



St Joseph's Catholic Primary School

Weekly Newsletter

5th September 2025



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Welcome back!

Welcome back Years 1 to 6! Nursery and Reception children will be joining in due course. I have heard children talking about wonderful holidays abroad and super staycations. Importantly, I hope your child is well rested and ready for the year ahead full of **LOVING, LEARNING** and **BELIEVING**. I extend a warm welcome to Mr Miller who is joining the Year 5 team for this year.



Whilst everyone was holidaying, Mr. Brophy, Mr O'Rourke and the premises team worked tirelessly to make the school look beautiful. There were deep cleans, lots of floor polishing and general maintenance across the school. I thank them all for their efforts and in ensuring that it all got done in time! The school looks wonderful, thank you again!

Sunday 7th September

Gospel: Luke 14:25-33



Jesus invites reflection, by two short parables

Large crowds were traveling with Jesus; and he turned and said to them

"Whoever comes to me and does not hate father and mother, wife and children, brothers and sisters, yes, and even life itself, cannot be my disciple. Whoever does not carry the cross and follow me cannot be my disciple.

For which of you, intending to build a tower, does not first sit down and estimate the cost, to see whether he has enough to complete it? Otherwise, when he has laid a foundation and is not able to finish, all who see it will begin to ridicule him, saying, 'This fellow began to build and was not able to finish.'

Or what king, going out to wage war against another king, will not sit down first and consider whether he is able with ten thousand to oppose the one who comes against him with twenty thousand? If he cannot, then, while the other is still far away, he sends a delegation and asks for the terms of peace. So therefore, none of you can become my disciple if you do not give up all your possessions."

Governors

Welcome back and a very warm welcome to children and staff at St. Joseph's. We hope you all had a restful summer break and are ready for the new school year. We are looking forward to working with our school community and wish you another successful year.

Anita and Hilary, Co-Chairs of Governors

Love Learn Believe

World Duchenne Awareness Day

To mark World Duchenne Awareness Day (September 7th), St. Joseph's will be celebrating it on Monday, 8th September as a non-uniform day for children in Years 1 to 6. Children are asked to come to school wearing something red and to bring in a £1.00 donation, which will be given to Duchenne UK.



Contact Details

If you have moved house or changed your phone number over the summer, please don't forget to come to the office and complete a change of details form. It is imperative we have contact numbers for emergency purposes.



Mass and Liturgy for the start of the school year

This morning, Years 3 to 6 attended Mass to celebrate the beginning of the school year. In the absence of Father Cristiano and Father Julio, Fr. Jarlath welcomed us to the Church and the children listened to him very well and he reminded us to be humble and patient and to look after people. The readers did very well and the singing of the hymns was lovely. Thank you to Mrs. Ingham for organising. Children in Year 1 and Year 2 stayed in school to celebrate their liturgy and that was also lovely. Thank you to Mr. Brooks for organising the liturgy and making it extra special for the children and staff.



Meet the Teacher

Thank you to all who attended the presentations by the teachers yesterday. It is always important to hear their expectations for your child and for you to hear about the coming year. If you were unable to attend the meetings, the information will be available on the class pages on the website.



Break Time Snacks

Break time staff and lunchtime supervisors have been reporting that children are coming in to school with snacks at break that go against our healthy eating values. Break time snacks should be made up of fruit or vegetables. We have seen lots of sugary snacks/bars containing nuts. Please stick to fruit and/or vegetable snacks.



School Uniform

During the first week back there has been a uniform 'amnesty' as I understand that parents may have had difficulties securing the correct uniform. From Tuesday, we will be sending uniform slips home to ask for the required uniform to be worn.

These are the combinations of uniform allowed until autumn half term. Girls may wear: yellow gingham summer dress; grey pinafore with a white shirt and tie; grey skirt/trousers with a white shirt and tie; grey skirt/trousers with a St. Joseph's yellow polo shirt; St. Joseph's cardigan.

Boys may wear: grey trousers with a white shirt and tie; grey shorts with a white shirt and tie; grey shorts/trousers with a polo shirt; St. Joseph's jumper.

Girls may wear grey tights; grey, white or brown socks. Boys may wear grey socks. Shoes must be black with toes and heels fully enclosed.

Hair clips/bands/ties need to be yellow, brown or black.

PE kit: Yellow T-Shirt, black shorts, plimsolls/trainers, grey tracksuit (with St. Joseph's logo or unbranded) and optional waterproof tracksuit.



Electric Piano – Help Needed

Our school's electric piano has been randomly malfunctioning. If any parents are able to volunteer their expertise to help us take a look or recommend someone who can, we'd be very grateful! Please contact the school office if you can assist.

Secondary School Visits

Parents of children in Year 6 will be making arrangements to visit secondary schools soon. I attach a schedule to the back of the newsletter about dates and times of open days/evenings for our Catholic Secondary Schools and other Ealing Schools. On Tuesday 9th September 2025 at 7.10pm there is an important meeting for parents in Year 6 that explains the application process. Parents of children in Year 5 would do well to note the open day/evening times that are taking place in the fourth/fifth week of September as their child will be away next year on the PGL school trip. It would be useful to attend the open days/evenings this year to get a view of prospective schools. I will give permission for your child to be out of school for the duration of the open morning/afternoon that you wish to attend. You will still need to let us know about the absence.

Upcoming Roald Dahl Day—Friday 12th September

As per the school calendar, we will be celebrating Roald Dahl's birthday on Friday 12th September. Children (and staff) may come into school dressed as a Roald Dahl character from the book the children are focusing on or any another Roald Dahl book character. There will be a focus on the following Roald Dahl stories:

Year 1: The Enormous Crocodile

Year 2: The Giraffe and the Pelly and me

Year 3: Fantastic Mr Fox

Year 4: Matilda

Year 5: The Twits

Year 6: The Witches

Roald Dahl Day – Friday 12th September 2025



Dear parents,

Next Friday 12th September, we will be celebrating Roald Dahl Day and we're inviting children and staff to wear a costume related to a Roald Dahl character that day. In classes, we will be carrying out activities related to the books we are reading in class:

Year 1 – The Enormous Crocodile

Year 2 – The Giraffe And The Pelly And Me

Year 3 – Fantastic Mr Fox

Year 4 – Matilda

Year 5 – The Twits

Year 6 – The Witches

See below for some costume ideas but please try to use what you already have at home; there is no need to buy a costume from Amazon (or similar) – also, the character does not need to be from the book your child is reading in class – just from one of the many Roald Dahl books. Many thanks for your support with the day.



Catholic High School Open Morning/Evening dates 2025

For all venues, check the web link for most up to date information.

Ealing High Schools

The Cardinal Wiseman Catholic School - <https://www.wiseman.ealing.sch.uk/page/?title=Year+7+Admissions+From+Primary+School+2026%2D27&pid=186>

Open Evening: Wednesday 17th September 2025, 5.30pm to 8pm.
Headteacher talks 6pm and 7pm

Out of Borough High Schools

Douay Martyr's – <https://www.douaymartyrs.co.uk/59/admissions-1>

Open Evening: Thursday 18th September 2025 from 5:00 – 8:00pm
Headteacher talks at 5:15pm, 6:00pm and 7:00pm
Open Mornings: Tuesday 23rd September 2025 from 8:45 – 10:45am

Gumley House - <https://www.gumleyhouse.com/Open-Events/>

Open Morning: Tuesday 23rd September 2025 (9am-11am). Headteacher talk from 10:20am.
Thursday 25th September 2025 (9am-11am). Headteacher talk from 10:20am.
Open Evening: Tuesday 23rd September 2025 (5pm-8pm).

Gunnersbury School - <https://www.gunnersbury.com/page/?title=Open+Days+for+Year+7+Admissions&pid=244>

Click here to book your place at one of the Open Events: <https://forms.gle/TWmvKjqA36CXf5uQ8>

Open evenings: Wednesday 24th September 2025 5pm-7.30pm with Headteacher talks at 6.00pm and 6.45pm
Open afternoons: Wednesday 24th September 2025 1.30-3pm with Headteacher address at 2.30pm
Monday 29th September 2025 1.30-3pm with Headteacher talk at 2.30pm
Open morning: Wednesday 1st October 2025 10.30-11.30am

Sacred Heart High School - <https://www.sacredhearthigh.org.uk/page/?title=Open+Days+%2D+Secondary+Transfer+2026&pid=327>

Open morning: Thursday 11th September 2025 [9:30am - 11am](#)
Open morning: Thursday 18th September 2025 9:30am - 11am
Open evening: Thursday 11th September 2025 4pm – 6pm
Open evening: Thursday 18th September 2025 4pm - 6pm

St Mark's – <https://www.st-marks.hounslow.sch.uk/page/?title=Open+Events&pid=1217>

Open Mornings: Thursday 25th September 2025 9 - 10.30am
Wednesday 1st October 2025 9 - 10.30am
Open Evenings: Thursday 25th September 2025 5pm - 8pm

Catholic High School Open Morning/Evening dates 2025

For all venues, check the web link for most up to date information.

Out of Borough High Schools continued..

The Cardinal Vaughan Memorial School - <https://www.cvms.co.uk/Admissions/index.asp>

Open Evenings: Thursday 11th September 2025
Wednesday 17th September 2025

The Headmaster will address parents and pupils at 4.30pm and again at 6.00pm. Following each speech, parents will be taken on a tour of the school. We therefore recommend you arrive in good time for either 4.30pm or 6.00pm.

The Oratory – <https://www.london-oratory.org/admissions/open-evenings>

Advance booking is required.

Wednesday 10th September 2025 5.30pm and 6.30pm

Tuesday 16th September 2025, 5.30pm and 6.30pm

Thursday 18th September 2025, 5.30pm and 6.30pm

High school open days

High school open days September and October 2025

Ada Lovelace CE High School

Wednesday 24 September 5pm to 8pm
Headteacher talks at 5.15, 6.15 and 7.15pm

Alec Reed Academy

Tuesday 23 September 5.30pm to 7.30pm
Headteacher talks at 5.45 and 7pm
Thursday 25, Tuesday 30 September and Thursday 2 October 9am to 10am

Ark Acton Academy

Wednesday 17 September 5.30pm to 8.30pm
Headteacher talk at 6.30pm

Ark Soane Academy

Thursday 25 September 5pm to 7pm
Headteacher talks at 5, 5.45 and 6.45pm
Monday 22 to Friday 26 September 9.30am to 11am

Brentside High School

Tuesday 16 September 5.30pm to 8.30pm
Headteacher talks at 5.45 and 6.45pm

Dormers Wells High School

Thursday 2 October 5pm to 7.30pm
Headteacher talks at 5.30 and 6.30pm

Drayton Manor High School

Thursday 25 September 5pm to 8pm
Headteacher talks at 5.15 and 6.30pm

Ealing Fields High School

Thursday 2 October 5pm to 8pm
Headteacher talks at 5, 6 and 7pm

Elthorne Park High School

Wednesday 10 September 5.15pm to 8.30pm
Headteacher talks at 5.30, 6.15, 7.00 and 7.45pm

Featherstone High School

Thursday 25 September 5pm to 8pm
Headteacher talks at 5.15, 6.15 and 7.15pm

Greenford High School

Thursday 18 September 5pm to 7pm
Headteacher talks at 5, 6 and 7pm

Islip Manor High School

Wednesday 1 October 5.30pm to 7.30pm
Headteacher talks at 6 and 7 pm
Monday 13 to Friday 17 October and Monday 20 to Friday 24 October

The Cardinal Wiseman Catholic School

Wednesday 17 September 5.30pm to 8pm
Headteacher talks at 6pm and 7pm

The Ellen Wilkinson School for Girls

Thursday 18 September 6pm to 8.30pm
Headteacher talks at 6.15, 6.45 and 7.30pm
Thursday 11, Wednesday 17, Thursday 25 September and Thursday 2 October 10am to 11am

Twyford CE High School

Thursday 18 September 5pm to 8pm
Headteacher talks at 5.30, 6.30 and 7.30pm

Villiers High School

Thursday 18 September 3pm to 7.30pm
Headteacher talk at 5pm
Tuesday 23, Wednesday 24 and Thursday 25 September 9.45am to 10.30am

William Perkin CE High School

Thursday 25 September 5pm to 8pm
Headteacher talks at 5, 6 and 7pm

Please check the schools' website to confirm the date, time and booking information. There is no onsite parking at the schools.

LOG CaBiN ChaRiTy

family FUN DAY

45TH ANNIVERSARY

SATURDAY, SEPTEMBER 6

12:00PM - 6:00PM

259 NORTHFIELD AVE, LONDON W5 4UA

**Exciting Games & Activities
Food & Refreshments
Live Entertainment
Crafts & Workshops**



Disclaimer St Joseph's Catholic Primary School is happy to use the newsletter to support activities, events and publications. However, we have not vetted these services and are not specifically recommending them.

FAMILY FUN DAY

Join us for a fun event for children and young people with Additional needs and their families. The day is proudly run in partnership by Ealing Mencap, Contact, EPCF, Anchor Foundation, and YVHSC.

- ✓ Free food
- ✓ Children's entertainment
- ✓ Fun Activities provided



FREE ENTRY

Scan to book!



Saturday 13th September



Two sessions
12pm–2pm & 2pm–4pm



Enterprise Lodge, Stockdove Way
Greenford
UB6 8TJ



**OR CLICK HERE TO
FILL OUT THE FORM**





West London
NHS Trust

Ealing Mental Health Support Team

Your Termly Newsletter

September 2025

Is your child feeling....

Demotivated? Anxious? Stressed?
Worried? Sad? Irritable? Low?
Panic? Tired or lacking energy?



We can help you and your child

Ealing Mental Health Support Team (MHST) supports the wellbeing of children and young.

In Primary schools, we offer 1:1 support to parent's whose children feel:

- Worried and present with behaviours that challenge



You said, we did!

You told us it would be helpful to have online workshops to help you support more mental health difficulties. This term we're introducing a new workshop: **An introduction to obsessive compulsive disorder (OCD).**

You may notice:

- Your child organising things based on counting or symmetry
- Your child often checks the same thing over and over
- Your child has to clean or do things a certain way

[Click here to find out more about OCD.](#)



In Secondary Schools, we offer 1:1 support to young people who sometimes feel:

- Anxious or low in mood

If you have any questions about the above, please speak with your schools Mental Health Link Worker.

Dates to remember:

Self-care September

World Mental Health Day: 10th October

Men's Mental Health Awareness: November

Anti-bullying Week: 11 - 15th November





Promoting hope & wellbeing together



ELP
Ealing Learning Partnership

Back to school:

Going back to school can be a difficult time. Maybe your child is worried about having a new teacher, feeling motivated or homework. It's good to remember that these feelings are common.

Helpful Tips:

- Get organised - use planners, diaries and apps to keep track of things
- Set goals - make sure they're small and manageable
- Look after them and yourself: take time to do the things you enjoy!

Top Tip!

Did you know that when you feel anxious, scared, or overwhelmed, your body starts to act like it's getting ready to fight or run away—even if there's no real danger?

But here's something amazing: breathing slowly and deeply is like a secret superpower! Next time your child is feeling anxious, try to help them breathe in through their nose, and out through their mouth whilst tracing your hand.



5-Finger Breathing



Upcoming Workshops

September 2025

- Supporting positive behaviour: 18th 10:30am - 11:30am
- Introduction to Autism in adolescents: 26th 12:00pm - 1:30pm

October 2025

- Supporting anxiety in adolescents (Part 1): 1st 12:00 - 1:30pm
- Introduction to OCD: 03rd 11:00am - 12:30pm
- Understanding behaviour for children with additional needs: 10th 12:00pm - 1:30pm
- Supporting appropriate use in technology (children): 16th 12:00pm - 1:30pm
- Social Media & self-esteem: 22nd 10:15am - 11:30am

November 2025

- Supporting anxiety in adolescents (Part 2): 12th 12:00 - 1:30pm
- Introduction to autism: 18th 12:00pm - 1:30pm
- Supporting friendship in children: 25th November 12:00pm - 1:00pm

December 2025

- Teen low mood & Sleep: 1st 12:00pm - 1:00pm
- Adolescent exam stress: 8th 12:00pm - 1:00pm

If you would like to sign up to one of our workshops, please do so on the below website or scan the QR code.

<https://forms.gle/498J1SG2V/XZ4q71h9>



Promoting hope & wellbeing together



ELP
Exiting Learning Partnership

The Circle



Family Drop In - The Circle

Looking for a safe space to discuss support for you and your family?



**Back to School
Drop In!**

Thurs 11th Sept

**Pop by any time
[9:30-12:30]**



46 South Ealing Road, W5 4QA

What we offer

- Mental health support for you & your child
- Children cared for by professionals: sensory room, toys & games
- Free tea, coffee & snacks
- Help accessing other support services

Find out More



07736043328

outreach@hfehmind.org.uk



Hammersmith, Fulham, Ealing and Hounslow




FREE PARENT WEBINAR: THE FLU VACCINE IN CHILDREN & YOUNG PEOPLE


Join us for a presentation discussing the flu vaccine in children and young people.

Topics covered:


- ✓ Why does my child need the vaccine
- 💡 Side-effects and safety
- 👤 Nasal vs injection (pork gelatine content)
- 📊 Flu data from previous years
- 🗣️ Q&A session





 **Wednesday 17th September**


 **8:00 - 9:00pm**




 **Microsoft Teams - scan here**


 **login: 363 003 291 454**


 **password: jc3J83z5**


 **Thursday 18th September**

 **6:00 - 7:00pm**



 **Microsoft Teams - scan here**

 **login: 310 543 675 209 5**

 **password: gT7P9ci3**



HAYES & HANWELL FOOTBALL COACHING COURSE

WHERE: BARNHILL HIGH SCHOOL, YEADING LANE, HAYES, UB4 9LE

WHEN: EVERY MONDAY (EXCLUDING SCHOOL HOLIDAYS)

STARTING: MONDAY 13TH OCTOBER 2025

Group 1 : School Years Reception & Year 16.00pm-7.00pm (Pitch 1)
Group 2 : School Years 2 and 3.....6.00pm-7.00pm (Pitch 2)
Group 3 : School Years 4 and 5.....7.00pm-8.00pm (Pitch 1)
Group 4 : School Years 6 and 7.....7.00pm-8.00pm (Pitch 2)

NEW LOCATION

WHERE: BRENTSIDE HIGH SCHOOL, GREENFORD AVENUE, LONDON, W7 1JJ

WHEN: EVERY WEDNESDAY

STARTING: WEDNESDAY 10TH SEPTEMBER 2025

Group 1 : School Years Reception & Year 16.00pm-7.00pm (Pitch 1)
Group 2 : School Years 2 and 3.....6.00pm-7.00pm (Pitch 2)
Group 3 : School Years 4 and 5.....7.00pm-8.00pm (Pitch 1)
Group 4 : School Years 6 and 7.....7.00pm-8.00pm (Pitch 2)

Dear Parents,

I am pleased to inform you that, due to the huge success of our football courses over the last **25 years**, we are following up the football coaching programme for the season starting in SEPTEMBER & OCTOBER 2025. The course will run for 12 weeks and the programme is for boys and girls aged between 4 and 12.

About our Course

- The unique practice techniques are specifically designed to work with children of all abilities, ranging from the absolute beginner to the more advanced player.
 - The course is run by **F.A qualified coaches**, who are **DBS** checked, and hold an advanced premier skills qualification, they are currently working with children, enabling them to learn **ESSENTIAL FOOTBALL TECHNIQUES**, building **CONFIDENCE**, improving **FITNESS** and providing the most important ingredient **FUN!**
 - Children will be supervised at all times, although parents are welcome to stay and watch.
 - Each child will be provided with a football for individual practice.
 - It is an **INDOOR** course held in Sports Halls, therefore trainers must be worn.
 - On the final week of the course we hold a presentation, whereby **EACH CHILD WILL RECEIVE AN ENGRAVED TROPHY.**
 - **Ex England World Cup star and Sky Sports pundit Paul Merson** quotes, "I have presented trophies to the children on these courses and it's great to see the smiles on their faces and sense of achievement!"
 - Children also have a chance to win many other special individual awards and trophies for various skills, including 'American shoot out' and 'Penalty shoot out' competitions.
 - Parents and friends are most welcome to attend the presentation.
 - The cost of the course is £9 per week; payment is made every 4 weeks with the first payment of £36 due on week 1.
- Please Note:** Places are limited, therefore bookings will be taken on a first come, first served basis.

www.prosoccercoaching.org

TO RESERVE PLACES PLEASE WHATSAPP:

HAYES OR HANWELL + CHILD'S NAME + AGE + GROUP NO.

(1, 2, 3 or 4)

and receive confirmation by text to:

07947 638 205 or 07880 798 762