



St Joseph's Catholic Primary School

Weekly Newsletter

Friday 2nd February 2024



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Near miss

During the week I was made aware of a serious near miss by the zebra crossing on the junction of York Avenue and Station Approach. A child had begun to cross the road when a car only just managed to stop. The reason for the near miss was a parent parking on the white zig-zag lines and the driver did not have a clear view of the crossing. The zig-zags and double yellow lines are there for a reason – to keep pedestrians safe! Please respect our whole community by not parking dangerously.



Sunday 4th February 2024

Gospel: Mark 1:29-39



Even Jesus needs a quiet place to pray. Then he starts a new phase of his mission

On leaving the synagogue, Jesus entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him.

In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighbouring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Measles update

As mentioned previously in my newsletters, the rise in the number of cases of measles is increasing in North West London. The rise is linked to low immunisation coverage. Please see the flyer at the back and book an appointment you your child is not immunised. Measles is extremely infectious and can cause serious illnesses, including pneumonia and meningitis.

Kitchen staff

Last week the kitchen underwent an unannounced hygiene inspection. I am please to let you know that they passed with flying colours and that the kitchen retained its '5' rating meaning that it is very good. Thank you to Ms. Samad and her team.



Love Learn Believe

Mental Health Week

Next week is Children's Mental Health Week. It is an awareness week that empowers, equips and gives a voice to all children and young people in the UK. Our Wellbeing Committee came up with the idea that on Wednesday every child can come to school wearing 1 item that makes them happy. The children must wear school uniform but they can also wear a favourite T-shirt, a bracelet, a head-band, hat etc. Super idea! I have already thought of what I will be wearing!

Family Fitness Friday

Happy Friday everyone! I'd like to introduce a new concept to you; Family Fitness Friday. My aim is to get as many families as possible working out together at home, which in turn will improve everyone's Physical Literacy. Physical Literacy is "our relationship with movement and physical activity throughout life." Let's be positive role models for our children so that their Physical Literacy becomes habitual.

On the first Friday of each month, I am going to set you all a challenge to complete a workout together at home. This will be accessible for all regardless of the space in your home, age or level of fitness. The workout I will set will be a HIIT workout, something the children will be familiar with after completing HIIT workouts in their phases for National Fitness Day back in September. There will be 5 different moves that you should complete for 30-40 seconds with a 20-30 second break in between. The moves should be completed as part of a circuit 4-5 times.

This month's moves are as follows:

1. Star jumps
2. High knees
3. Squats
4. Left right jabs
5. Lunges

Please see the back of the newsletter for instructions. It would be great to see what you've done to keep fit as a family, please email any pictures you take pre, during or post exercise to

year1@stjosephs.ealing.sch.uk

Thank you to Miss Redhead for leading this. Let's get moving!



Roblox

A parent sent in a warning for any child using Roblox, presumably from another school. Please read carefully and share with your child.

WHOLE SCHOOL MESSAGE

We have had a concerning phone call today regarding a game on Roblox.

Whilst a child was playing on a house building game last night a questionnaire popped up which set a loud alarm on this child's phone. The alarm didn't stop until the questionnaire had been completed. We have been informed that the questions being asked as part of this are disturbing and inappropriate for children. After this child had completed the questionnaire the originating source then were able to gain access to the child's device and location as well as being able to see and hear what they were doing.

Please be vigilant with your children on this and all platforms that they may access to.

Catholic Social Teaching

'Caritas in Action' calls us all as Catholics to work for the common good, help build a just society, uphold the dignity of human life and work for justice and the dignity of all our brothers and sisters, especially those in the greatest need. This week our aim is to focus on one of the themes linked to Caritas in Action: Solidarity and the Common Good. We are all People of God, one family. Therefore what happens to one has an impact on all, locally, nationally and globally. At the heart of solidarity is the pursuit of peace and justice. Our love for all calls us to work for a peaceful and just society where everyone has a fair share of the goods needed for a sustainable life, and opportunities for growth and development are offered equally. The dignity of every person is respected.

Challenge:

This week, with the help of your parents, aim to drop at least one food item to one of the many local food banks. Please see below for a list of food banks in our local area. We look forward to hearing about your good work!

DONATE HERE

ACTON

Waitrose Chiswick, W4 5TA
Co-op Park Royal, W5 3AY
Asda Park Royal, NW10 7LW
St Mary's Acton, W3 9NW
(10:30-12:30, Mon-Fri)
Fine & Country, W4 1RG

EALING

Co-op Pitshanger, W5 1RH
Salisbury Dry Cleaners, W5 1RH
St Peter's Church, W5 2RU
(9-5, Mon, Sat)
St Andrew's Church, W5 2RS
(9-5, Mon-Fri)
Savills Estate Agents, W5 5DA
(8:45am-6pm, Mon-Fri)

HANWELL

Co-op Greenford Ave, W7 1JH
St Mellitus Church Hall, W7 3BA
(10-4, Wed ONLY)

WEST EALING

Waitrose West Ealing, W13 0NL
Sainsbury's West Ealing, W13 9BZ
Trailfinders Clubhouse, W13 0DD
St Stephens West Ealing, W13 8HB
(9-1, Mon-Fri)

ALSO...

Tesco Hoover Building, UB6 8DW
Tesco Osterley, TW7 5NZ
Co-op Yeading Lane, UB5 6LN
Brian Cox&Co, UB6 8PU
(9-6, Mon-Fri)
Holy Cross Church Greenford,
UB6 8NJ (Sun, 8-10:30)
Southall Christian Fellowship
UB2 4BL, Tues 2pm-4pm, Wed 10am-12pm

Ealing
foodbank

'Be Bright Be Seen' stall

The Junior Travel Ambassadors (JTAs) ran their second 'Be Bright Be Seen' stall in the Infant playground this week. Well done to our Year 3 JTAs - Naiyana, Annabella and Dafidi - for their efforts. The children sold a variety of high-visibility items, such as bag stickers and key chains to promote road safety. They are planning to run the stall again in the Junior playground soon. Date TBC. Thank you children and also thank you to Mrs. Day for organising the sale.



Football

This week, the football teams faced off against local rivals St. Mark's. This fixture is always challenging as St. Mark's usually have an impressive squad. The boys kicked off first and let in two easy goals which saw their heads drop early in the first half. However, the boys picked themselves up to score two wonderfully worked goals. In the second half St. Joseph's struggled to defend against an organised St. Mark's which eventually ended in an 8-2 loss. A difficult score to take but the boys are still in a good position within the group to progress to the knockout stages of the Peal Shield. The girls kicked off second and knew they had to step up to get a good score for St. Joseph's. The first half was neck and neck with both teams having a solid defence. Early in the second half, St. Joseph's girls conceded a goal. They kept working throughout the second half and managed to score a magnificent goal to even the score line. The girls should be extremely proud of their performance against these difficult opponents. Well done to all who represented St. Joseph's on the day: Ellie, Georgina, Lilia, Millie, Sofia, Reis, Joy, Lena, Julia, Olly, Joey, Ronell, Riley, Natty, Lucas, Noel, Joel, Louis and Franciszek. Thank you also to Mr. Sheehan and to Miss Scotts for accompanying the group.

Chinese New Year

Next Saturday is the Chinese New Year. To help celebrate one day early, we will have a Chinese menu on Friday 9th February. See the flyer at the back of the newsletter.



Celebrations

Religious Education Work of the Week awards are given to children who have shown that bit of extra effort in their RE lessons that week.

Class	Name	Reason
Nursery	Kelly	For good listening during class activities.
RB	Luke	For learning the 'Our Father' with care and respect.
RH	Armin	For being thoughtful about God's love for us.
RL	Camilla	For her thoughtful prayers during our class Collective Worship.
1AP	Harrison	For his wonderful contributions to our class discussions in RE. Well done!
1EB	Nel	For her retelling of the story of Jesus Lost in the Temple
1SR	Bruno	For thinking of many ways we can serve God well after leaving Mass.
2AB	Anish	For excellent role play of how the Gospel is read at Mass.
2AF	Hubert	For his brilliant acting as a priest during the Gospel reading.
2JB	Riku	For his retelling of the Baptism of Jesus.
3AR	Natan	For using art and images to represent Jesus' journey to the Temple.
3DB	Angeline	For her beautiful Collective Worship and for supporting others to plan theirs.
3M	Diliana	For a wonderful interpretation of Jesus' journey using images and text.
4AS	Cara	For knowing some great vocabulary in our lesson about jobs in the Parish.
4GS	Julia K and Richie	For leading a respectful, calm and reflective class worship.
4S	Gega	For linking scripture to actions in his life that serve the community.
5AL	Ayla and Michael	For preparing and leading Class Collective Worship.
5AS	Jakub	For designing a wonderful piece of work that shows unity through differences.
5CR	Artemiy	For having a brilliant understanding of how there can be unity in difference.
6LI	Hubert	For thoughtful reflection in response to learning about the Holocaust.
6MS	Thalia-Lee	For writing a beautiful prayer for Holocaust Memorial Day.
6WL	David	For creating an eye-catching and informative poster about Solidarity and Peace.

Headteacher awards are presented each week to children who the staff think have put that little bit of extra into their work. Well done to the children listed below:

Class	Name	Reason
Nursery	Fabiola	For a growing confidence.
RB	Natalia	For fantastic addition work. Well done!
RH	Nikola	For always trying her best and working hard at school.
RL	Edina	For her great addition work in Maths.
1AP	James	For doing his best in all lessons this week.
1EB	William	For super efforts and progress in all of his lessons.
1SR	Oliwier	For working hard to understand how to add and subtract using a number line.
2AB	Chloe	For performing a fantastic sequence of shapes in gymnastics.
2AF	Anastasia	For her excellent work about Mollty Brown who was on board the Titanic.
2JB	Yanet	For her amazing knowledge that fruit can cause air pollution when it is transported.
3AR	Olivia	For coming up with wonderful adjectives to describe a villain in English.
3DB	Bruce	For making a big effort to improve his presentation.
3M	Alexi	For showing initiative and understanding when to take a quiet break to complete your work.
4AS	Cara	For being a thoughtful and caring friend; going out of her way to help others!
4GS	Julia K	For writing a wonderful rhyming poem. Well done!
4S	Isabelle	For creating a fantastic blackout poem in English.
5AL	Elise	For creating a very clear storyboard with many effective language features.
5AS	Donya	For improving her mindset and showing positivity.
5CR	Georgina	For being a great role model for the class.
6LI	Amelia	For knowledgeable, thoughtful ideas in History lesson about evacuation.
6MS	Wiktor	For his super work drawing and measuring angles in Maths. Well done!
6WL	Rozalia	For an excellent summary of evacuation in History.

Good Disciple awards are given to children who have shown exceptional love and kindness to fellow pupils and are helping to build God's kingdom here and now. Well done to the children listed below:

Phase	Name	Reason
Lower	Lily RL	For always being kind and caring to her peers.
Middle	Tamiyah-Lee 2AB	For always being a kind and caring friend to her classmates.
Upper	Elijah 5CR	For always being an incredible role model and helping others when they are struggling in lessons!

MMR

Vaccinations

(Measles, Mumps and Rubella)

Every Wednesday 9am – 4:45pm

CP House

97-107 Uxbridge Road

Ealing

London

W5 5TL

Encouraging conversations with our
nursing team regarding eligibility

Available to those who are :

- 1 years old and over

First and Second Doses
Available



Scan the QR code to book
your appointment.



**Happy Chinese
New Year!**

Oriental Chicken

Or

Vegetable Chow Mein

Served with

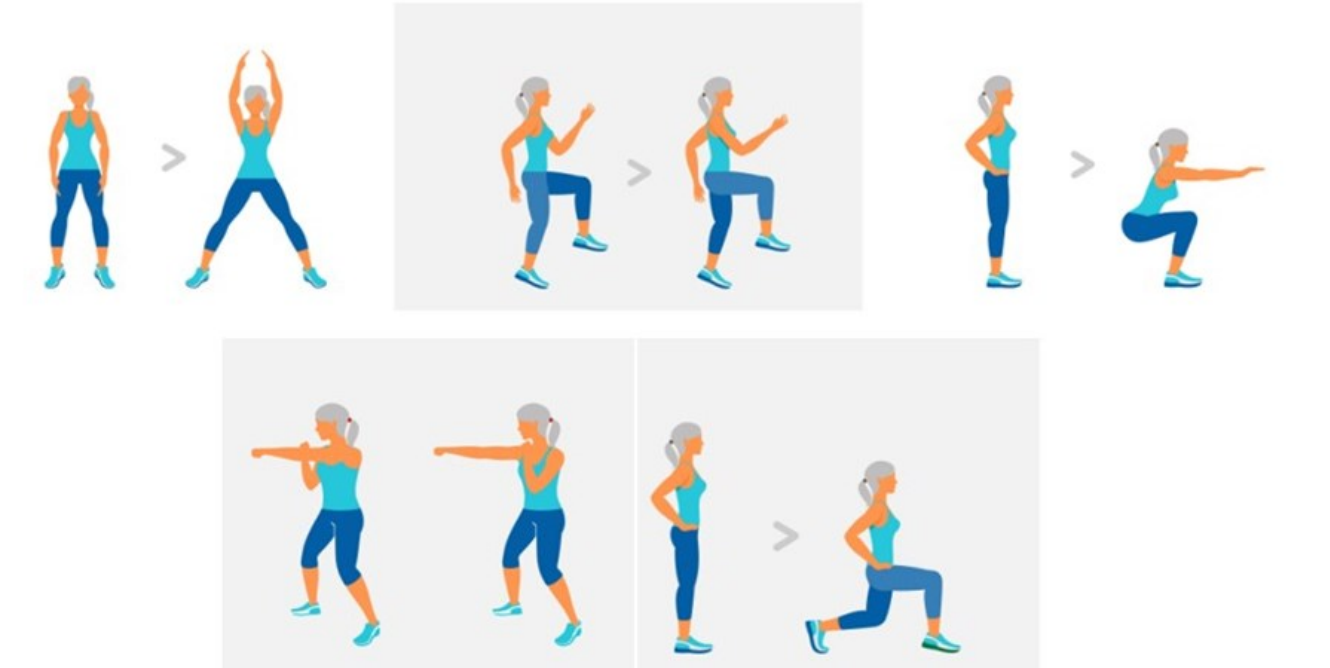
**Sweetcorn, Egg Noodles
and Vegetable Fried Rice**

**Orange Jelly
& Mandarins
and Vanilla Ice
Cream**



ISS Classification - Unrestricted

Family Fitness Friday



Take Part in Movie Making Fun this February Half Term

Creative Learning & Unforgettable
Filmmaking Fun for Ages 5-18



Make Your Own Movie

Learn all about movie making with Sparks Film School. Experience making your own movie, just like on a real film set. Boost confidence, creativity and learn lots of new skills.



Movie Making Courses

Based in Ealing



Ages 5-7

Make a mystery movie set at Mystery Manor this half term! Delve into detecting, catch the clues to crack the case!



Ages 7+

Make a thrilling police/crime drama! Fetch forensics, investigate, interrogate and conquer the courtroom!

Learn more:
<https://sparksarts.co.uk>



SCAN ME