



# St Joseph's Catholic Primary School

## Weekly Newsletter

### Friday 19th April 2024



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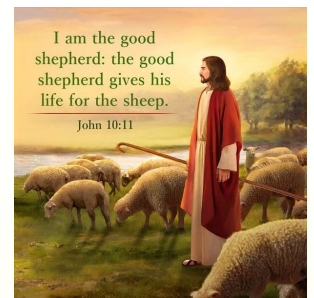
#### Resurrection Liturgy

Yesterday, we finished off our trilogy of Easter Liturgies with 4GS's spiritually uplifting Resurrection liturgy. Thank you to all the children and staff in Year 4 for reminding us of what true sacrifice and true love means. I posed a question to the children about what would have happened if Jesus had not resurrected; would we be sitting in a Catholic school such as ours now?



#### Sunday 21st April 2024

Gospel: John 10:1-10



*Christ is the true Shepherd; nobody can take away his sheep*

“Very truly, I tell you, anyone who does not enter the sheepfold by the gate but climbs in by another way is a thief and a bandit. The one who enters by the gate is the shepherd of the sheep. The gatekeeper opens the gate for him, and the sheep hear his voice. He calls his own sheep by name and leads them out. When he has brought out all his own, he goes ahead of them, and the sheep follow him because they know his voice. They will not follow a stranger, but they will run from him because they do not know the voice of strangers.” Jesus used this figure of speech with them, but they did not understand what he was saying to them.

Again Jesus said to them, “Very truly, I tell you, I am the gate for the sheep. All who came before me are thieves and bandits; but the sheep did not listen to them. I am the gate. Whoever enters by me will be saved, and will come in and go out and find pasture. The thief comes only to steal and kill and destroy. I came that they may have life, and have it abundantly.

#### New Play Equipment

Thanks to monies raised by the PTA, we have installed some new play equipment in the infant playground. It has been a big hit so far! Thank you to all the parents for their donations and PTA committees for organising the fundraising over the past couple of years. The school would not be able to afford such grand projects without PTA/parental support. On behalf of the children, I thank you all for your donations – time and money.



## Earth Day

On Monday 22<sup>nd</sup> April, we are going to be celebrating Earth Day. All children are asked to come in to school wearing **green** and **blue** clothing as a symbol of our support for the protection of the environment. Throughout the week, children will be learning about why plastic is an environmental threat to human health and Earth itself. They will be taking part in a variety of activities to help them understand this issue and think of ideas on how to protect planet Earth. They will be taking a closer look at environmental issues in our local area and promoting the right to a healthier planet. Together we can make a difference! Thank you to Ms. Martin for organising.



## Dangerous Parking

On Wednesday afternoon, whilst managing the Junior Gate, a local resident stopped to complain about the very dangerous and selfish parking along Station Approach. Cars travelling along Station Approach cannot see the whole of the zebra crossing as parents are parking on the zig-zags. There were two near misses at the zebra crossing. Please set a good example to your child and park with consideration for the sake of the community.

## Perform Drama Club

We were very pleased to receive a visit from Perform before the Easter holiday. The children had a wonderfully energetic time exploring drama, dance and singing to help develop their confidence, concentration and social skills. Perform run regular weekly classes in the local area and they are offering a special introductory discount to all parents of St. Joseph's if they come along for a free trial session before Saturday 27th April. See flyer at the back of newsletter for details.



## Junior Adventures Group

Following parental requests, our after-school club will offer something extra to the children week beginning 29<sup>th</sup> April. The new activities will run on a Tuesday and Friday initially:

Tuesdays: Multi - Sports Years 3 - 6

Fridays: Multi - Sports Years 1 & 2

JAG will send out an information letter to their database of parents to let you know about bookings. They will monitor numbers and general feedback to see if demand is there for more clubs. Watch this space.

## Catholic Social Teaching

What is Catholic Social Teaching?

Catholic Social Teaching is based on the belief that God has a plan for creation, a plan to build his kingdom of peace, love and justice. It holds that God has a special place in this story for each of us, whoever we are. Our part in this plan isn't just limited to things 'spiritual', or things we might do on Sundays, but that it involves every aspect of our lives, from the things we pray about, to how we live as a responsible global citizens. Our part in this story is a kind-of vocation for the common good, a call to treat everyone as your brothers and sisters and is something that we all share.

Catholic Social Teaching touches upon many different aspects of life, from the family to international development, how we think of those who are homeless to how we care for the environment, and from how we shop and consume to the rights of workers and the dignity of work.

This term our theme looks at the importance of work, the **dignity** of work and the value of balance in our home and work lives. Catholic Social Teaching holds that work is not to be drudgery, but creative, positive and an intrinsic good. It is not however, all for yourself, ways to accumulate power and influence, but is rather to play our part in being co-creators in God's loving act of creation.

**Challenge: Talk to your parents about what you want to be when you grow up.**



Parents, share what you love about your job, as well as the challenges, and how it contributes to your joy and fulfilment. Parents, as children what did you want to be when you grew up?



## Hanwell Community Library message:

Hi there,

I'm emailing from Hanwell Community Library as our Head of Community Engagement. We believe that our Shared Reading activity could be beneficial to yourselves, your patrons/those who enter your space and we'd love if you could share this information with them. You can find the information in the PDF attached. The activity occurs every Wednesday in our space, with the purpose of providing a space for our community to read aloud, or listen to a story/poem being read in a communal space. Our aim is ultimately to bring people together.

**CONNECT THROUGH SHARED READING**  
Drop in to Hanwell Library and enjoy a new weekly activity of shared reading. Grab a cuppa, listen to a story/poem read aloud by trained volunteers.

**TRY SHARED READING**  
Every Wednesday 2.15-3.45  
Community Room  
Hanwell Community Library  
Cherington Rd, London W7 3HL

Join in or just sit back and listen. No pressure to read. No Homework. Stories and poems bring people together to talk, to laugh, to share or just sit back, relax and listen. Join us on Wednesday afternoons.

Interested?  
Email [HCL@Hanwellcommunitylibrary.org.uk](mailto:HCL@Hanwellcommunitylibrary.org.uk)  
OR tell the front desk.

## Ealing Mental Health Support Team

Over the summer term, Ealing Mental Health Support Team will be running a variety of workshops for parents and carers of children who attend a school in Ealing. If you would like to sign up to one of their workshops, please look at their flyer at the back of this newsletter.

**Ealing Mental Health Support Team**  
West London  
**WORKSHOPS FOR PARENTS/CARERS**  
SUMMER TERM 2024

Over the summer term, Ealing Mental Health Support Team will be running a variety of workshops for parents and carers of children who attend a school in Ealing.

If you would like to sign up to one of our workshops, please fill in the booking form or scan the QR code.

If you have any questions, please email [ehs@ealing.gov.uk](mailto:ehs@ealing.gov.uk) or call [02088253100](tel:02088253100).

**PRE AND POST-ATTENDANCE GUIDE**

- Step 1: Fill in the booking form and return it to the school.
- Step 2: You will receive an email with the date and time of the workshop.
- Step 3: Please arrive 15 minutes before the start of the workshop.
- Step 4: Please bring a copy of the booking form to the workshop.
- Step 5: Please bring a copy of the booking form to the workshop.

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## Celebrations

Religious Education Work of the Week awards are given to children who have shown that bit of extra effort in their RE lessons that week.

Class	Name	Reason
Nursery	Noah	For participating in our class prayers.
RB	Mabel	For her fantastic understanding of Holy Week. Well done Mabel!
RH	Arabella	For a thoughtful response to 'The Word' in Class Collective Worship. Well done!
RL	Caimin	For his fantastic writing on the events in Holy Week.
1AP	Nina	For being aware of the right and wrong choices they make and how they affect others.
1EB	Ethan	For his learning about our new topic words – being sorry.
1SR	Adam	For taking part in our discussion on good and bad choices.
2AB	Nathaniel	For a super re-enactment of Jesus' Resurrection.
2AF	Patrick	For his superb retell of the story of the Resurrection of Jesus.
2JB	Livia	For her excellent retelling of the story of the Resurrection.
3AR	Lily T	For a great effort when writing a letter to Jesus thanking him for his sacrifice.
3DB	Bibiana	For her work on dignity.
3M	Franek	For sharing thoughtful insights during our RE lessons.
4AS	Kinda	For sharing her knowledge of the Islamic faith during our RE lesson.
4GS	Melania	For showing full understanding of the Stations of the Cross and going a step further to recount the Resurrection of Jesus. Well done!
4S	Julia	For understanding the importance of the Quran in Islam and designing her own front cover.
5AL	Yasmin	For supporting 'Dignity of Workers' by writing a letter to Rishi Sunak.
5AS	La'Kel	For giving excellent responses in our lesson on the Dignity of Workers.
5CR	Dahlia and Louis	For writing a persuasive letter to our Headteacher asking for us to use Fairtrade products to promote the dignity of all products.
6LI	Dominic	For excellent contributions to the CST lesson on 'Dignity of Workers'.
6MS	James	For his thoughtful contribution to our class discussion about 'Dignity in Work'.
6WL	Aidan	For showing great understanding of the importance of Dignity of Workers in CST.

Headteacher awards are presented each week to children who the staff think have put that little bit of extra into their work. Well done to the children listed below:

Class	Name	Reason
Nursery	Olivia	For counting with confidence.
RB	Yanis	For his great start to the new term. Well done Yanis!
RH	Krishna	For becoming more confident when speaking to adults around school. Keep it up!
RL	Adam	For always being kind and considerate to others.
1AP	Francisco	For working wonderfully with calendars in Maths.
1EB	Hania	For her super work creating her pointillism inspired painting of a flower.
1SR	Annabelle	For using her phonetic knowledge to improve her independent writing.
2AB	Akanksha	For excellent sequencing of the story 'The Whales Song'.
2AF	Olivia	For having the confidence to read aloud in class.
2JB	Lorena	For starting to use conjunctions in her sentences.
3AR	Jakub	For sequencing the story of 'Marcy and the Sphinx' with beautiful illustrations.
3DB	Aiden	For making a huge effort with handwriting and presentation.
3M	Alan	For always having a positive attitude and making great efforts to finish your English work this week.
4AS	Taijah-Lee	For always taking impeccable amounts of care with her handwriting and presentation.
4GS	All of 4GS	For reverently and respectfully acting and joyfully singing the Liturgy of the Resurrection. Well done!
4S	All of 4S	For a fantastic performance of 'The Last Supper' on the last day of term.
5AL	Resa	For trying so hard to produce all work neatly.
5AS	Edore	For making a greater effort to share her ideas in lessons.
5CR	Abigail	For creating a brilliant plan for her narrative using the story mountain structure.
6LI	Lewis	For determination and focus in lessons and SATs practise!
6MS	Dane	For his excellent batting skills in Cricket.
6WL	Gabrielle	For working with focus, determination and a fantastic attitude.

Good Disciple awards are given to children who have shown exceptional love and kindness to fellow pupils and are helping to build God's kingdom here and now. Well done to the children listed below:

Phase	Name	Reason
Lower	Bea-Rose 1EB	For always showing amazing kindness and care towards others.
Middle	Diliana 3M	For being a caring and nurturing friend all of the time.
Upper	Scarlett 6WL	For demonstrating a fantastic attitude by turning up early for learning and offering to assist her teacher in setting up.

**Love Learn Believe**

# Confidence Building Fun

## Try a Free Drama Class

— This is a fab class!  
It was mentioned at  
Katie's parents' evening  
that her confidence  
in class seems to  
have grown so I am  
delighted. Jane Spurgeon



### Try Perform for free and claim a £40 discount

Today, your child took part in a Perform drama, dance and singing workshop – a unique mix of activities designed to bring out every child's true potential.

Our small classes ensure lots of individual attention by our experienced teachers – hand-picked for their warmth, energy and professionalism. They'll focus on your child's engagement in the activities rather than their precision, and be with them every step of the way to guide, inspire and encourage.

As well as having fun at Perform, your child will enjoy real benefits: greater confidence, improved concentration and an increased awareness of what they can achieve.



[perform.org.uk](http://perform.org.uk)



### Your nearest Perform venues

See more at [perform.org.uk/venues](http://perform.org.uk/venues)

#### Perform Ealing

Fridays at 3.45pm  
St Paul's Church Hall, St Paul's Church Hall Ealing, Ridley Avenue, Ealing, W13 9XW

#### Perform Ealing

Tuesdays at 4pm  
St Paul's Church Hall, St Paul's Church Hall Ealing, Ridley Avenue, Ealing, W13 9XW

#### Perform Ealing

Tuesdays at 4pm  
St Barnabas Millennium Hall, Pitshanger Lane, Ealing, London, W5 1QG

#### Perform Ealing

Wednesdays at 4pm  
St Barnabas Millennium Hall, Pitshanger Lane, Ealing, London, W5 1QG

#### Perform Ealing West

Saturdays at 9.30am  
St Barnabas Millennium Hall, Pitshanger Lane, Ealing, London, W5 1QG

### Your £40 introductory discount

Your child can enjoy a free trial class at any Perform venue. Sign up on or before the expiry date to claim your special discount. Call **020 7255 9120** or visit [perform.org.uk/free](http://perform.org.uk/free)

#### DISCOUNT CODE

**SJRE270424**

#### EXPIRY DATE

**27-Apr-24**

The discount code cannot be applied retrospectively. Visit [perform.org.uk](http://perform.org.uk) for full terms and conditions.

**020 7255 9120**

**Disclaimer** St Joseph's Catholic Primary School is happy to use the newsletter to support activities, events and publications. However, we have not vetted these services and are not specifically recommending them.

Ealing Mental Health Support Team

# WORKSHOPS FOR PARENTS/CARERS

SUMMER TERM 2024



Over the summer term, Ealing Mental Health Support Team will be running a variety of workshops for parents and carers of children who attend a school in Ealing.



If you would like to sign up to one of our workshops, please do so on the below website or scan the QR code.



<https://forms.gle/X1XdeBmkkWVcNDic6>

If you have any questions, please do email us on: [Ealing.mhst@nhs.net](mailto:Ealing.mhst@nhs.net)

## PRE AND POST-ATTENDANCE GUIDE

### Step 1

Use our QR code to sign up for a workshop(s) of your choice

### Step 2

You will be emailed a Microsoft Teams link several days before the workshop

### Step 3

You'll receive another email reminder on the morning of the workshop

### Step 4

All workshops start promptly on the time advertised. Please note we cannot guarantee access to the workshop if sign up is on the day so do sign up as early as possible

### Step 5

To ensure you receive resources from the workshop you have attended, please complete the feedback form provided at the end of the session



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<p><b>TRANSITIONS</b></p>	<p><b>AN INTRODUCTION TO AUTISM</b></p>	<p><b>ADOLESCENT EXAM STRESS</b></p>
<p>This workshop is aimed at parents/carers of <b>Year 6 primary school</b> students who would like to know about how to support their child in managing the transition to secondary school and will provide strategies to promote wellbeing.</p> <p><b>Date: April 16th 2024</b> <b>Time: 12:30pm - 2:00pm</b></p>	<p>This workshop is aimed at parents/carers of children attending <b>Primary and Secondary</b>, who would like to know more about Autism and how to support children where Autism may be suspected or diagnosed.</p> <p><b>Date: April 19th 2024</b> <b>Time: 11:30am - 1:00pm</b></p>	<p>This workshop supports parents/carers of <b>secondary-aged</b> children to identify and manage exam stress in adolescents, and will provide strategies to promote wellbeing in students before, during and after exams.</p> <p><b>Date: April 23rd 2024</b> <b>Time: 1:00pm - 2:30pm</b></p>
<p><b>TRANSITIONS</b></p>	<p><b>ADOLESCENT EXAM STRESS</b></p>	<p><b>UNDERSTANDING BEHAVIOUR FOR CHILDREN WITH ADDITIONAL NEEDS</b></p>
<p>This workshop is aimed at parents/carers of <b>Year 6 primary school</b> students who would like to know about how to support their child in managing the transition to secondary school and will provide strategies to promote wellbeing.</p> <p><b>Date: May 9th 2024</b> <b>Time: 11:00am - 12:30pm</b></p>	<p>This workshop supports parents/carers of <b>secondary-aged</b> children to identify and manage exam stress in adolescents, and will provide strategies to promote wellbeing in students before, during and after exams.</p> <p><b>Date: May 21st 2024</b> <b>Time: 11:00am - 12:00pm</b></p>	<p>This workshop is aimed at parents/carers of children attending <b>Primary and Secondary</b>. The workshop introduces how and why behaviours may occur in children with a range of additional needs, and how to support positive behaviours in children.</p> <p><b>Date: May 24th 2024</b> <b>Time: 11:00am - 12:30pm</b></p>
<p><b>SUPPORTING ANXIETY IN CHILDREN AND YOUNG PEOPLE</b></p>	<p><b>AN INTRODUCTION TO AUTISM IN ADOLESCENTS</b></p>	<p><b>UNDERSTANDING MENTAL HEALTH IN ADOLESCENT BOYS</b></p>
<p>This workshop is aimed at parents/carers of children attending <b>Primary and Secondary</b> who would like to learn more about how to manage anxiety in young people, as well as helping to build their confidence.</p> <p><b>Date: June 4th 2024</b> <b>Time: 11am - 12:15pm</b></p>	<p>This workshop supports parents/carers of <b>secondary-aged</b> children. It aims to introduce parents to the changes and impact of adolescence within autism, equipping parents with strategies to promote positive mental health among autistic teenagers.</p> <p><b>Date: June 14th 2024</b> <b>Time: 11am - 12:30pm</b></p>	<p>This workshop supports parents/carers of <b>secondary-aged</b> children. It aims to introduce parents to the causes of declining mental health in adolescent boys and equips parents with strategies to promote positive mental health.</p> <p><b>Date: June 18th 2024</b> <b>Time: 12:00pm - 1:30pm</b></p>
<p><b>SUPPORTING POSITIVE BEHAVIOUR IN CHILDREN</b></p>	<p><b>TEEN LOW MOOD</b></p>	<p><b>SUPPORTING FRIENDSHIPS IN CHILDREN</b></p>
<p>This workshop supports parents/carers of <b>primary-aged</b> children. It introduces parents to common behavioural difficulties, factors that influence behaviour and strategies to manage your child's behaviour. It'll also consider the impact of screen time and how to promote boundaries with this.</p> <p><b>Date: July 11th 2024</b> <b>Time: 1:00pm - 2:15pm</b></p>	<p>This workshop is aimed at parents/carers of <b>secondary-aged</b> children, who would like to know more about what may cause low mood and gain knowledge of strategies that can help to improve low mood.</p> <p><b>Date: July 18th 2024</b> <b>Time: 11am - 12:00pm</b></p>	<p>This workshop is aimed at parents/carers of <b>primary-aged</b> children to provide information to help you support your young person with building and managing friendships, including supporting with social anxiety.</p> <p><b>Date: July 31st 2024</b> <b>Time: 11am - 12:00pm</b></p>



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# CONNECT THROUGH SHARED READING

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## TRY SHARED READING



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Cherington Rd, London W7 3HL

Join in or just sit back and listen. No pressure to read. No Homework.

Stories and poems bring people together to talk, to laugh, to share or just sit back, relax and listen. Join us on Wednesday afternoons.

**Interested?**

**Email [HCL@Hanwellcommunitylibrary.org.uk](mailto:HCL@Hanwellcommunitylibrary.org.uk)  
OR tell the front desk.**



Supported and funded through the  
**ARTS COUNCIL  
ENGLAND**



*St. Mary's*  
SCHOOL

