



# St Joseph's Catholic Primary School

## Weekly Newsletter

17th April 2026



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### Welcome to the summer term

I hope you had a restful Easter break and that the joy of the Resurrection brings you renewed hope as we return to school life. This is a very busy term with lots of learning going on and lots of activities taking place. Please remember to read newsletters/class communications so that your child does not miss out on anything.



### Sunday 19th April 2026

Gospel: Luke 24:13-35



*Two disciples come to recognise our risen Lord in the breaking of the bread, as he opened the Scriptures to them*

"As they came near the village, they urged him strongly, saying, 'Stay with us.' So he went in to stay with them. When he was at the table with them, he took bread, blessed and broke it, and gave it to them. Then their eyes were opened, and they recognised him".

### Resurrection Liturgy

Yesterday, we finished off our trilogy of Easter Liturgies with 4JB's spiritually uplifting Resurrection liturgy. Thank you to all the children and staff in Year 4 for reminding us of what true sacrifice and true love means. I think all the children were touched by the Liturgies.



**Love Learn Believe**

### Miss Richardson's News

Just before we broke up for the Easter holiday, 5CR had a party for Miss Richardson as they celebrated her forthcoming nuptials. Miss Richardson left as Miss Richardson and came back Mrs Godfrey. Congratulations to the happy couple! Miss Richardson is unsure as to which surname to use at the moment.



### Upcoming Earth Day

We are excited to celebrate Earth Day on 22nd April. To mark the occasion, we are inviting all children to come to school dressed in blue and green clothing, representing our planet's oceans and land. Why don't you try the 'Hour With No Power' for yourselves from 10:00–11:00am?



### Knights of St. Columba

On Monday, I received the winners of the Knights of St Columba Nativity Painting Competition. We had lots of entries, no winners but lots of runners-up. Well done to Leo, Angeline, Natalie, William, Beatrix, Ignacy, Julia and Sarah for their entries and prizes. We now look forward to finding out the winners of the Easter competition.



### LiveSimply tips:



**Mr Rakowski's tip is to:** Only use what you need, and don't waste the rest. Make sure that we all turn off taps while brushing our teeth, only take the food we will eat at lunch, use both sides of paper in class and switch off lights when leaving a room.

## Catholic Social Teaching

This term, our school community is focusing on the Catholic Social Teaching theme: **The Dignity of Work and the Rights of Workers.**

Work is more than just a way to make a living; it is a form of continuing God's creation. This theme reminds us that the economy must serve people, not the other way around. In the coming weeks, students will explore how every person deserves fair wages, safe conditions, and the opportunity to use their God-given talents to help others.

We look forward to seeing our pupils discover how their own "work"—both in the classroom and at home—contributes to the common good.

To help the children to connect this theme to their faith, we are reflecting on this scripture:

*"Whatever you do, work at it with all your heart, as working for the Lord, not for human masters."*

— **Colossians 3:23**

This reminds us that no matter how small a task might seem, doing it with love and care is a way of serving God.

## Family Task

### The "Hidden Helpers" Challenge

This week, take a moment as a family to identify someone whose work often goes unnoticed (such as a delivery driver, a shop assistant, or a school caretaker). Together, find a simple way to show your appreciation—whether it's a bright "thank you," a handmade card, or a quick prayer for their wellbeing.

## St Joseph's Toddler Group

I have attached the flyer for the toddler group to the back so that you can see the upcoming dates for this term.



## Cooking Club

Please see flyer at the back for Early Bird offer for summer term.



## BEST Club

Please see the flyer at the back.



## Celebrations

Religious Education Work of the Week awards are given to children who have shown that bit of extra effort in their RE lessons that week.

Class	Name	Reason
Nursery	Joseph	For talking about the time when Jesus went back to his Father.
RB	Maranata	For showing good understanding of the Resurrection story.
RL	Eldana	For an excellent retell of the Easter story!
1EB	Eluzai	For retelling the events in Jesus' life so well.
1AP	Ziyu	For his excellent recall of the stories from Jesus' life that we have learnt. Well done!
2AF	Debora	For sharing thoughtful ideas and producing lovely work in our CST lesson.
2SR	Isla-Rose	For her valued input and work in our CST lesson on Dignity of Workers.
2AS	Ted	For showing excellent understanding about the dignity of workers.
3DB	Jordan	For a great understanding of why it is important for Catholics to receive the Eucharist!
3GS	Nathaniel	For describing the moment Heaven meets earth during the consecration of the Body and Blood of Christ, so thoughtfully. Well done!
3AR	Antoni	For his valuable contributions when talking about the Sacrament of Holy Communion.
4JB	Ansel	For his grateful message to a past teacher, prompting dignity of workers.
4AS	Arnav	For writing a very emotional diary entry as Peter, recounting how he denied Jesus 3 times!
4S	Michal	For fantastic participation during our class discussion on how we can show dignity for workers during Catholic Social Teaching!
5AL	Sebastian	For writing an excellent letter promoting Fair Trade produce and thoughtfully linking it to the Catholic Social Teaching principle –
5MM	Samuel	For a great news report based on Pentecost.
5CR	Alan	For having a good understanding of what happened in the Pentecost story though retelling it!
6LI	Aleksandra	For a super eye-witness account of the Resurrection, as Mary Magdalene.
6MS	Enzo	For writing an excellent news report about Jesus' resurrection from the account in John's Gospel.
6WL	Mykhalio	For excellent participation in our group work on the CST 'Dignity of

## Celebrations continued

Headteacher awards are presented each week to children who the staff think have put that little bit of extra into their work. Well done to the children listed below:

Class	Name	Reason
Nursery	Vincent	For following class rules.
RB	All of RB	For an amazing positive start to the new term. Keep it up!
RL	Ivan	For making excellent progress with his reading. Super well done!
1EB	Jan	For working hard to develop his reading and writing.
1AP	Hannah	For her wonderful effort when counting in 2s, 5s and 10s.
2AF	Serena and Thomas	For their wonderful and dramatic performance as Uncle Frederick in English.
2SR	Isabella	For her great performance and enthusiasm in English role-plays.
2AS	Yanis	For making a fantastic effort in Maths and English.
3DB	Asena	For being a fantastic role model and always being ready to learn!
3GS	Lidia	For using her oracy stems in order to express her opinions. Well done!
3AR	Lilia	For solving problems in Maths by adding and subtracting fractions.
4JB	All of 4JB	For a fantastic re-enactment of the Resurrection story!
4AS	Debora	For excellent engagement and understanding in our lesson about deforestation!
4S	Connor	For fantastic effort and concentration whilst sewing his Tudor pouch in DT!.
5AL	Ruftana	For contributing lots of ideas when writing a group story about something mysterious.
5MM	Joseph	For fantastic participation in class discussions across all subjects.
5CR	Elissa	For listening to feedback positively to improve her overarm throw!
6LI	Olive	For successful use of spreadsheet to enter and format data.
6MS	Julia	For painting an excellent self-portrait in the style of Kehinde Wiley.
6WL	Xuanshi	For writing a compelling article about the Fair Trade Foundation, well done!

Good Disciple awards are given to children who have shown exceptional love and kindness to fellow pupils and are helping to build God's kingdom here and now. Well done to the children listed below:

Phase	Name	Reason
Lower	Eliita Nur.	For showing love and care to others.
Middle	Ali 3DB	For showing kindness to other children in 3DB.
Upper	Lily and Sarah 4JB	For being outstanding leaders of singing during our Resurrection Liturgy.

# ST JOSEPH'S TODDLER GROUP

## SUMMER TERM DATES

14TH APRIL

28TH APRIL

12TH MAY

2ND JUNE

16TH JUNE

30TH JUNE

12TH MAY

WE'RE  
BACK!

9.30am - 11.15am

Gates open 9.30-9.40  
No entry after this time  
due to gate access

The Community Classroom @  
St Joseph's Catholic Primary  
School, York Avenue,  
Hanwell, W7 3HU



# COOKING CLUB

LAST FEW PLACES LEFT!

BOOK NOW!

Summer Term 2026  
21st Apr- 14th July

Tuesdays & Fridays  
3:20 – 4:20pm



Culinary Creativity in just one hour!

- Exploring food in a fun & safe way
- Sweet and savoury dishes
- A recipe for fun and skill-building



Klarna



## Developing Life Skills:

- Nutrition
- Creativity
- Independence
- Teamwork
- Literacy
- Numeracy
- Confidence
- Problem Solving

Book online!



SCAN ME

Our website

[www.mylittlechefathome.co.uk](http://www.mylittlechefathome.co.uk)





**Introducing Our BEST Club @St Josephs**

**Summer 2026 YR – Y6**

**Tuesday Mornings or Wednesday afternoons**

## **Emotional Control Through Self Regulation**



**Tuesday 21st April – Tuesday 7th July  
7.45am – 8.45am**

**Wednesday 22nd April – Wednesday 8<sup>th</sup> July  
3.15pm – 4.15pm**

**BEST** clubs are designed to help grow your child's social and emotional wellbeing. By focusing on the development of a child's brain we teach how each unique part creates our thoughts, feelings and actions. Through interactive activities in sport, art and drama we build the life skills needed to develop into strong and confident young adults.

**To book a place please click on the following links:**

<https://best4learning.co.uk/stjosephstuesam-2/>

<https://best4learning.co.uk/stjosephswedpm-2/>

**For more information [best4learningvicky@gmail.com](mailto:best4learningvicky@gmail.com)**

**or call 07718 588454**

## EALING PARENTING SERVICE

### FREE PARENTING WORKSHOPS SPRING / SUMMER TERM 2026

Tues 24<sup>th</sup>  
**MAR**

**Addressing the Challenges:  
Fathers in Caring Roles for Children with SEN**  
Delivered by Derek Willis - Ealing Parenting Service  
via MS Teams 10am-12pm *\*men only session*

Tues 21<sup>st</sup>  
**APR**

**Different Strokes:  
Navigating Fatherhood Across Cultures**  
Delivered by Derek Willis - Ealing Parenting Service  
via MS Teams 10am-12pm *\*men only session*

Tues 28<sup>th</sup>  
**APR**

**Understanding Your Teenager**  
Delivered by Sabrina Meakins - SAFE Counselling  
via MS Teams 10:30am-12:30pm  
*\*for parents/carers of over 11s*

Tues 5<sup>th</sup>  
**MAY**

**Managing Parental Conflict  
& It's Impact on Children**  
Delivered by Chris Kolade - Ealing Parenting Service  
via MS Teams 10am-12pm

Tues 19<sup>th</sup>  
**MAY**

**Employment, Benefits & Retraining**  
Delivered by Surria Ali & Thankaraj Karunakaran  
- Family Community Work Coaches  
via MS Teams 10am-12pm

## EALING PARENTING SERVICE

### FREE PARENTING WORKSHOPS SPRING / SUMMER TERM 2026

Tues 9<sup>th</sup>  
**JUN**

#### **SEN Support in Schools +& EHCPs**

*Delivered by Ealing Contact  
via MS Teams 10am-12pm*

Tues 16<sup>th</sup>  
**JUN**

#### **Domestic Abuse, Parenting & You**

*Delivered by Patricia Chapman - SAFE Team  
via MS Teams 10am-12pm*

Tues 7<sup>th</sup>  
**JUL**

#### **Building Healthier Relationships - Part 1**

*Delivered by Chris Kolade - Ealing Parenting Service  
via MS Teams 10am-12pm*

Tues 14<sup>th</sup>  
**JUL**

#### **Building Healthier Relationships - Part 2**

*Delivered by Chris Kolade - Ealing Parenting Service  
via MS Teams 10am-12pm*

email [parentingserviceadmin@ealing.gov.uk](mailto:parentingserviceadmin@ealing.gov.uk) to register or for more info



# Ealing Mental Health Support Team

April  
2026

Your Termly Newsletter

## Is your child feeling....

Demotivated? Anxious? Stressed?  
Worried? Sad? Irritable? Low?  
Panic? Tired or lacking energy?



## We can help you and your child

Ealing Mental Health Support Team (MHST) supports the wellbeing of children and young.

In Primary schools, we offer 1:1 support to parent's whose children feel:

- Worried and present with behaviours that challenge



## You said, we did!

You said you enjoyed our challenging behaviour workshops so we are running another one this term!

You said that parents wanted managing use of technology, so

You said you wanted more practical skills and examples and less wordy presentations, so we have factored that into our presentation this term.



In Secondary Schools, we offer 1:1 support to young people who sometimes feel:

- Anxious or low in mood

If you have any questions about the above, please speak with your schools Mental Health Link Worker.

## Dates to remember:

Mental Health Awareness Week 11-17th May 2026



Promoting hope & wellbeing together



## Transitions!

The summer term represents endings and the approach of new beginnings. Maybe your child is approaching the transition to secondary school or coming to the end of their time at school and thinking about what's next. It is important to normalise any feelings of worry, and have open conversations about how best to support them through transitions!

We offer transition workshops for Year 6's so it is worth asking your child's school whether there are any upcoming transition workshops!

## Supporting Appropriate Use of Technology

High on the agenda for schools and services is the impact of technology on mental health

Here are some top tips on how to support your child moderating their technology use:

Passive VS Purposeful Screen Time:

Scrolling through shortform content like TikTok or Instagram is associated with low levels of physical activity.

Engaging in passions and educational content (writing, art, social communication) is associated with improved social and academic skills.

Gaming: Be aware of what games your child is playing, showing an interest will not only allow you to monitor downloads and interactions, but also make it more likely your child will share with you if something goes wrong!

## Upcoming Workshops

Helping Your Child With Exam Anxiety

**Friday 17<sup>th</sup> April 1-2:30pm**

OCD Workshop

**Friday 8<sup>th</sup> May 12-1:30pm**

Introduction to Autism

**Monday 18<sup>th</sup> May 1 - 2pm**

Supporting appropriate use of technology  
(Social, Media, gaming, screentime)

**Thursday 28<sup>th</sup> May 12-1pm**

How to help your child when they are experiencing low mood: for secondary students

**Friday 12<sup>th</sup> June 1:30-2:30pm**

Behaviours that Challenge

**Monday 22<sup>nd</sup> June 12-1pm**

Transition to Secondary School

**Monday 13<sup>th</sup> July 12.30-1.30pm**

Preparing for life after school: Parents supporting 18+ young people with transitions after secondary school

**July 21<sup>st</sup> 10:30 - 12pm**

If you would like to sign up to one of our workshops, please do so using the link below or scan the QR code.



Promoting hope & wellbeing together

# SEE YOUR CHILD SHINE ON STAGE THIS SUMMER!



"My son absolutely loves it! The group is encouraging, professional, fun and developmental. The teacher's energy and enthusiasm is contagious and my son can't wait to go every week. Would highly recommend!"

Our structured curriculum and unique teaching methods help all children to unlock their potential! Benefits include:

- Increased SELF ESTEEM and CONFIDENCE
- SOCIAL INTERACTION and COMMUNICATION
- FUN activities to engage CREATIVITY
- SPEECH and LANGUAGE development

AFTER-SCHOOL & WEEKEND CLASSES RUNNING IN:

Hanwell, Hounslow, Greenford, Feltham & Northolt!

Children perform on stage at The Treaty Arts Centre on the 4th & 5th of July!

Find your nearest class at: [www.dramakids.co.uk](http://www.dramakids.co.uk)

TRIAL PERIOD AVAILABLE



Whatsapp  
click to chat



WE OFFER SIBLING DISCOUNTS AND MONTHLY PAYMENTS!  
VERY LIMITED AVAILABILITY!

DRAMA \*KIDS\*

Call 0208 432 6637 to book or scan the QR code to message us on whatsapp!



# Is your child finding it hard to make friends?

The award-winning makers of *The Dog House* are **casting** for a brand-new **BBC** series about **friendship**.

We are looking for **children aged 5 to 8** from all over the UK who need a little help navigating the world of friendship. Over three days, a team of child psychologists will help them build the social skills and confidence to make real, lasting connections with other kids.

If you'd like to help your child make a new friend (with no pressure to take part), please apply at:

**bemyfriend.tv**



*Does your child shine at home, but struggle socially around other kids? The team behind *The Dog House* is making a brand new **BBC series about childhood friendship** and are looking for **kids aged 5 to 8** who are finding it hard to make friends.*

*If this sounds like your child – or someone you know – filming is in July/August 2026, and we would love to hear from you.*

Apply at: <https://bemyfriend.tv/>