



St Joseph's Catholic Primary School

Weekly Newsletter

16th January 2026



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Basketball

A select group of Year 5 children recently represented our school at a 'basketball festival' held at Alec Reed Academy. During the event, pupils took part in a range of basketball drills and activities designed to develop their skills and teamwork. A key value assessed throughout the festival was honesty, and we are proud to announce that Chipo from 5AL was recognised as the Most Honest Player of the day for St. Josephs. Well done to all involved for representing our school so positively! Thank you to Mr Miller and to Ms Males for accompanying the group.



PTA Annual General Meeting

On Monday 26th January 2026 at 7pm, the PTA will be holding its Annual General Meeting in the Community Classroom. This is an opportunity to hear about the work that the PTA has done and to establish a new committee. Please do come along.

Kitchen Extractor Fan

The motor on our kitchen extractor fan is beginning to give us trouble. This means that we are not able to use the gas hobs in the kitchen to cook food. The kitchen staff have been very inventive in the way that they have used our electric ovens to prepare the meals. Although they have been coping admirably, there are upcoming days that will prove challenging. We will let you know about any menu swaps as soon as we get them.

Sunday 18th January 2026

Gospel: John 1:29-34



John the Baptist announces the One who will baptise us with the Holy Spirit

John saw Jesus coming toward him and declared, "Here is the Lamb of God who takes away the sin of the world! This is he of whom I said, 'After me comes a man who ranks ahead of me because he was before me.' I myself did not know him; but I came baptizing with water for this reason, that he might be revealed to Israel." John also testified, "I saw the Spirit descending from heaven like a dove, and it remained on him. I myself did not know him, but the one who sent me to baptize with water said to me, 'He on whom you see the Spirit descend and remain is the one who baptizes with the Holy Spirit.' And I myself have seen and have testified that this is the Son of God."

Love Clean Streets app

The issue of dog fouling continues to pose a problem on York Avenue and the surrounding area, creating an unpleasant and unhygienic environment. The school has been blamed by local residents as being the main perpetrators; I do not believe it stems from our responsible parent community. A parent has shared with me The Love Clean Streets app allows you to make a quick and direct report to Ealing Council regarding dog waste. You may want to consider downloading the app so we can register our concerns as a school community. Reports only take a couple of minutes and should result in a clean-up team attending the location. Perhaps if they begin to receive more reports, the council will look into other strategies to deter dog walkers from this behaviour. The Love Clean Streets app also allows you to report issues such as fly tipping and street cleaning problems so you may find it useful for other problems you see in the area.



Inclement Weather

This week it has rained more than usual. Please check the weather forecast before you send your child to school as we have had a worrying amount of children coming to school without a suitable coat.

Parent Workshop—Supporting children's emotional wellbeing

A Parents' Workshop will be held at the school on Thursday 5th February at 9am - Supporting children's emotional wellbeing and helping them to achieve their full potential. Let Miss Sasenarine know if you will be attending please.

LiveSimply tips:



ECO Team's tip is: 'Consider your packaging choices: opt for refillable bottles and fully recyclable materials like paper or tin to reduce waste.' Did you know that tins can be recycled over and over again, but some plastics can only be reused a few times before they end up in landfill?

Catholic Social Teaching

This term, we are reflecting on the Catholic Social Teaching theme of **Solidarity and Peace**. As members of one global family, we are called to stand alongside our brothers and sisters everywhere, recognising that each person is created in the image of God. Solidarity means more than feeling compassion—it is about actively working together for justice, unity, and the common good.

Peace is not simply the absence of conflict, but the presence of love, respect, and harmony in our relationships, communities, and the wider world. Inspired by the example of Jesus, we are encouraged to be peacemakers—listening with open hearts, speaking with kindness, and building bridges where there are divides.

Let us pray and act so that our words and deeds bring hope, healing, and unity to all God's children. ✨

🏠 Family Task – Living Out Solidarity and Peace at Home

This week, as a family, choose **one small act of kindness** you can do together to show solidarity and bring peace.

“Peace Jar” Activity

- Place a jar in a shared space at home.
- Each day, every family member writes down one kind or encouraging thing they did for someone (at home, school, or in the community) and puts it in the jar.
- At the end of the week, read them together and thank God for the ways you've shared His love.
- Peace begins with the little things we do for one another. 🌿 ❤️

Upcoming Parent Evenings

Please put in your calendars the upcoming parent evenings. The dates are Thursday 5th February (4.30pm – 7pm) and Tuesday 10th February (3.30pm – 6pm). Please stick to the times and dates as teachers are discouraged from making appointments outside these times due to the government's work / life balance agenda.



St Joseph's Toddler Group

Please see the flyer at the back for the spring term dates.



Cooking Club

Please see flyer at the back for Early Bird offer for next term.



Flyers at the back

Please see the posters at the back of this newsletter. Some good signposting to events happening in our area:

Foodbank

BEST Club leaflet

St Joseph's Toddler Group

Cooking Club

Ealing Mental Health Support

Connect-ED

Celebrations

Religious Education Work of the Week awards are given to children who have shown that bit of extra effort in their RE lessons that week.

Class	Name	Reason
Nursery	Onyi	For showing curiosity about special stories in R.E.
RB	Sophia	For being an excellent Prayer Leader.
RL	Lucy	For great ideas of how we can share our "gifts and love" with others.
1EB	Arpi	For working hard to make a lantern when learning about Jesus as the "Light of the World".
1AP	Hannah	For being a super confident prayer leader in class.
2AF	Tello	For his beautiful drawing of Jesus' Baptism.
2SR	Eduvie	For showing great enthusiasm and sharing his knowledge in this week's R.E. lessons.
2AS	Gloria	For creating a wonderful poster of art to show the events of Jesus' Baptism.
3DB	Daniel	For his excellent work on the structure of Matthew's Gospel.
3GS	Gabriel	For great understanding and participation in the lesson where we looked at the Gospel according to Matthew. Well done!
3AR	Penny	For creating a beautiful storyboard showing how Matthew's Gospel is divided.
4JB	Ali	For understanding the Incarnation and for his great idea of Jesus, being fully God, being a shepherd for his people.
4AS	Myles	For showing his understanding on Incarnation through a beautifully designed poster!
4S	Izabela	For a fantastic understanding of what type of Messiah Jesus was.
5AL	Shaynie	For understanding what "Transfiguration" means and retelling the events from the Bible.
5MM	Jakub	For a great comic strip on the Transfiguration.
5CR	Thomas	For brilliantly using his spelling words to link them to R.E. and being a Catholic!
6LI	Olivia	For her super effort recalling the seven sacraments and finding information about how parishes celebrate them.
6MS	Melania	For her super work describing ways in which local parishes celebrate the Sacraments.
6WL	Evelyn	For excellent verbal and written responses in our lesson about the Seven Sacraments.

Celebrations continued

Headteacher awards are presented each week to children who the staff think have put that little bit of extra into their work. Well done to the children listed below:

Class	Name	Reason
Nursery	Filip	For excellent progress in counting.
RB	Ziggy	For drawing imaginative pictures. Well done!
RL	Aaron	For excellent subitising skills. Well done!
1EB	Valentina	For working hard with her phonics and reading.
1AP	Alicija	For her wonderful writing about Baby Bear's journey to the moon.
2AF	Lily	For her consistent hard work and participation in every lesson!
2SR	Leo	For always pushing himself to continually improve.
2AS	Charlie	For displaying an excellent attitude to learning.
3DB	Lourdes	For her super informal letter in role as Ivan. Impressive!
3GS	Wyatt	For returning to school this term and trying hard in his Maths and English lessons. Well done!
3AR	Lilia	For her excellent effort in Maths when linking division and multiplication.
4JB	Muhammad	For his fantastic enthusiasm during his reading comprehension intervention.
4AS	Arnav	For fantastic focus and attitude to learning in all subjects - well done!
4S	Barnaby	For a fantastic understanding of what it means to be an active citizen and giving super examples in PHSE!
5AL	Bibiana	For an excellent diary entry from the viewpoint of a character in the class text.
5MM	Annabella	For being an exemplary student and always helping those around her.
5CR	Leon	For such impressive vocabulary in his diary entry hot write.
6LI	Sarah	For critical thinking in History when balancing the experience of evacuees.
6MS	Pinelli	For her excellent contribution to our class discussions in English. Well done.
6WL	Helen	For an excellent character profile of Willie and Tom in English.

Good Disciple awards are given to children who have shown exceptional love and kindness to fellow pupils and are helping to build God's kingdom here and now. Well done to the children listed below:

Phase	Name	Reason
Lower	Daisy	For being very caring to her friends.
Middle	Harrison 3GS	For always being such a polite child, throughout the school day, with all staff and schoolmates. What a great role model. Well done!
Upper	Beatrix 6WL	For being a thoughtful opponent in PE and putting kindness before competition to let someone else shine.

**FAMILY
SUPPORT
WORKSHOP**

In-person workshops designed
to enhance family emotional
wellbeing, specifically tailored
for parents and caregivers.



**SUPPORTING YOUR CHILD'S
EMOTIONAL WELLBEING**

Connect-Ed delivers mental health support at St
Joseph's RC Primary school.
This workshop will provide parents and carers with
space to explore common challenges, learn new
strategies and share with others.

**COME JOIN US ON THURSDAY 5TH
FEBRUARY FROM 9AM TILL 10AM**





NOVEMBER

- Tinned Vegetarian Main Meals
- Long Life Milk
- Tinned Chunky Soups
- Tinned Custard/Rice Pudding
- Tinned Chickpeas & Vegetables
- Tinned Fruit
- Peanut Butter/Jam/Honey
- Instant Coffee

You can also purchase our most urgently needed items on GiveToday for delivery straight to us.



Or donate via PayPal. Donations fund food purchases, debt and benefits advice for clients and more.





Introducing Our BEST Club Spring 2026

**Learning to Find and Channel our
Resilience
to Strengthen our Independence in Every-
Day Life.**



**Tuesday 13th January – Tuesday 17th March
7.45am – 8.45am**

This term we will be exploring mental resources for resilient well-being to overcome every-day situations. We discuss useful ideas about the brain, challenges, games, art and strategies for building strengths to create resilience.

Through Games, Art & Drama

To book a place please visit <https://best4learning.co.uk/stjosephsy1-y6/>

For more information please email best4learningvicky@gmail.com
or call 07718 588454



COOKING CLUB

Spring Term 2026
9th Jan - 24th Mar

Tuesdays & Fridays
3:20 – 4:20pm

Culinary Creativity in just one hour!

- Exploring food in a fun & safe way
- Sweet and savoury dishes
- A recipe for fun and skill-building



Developing Life Skills:

- | | |
|---------------------------------------|------------------------------------------|
| <input type="checkbox"/> Nutrition | <input type="checkbox"/> Literacy |
| <input type="checkbox"/> Creativity | <input type="checkbox"/> Numeracy |
| <input type="checkbox"/> Independence | <input type="checkbox"/> Confidence |
| <input type="checkbox"/> Teamwork | <input type="checkbox"/> Problem Solving |



Klarna

Book online!



SCAN ME

Our website

www.mylittlechefathome.co.uk

FREE

online parenting workshop



**FATHERS
GROUP**

Work / Time Balance: Fatherhood in a Demanding World

Delivered by:
Derek Willis
Ealing Parenting
Service

Tuesday, 20th
January 2026
10am-12pm
via MS
Teams

Fatherhood is rewarding, but it can also bring significant stress and pressure. This workshop offers practical tools and strategies to recognise, manage and reduce stress, while maintaining your wellbeing.

Learn how to balance responsibilities, build resilience, and stay connected with what matters most – your family and yourself.

Empower your journey as a father with confidence and calm.



Please note: this is a targeted workshop for **men only**.

email parentingserviceadmin@ealing.gov.uk to register your place



**SUPPORTIVE
ACTION FOR
FAMILIES IN
EALING**



Disclaimer St Joseph's Catholic Primary School is happy to use the newsletter to support activities, events and publications. However, we have not vetted these services and are not specifically recommending them.

EALING PARENTING SERVICE

FREE PARENTING WORKSHOPS SPRING TERM 2026

Tues 13th
JAN

Building Healthier Relationships - Part 1

*Delivered by Chris Kolade - Ealing Parenting Service
via MS Teams 10am-12pm*

Tues 20th
JAN

Work / Time Balance: Fatherhood in a Demanding World

*Delivered by Derek Willis - Ealing Parenting Service
via MS Teams 10am-12pm *men only session*

Tues 27th
JAN

Building Healthier Relationships - Part 2

*Delivered by Chris Kolade - Ealing Parenting Service
via MS Teams 10am-12pm*

Tues 10th
FEB

Domestic Abuse, Parenting & You

*Delivered by Patricia Chapman - SAFE West
via MS Teams 10am-12pm*

email parentingserviceadmin@ealing.gov.uk to register or for more info



EALING PARENTING SERVICE

FREE PARENTING WORKSHOPS SPRING TERM 2026

Tues 24th

FEB

Intergenerational Healing:

Parenting Differently, Breaking Cycles & Taboos

*Delivered by Derek Willis - Ealing Parenting Service
via MS Teams 10am-12pm ***men only session***

Tues 3rd

MAR

An Introduction to Internet Safety

*Delivered by Hayley Jones - SAFE Team
via MS Teams 10am-12pm*

****for parents/carers of under 13s***

Tues 24th

MAR

Addressing the Challenges:

Fathers in Caring Roles for Children with SEN

*Delivered by Derek Willis - Ealing Parenting Service
via MS Teams 10am-12pm ***men only session***

Tues 21st

APR

Different Strokes:

Navigating Fatherhood Across Cultures

*Delivered by Derek Willis - Ealing Parenting Service
via MS Teams 10am-12pm ***men only session***

Tues 28th

APR

Understanding Your Teenager

*Delivered by Sabrina Meakins - SAFE Counselling
via MS Teams 10:30am-12:30pm*

****for parents/carers of over 11s***

email parentingserviceadmin@ealing.gov.uk to register or for more info





Getting Online: Cost of Living & Budgeting Workshops

Need help applying for council services and benefits online? Join our free workshop designed to guide you through the process step by step, help you understand benefit entitlements, and get signposted to useful services.

All are welcome! This session is especially supportive for the Deaf community, with a BSL interpreter available throughout.

Workshop Date

Date: Monday 2nd Feb 2026

Time: 12.30pm - 2.30pm

Location: Dominion Centre, Southall, UB2 4BQ

What to bring

- **Proof of identity:** Provide a valid British passport or national identity document.

Scan the QR code below to sign up for this event!



For more information, please contact
LearnEaling@ealing.gov.uk or call us on **020 8825 5577**.
We are looking forward to helping you learn!

Back to school:

Going back to school can be a difficult time. Maybe your child is worried about having a new teacher, feeling motivated or homework. It's good to remember that these feelings are common.

Helpful Tips:

- Get organised - use planners, diaries and apps to keep track of things
- Set goals - make sure they're small and manageable
- Look after them and yourself: take time to do the things you enjoy!

Children's Mental Health Week

The theme of Mental health awareness week this year is: **'this is my place'** which is all about belonging and feeling supported.

Create a fun "Belonging Passport" with your child using folded paper or a small notebook. Add pages like:

- My Safe Place
- People Who Help Me
- What I'm Good At

Let your child decorate with colour, stickers or photos. Talk together as you fill it in and celebrate each answer. This simple activity builds confidence, helps children share feelings, and strengthens their sense of belonging at home and at school.

Upcoming Workshops

- Why Is My Child So Anxious & How Can I Support Them? **Thursday 22nd January 12:30 - 13:30**
- What Is My Child's Behaviour Really Telling Me? **Tuesday 27th January 12:00 - 13:00**
- How Can I Support My Child With OCD? **February 5th 10:00 - 11:30**
- How Can I Help My Child Cope With Exam Stress? **February 13th 12:00 - 13:00**
- Is My Child Low in mood or Depressed & What Can I Do to Help? **Wednesday 4th March 12:00 - 13:00**
- How Can I Help My Anxious Child Make Friends? **Monday 16th March 12:00 - 13:00**
- How Do I Look After Myself While Parenting? **Wednesday 22nd April 12:00 - 13:30**

Specialist Workshops

- Introduction to Autism (primary school age) **Friday 30th January 12:30 - 13:30**
- Understanding Behaviour in SEN(D) **Monday 13th April 12:00 - 13:00**
- Autism and Adolescents **Thursday 30th April 12:00 - 13:00**

If you would like to sign up to one of our workshops, please do so using the link below or scan the QR code.



[MHST Workshop Sign up](#)



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