tues 9th
JUN

SEN Support in Schools +& EHCPs

*Delivered by Ealing Contact
via MS Teams 10am-12pm*

Tues 16th
JUN

Domestic Abuse, Parenting & You

*Delivered by Patricia Chapman - SAFE Team
via MS Teams 10am-12pm*

Tues 7th
JUL

Building Healthier Relationships - Part 1

*Delivered by Chris Kolade - Ealing Parenting Service
via MS Teams 10am-12pm*

Tues 14th
JUL

Building Healthier Relationships - Part 2

*Delivered by Chris Kolade - Ealing Parenting Service
via MS Teams 10am-12pm*

email parentingserviceadmin@ealing.gov.uk to register or for more info



Ealing Mental Health Support Team

April
2026

Your Termly Newsletter

Is your child feeling....

Demotivated? Anxious? Stressed?
Worried? Sad? Irritable? Low?
Panic? Tired or lacking energy?



We can help you and your child

Ealing Mental Health Support Team (MHST) supports the wellbeing of children and young.

In Primary schools, we offer 1:1 support to parent's whose children feel:

- Worried and present with behaviours that challenge



You said, we did!

You said you enjoyed our challenging behaviour workshops so we are running another one this term!

You said that parents wanted managing use of technology, so

You said you wanted more practical skills and examples and less wordy presentations, so we have factored that into our presentation this term.



In Secondary Schools, we offer 1:1 support to young people who sometimes feel:

- Anxious or low in mood

If you have any questions about the above, please speak with your schools Mental Health Link Worker.

Dates to remember:

Mental Health Awareness Week 11-17th May 2026



Promoting hope & wellbeing together

Transitions!

The summer term represents endings and the approach of new beginnings. Maybe your child is approaching the transition to secondary school or coming to the end of their time at school and thinking about what's next. It is important to normalise any feelings of worry, and have open conversations about how best to support them through transitions!

We offer transition workshops for Year 6's so it is worth asking your child's school whether there are any upcoming transition workshops!

Supporting Appropriate Use of Technology

High on the agenda for schools and services is the impact of technology on mental health

Here are some top tips on how to support your child moderating their technology use:

Passive VS Purposeful Screen Time:

Scrolling through shortform content like TikTok or Instagram is associated with low levels of physical activity.

Engaging in passions and educational content (writing, art, social communication) is associated with improved social and academic skills.

Gaming: Be aware of what games your child is playing, showing an interest will not only allow you to monitor downloads and interactions, but also make it more likely your child will share with you if something goes wrong!

Upcoming Workshops

Helping Your Child With Exam Anxiety

Friday 17th April 1-2:30pm

OCD Workshop

Friday 8th May 12-1:30pm

Introduction to Autism

Monday 18th May 1 - 2pm

Supporting appropriate use of technology
(Social, Media, gaming, screentime)

Thursday 28th May 12-1pm

How to help your child when they are experiencing low mood: for secondary students

Friday 12th June 1:30-2:30pm

Behaviours that Challenge

Monday 22nd June 12-1pm

Transition to Secondary School

Monday 13th July 12.30-1.30pm

Preparing for life after school: Parents supporting 18+ young people with transitions after secondary school

July 21st 10:30 - 12pm

If you would like to sign up to one of our workshops, please do so using the link below or scan the QR code.



 **Ealing Junior Music School**

"Come & Play Open Day"

**Saturday
16th May**

2.30-4.30 pm



The Cafe of Twyford C of E High School, Acton W3

If coming by car please use the Twyford Sports Centre entrance on the Uxbridge Road

The Doors of The EJMS Instrument cupboard are thrown open for the afternoon. This is a wonderful opportunity for children aged from 5 - 18 to come and "have a go" on an instrument they may otherwise never think of trying.

From Trumpets, Horns, Violins, & Cellos to Bassoons, Clarinets, Oboes and Flutes

these are some of the instruments that they will be able to try with expert help from the EJMS' Music Teachers.

Also available to try out

EJMS MUSICIANSHIP Taster Drop in Sessions - ages 3-9

Refreshments ● A great fun afternoon out!

Ealing Junior Music School Saturdays Twyford C Of E High School / Acton / W3

Further details available at www.ejms.org.uk Or by calling EJMS on 020 8930 0679, email: admin@ejms.org.uk