



St Joseph's Catholic Primary School

Weekly Newsletter

Friday 14th June 2024



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First Holy Communion Celebration

On Tuesday, we celebrated our Presentation Mass. Our First Holy Communicants were dressed in their finery for the occasion and looked very smart. In the afternoon, the children celebrated with a party. The children in Year 2 also went to the mass to watch and learn for next year. Thank you to all who took an active part in the mass and to Mr Brooks for his musical accompaniment. Thank you also to Miss Reddin for organising the special event.



Sunday 16th June 2024

Gospel: Mark 4:26-34



In a parable, Jesus notes the mysterious miracle of growth and fruitfulness

Jesus said to the crowds, "The kingdom of God is as if someone would scatter seed on the ground, and would sleep and rise night and day, and the seed would sprout and grow, he does not know how. The earth produces of itself, first the stalk, then the head, then the full grain in the head. But when the grain is ripe, at once he goes in with his sickle, because the harvest has come."

He also said, "With what can we compare the kingdom of God, or what parable will we use for it? It is like a mustard seed, which, when sown upon the ground, is the smallest of all the seeds on earth; yet when it is sown it grows up and becomes the greatest of all shrubs, and puts forth large branches, so that the birds of the air can make nests in its shade."

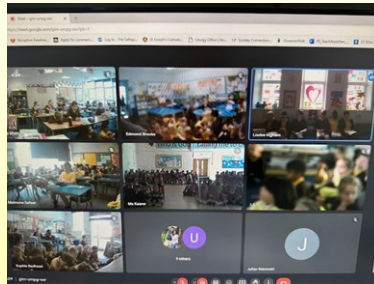
Priest Visit

This week, Fr. Julio came to visit the children in our morning Nursery class. Fr. Julio spoke to the children about his role as a priest and how we fit in to our parish community. He also showed the children some of the 'tools of his trade' and explained how they are used during the Mass. Children also had an opportunity to pose questions related to their learning. Thank you to Father Julio for coming to visit and thank you to Ms. Martin for organising.



Fratelli Tutti

On Wednesday, it was our turn to lead our Deanery of schools in prayer. Our Pupil Chaplains delivered a lovely, prayerful session to the watching Deanery on the 'Enormity of God's love'. It was fitting therefore that the session took place in the Sacred Heart room with the stained-glass picture featuring prominently in the background. Thank you to the Year 6 Pupil Chaplains, Milly, Clodagh, Zak, Alice, Mya, Lilly, David and Martina. Thank you to Mrs. Ingham for organising the children.



Talented Musical Family

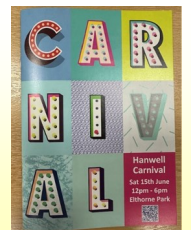
The Fernandes family are a very talented musical family. They have put together a piece on YouTube. I attach the link below for you to have a look at. Well done to mum, Ezekiel and Elijah.

https://youtu.be/TdOkQoPut4?si=2LA1_hJyaDiCH5Wv



This Weekend

Stuck for something to do this weekend? Head down to Elthorne Park for the Hanwell Carnival on Saturday, 12pm - 6pm. Lots of family fun to be had - Animal Zone, Craft Stalls, Fun Fair, Dog Show, Food and Drink.



Looking after your child's eyesight

We have received a communication from Ealing that they would like shared with our parent body about the importance of checking your child's eyesight. I attach it to the back. With lots of children being glued to large TV sets and sitting too close or using tiny screens for gaming in the evenings tiny little eyes become strained. All children under 16 are entitled to a **free** NHS eye test. Click the link below to find your nearest optician: <https://www.nhs.uk/nhs-services/opticians/>



Sports Days

Although the Upper Phase Sports day was postponed due to the overnight rain which would have made the grass too slippery to run on and too uncomfortable to sit on, the Middle and Lower Phase Sports Days took place. Look at the pictures below to see how much fun was had by all. Upper Phase and Nursery will be reported in next newsletter.



Newly Formed Cardinal Wiseman PTA

The newly formed PTA at Cardinal Wiseman is holding a race night on the 5th July (at the school) in order to raise money for the children. Please have a look at the poster at the back of this newsletter and support the event if you can. Sounds like a lot of fun!



Family Support Workshop

Gentle reminder about the upcoming Family Support Workshop being held in school. The workshop will take place at 9am on Tuesday 18th June in the Dance Studio. All parents are welcome. This workshop will provide parents and carers with space to explore common challenges, learn new strategies and share with others. Please have a look at the flyer attached at the back.



Parenting Team

The Ealing Parenting Team have the following parent workshops taking place in June and July:

- Internet Safety – 18th June 2024
- Understanding Your Emotions and Managing your Responses – 25th June 2024
- Dental Hygiene and Early Intervention – 2nd July 2024
- Building Healthier Relationships – 16th & 23rd July 2024 (in two parts)

Parents can find more details on the flyers attached to the back of this newsletter. All workshops run online from 10am-12pm via Microsoft Teams.

Cooking Club

Last week saw the children in the cooking club create wonderful sweet treats. The children worked hard at the recipe and the fruits of their labours were no doubt eaten quickly when they were done. There will be sign up availability for the autumn term soon.



Catholic Social Teaching

We believe every human person is made in the image and likeness of God. This is a gift that we all share as fellow human beings; we are all infinitely loved by our Creator. God is present in every human person, regardless of religion, culture, nationality, orientation or economic standing.



Challenge:

Think about these words from the Bible.

"I chose you before I gave you life, and before you were born I selected you to be a prophet to the nations."

Jeremiah 1:5

Draw yourself on a piece of paper. Around your image or underneath it write down one thing that is wonderful about you.

Please hand in your drawing to your Class Teacher by **Thursday 20th June**.

Celebrations

Religious Education Work of the Week awards are given to children who have shown that bit of extra effort in their RE lessons that week.

Class	Name	Reason
Nursery	Tilly	For talking about the parish and out church.
RB	Emilie	For joining in during Hymn Practice and showing her enjoyment. Well done!
RH	Sara	For always singing beautifully during Hymn Practice. God hears your praises!
RL	Charlotte	For being a fantastic prayer leader for the class. Well done!
1AP	Fabian	For his wonderful participation in class discussion about what makes us all so special.
1EB	Anna	For her work about what makes her special.
1SR	Lucas	For great participation when leading class worship with his group.
2AB	Elias	For thoughtful work linked to our Catholic Social Teaching on 'Dignity'.
2AF	Tatiana	For her lovely work all about what it means to be treated with dignity and what makes everyone special throughout Catholic Social Teaching.
2JB	Audrey-Lorraine	For her understanding of how Muslims live and act in their daily lives.
3AR	Scarlett	For a great understanding of the word 'dignity'.
3DB	Chipso	For being a wonderful prayer leader in class.
3M	Joseph	For independently writing an excellent poem based on dignity.
4AS	Olivia	For thinking carefully about the important religious vocabulary and meanings.
4GS	Zofia	For great understanding of having sinned, felt guilty, went to confession and linking it to The Commandments. Well done!
4S	Isabelle	For a fantastic re-enactment of the Sacrament of Reconciliation!
5AL	Resa	For creating a wonderful research 'fact-file' about Mother Teresa and her love of God.
5AS	Zuzanna	For describing how we can live as one of God's people.
5CR	Lena	For thinking and responding appropriately in our RHE lesson this week.
6LI	Mya	For her thoughtful contributions to class discussions in all RE lessons.
6MS	Wiktor	For his super title page for our new topic, 'Healing'.
6WL	Zara	For taking pride in the presentation of her RE book; her 'Healing' vocabulary page was beautiful.

Headteacher awards are presented each week to children who the staff think have put that little bit of extra into their work. Well done to the children listed below:

Class	Name	Reason
Nursery	Chelsea	For being a kind and understanding friend.
RB	All of Butterflies	For showing fun and sportsmanship in Sports Day. Well done!
RH	Samuel	For making fantastic progress in reading!
RL	All of Ladybirds	For trying their very best on Sports Day. Well done!
1AP	Antoni	For his brilliant story map of The Snail and the Whale.
1EB	Fiachra	For a great job at Sports Day following the rules independently.
1SR	Adam	For fantastic running and team work in Sports Day.
2AB	Marcelina	For excellent rapid recall of her 'Times Tables'.
2AF	Marie	For her wonderful History work all about what the astronauts did when they landed on the moon.
2JB	Elly and Jarvoise	For their class-winning piece of space-themed art.
3AR	Eliana	For being a great team player during Sports Day, well done!
3DB	Nathan	For being a great role model during sports day practices.
3M	Nichelle	For working hard to achieve your individual goals every day.
4AS	Antonia	For being a kind and considerate member of the class.
4GS	All of 4GS	For a fantastic Collective Worship Celebration Assembly, where you read clearly, danced skilfully and sang beautifully. Well done!
4S	Euan	For fantastic understanding of 2-step word problems in Maths!
5AL	Jethya	For working hard and producing excellent work in all lessons.
5AS	La'Kel	For making massive improvements in his attitude towards learning.
5CR	Yeva	For showing brilliant locational knowledge of the countries in Europe!
6LI	Allianah	For consistently working hard, demonstrating a mature attitude, across all Yr6 activities.
6MS	Ethan	For showing his excellent scientific knowledge with the class in our lesson about inheritance.
6WL	Milla	For producing excellent work, listening to feedback and always trying challenges throughout the year – fab!

Good Disciple awards are given to children who have shown exceptional love and kindness to fellow pupils and are helping to build God's kingdom here and now. Well done to the children listed below:

Phase	Name	Reason
Lower	Karol	For taking turns and sharing toys with others.
Middle	Oliver 2AF	For always being a kind and considerate member to all in 2AF.
Upper	Alicja 4AS	For showing courage and believing in herself when practising for dance.

Love Learn Believe

CARDINAL WISEMAN PTA

Race Night

Raffle!



School Hall
Friday 5th July



Doors open at 6:30pm
First race starts at 7:30pm
Event ends at 11pm

£10 PER PERSON ENTRY WITH COMPLIMENTARY DRINK

CURRY & RICE BOWL £6 (PRE-BOOKING REQUIRED)

DRINKS AND SNACKS AVAILABLE FOR PURCHASE
(Cash preferred)

Prize for the best race outfit!

TO BOOK EMAIL:

ptawiseman@gmail.com

Adults Only



Connect -Ed
Mental Health Services for Schools

**FAMILY
SUPPORT
WORKSHOP**

In-person workshops designed to enhance family emotional wellbeing, specifically tailored for parents and caregivers.



**SUPPORTING YOUR CHILD'S EMOTIONAL
WELLBEING**

Connect-Ed delivers mental health support at St Joseph's RC Primary school. This workshop will provide parents and carers with space to explore common challenges, learn new strategies and share with others.

**COME JOIN US ON TUESDAY THE 18TH OF
JUNE FROM 9AM TO 10AM**

Connect-Ed
Mental Health Services for Schools

Disclaimer St Joseph's Catholic Primary School is happy to use the newsletter to support activities, events and publications. However, we have not vetted these services and are not specifically recommending them.

June 2024

Dear Parent / Carer

Looking after your child's eyesight

Checking vision (eyesight) in children is very important especially for their learning and development, therefore it is beneficial to test **all** children's vision, especially at the beginning of fulltime education (reception) to help identify any children with reduced vision (amblyopia) or any significant vision loss; and offer treatment in a timely manner in order to reduce the risk of permanent visual impairment.

Possible signs of eye problems in children include:

- Sitting too close to the TV
- Rubbing eyes a lot
- Holding objects very close to the face
- Blinking a lot
- Eyes not looking in the same direction (squint)
- Getting headaches
- Struggling with hand eye co-ordination e.g. being more clumsy than usual

Tips for looking after children's eyesight include:

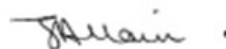
- Get screens in the right position, e.g. have your computer screen at eye level
- Don't sit too close to screens, have them about an arm's length away
- Take regular breaks from staring at the TV screen or other devices e.g. iPad
- Try to get as much time playing outdoors as possible
- Try not to watch films on a small screen e.g. a phone; as staring at a small screen for a long time can strain your eyes
- Don't watch any type of screen in a dark room

All children under 16; or under 19 AND in fulltime education are entitled to a FREE NHS eye test.

We recommend that parents/carers take their children to visit their local optician. Please click the link to find your nearest opticians <https://www.nhs.uk/nhs-services/opticians/>



Anna Bryden
Director of Public Health London Borough of Ealing



Jackie Allain
Director of Operations, Central London Community Health

FREE

online parenting workshop



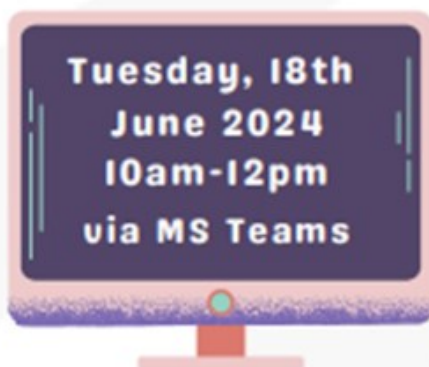
INTRODUCTION TO INTERNET SAFETY



This workshop will look at the positive & negative ways children use the internet today and what parents & carers need to know to be proactive in keeping them safe online.

Learn tips on how to create open dialogue about internet use, and discuss strategies & resources available to address internet safety issues at home

This workshop is aimed at parents of children aged 13 & under



email parentingserviceadmin@ealing.gov.uk to register or for more info



**SUPPORTIVE
ACTION FOR
FAMILIES IN
EALING**



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FREE

online parenting workshop

UNDERSTANDING YOUR EMOTIONS AND MANAGING YOUR RESPONSES



This workshop is designed to provide you with practical tools and strategies to understand your emotions, identify triggers and effectively manage your responses in various situations. This in turn will reduce impulsive reactions that can keep conflict going in your relationships

This session is aimed at parents/carers of children and young people of all ages

**Tuesday, 25th
June 2024
10am-12pm
via MS Teams**

**Delivered by
Chris Kolade**
- Ealing Parenting Service

email parentingserviceadmin@ealing.gov.uk to register your place



**SUPPORTIVE
ACTION FOR
FAMILIES IN
EALING**



**EALING
PARENTING
SERVICE**

DENTAL HYGIENE AND EARLY INTERVENTION

IN THIS WORKSHOP WE WILL BE TALKING ABOUT:

- THE IMPORTANCE OF BABY TEETH
- BOTTLE CARIES
- TEETH BRUSHING
- VISITING THE DENTIST
- TOOTHPASTE
- HEALTHY FOODS

DELIVERED BY:
ADELE FRANCOIS
ORAL HEALTH
PROMOTER/EDUCATOR

TUESDAY 2ND JULY
10AM-12PM
MICROSOFT TEAMS



THIS SESSION IS AIMED AT PARENTS/CARERS OF CHILDREN
OF EARLY YEARS AND PRIMARY AGE GROUPS

TO BOOK YOUR PLACE, EMAIL PARENTINGSERVICEADMIN@EALING.GOV.UK



**SUPPORTIVE
ACTION FOR
FAMILIES IN
EALING**



**EALING
PARENTING
SERVICE**

FREE

online parenting workshop

PARENTING TOGETHER WORKSHOP SERIES

BUILDING HEALTHIER RELATIONSHIPS

Delivered by
Chris Kolade
Ealing Parenting Service

Healthy relationships with family members can enhance your life, but they take time to build and need work to keep them healthy.

Join our workshop to look at ways to improve your family connection, whether you are in a relationship or co-parenting

Part 1:
Tuesday, 16th
July 2024
10am-12pm
via MS Teams

Part 2:
Tuesday, 23rd
July 2024
10am-12pm
via MS Teams

email parentingserviceadmin@ealing.gov.uk to register or for more info



**SUPPORTIVE
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**EALING
PARENTING
SERVICE**

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- The No.1 Science Activity Holiday Camp
- For All Boys & Girls Aged 5-12 Yrs
- New Science Programmes Every School Holidays
- Find Your Closest Location Online in Under 10 Seconds

SUMMER CAMP

July-August 2024 | 7 Weeks Available | Monday-Friday

Four Out-of-this-World Science-Week Topics to Choose from:



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Childcare Vouchers
GTFCC, CGPS,
Universal Credit
Accepted

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Or Call:
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FUN, Hands-On,
Science Experiments
with Take-Homes In
Every Activity Week!

Early Bird
and
Multi-Book
DISCOUNT!

★★★★★
"BEST CAMP EVER"

Read Parent Reviews at:
feefo ★★★★★
Independent Service Rating

Scan Me!



SUMMER CAMP 2024 Information

In each week of Summer Holiday Science Activity Camp, your children enjoy over 50+ premium hands-on, science activities and special demonstrations with take home experiments in Chemistry, Biology and Physics!

- Open to Children: ages 5-12 years
- Venues: Across London (look right>)
- Times: 9am - 3:30pm

Earliest drop off 8:30am; latest collection 4pm

- **FOUR Fantastic Science Activity Weeks:**
Science Explorer! Science Factory!
Science Academy! Science Forces!

- **Dates:** see website for dates running at your location

- Week A: Mon 08 - Fri 12 July 2024 (5 days)
- Week B: Mon 15- Fri 19 July 2024 (5 days)
- Week C: Mon 22 - Fri 26 July 2024 (5 days)
- Week D: Mon 29 July - Fri 02 August 2024 (5 days)
- Week E: Mon 05 - Fri 09 August 2024 (5 days)
- Week F: Mon 12- Fri 16 August 2024 (5 days)
- Week G: Mon 19 - Fri 23 August 2024 (5 days)

- **Day Places:** see online booking form for details.

Early Bird
and
Multi-Book
DISCOUNT!

VENUES Serving:

- NW London**
- Barnet
 - Brent
 - Camden
 - Ealing
 - Harrow
 - Hillingdon
 - Westminster

- SW London**
- Kensington
 - Hammersmith and Fulham
 - Hounslow
 - Kingston
 - Merton
 - Richmond
 - Sutton
 - Wandsworth

- NE London**
- City of London
 - Enfield
 - Hackney
 - Haringey
 - Islington
 - Newham
 - Tower Hamlets
 - Waltham Forest

See website for full list...



Book online at:
www.mnature.co.uk

Or call us today:
020 8863 8832



Parent Testimonial:

"Science Camp has inspired my child to learn more. He adores it which says a lot about the activities. It was incredibly reassuring to know he was in good hands - Highly recommend" -
Read more reviews online...

Did You Know?
we also do
**THE BEST
BIRTHDAY PARTY
EVER!**