



St Joseph's Catholic Primary School

Weekly Newsletter

11th September 2026



Contents

- Congratulations Mr Doak
- World Duchenne Day
- 'Meet the Teacher'
- Roald Dahl Day
- Uniform
- PTA Messages
- Medication
- Smart Phones and Smart Watches
- Secondary School Visits
- My Little Chef
- Certificates

Meet the Teacher

On Wednesday, we had our 'Meet the Teacher' sessions. It was good to see so many parents attending the informative sessions. The slides should now be available on the class pages.

Congratulations!

Congratulations to Mr Doak who will take over the running of the school from January 2027. After many years at St Joseph's, it means a great deal to me to know that I will be handing over to someone who shares our values and understands what makes our school such a special place. The St Carlo Catholic Academy Trust is beginning to follow the Executive Headteacher/Head of School model and Mr Doak will lead the day-to-day life and running of the school and will work alongside Executive Headteacher, Mrs Walsh. She will work at St Joseph's and Mount Carmel for two days respectively each a week and then spend a day on Academy business.



Gospel: Matthew 18:21-35



"Lord, how often should I forgive? ... Jesus said to him, 'Not seven times, but, I tell you, seventy-seven times.'"

World Duchenne Awareness Day

On Monday 7th September we marked World Duchenne Awareness Day. The whole school was a sea of red as the children arrived proudly wearing the colour. The idea of the day was to bring in £1 to support the charity that is helping Eddie in Year 5. We collected £295, thank you! If you did not manage to bring in £1 on the day, please bring it in asap so that we can send it off to the charity. Thank you again for the donations.



Uniform

Following two non-uniform days in quick succession, uniform checks begin again Monday. Please ensure your child has the correct uniform.

PTA Messages...

The PTA is looking for Class Representatives for 2MS, 6LI and 6AS as soon as possible. Class Reps play an important role in helping to keep parents informed, supporting PTA events and bringing our school community together. If you would be happy to volunteer or would like to find out more, please get in touch with the PTA.

PTA New Nursery & Reception Parents' Coffee Morning

A warm welcome from the PTA to all our new Nursery and Reception families. Starting a new school is a big step for children and parents. New faces, new routines and plenty to discover! Come and join us for a coffee and a chat on Friday 2nd October 2026 at 8:45am in the Community Classroom (next to the Nursery). It's a relaxed chance to meet other new families and discover some of the ways you can get involved, if you would like to. We would love to see you there!

PTA Treasurer Needed

The PTA is looking for someone to step forward as Treasurer. This is a voluntary role, alongside the rest of the PTA committee and our fantastic class reps, who all give their time around work, family and everyday commitments. They volunteer because they care about the school and want to support the school community. A good head for numbers or some accounting experience would be helpful, but previous PTA experience is not necessary. Could you help keep the PTA going? If you would like to find out more, please get in touch for an informal chat on stjosephs_pta@yahoo.com.

Medication

Please ensure that your child does not bring in any unauthorised medication to school. We have encountered painkillers and throat lozenges this week. All medication needs to be approved by our Welfare team.



Smart Phones and Smart Watches

Gentle reminder that mobile smartphones and smart watches that allow communication are not allowed in school. If your child is in years 5 or 6 and they walk home from school by themselves, they may have a 'brick' phone which must be switched off during school time and kept in their lockers.



Secondary School Visits

Parents of children in Year 6 will be making arrangements to visit secondary schools soon. I attach a schedule to the back of the newsletter about dates and times of open days/evenings for our Catholic Secondary Schools and other Ealing Schools. On Tuesday 15th September 2026 at 7.10pm there is an important meeting for parents in Year 6 that explains the application process. Parents of children in Year 5 would do well to note the open day/evening times that are taking place in the fourth/fifth week of September as their child will be away next year on the PGL school trip. It would be useful to attend the open days/evenings this year to get a view of prospective schools. I will give permission for your child to be out of school for the duration of the open morning/afternoon that you wish to attend. You will still need to let us know about the absence.



My Little Chef

Bookings are open for autumn term for years 2 to 6. Please click on link:

<https://pbbl.uk/4eT9zvZ>

Please also see attached flyer at the back.

Celebrations

Religious Education Work of the Week awards are given to children who have shown that bit of extra effort in their RE lessons that week.

Class	Name	Reason
1AP	Annie	For her brilliant effort and participation when learning about the Creation story.
1TM	Adrija	For retelling the story of Creation.
2CR	Zoe	For some amazing ideas for how we can look after our planet that God gave us!
2MS	Randeesh	For recognising lots of fantastic ways we can care for our planet!
3AR	Sadbh	For her great ideas on how we can look after our world and protect God's gifts.
3GS	Armin	For writing a really thoughtful, independent poem on how we can care for God's creation. Well done!
3MS	Yesandi	For her beautiful mission statement illustrating our school values.
4AL	Bea Rose	For an amazing piece of work on our School Mission Statement.
4JB	Francisco	For his excellent engagement and knowledge about Abraham.
5AS	Jacob	For writing an outstanding prayer to thank God for our wonderful world.
5DB	Elly	For writing a beautiful prayer for peace on Earth and Care for Creation.
5SR	Aiden	For his will written prayer for our CST topic, Care for Creation.
6AS	Clara	For writing a heartfelt and considerate prayer about Care and Creation in our CST lesson!
6LI	Sandor	For composing a lovely prayer about humanity's responsibility to Care for Creation.
6WL	Alicia	For showing reverence and respect in every collective worship - a superb role model!

Celebrations continued...

Headteacher awards are presented each week to children who the staff think have put that little bit of extra into their work. Well done to the children listed below:

Class	Name	Reason
1AP	Melodie	For settling into Year 1 wonderfully.
1TM	Olivia	For a fantastic first week at St. Joseph's.
2CR	Winie	For having an AMAZING first full week in Y2! Keep up your hard work!
2MS	Kyra	For writing super sentences using adjectives!
3AR	Nylah	For a wonderful start to all of her learning in Y3! Keep it up!
3GS	Tello	For listening attentively in class and following all the class rules. Well done!
3MS	Ted	For always doing his best to participate in lessons. Well done!
4AL	Anna	For an excellent start to Year 4.
4JB	Amaia	For her amazing enthusiasm when reciting times tables.
5AS	Connor	For supporting his classmate when they found their work challenging.
5DB	Everyone	For such a positive start to Year 5!
5SR	Leon	For beginning the school year with a new level of maturity. Well done!
6AS	Shane	For interesting and imaginative ideas in our class discussion when planning poems in English!
6LI	Marcus	For making a fantastically positive start to Year 6.
6WL	Alexi	For a mature, helpful and enthusiastic start to the year - well done.

Good Disciple awards are given to children who have shown exceptional love and kindness to fellow pupils and are helping to build God's kingdom here and now. Well done to the children listed below:

Phase	Name	Reason
Lower	Grace 1TM	For helping others during work time.
Middle	Chelsea 2MS	For displaying kindness and lovely manners towards everyone in class.
Upper	Adrianna and Marco 4JB	For showing empathy and playing with a child who felt lonely.

Catholic High School Open Morning/Evening dates 2026

For all venues, check the web link for most up to date information.

Ealing High Schools

The Cardinal Wiseman Catholic School -

<https://www.wiseman.ealing.sch.uk/page/?title=Year+7+Admissions+From+Primary+School+2027%2D28&pid=192>

Open Evening: Wednesday 16th September 2026, 5pm to 8pm.

Headteacher talks 6pm and 7pm

Out of Borough High Schools

Douay Martyr's - <https://www.douaymartyrs.co.uk/59/admissions-1>

Open Evening: Thursday 17th September 2026 from 5:00 – 8:00pm

Headteacher talks at 5:15pm, 6:00pm and 7:00pm

Open Mornings: Tuesday 22nd and 29th September 2026 from 8:45 – 10:45am

Gumley House - <https://www.gumleyhouse.com/Open-Events/>

Open Morning: Monday 28th September 2026. Tours from 9am, Headteacher talk from 10.20am

Thursday 1st October 2026. Tours from 9am, Headteacher talk from 10.20am

Open Evening: Monday 28th September 2026. Headteacher talks 6.15pm and 7.30pm. Final tour begins 7pm

Gunnersbury School -

<https://www.gunnersbury.com/page/?title=Open+Days+for+Year+7+Admissions&pid=244>

Booking link will be available soon, check website for details.

Open evenings: Wednesday 23rd September 2026 5pm-7.30pm with Headteacher talks at 6.00pm and 6.45pm

Open afternoons: Wednesday 23rd September 2026 1.30-3pm with Headteacher address at 2.30pm

Monday 28th September 2026 1.30-3pm with Headteacher talk at 2.30pm

Open morning: Wednesday 30th September 2026 10.30-11.30am

Sacred Heart High School -

<https://www.sacredhearthigh.org.uk/page/?title=Open+Days+%2D+Secondary+Transfer+2026&pid=327>

Open morning: Thursday 10th September 2026 9:30am - 11am

Open morning: Thursday 17th September 2026 9:30am - 11am

Open evening: Thursday 10th September 2026 4pm – 6pm

Open evening: Thursday 17th September 2026 4pm - 6pm

St Mark's - <https://www.st-marks.hounslow.sch.uk/page/?title=Admissions&pid=7>

Open Mornings: Thursday 24th September 2026, 9 - 10.30am
 Tuesday 29th September 2026, 9 - 10.30am
Open Evenings: Thursday 24th September 2026 5pm - 8pm

The Cardinal Vaughan Memorial School - <https://www.cvms.co.uk/Admissions/>

Open Evenings: Thursday 17th September 2026
 Tuesday 22nd September 2026

The Headteacher will speak at 4.30pm and again at 6.00pm. Following each speech, parents will be taken on a tour of the school.

The Oratory – <https://www.london-oratory.org/admissions/open-evenings>

Advance booking is required.

Wednesday 9th September 2026 5.30pm and 6.30pm
Tuesday 15th September 2026, 5.30pm and 6.30pm
Thursday 17th September 2026, 5.30pm and 6.30pm

High school open days

High school open days September and October 2026

Ada Lovelace CofE High School

Wednesday 30 September 5pm to 8pm.
Headteacher talk at 5:15pm, 6:15pm and 7:15pm.

Alec Reed Academy

Tuesday 22 September 5:30pm to 7:30pm.
Headteacher talk at 5:45pm and 7pm.
Thursday 24, Tuesday 29 September and
Thursday 1 October 9am to 10am.

Ark Acton Academy

Wednesday 16 September 5pm to 7:30pm
Headteacher talk at 5:30pm and 6:30pm
Open morning every Thursday 9:30am
to 10:15am.

Ark Soane Academy

Thursday 24 September 5pm to 7pm.
Headteacher talk at 5pm, 5:45pm and 6:30pm.
Tuesday 22 to Friday 25 September
9am to 9:45am.

Brentside High School

Tuesday 15 September 5:30pm to 8pm.
Headteacher talk at 5:45pm and 6:45pm.

Dormers Wells High School

Wednesday 23 September 5pm to 7:30pm.
Headteacher talk at 5:30pm and 6:30pm.
Breakfast club: No | Afterschool club: No

Drayton Manor High School

Thursday 24 September 5pm to 8pm.
Headteacher talk at 5:15pm and 6:30pm.

Ealing Fields CofE High School

Thursday 1 October 5pm to 8pm. Headteacher
talk at 5pm, 6pm and 7pm.

Elthorne Park High School

Wednesday 16 September 5:15pm to 8:30pm.
Headteacher talk at 5:30pm, 6:15pm, 7pm and
7:45pm.

Featherstone High School

Thursday 24 September 5pm to 7:30pm.
Headteacher talk at 5:15pm and 6:30pm.

Greenford High School

Thursday 24 September 4:45pm to 6:45pm.
Headteacher talk at 4:45pm, 5:45pm and
6:45pm.

Islip Manor High School

Tuesday 29 September 5:30pm to 7:30pm.
Headteacher talk at 6pm and 7pm.
Monday 5 to Friday 16 October 2026 book in
advance.

The Cardinal Wiseman Catholic School

Wednesday 16 September 5pm to 8pm.
Headteacher talk at 6pm and 7pm.

The Ellen Wilkinson School for Girls

Wednesday 16 September 6pm to 8:30pm.
Headteacher talk at 6:15pm, 6:45pm and
7:30pm.
Tuesday 8, Wednesday 18, Thursday 24
September and Thursday 1 October 10am to
11am.

Twyford CofE High School

Thursday 24 September 5pm to 8pm.
Headteacher talk at 5:30pm, 6:30pm and
7:30pm.

Villiers High School

Thursday 1 October 5pm to 7pm.
Headteacher talk at 5:15pm and 6:15pm.
Tuesday 6, Wednesday 7 and Thursday 8
October 9am to 10:30am.

William Perkin CofE High School

Thursday 1 October 5pm to 8pm.
Headteacher talk at 5:15pm, 6:15pm and
7:15pm.

Please check the school website to confirm the date, time and booking information.



EVOLVEFC.CO.UK



FIRST SESSION FREE
ALL ABILITIES WELCOME

GIRLS' FOOTBALL

5-11 YEARS OLDS ALL-WEATHER 3G PITCHES
PLAYERS FROM ALL CLUBS WELCOME

EVERY MONDAY

TRAILFINDERS SPORTS CLUB
VALLIS WAY, W13 0DD

6:00-7:00PM

JOIN US: 07966 985 966
MATT@EVOLVEFC.CO.UK



**BOOK A
TRIAL CLASS
FOR JUST
£5!**

COOKING CLUB

**Autumn Term 2026
8th Sept - 15th Dec**

**Tuesdays & Fridays
3:20 – 4:20pm
(yrs 2 - 6)**

Culinary Creativity in just one hour!

- Exploring food in a fun & safe way
- Sweet and savoury dishes
- A recipe for fun and skill-building



Klarna

Developing Life Skills:

- | | |
|---------------------------------------|--|
| ☐ Nutrition | ☐ Literacy |
| ☐ Creativity | ☐ Numeracy |
| ☐ Independence | ☐ Confidence |
| ☐ Teamwork | ☐ Problem Solving |



Book online!

SCAN ME

Our website

www.mylittlechefathome.co.uk

We're back!

Emergency Response Roadshow

**Saturday 12th September 2026
12noon - 4pm**

What to expect

-  Climb inside real emergency vehicles
-  Ask questions and get expert advice
-  Watch live rescue demonstrations
-  Learn simple ways to keep your family safe
-  Meet emergency service teams

Free admission

Scan the QR code below to secure your place (recommended) or drop in on the day



Translation available via link

The Green Quarter

Parkside Yards, 1 Seva Drive, UB1 1GH



EASE
www.empowering-action.org.uk

To request a place: call 020 8575 6139 or email:
administrator@empowering-action.org.uk

DANCING *for* Wellbeing

All Ages Welcome!

Hanwell Community Centre,
W7 1PD

10am to 11am

ON THE FOLLOWING WEDNESDAYS:
9th, 16th, 23rd, 30th September 2026

LET'S DANCE!
MOVE, SMILE,
FEEL GOOD!

EASE (Empowering Action & Social Esteem) Ltd
Hanwell Community Centre, Westcott Crescent, W7 1PD
Telephone: 0208 575 6139
Charity No. 1098965

THE REFRESH PROJECT

CONNECT, MOVE, THRIVE!



BEST Club AUTUMN 2026 @St Joseph's Y1 – Y6

New Term, New Teacher – Creating a Calm, Assertive and Empathetic Mindset



Tuesday mornings: 7.45am – 8.45am
Tuesday 15th September – Tuesday 8th December

Wednesday afternoons: 3.15pm – 4.15pm
Wednesday 16th September – Wednesday 9th December

Our twelve week **BEST club** programme helps children develop the confidence to communicate assertively, understand other's feelings and build positive relationships. Through fun sport, art and drama activities, children will learn valuable social skills that support resilience, empathy, teamwork and a successful start to the new school year.

To book a place please visit

Tuesday morning:

<https://best4learning.co.uk/stjosephstuesam-2/>

Wednesday afternoon:

<https://best4learning.co.uk/stjosephswedpm-2/>

For more information please email best4learningvicky@gmail.com

or call 07718 588454 www.best4learning.co.uk



Ealing Mental Health Support Team

September 2026

Your Termly Newsletter

Is your child feeling....

Demotivated?
Anxious? Stressed?
Worried? Sad?
Irritable? Low?
Panicked?
Tired or lacking energy?



We can help you and your child

Ealing Mental Health Support Team (MHST) supports the wellbeing of children and young.

In Primary schools, we offer 1:1 support to parent's whose children feel:

- Worried and present with behaviours that challenge



In Secondary Schools, we offer 1:1 support to young people who sometimes feel:

- Anxious or low in mood



If you have any questions about the above, please speak with your schools Mental Health Link Worker.

You said, we did!

- You asked for longer workshops to allow time for a Q&A at the end
- We have extended our workshops this term to last 1hr 15 or 1hr 30 to ensure we have time for a Q&A
- You made a suggestion for a workshop that focuses on supporting male adolescent mental health
- We are in the process of putting these together and are excited to offer new workshops to you in the Spring Term!

Dates to remember

World Suicide Prevention Day	Thursday 10 th September
World Mental Health Day	Saturday 10 th October
OCD Awareness Week	Monday 12 th -18 th October
Anti-Bullying Week	Friday 13 th -17 th November



Promoting hope & wellbeing together





Back to School

Returning to school after the summer break can bring a mixture of emotions for children and young people.

As they adapt to new routines, friendships, and expectations, parents and carers may notice changes in mood, confidence, or behaviour.

To help families support this transition, we are pleased to be offering a Back to School Workshop early in the term for primary-aged children, alongside a variety of workshops throughout the year designed to support young people and their families at different stages of development.

Children are more likely to feel ready to learn when they understand routines and expectations, while also feeling safe and connected. Here are some top tips to help lay these foundations for the term ahead:

- 1. Continue engaging in meaningful and enjoyable activities** both within and outside of school. These experiences can foster connection, a sense of belonging and mastery.
- 2. Establish consistent routines.** Predictable routines can help create clear expectations, reduce feelings of overwhelm and make it easier to adjust to increasing academic demands.
- 3. Prioritise a calming evening wind-down and regular sleep routine.** Did you know that adolescents typically need around 8-10 hours of sleep each night to support their rapidly developing brains?
- 4. Make time to connect with family, friends and other important people.** Positive relationships provide emotional support and help children and young people feel secure as they navigate the new school year.

Upcoming Online Workshops

Workshop	Date and Time
Back to School for Primary Children	Friday 18th September 12:00 -13:15
Supporting Your Young Person with Emetophobia	Tuesday 6 th October 12:00-13:15
Supporting Anxiety in Adolescents	Friday 16 th October 12:00-13:30
Supporting Positive Behaviour	Tuesday 20 th October 12:00-13:30
Autism and Children	Monday 9 th November 12:00-13:30
Understanding SEND	Wednesday 11 th November 12:00-13:30
Understanding & Supporting Toileting Difficulties in Children	Wednesday 18 th November 10:30-12:00
Social Media and Self-Esteem in Young People	Wednesday 25 th November 12:00-13:30
Autism and Adolescents	Wednesday 16 th December 12:00- 13:30



Scan the QR Code to sign up to a workshop!



Promoting hope & wellbeing together

