



St Joseph's Catholic Primary School

Weekly Newsletter

14th November 2025



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Armistice Day

On Tuesday, we marked Armistice Day along with everybody else in the country. We all paused in circles for the two-minute silence at 11am to remember those who gave their lives in the First and Second World Wars, and every conflict since. The children were most respectful of the occasion and some made poppies to remember the occasion.



Sunday 16th November 2025

Gospel: Luke 21:5-19



Jesus warns his disciples to beware of false prophets

When some were speaking about the temple, how it was adorned with beautiful stones and gifts dedicated to God, Jesus said, "As for these things that you see, the days will come when not one stone will be left upon another; all will be thrown down." They asked him, "Teacher, when will this be and what will be the sign that this is about to take place?"

And he said, "Beware that you are not led astray; for many will come in my name and say, 'I am he!' and, 'The time is near!' Do not go after them. "When you hear of wars and insurrections, do not be terrified; for these things must take place first, but the end will not follow immediately."

Then he said to them, "Nation will rise against nation and kingdom against kingdom; there will be great earthquakes and in various places famines and plagues; and there will be dreadful portents and great signs from heaven.

"But before all this occurs, they will arrest you and persecute you; they will hand you over to synagogues and prisons and you will be brought before kings and governors because of my name. This will give you an opportunity to testify. So make up your minds not to prepare your defense in advance; for I will give you words and a wisdom that none of your opponents will be able to withstand or contradict. You will be betrayed even by parents and brothers, by relatives and friends; and they will put some of you to death. You will be hated by all because of my name. But not a hair of your head will perish. By your endurance you will gain your souls.

Road Safety Week

by  Brake, the road safety charity

Road Safety Week

The Y5 travel ambassadors have organised a competition for Road Safety Week (17-21 November). Next week is Road Safety Week and the theme is 'Be Bright Be Seen'. The Year 5 TFL Explorer Ambassadors have organised a 'Brighten Your Bear' competition. The winning entry will get to take Neo the bear home with them. Design a hi-vis or reflective outfit for your favourite soft toy. One winner per phase.



Ideas for materials: foil, bright paper or card, shiny wrapping paper, old crisp bags (inside is silver), shiny stickers. If your child would like to enter, please email your photo to year3@stjcp.education or bring in a printed copy instead. Deadline **Friday 21st November**. Thank you to Mrs Day for organising.

National Recycling Day at St. Joseph's

Did you know that November 15th is National Recycling Day? It's a special time to reflect on how we can all make a difference by reducing waste and protecting our planet. At school, we're proud to be part of the movement—and leading the way is our enthusiastic Year 6 Recycling Team! This dedicated group has taken on the important task of promoting eco-friendly habits throughout our school. They've already launched several exciting initiatives, including our Weekly Classroom Recycling Checks – Making sure each room is sorting paper, plastics, and waste correctly. The Year 6 team is a fantastic example of student leadership in action, and we're proud of the passion and responsibility they bring to their role. Let's all take a moment this National Recycling Day to recommit to greener habits—every little action counts!

Together, we can build a cleaner, more sustainable future. Thank you to Ms Martin for promoting the cause!



Ms. Delaney's tip is When you go food shopping, buy an extra tin to share with others. Even a small act of kindness can help someone in need and make a big difference



Anti-Bullying Week 2025

This week we celebrated Anti-Bullying Week at school. Mrs Day organised lots of activities for the children to do throughout the week. On Monday we started with Odd Sock Day. The children came to school with odd socks to represent that we are all different and to celebrate what makes each of us unique – and to reinforce the idea that differences are something to be celebrated, not bullied.

The rest of the week were filled with other activities; ask your child about what activities they did. Thank you again to Mrs Day and also the rest of the staff who planned activities.



Rugby

We at Grasshoppers are trying to get girls involved in playing sport; specifically, Rugby. It's a really fun thing for girls to do, and especially for some who have not thrived with other sports. Please see the flyer at the back.



Ealing Foodbank

Hello from Ealing Foodbank. Thank you so much for your support. Last month we were able to serve almost 3400 people with three days worth of long life foods. We're still in desperate need of donations of food. Here is our list of our most needed items this month. If you're not able to drop off donations, you can also purchase food items to be delivered directly to us on <https://givetoday.co.uk/ealingfoodbank/>



Thank you so much for your support! Flyer at the back of newsletter.

ISS

On Tuesday 11th November, ISS provided a lovely taster session for parents in the junior hall. A small group took the opportunity to sample what your child eats at school in the new October menu. Feedback was all good! Thank you to ISS for putting on the session.



Our Lady and St Joseph's Christmas Bazaar

Please support Our Lady and St. Joseph's Church Christmas Bazaar on Saturday 6th December from 12pm to 3pm. Raffle tickets were sent home with the children last week, please return the ticket stubs and cash to the office. Thank you! See the flyer at the back of the newsletter.



PTA Break the Rules Day

Please see the back of the newsletter for information about Break the Rules Days in school. The first one is Crazy Hair Day on Friday 21st November—children to bring a gift for a female. I look forward to seeing all the crazy hair creations!



Toddler Group

New second half of our autumn term dates for the Toddler Group meetings is out. Upcoming sessions will be 11th and 25th November and 9th December 2025. Please see flyer at the back for more information.



Flyers at the back

Ealing Mental Health Support Team - Over the Autumn term, Ealing Mental Health Support Team will be running a variety of workshops for parents and carers of children who attend a school in Ealing. Please see the posters at the back of this newsletter.

Art Therapy sessions

Online workshop in Polish about Emotions and Behaviour on Thursday 20th November at 1pm.

Celebrations

Religious Education Work of the Week awards are given to children who have shown that bit of extra effort in their RE lessons that week.

Class	Name	Reason
Nurse-ry	Finn	For talking about Remembrance Day.
RB	Mila	For showing good understanding of Baptism.
RL	Adam	For trying his best during Hymn Practice. Well done!
1EB	Jan	For showing good understanding of the Annunciation story.
1AP	Siobhan	For her brilliant re-telling of the Annunciation story and her understanding of why it was important for Mary to say yes.
2AF	Maya	For her wonderful work on why a white garment is worn during Baptism.
2SR	Camilla	For her thoughtfully designed and well explained white garment that could be used in Baptism.
2AS	Yesandi	For showing excellent understanding of symbols seen during Baptism.
3DB	Adrianna	For creating a delightful 'Litany of Saints'.
3GS	Amelia	For coming up with a great Litany prayer to many Saints including St Carlo. Well done!
3AR	Penny	For creating her own Litany of Saints prayer that could be used at Baptism.
4JB	Anastasia	For her excellent engagement and enthusiasm in learning about Jesus calling his disciples.
4AS	Akira	For producing an informative and well designed leaflet about the Sacrament of Confirmation.
4S	Ben	For his beautifully designed and detailed Confirmation leaflet.
5AL	Darragh	For creating a wonderful poem about waiting in hope.
5MM	Monika	For a fantastic poster around volunteering in our local community.
5CR	Albie	For thinking about and drawing some great pictures that link to his new Key Vocabulary!
6LI	Cara	For giving examples of the commitment people show in their jobs.
6MS	Jack	For his excellent explanation of the effect Baptism had on Jesus.
6WL	Carla	For a super piece of writing, using scripture, to describe Jesus' baptism and the 'calling' of Andrew.

Celebrations continued

Headteacher awards are presented each week to children who the staff think have put that little bit of extra into their work. Well done to the children listed below:

Class	Name	Reason
Nursery	Aniela	For coming to school with greater confidence.
RB	Evie	For having a super attitude towards her learning. Well done!
RL	Aurora	For always having a positive attitude in phonics and now writing CVC words independently.
1EB	Daisy	For her super progress in her reading. Keep it up.
1AP	Hanna	For her brilliant piece of writing about Remembrance Day.
2AF	Claire	For always being polite and respectful to others.
2SR	Charlotte	For writing a great summary of Little Red Riding Hood for our Traditional Tales topic.
2AS	Ted	For showing excellent addition and subtraction skills.
3DB	Zuzanna	For showing great perseverance when learning column subtraction with exchanging.
3GS	Omojade	For showing kindness and be willing to give up her part in the assembly for a friend. How lovely!
3AR	Hayden	For excellent work when using the column method for subtraction.
4JB	Nathaniel	For a great pneumatic moving toy.
4AS	Aiden	For settling into your new class with such positivity and enthusiasm, right from the start.
4S	Taro	For planning an imaginative and suspenseful story to capture the reader's interest!
5AL	Shaynie	For improving her focus and trying hard to complete more work in class.
5MM	Scarlett	For showing great perseverance in all areas of her learning.
5CR	Arianna	For great enthusiasm and focus in her Geography lesson this week.
6LI	Kaiden	For extra effort with home reading.
6MS	Semhal	For great focus and determination in her fractions work this week. Well done!
6WL	Carina	For producing a super persuasive letter to Jim Jarvis.

Good Disciple awards are given to children who have shown exceptional love and kindness to fellow pupils and are helping to build God's kingdom here and now. Well done to the children listed below:

Phase	Name	Reason
Lower	Yahya RL	For always being kind and caring to everyone.
Middle	Noa 2AF	For always being considerate of others.
Upper	Olivia 4AS Thomas 5CR Julia 6WL	For demonstrating patience and kindness For staying in during breaktime to help in the classroom For offering her own resources to a class member

ST JOSEPH'S TODDLER GROUP

AUTUMN TERM DATES

11TH NOVEMBER

25TH NOVEMBER

9TH DECEMBER

**WE'RE
BACK!**

9.30am – 11.15am

Gates open 9.30–9.40

No entry after this time
due to gate access

The Community Classroom @
St Joseph's Catholic Primary
School, York Avenue,
Hanwell, W7 3HU

Ealing Mental Health Support Team

WORKSHOPS FOR PARENTS/CARERS

AUTUMN TERM 2025



Over the Autumn term, Ealing Mental Health Support Team will be running a variety of workshops for parents and carers of children who attend a school in Ealing.

If you would like to sign up to one of our workshops, please do so on the below website or scan the QR code.



<https://forms.gle/498J1SG2WXZ4q71h9>



If you have any questions, please do email us on: Ealing.mhst@nhs.net

PRE AND POST-ATTENDANCE GUIDE

Step 1

Use our QR code to sign up for a workshop(s) of your choice

Step 2

You will be emailed a Microsoft Teams link several days before the workshop

Step 3

You'll receive another email reminder on the morning of the workshop

Step 4

All workshops start promptly on the time advertised. Please note we cannot guarantee access to the workshop if sign up is on the day so do sign up as early as possible

Step 5

To ensure you receive resources from the workshop you have attended, please complete the feedback form provided at the end of the session



Promoting hope & wellbeing together



SUPPORTING POSITIVE BEHAVIOUR IN CHILDREN This workshop supports parents/carers of primary-aged children. It introduces parents to common behavioural difficulties, factors that influence behaviour and strategies to manage your child's behaviour. Date: 18th September 2025 Time: 10:30am - 11:30am	AN INTRODUCTION TO AUTISM IN ADOLESCENTS This workshop supports parents/carers of secondary-aged children. It aims to introduce parents to the changes and impact of adolescence within autism, equipping parents with strategies to promote positive mental health among autistic teenagers. Date: 26th September 2025 Time: 12pm - 1:30pm	SUPPORTING ANXIETY IN ADOLESCENTS PART 1 This workshop is aimed at parents/carers of young people attending Secondary school who would like to learn more about how to manage anxiety in young people, as well as helping to build their confidence. Part 1 will focus on what anxiety is and how it's maintained. Date: 1st October 2025 Time: 12pm - 1:30pm
INTRODUCTION TO OCD This workshop is aimed at parents/carers of Primary and Secondary school-aged children who would like to learn more about the signs and symptoms of Obsessive Compulsive Disorder (OCD) and ways of supporting young people to fight back against compulsive behaviours. Date: 3rd October 2025 Time: 11am - 12:30pm	UNDERSTANDING BEHAVIOUR FOR CHILDREN WITH ADDITIONAL NEEDS This workshop is aimed at parents/carers of children attending Primary and Secondary. The workshop introduces how and why behaviours may occur in children with a range of additional needs, and how to support positive behaviours in children. Date: 10th October 2025 Time: 12pm - 1:30pm	SUPPORTING APPROPRIATE TECHNOLOGY USE IN CHILDREN This workshop supports parents/carers of primary-aged children. It introduces parents to strategies in managing and promoting healthy technology use in their child/young person. Date: 16th October 2025 Time: 12pm - 1pm
SOCIAL MEDIA AND SELF-ESTEEM IN CHILDREN AND YOUNG PEOPLE This workshop is aimed at parents/carers of Primary and Secondary school-aged children. It will explore the top tips for using social media, signs of positive and negative self-esteem, tips to support healthy self-esteem, and the relationship between social media and self-esteem. Date: 22nd October 2025 Time: 10:15am - 11:30am	SUPPORTING ANXIETY IN ADOLESCENTS PART 2 This workshop is aimed at parents/carers of young people attending Secondary school who would like to learn more about how to manage anxiety in young people, as well as helping to build their confidence. Part 2 will focus on strategies to manage anxiety in teens. Date: 12th November 2025 Time: 12pm - 1:30pm	AN INTRODUCTION TO AUTISM This workshop is aimed at parents/carers of children attending Primary and Secondary, who would like to know more about Autism and how to support children where Autism may be suspected or diagnosed. Date: 18th November 2025 Time: 12pm - 1:30pm
SUPPORTING FRIENDSHIP IN CHILDREN This workshop is aimed at parents/carers of primary-aged children to provide information to help you support your young person with building and managing friendships, including supporting with social anxiety. Date: 25th November 2025 Time: 12pm - 1pm	TEEN LOW MOOD AND SLEEP This workshop is aimed at parents/carers of secondary-aged children, who would like to know more about what may cause low mood and gain knowledge of strategies that can help to improve low mood and sleep. Date: 1st December 2025 Time: 12pm - 1pm	ADOLESCENT EXAM STRESS This workshop supports parents/carers of secondary-aged children to identify and manage exam stress in adolescents, and will provide strategies to promote wellbeing in students before, during and after exams. Date: 8th December 2025 Time: 12pm - 1pm


Promoting hope & wellbeing together


Disclaimer St Joseph's Catholic Primary School is happy to use the newsletter to support activities, events and publications. However, we have not vetted these services and are not specifically recommending them.

Christmas Fayre

Break The Rules Days

Each December, the PTA organises our beloved Christmas Fayre, where children choose gifts for their loved ones. To support this, we kindly request that each child bring a small gift (maximum £5) on each "Break the Rules" day.

This year, we've provided a list of gift suggestions tailored to your child's year group. We would appreciate a wider variety of gifts for the children to select from, along with a few examples. If possible, please choose a present from this list. Thank you for helping make this event magical!

Friday

21st Nov 2025

CRAZY HAIR DAY



BRING A GIFT FOR A FEMALE

Friday

28th Nov 2025

PYJAMA DAY



BRING A GIFT FOR A MALE

Nursery & Reception > Useful gifts

(purse, wallet, umbrella, travel mug, notepad & pen)

Years 1 & 2 > Bath & Body

(women's cosmetics, toiletries, men's grooming gifts)

Year 3 + 4 > Wearable gift

(Socks, scarfs, gloves, tie, hair accessories)

Year 5 + 6 > Home/DIY gift

(Candles, photo frames, mini tool kit, torch)

Friday

5th Dec 2025

DRESS AS AN ANIMAL



BRING A GIFT FOR A CHILD

Nursery & Reception > 0-5yr boy

Year 1 > 0-5yr girl

Year 2 > 5+ boy

Year 3 > 5+ girl

Year 4 > 9+ girl

Year 5 > 9+ boy

Year 6 > 11+ boy/girl

ART THERAPY



On the following Wednesdays:
19th, 26th November, 3rd, 10th December
9:30 - 11:30am
Hanwell Community Centre,
W7 1PD



Mindfulness - Being in the moment
Anxiety & Stress - Tools to manage anxiety & stress
**Self Awareness - Paying attention to your thoughts
and feelings**
**Self Esteem & Self Compassion - Practise being kind
to yourself**



To request a place call 020 8575 6139 or
email: administrator@empowering-action.org.uk



EASE (Empowering Action & Social Esteem) Ltd
Hanwell Community Centre, Westcott Crescent, W7 1PD
Telephone: 0208 575 6139
www.empowering-action.org.uk
Charity No. 1098965





Zespół Terapii Mowy i Języka w Ealing zaprasza rodziców i opiekunów na warsztaty w języku polskim

- Czy Twoje dziecko ma trudności z odpowiednim wyrażaniem swoich uczuć?
- Czy często nie rozumiesz, dlaczego Twoje dziecko jest złe lub smutne?
- Czy Twoje dziecko potrzebuje wsparcia w radzeniu sobie z emocjami?

Zrozumieć emocje i zachowania u dzieci

Czwartek, 20 listopada,

godz. 13:00-14:00

Zoom (online)

Podczas warsztatów omówimy:

- Zrozumienie, dlaczego dzieci zachowują się w określony sposób
- Jak rozmawiać z dziećmi o emocjach
- Jak wspierać dzieci w regulacji emocji

**Aby zarezerwować bezpłatne miejsce
i otrzymać link do spotkania,
prosimy o wysłanie e-maila na adres:
wlm-tr.bcwealingslt@nhs.net
W wiadomości prosimy podać swoje imię i
nazwisko oraz nazwę szkoły dziecka.**

NHS
Ealing Community
Partners

NOVEMBER

- Tinned Vegetarian Main Meals
- Long Life Milk
- Tinned Chunky Soups
- Tinned Custard/Rice Pudding
- Tinned Chickpeas & Vegetables
- Tinned Fruit
- Peanut Butter/Jam/Honey
- Instant Coffee

You can also purchase our most urgently needed items on GiveToday for delivery straight to us.



Or donate via PayPal. Donations fund food purchases, debt and benefits advice for clients and more.





OUR LADY & ST JOSEPH'S CHRISTMAS BAZAAR 2025

SATURDAY 6TH DECEMBER
12NOON – 3PM

RAFFLE: 1ST PRIZE-IPAD 2ND PRIZE-SMART TV

FACE PAINTING

IRISH COFFEE

REPOSITORY

GAMES & PRIZES

ARTS & CRAFTS

& LOTS MORE

SANTA'S GROTTO: 12.30-1.30PM

CAROLS SUNG BY ST JOSEPH'S SCHOOL CHOIR: 2PM

RAFFLE: 2.30PM

ENTRY

ADULTS – £1

CHILDREN – FREE



GRASSHOPPERS

Rugby

MINIS

GIRLS - free rugby trial sessions

Sundays 09:30 - 11:00
Wednesdays 18:30 - 19:30

Grasshoppers RFC, TW7 5PN

Girls in Year 5 try some free U10s sessions!

INSPIRED BY THE WOMEN'S RUGBY WORLD CUP?

ENJOY PLAYING SPORT? TRY RUGBY AT A 'KIDS FIRST' RUGBY CLUB!

Mini Rugby- a fun-filled
inclusive program to develop
skills, values and friendships

QUALIFIED RFU COACHES (DBS approved),
EXCELLENT FACILITIES & a welcoming club

Joint girls training sessions with
minis & junior girls together



Social events throughout the season- We watched the RED ROSES play at Twickenham in the Six Nations this year!

**For more info, or to confirm attendance
contact Ross Fountain- 07930395014**

TREDS values:

- Teamwork,
- Respect,
- Enjoyment,
- Discipline,
- Sportspersonship

See website for more details about Grasshoppers.

www.grasshoppersrfc.com

Grasshoppers, Syon Lane,
London TW7 5PN. Tel: 020 8568 0010

Follow us on



**Girls Rugby- inspired by the Red Roses?
Love playing sport?**

**Come try rugby- a fun team
game at a friendly club!**



Girls only sessions- U8-U10s girls (school yrs 3-5)

- All abilities & experience welcome. Non-contact rugby
- Fantastic facilities- floodlit artificial grass pitch
- Loyalty cards, stickers & Love Rugby T-shirt



Wednesdays 6pm - 7pm

Grasshoppers RFC, TW7 5PN

Contact for more info: Ross Fountain

Tel: 07930395014

Email: JuniorChair@grasshoppersrfc.com



England
Rugby

**TRY RUGBY
WITH US!**

Visit findrugby.com

CHRISTMAS

Multi-Activity Holiday Camp

**22nd Dec
- 5th Jan
7.45am - 6pm**



**St Mark's Primary
HANWELL**



For all camp dates, venues
and to book your place please visit
www.aktivacamps.com

Aktiva Camps is an OFSTED-registered children's day camp, providing an extensive range of sports and activities for children to enjoy. Aktiva offers children between the ages of 4 and 12 a safe, fun, and friendly holiday camp environment. We encourage children to try new things, building their confidence and broadening their experience™ each and every day. Our programmes are designed to be high-energy, full of variety, and most importantly, fun! Your child(ren) will return home with memories, home-made souvenirs, and new friendships.

**Building confidence
and broadening
experience™**



CHRISTMAS HOLIDAY CAMP AT: St Mark's Primary HANWELL



FULL WEEK SESSIONS

Short Day: 9am to 5pm - £180
Full day: 7.45am to 6pm - £200

DAY SESSION

Short day - £44 Full day - £50
Childcare vouchers accepted

OUR THEME: WINTER WONDERLAND

Present making, Christmas tree
decorations, Elf on a shelf challenges

SPORTS & GAMES:

Football, Dodge Ball, Tennis,
Volleyball, Tag Rugby

Easy Online Booking:

www.aktivacamps.com

Email: bookings@aktivacamps.com