



# St Joseph's Catholic Primary School

## Weekly Newsletter

### Friday 12th March 2021



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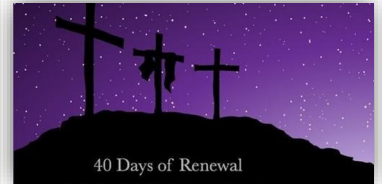


#### First week back

Everyone at school is thrilled to have had the children back at school this week; maybe not as thrilled as the parents who I literally saw skipping down the road after dropping off their children. After some settling in time, the children have been hard at work and I complement them on their application. Well done to all!

#### Nut Free school

Now that we are all back it is important to remind everyone about food that is being brought in to school e.g. packed lunches and snacks. We are a 'Nut Free' school because we have children and staff who are allergic to peanuts and treenuts. I can't guarantee a truly nut free environment but we must all do our bit to make our school as safe as it can be for children and adults in our community who may suffer an allergic reaction.



**Sunday 14th March 2021**

**Fourth Sunday in Lent**

**Gospel John 3: 14 - 21**

*"For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life."*



#### Lent

This week, some of the Year 6 children joined in with other children from our Deanery as part of our Deanery's 'Fratelli Tutti' – breaking borders prayer session. This session had a Lenten slant to it.

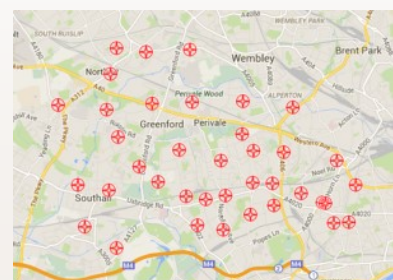


The children in Years 1-6 who were learning from home during lockdown have all now had their Catholic Children's Society collection boxes to fill with coins. A lovely way to collect money is to forego e.g. a chocolate bar or a bag of crisps and put the money in the box instead; a good way of developing the children's understanding of personal 'sacrifice' to help others.

#### Ealing Deanery Schools' Virtual Pilgrimage

Please remember about our virtual pilgrimage during Lent. So far, 37 families have begun the virtual pilgrimage, I am sure many more will take part as we get closer to Easter. Click on the link below to take part and donate a coin to the Catholic Children's Society.

<https://forms.gle/SFjqXKF4mVdpT2SS6>



## Online Learning survey



Thank you to all parents who have given their honest and important feedback on our online and remote learning provision. If you have not done so yet, please take a few minutes to fill out the survey. The survey closes on Sunday evening.

<https://www.surveymonkey.co.uk/r/6CKR3FG>

## TfL apology

The people at TfL humbly apologise for their error with an email address. Please continue to upload the amount of steps by midday on Mondays. The correct email address to use is

[Ambassadors.Teams@mtrel.co.uk](mailto:Ambassadors.Teams@mtrel.co.uk).

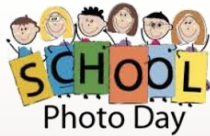
Remember to include the child's first name and initial of surname, the class and the daily number of steps taken for that week.



## Photos

The photographer was in yesterday and it was lovely to see so many children with smiling faces again.

The class photos will be available soon so please look out for the envelopes when they arrive.



## Reception Toilet Block refurbishment

The builders have been hard at work. They have widened access into what will be a new shower room and toilet with wheelchair access. What will be the girls' toilets have had the tiles taken off and channels have been dug for waste outlets. Final picture shows the beginnings of the boys' toilet walls being put up.



### **In the event...**

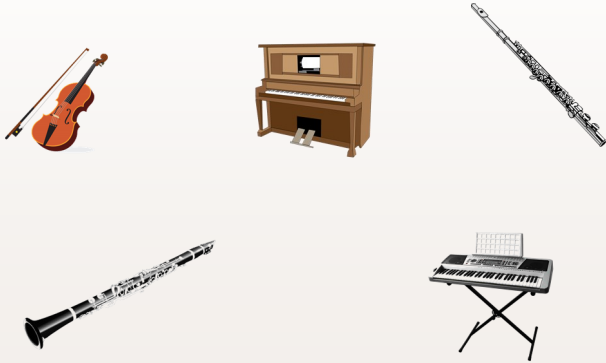
In the event that somebody in your household wakes up with a fever ( $>37.8^{\circ}\text{C}$ ), or a new, continuous cough or a loss of the sense of smell or taste do not send your child to school. Immediately inform the school via email or phone and then book a test for the person. The whole household must then self-isolate. If the test returns negative and nobody has any ongoing symptoms, the child can return to school and the household no longer needs to self-isolate. If a positive result is returned, the household must self-isolate for 10 days and resume normal activity after 10 days as long as they have been symptom free for 48 hours.



If your child has a sniffle, runny nose or is sneezing, they are not coronavirus symptoms and your child should come to school if well enough.

### **Instrument Lessons**

**If your child is NOT going to be continuing with their instrument lessons in the summer term, please let the office know as soon as possible.**



### **Parents Please Look After Your Children**

I know parents have been excited to see each other at the school gates after not seeing each other for so long. However, yesterday a Police patrol had to remind one of our parents to look after their child who they saw as being 'unattended'. Please be mindful of where your children are at all times; York Avenue can be very busy with cars. According to COVID-19 restrictions in force currently, we should not be meeting in groups. I remind parents of a previous request to vacate the area immediately after drop-off and pick-up.

### **Laudato Si' project – Caring for our common home.**



Today, Friday 12<sup>th</sup> March, is 'Plant a flower' Day. Planting flowers has environmental benefits. According to Project Green, plants help to remove pollutants from the air. During the process of photosynthesis, the flowers' leaves absorb carbon dioxide and release oxygen. Plants such as trees or flowers are also shown to have a positive impact on people by increasing a person's overall feeling of wellbeing and fostering a sense of pride in their surroundings. It will also help to keep pollinators such as bees and wasps busy in the spring and summer.

**Challenge: Buy some seeds and plant them in a plant pot or in the garden. Help your family to prepare the garden or window boxes for planting this spring. Can you take on the responsibility of remembering to water your plants?**

Why not take a photo and send it in with your child to their class teacher to encourage others to play their part too?

**Let's make a difference – together!**

## Celebrations

Headteacher awards are presented each week to children who the staff think have put that little bit of extra into their work. Well done to the children listed below:

Class	Name	Reason
1B	Mila-Mae	For a fantastic improvement in her focus, effort and learning.
1S	Adam	For incredible improvement in independent writing!
1SW	Carina	For an excellent attitude to her learning.
2AL	Sarah	For working hard in all lessons and making sure her work is neatly presented.
2B	Jethya	For the excellent focus she has shown this first week back!
2SL	Yasmin	For always contributing so thoughtfully during 2SL 'Class Time'.
2SL	Mateusz	For a brilliant start back to school after the lockdown. Keep up the great efforts!
3AR	Sophie	For a wonderful rhyming poem about Beegu.
3DS	Jasmine	For excellent expression when reading the poem 'The Spider and The Fly'.
3DS	Lilly	For excellent expression when reading the poem 'The Spider and The Fly'.
3SR	Oliver	For his consistent effort to improve his reading.
4B	Charlie	For his excellent return to school poster.
4C	Gabriella	For a great return to school attitude-ready for learning.
4S	Emma	For making a fantastic transition back to school.
5B	Poppy	For showing great perseverance with her maths work this week!
5S	Dawid	For going out of his way to be helpful at all times!
5W	Cole	For showing a positive attitude to returning to school.
6B	Ethan	For his detailed artwork when creating a Blitz Silhouette.
6I	Eric	For thoughtful contributions to the vocabulary lesson.
6J	Ailish	For fantastic participation in our English lesson on how to build suspense and tension in writing.

Good Disciple awards are given to children who have shown exceptional love and kindness to fellow pupils and are helping to build God's kingdom here and now. Well done to the children listed below:

Phase	Name	Reason
Lower	Sophia	For being a great role model.
Middle	Dacya	For always being considerate of children's feelings both in the classroom and on the playground.
Upper	Marcel	For showing kindness and friendship to lots of children in Year 6.





## Supporting Your Child or Young Person to Return to School

After being off school for so long, it is only natural that many young people will be worried about returning to school. Here are some tips on how to support your child or young person's return to school

**1. Talk to your child about how they are feeling about going back to school** and try not to make assumptions. Ask them if they are worried or feel scared about anything, but also if they are excited about or looking forward to something. No matter how your child feels, let them know that it is completely normal to feel a mixture of emotions and that everyone will be in the same boat. Here are some conversation starters [https://drive.google.com/file/d/1HjBp\\_e-11n241RHHuJlq5LUuV8h6nnyf/view?usp=sharing](https://drive.google.com/file/d/1HjBp_e-11n241RHHuJlq5LUuV8h6nnyf/view?usp=sharing)

**2. Provide your child with as much information about their new routine and school day as you can.** This will help them to prepare for any changes that have been made to the timings of their day, the layout of their classroom, their peer groups and playtimes. For younger children, it can be really helpful for them to visualise these changes – so ask your child's school if they can send any pictures to help make things feel more familiar.

**3. Reassure your child.** During the lockdown we have been told to stay at home, remain socially distant from others and wash our hands regularly. This means children may find it difficult to go back to school because it will be a huge change from what they have been asked to do during the pandemic. Talk with your child about ways they can stay safe at school, such as washing their hands before and after eating, and reassure them that the school are putting measures in place to keep them safe.

**4. Re-establish a routine to help ease into school life.** During lockdown it is understandable that your family's routine may have changed. Children are likely to have been waking up later or going to bed later. To help them get ready for school, try to gradually get them back into their usual morning and bedtime routines as they get closer to their return date.

**5. Don't put pressure on yourself.** The transition back into school is likely to take some time. Lots of children will experience ups and downs. Try your best to support, reassure and comfort them, without putting pressure on yourself to make sure their homework is done or they settle into a new routine straightaway.

**6. Think ahead.** As well as reflecting on what has happened during the past few weeks, it is important to help children develop hope and a sense of excitement for the future. At a time like this, it can be hard to feel positive, but identifying the things that they can look forward to will help them to realise that the current situation won't last forever and their feelings will change.

**7. Seek support if you need it.** Transitioning back to school after being in lockdown is no easy task. You may find that your child struggles to get back into school or experiences difficulties while they're at school. If this is the case, reach out to your child's school as soon as you can so that you can make them aware of the challenges and work together to support your child. If you are concerned about your child's mental health we are here to help

ESCP is a subsidiary of the Schools Counselling Partnership  
[www.schoolscounsellingpartnership.co.uk](http://www.schoolscounsellingpartnership.co.uk)





### March Shopping List

- UHT Milk – *Semi Skimmed or Full Fat, **not** Skimmed*
- Long Life Fruit Juice & Squash
- Pasta Sauce / Cook in Sauce
- Tinned Fish
- Savoury Biscuits & Crackers
- Ready Made Custard – *tins or cartons*
- Vegetarian Chilli & Curry
- Instant Drinking Chocolate
- Shower Gel / Hand Soap / Hair Shampoo
- Nappies – size 5 & 6

***Thank you!***

***Keep up to date with @EalingFoodbank on***

