



St Joseph's Catholic Primary School

Weekly Newsletter

19th September 2025



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Secondary School Visits

I have added Sir Richard Reynolds High School to the list at the back. I authorise absences (please let the office know beforehand) to visit High Schools, I wouldn't want your child to miss out. If your child is in Year 5, it may be useful to visit High Schools next week (Douay Martyr's, Gumley House, Gunnersbury School and St Mark's) as next year your child will be away on their school journey.



Sunday 19th September 2025

Gospel: Luke 16:1-13



You cannot serve God and wealth

"Whoever is faithful in a very little is faithful also in much; and whoever is dishonest in a very little is dishonest also in much. If then you have not been faithful with the dishonest wealth, who will entrust to you the true riches? And if you have not been faithful with what belongs to another, who will give you what is your own?"

No slave can serve two masters; for a slave will either hate the one and love the other, or be devoted to the one and despise the other. You cannot serve God and wealth."

PTA

Dear Parents,
Hope the first couple of weeks back at school went well.
The PTA Team is back at it, organising events for this term (all dates available in the school calendar) and we look forward to a lot of fun and fundraising activities.

Our PTA committee tenure will come to an end in January 2026 and we are actively looking for the next committee to come forward. PTA funds are vital to the school and our children and we are all so proud of what we have achieved over the past couple of years. We have seen our fundraising efforts going to good use, as well as built new friendships and had fun along the way.

If you are interested in enriching the life of our children by taking part in the next PTA committee for 2 years, please get in touch at stjosephs_PTA@yahoo.com 07590623048 (Simona) or let your class rep know.
We will be there to help and support you along the way.
Many thanks.

The PTA Team



Love Learn Believe

Salt and Ice Challenge

I have been asked to share this by Ealing. There has been an increase in reports where children put salt on their skin and press ice on top. This creates a chemical reaction, rapidly lowering the temperature and causing cryogenic (cold) burns, similar to frostbite. Children and young people may underestimate the harm as the cold numbs the skin, masking pain until significant damage has occurred. This causes serious cold burns (like frostbite) and injuries often need medical intervention. Please look out for unexplained sores.

Cadenza

Please look at the flyer at the back. Applications for Cadenza 2025/26 are now open! With 19 different ensembles ranging from pre Grade 1 to Grade 6+ standard, experienced tutors, a friendly atmosphere and monthly rehearsals in the heart of Ealing, Cadenza is the chosen music centre for many young musicians in West London. We cater to over 200 students with our Orchestras, Wind Bands, Jazz Ensembles, String Ensembles, Choirs, Percussion Ensembles, Theory classes, Guitar Ensembles and many more!! There really is something for every young musician at Cadenza.



Contact Details

If you have moved house or changed your phone number over the summer, please don't forget to come to the office and complete a change of details form. It is imperative we have contact numbers for emergency purposes.



Prospective Governors

As Education Sunday comes around, many of you may be reflecting on your own time at school, or perhaps the reasons why you chose a Catholic School for your own Children. The Church has always recognised the importance of Catholic Schools in the passing on of faith and the part they play in our communities- our churches and schools work together.

All of our schools and academies reflect the communities they come from and need the support of those communities. We are very grateful to all those volunteers who do this through their roles as School Governors and we are asking you on this Education Sunday to please consider if you could also help provide this support by becoming a school governor yourself. It does require time, but no other formal qualifications-all other training is provided. Any one over the age of 18 is able to apply and every board is made better by a variety of experience. More information about what you can expect as a governor can be found on the CES website or on the diocesan website Foundation Governors – Diocese of Westminster Education Service.

If you are interested, please speak to your local school, or contact us at the Diocese on governors@rcdow.org.uk.

Please see the flyer at the back of the newsletter.

PTA Coffee mornings for Nursery and Reception Parents

The PTA are holding coffee mornings for Nursery and Reception parents as follows:

Friday 26th September at 8.45am—Reception parents

Friday 3rd October at 8.45am—Nursery parents

Please see the back of the newsletter for further details.



Celebrations

Religious Education Work of the Week awards are given to children who have shown that bit of extra effort in their RE lessons that week.

Class	Name	Reason
1EB	Tara	For beautiful work about how to look after God's creation.
1AP	Kyra	For sharing brilliant ways to look after our planet and be stewards of cration.
2AF	Noa	For her wonderful Litany all about how God helps her and is always there for her.
2SR	Jamie	For his great retelling of the Creation Story.
2AS	Ted	For explaining how God created the World.
3DB	Hermione	For excellent writing on the importance of prayer in the Christian home.
3GS	Iga	For creating a set of rules that are guided by God, in order to welcome others into her home.
3AR	Olivia	For recognising how Mary and Joseph helped Jesus when he was growing up.
4JB	Aleksandra	For her use of scripture to trace Jesus's family.
4AS	Lily	For creating a beautifully and thoughtfully designed title page for our RE topic – People.
4S	Taro	For being able to use scripture to explain Abraham and Sarah's response to God.
5AL	Blanka	For creating an informative poster about a Peacemaker based on the qualities Paul wrote about.
5MM	Amelie	For creating a fantastic pamphlet on the qualities of a peacemaker.
5CR	Nichelle	For thinking deeply about the qualities God has given them.
6LI	Isla	For using scripture to discuss and record examples of God's unconditional love.
6MS	Vanessa	For excellent explanation of how the Parable of the Lost Son teaches us about God's unconditional love.
6WL	Seve	For writing a super letter to St Paul – as Titus – referencing the teaching of Scripture.

Celebrations

Headteacher awards are presented each week to children who the staff think have put that little bit of extra into their work. Well done to the children listed below:

Class	Name	Reason
1EB	Henryk	For good writing about who he would invite for a tea party.
1AP	George	For his fantastic sentence writing in English.
2AF	Alan	For all his hard work and effort with his writing in English!
2SR	Sadbh	For approaching all of her work with growing confidence and a positive attitude. Well done!
2AS	Natalia	For displaying excellent problem solving in Computing.
3DB	Lilaina	For super work on partitioning numbers to 1000.
3GS	Gabriel and Isaac	For using Scientific language when classifying rocks.
3AR	Katelyn	For settling in so well to 3AR and her positive attitude to all her work.
4JB	Antoni	For excellent use of similes in his character description.
4AS	Natan	For showing excellent mathematical fluency and clearly explaining his understanding.
4S	Alisa	For excellent hard work and participation in every lesson!
5AL	Blake	For a positive start to Year 5 and excellent participation during all lessons.
5MM	Jacob	For settling into a new school so brilliantly.
5CR	Eloise	For giving great encouragement during our PE lesson!
6LI	Onur	For engaging well, making a positive start in all Y6 subjects.
6MS	Richie	For his fantastic contributions to class discussions this week. Well done!
6WL	Isabelle	For giving a clear explanation of how the heart works in Science.

Good Disciple awards are given to children who have shown exceptional love and kindness to fellow pupils and are helping to build God's kingdom here and now. Well done to the children listed below:

Phase	Name	Reason
<u>Lower</u>	Alicja 1AP	For always being helpful to her peers.
Middle	Bea-Rose 3AR	For kindness when helping a new child to settle in to 3AR.
Upper	Semhal 6MS	For going out of her way to comfort and be kind to another child.

Dear parent/carer

We are pleased to share with you that our school will be working towards becoming a LiveSimply school and achieving the LiveSimply Award.

The LiveSimply Award, coordinated by CAFOD, the Catholic agency for overseas development, is presented to schools who demonstrate they are **living simply**, **living sustainably**, and **living in solidarity** with the world's poorest communities.

During our LiveSimply journey, we will be taking faith inspired actions that support our school & local communities and our global sisters and brothers too.

We look forward to telling you more about our actions and inviting you to also take part with us. We really appreciate your support.

If you would like to know more about LiveSimply for schools, please visit cafod.org.uk/LiveSimplySchools

CAFOD is the Catholic Agency for Overseas Development, working together with people living in poverty in some of the most hard-to-reach places in the world.



The Catholic Agency for Overseas Development
CAFOD is the official agency of the Catholic Church
in England and Wales, and part of Caritas Internationalis.
CAFOD is a registered charity (CAFOD 1000000).

Catholic High School Open Morning/Evening dates 2025

For all venues, check the web link for most up to date information.

Ealing High Schools

The Cardinal Wiseman Catholic School -

<https://www.wiseman.ealing.sch.uk/page/?title=Year+7+Admissions+From+Primary+School+2026%2D27&pid=186>

Open Evening: Wednesday 17th September 2025, 5.30pm to 8pm.
Headteacher talks 6pm and 7pm

Out of Borough High Schools

Douay Martyr's - <https://www.douaymartyrs.co.uk/59/admissions-1>

Open Evening: Thursday 18th September 2025 from 5:00 – 8:00pm
Headteacher talks at 5:15pm, 6:00pm and 7:00pm

Open Mornings: Tuesday 23rd September 2025 from 8:45 – 10:45am

Gumley House - <https://www.gumleyhouse.com/Open-Events/>

Open Morning: Tuesday 23rd September 2025 (9am-11am). Headteacher talk from 10:20am.
Thursday 25th September 2025 (9am-11am). Headteacher talk from 10:20am.

Open Evening: Tuesday 23rd September 2025 (5pm-8pm).

Gunnersbury School -

<https://www.gunnersbury.com/page/?title=Open+Days+for+Year+7+Admissions&pid=244>

Click here to book your place at one of the Open Events:

<https://forms.gle/TWmvKigA36CXf5uQ8>

Open evenings: Wednesday 24th September 2025 5pm-7.30pm with Headteacher talks at 6.00pm and 6.45pm

Open afternoons: Wednesday 24th September 2025 1.30-3pm with Headteacher address at 2.30pm
Monday 29th September 2025 1.30-3pm with Headteacher talk at 2.30pm

Open morning: Wednesday 1st October 2025 10.30-11.30am

Sacred Heart High School -

<https://www.sacredhearhigh.org.uk/page/?title=Open+Days+%2D+Secondary+Transfer+2026&pid=327>

Open morning: Thursday 11th September 2025 9:30am - 11am

Open morning: Thursday 18th September 2025 9:30am - 11am

Open evening: Thursday 11th September 2025 4pm – 6pm

Open evening: Thursday 18th September 2025 4pm - 6pm

St Mark's – <https://www.st-marks.hounslow.sch.uk/page/?title=Open+Events&pid=1217>

Open Mornings: Thursday 25th September 2025 9 - 10.30am

Wednesday 1st October 2025 9 - 10.30am

Open Evenings: Thursday 25th September 2025 5pm - 8pm

St Richard Reynolds Catholic College

Tours: Every Wednesday and Friday mornings at 9am for High School

Please visit our website via: <https://strichardreynolds.org.uk/whole-college/admission/>

Additionally, the High School will be hosting an Open Evening on Wednesday 1st October, 5:30pm - 7:30pm.

The Cardinal Vaughan Memorial School - <https://www.cvms.co.uk/Admissions/index.asp>

Open Evenings: Thursday 11th September 2025

Wednesday 17th September 2025

The Headmaster will address parents and pupils at 4.30pm and again at 6.00pm. Following each speech, parents will be taken on a tour of the school. We therefore recommend you arrive in good time for either 4.30pm or 6.00pm.

The Oratory – <https://www.london-oratory.org/admissions/open-evenings>

Advance booking is required.

Wednesday 10th September 2025 5.30pm and 6.30pm

Tuesday 16th September 2025, 5.30pm and 6.30pm

Thursday 18th September 2025, 5.30pm and 6.30pm

High school open days

High school open days September and October 2025

Ada Lovelace CE High School

Wednesday 24 September 5pm to 8pm

Headteacher talks at 5.15, 6.15 and 7.15pm

Alec Reed Academy

Tuesday 23 September 5.30pm to 7.30pm

Headteacher talks at 5.45 and 7pm

Thursday 25, Tuesday 30 September and Thursday 2 October 9am to 10am

Ark Acton Academy

Wednesday 17 September 5.30pm to 8.30pm

Headteacher talk at 6.30pm

Ark Soane Academy

Thursday 25 September 5pm to 7pm

Headteacher talks at 5, 5.45 and 6.45pm

Monday 22 to Friday 26 September 9.30am to 11am

Brentside High School

Tuesday 16 September 5.30pm to 8.30pm

Headteacher talks at 5.45 and 6.45pm

Dormers Wells High School

Thursday 2 October 5pm to 7.30pm

Headteacher talks at 5.30 and 6.30pm

Drayton Manor High School

Thursday 25 September 5pm to 8pm

Headteacher talks at 5.15 and 6.30pm

Ealing Fields High School

Thursday 2 October 5pm to 8pm

Headteacher talks at 5, 6 and 7pm

Elthorne Park High School

Wednesday 10 September 5.15pm to 8.30pm

Headteacher talks at 5.30, 6.15, 7.00 and 7.45pm

Featherstone High School

Thursday 25 September 5pm to 8pm

Headteacher talks at 5.15, 6.15 and 7.15pm

Greenford High School

Thursday 18 September 5pm to 7pm

Headteacher talks at 5, 6 and 7pm

Islip Manor High School

Wednesday 1 October 5.30pm to 7.30pm

Headteacher talks at 6 and 7 pm

Monday 13 to Friday 17 October and

Monday 20 to Friday 24 October

The Cardinal Wiseman Catholic School

Wednesday 17 September 5.30pm to 8pm

Headteacher talks at 6pm and 7pm

The Ellen Wilkinson School for Girls

Thursday 18 September 6pm to 8.30pm

Headteacher talks at 6.15, 6.45 and 7.30pm

Thursday 11, Wednesday 17, Thursday 25 September and Thursday 2 October 10am to 11am

Twyford CE High School

Thursday 18 September 5pm to 8pm

Headteacher talks at 5.30, 6.30 and 7.30pm

Villiers High School

Thursday 18 September 3pm to 7.30pm

Headteacher talk at 5pm

Tuesday 23, Wednesday 24 and Thursday 25 September 9.45am to 10.30am

William Perkin CE High School

Thursday 25 September 5pm to 8pm

Headteacher talks at 5, 6 and 7pm

Please check the schools' website to confirm the date, time and booking information. There is no onsite parking at the schools.

Parent Teacher Association



Reception Parents *Coffee Morning*



St Joseph's PTA are excited to
invite you to our upcoming
Reception Parent's Coffee Morning

on Friday 26th September 2025

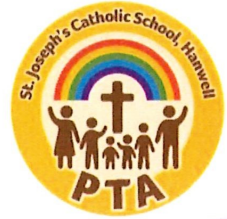
Time: 08:45 – 09:30

Location: INSIDE SCHOOL (Community Classroom)

It's a great opportunity to meet other parents, share experiences, and enjoy delicious coffee and pastries. Whether you're new or a familiar face, we'd love to see you there.

Babies and toddlers welcome.

Parent Teacher Association



Nursery Parents *Coffee Morning*



St Joseph's PTA are excited to
invite you to our upcoming
Nursery Parent's Coffee Morning

on Friday 3rd October 2025

Time: 08:45 – 09:30

Location: INSIDE SCHOOL (Community Classroom)

It's a great opportunity to meet other parents, share experiences, and enjoy delicious coffee and pastries. Whether you're new or a familiar face, we'd love to see you there.

Babies and toddlers welcome.



West London
NHS Trust

Ealing Mental Health Support Team

Your Termly Newsletter

September 2025

Is your child feeling....

Demotivated? Anxious? Stressed?
Worried? Sad? Irritable? Low?
Panic? Tired or lacking energy?



We can help you and your child

Ealing Mental Health Support Team (MHST) supports the wellbeing of children and young.

In Primary schools, we offer 1:1 support to parent's whose children feel:

- Worried and present with behaviours that challenge



You said, we did!

You told us it would be helpful to have online workshops to help you support more mental health difficulties. This term we're introducing a new workshop: **An introduction to obsessive compulsive disorder (OCD).**

You may notice:

- Your child organising things based on counting or symmetry
- Your child often checks the same thing over and over
- Your child has to clean or do things a certain way

[Click here to find out more about OCD.](#)



In Secondary Schools, we offer 1:1 support to young people who sometimes feel:

- Anxious or low in mood

If you have any questions about the above, please speak with your schools Mental Health Link Worker.

Dates to remember:

Self-care September

World Mental Health Day: 10th October

Men's Mental Health Awareness: November

Anti-bullying Week: 11 - 15th November





Promoting hope & wellbeing together



ELP
Ealing Learning Partnership

Back to school:

Going back to school can be a difficult time. Maybe your child is worried about having a new teacher, feeling motivated or homework. It's good to remember that these feelings are common.

Helpful Tips:

- Get organised - use planners, diaries and apps to keep track of things
- Set goals - make sure they're small and manageable
- Look after them and yourself: take time to do the things you enjoy!

Top Tip!

Did you know that when you feel anxious, scared, or overwhelmed, your body starts to act like it's getting ready to fight or run away—even if there's no real danger?

But here's something amazing: breathing slowly and deeply is like a secret superpower! Next time your child is feeling anxious, try to help them breathe in through their nose, and out through their mouth whilst tracing your hand.



5-Finger Breathing



Upcoming Workshops

September 2025

- Supporting positive behaviour: 18th 10:30am - 11:30am
- Introduction to Autism in adolescents: 26th 12:00pm - 1:30pm

October 2025

- Supporting anxiety in adolescents (Part 1): 1st 12:00 - 1:30pm
- Introduction to OCD: 03rd 11:00am - 12:30pm
- Understanding behaviour for children with additional needs: 10th 12:00pm - 1:30pm
- Supporting appropriate use in technology (children): 16th 12:00pm - 1:30pm
- Social Media & self-esteem: 22nd 10:15am - 11:30am

November 2025

- Supporting anxiety in adolescents (Part 2): 12th 12:00 - 1:30pm
- Introduction to autism: 18th 12:00pm - 1:30pm
- Supporting friendship in children: 25th November 12:00pm - 1:00pm

December 2025

- Teen low mood & Sleep: 1st 12:00pm - 1:00pm
- Adolescent exam stress: 8th 12:00pm - 1:00pm

If you would like to sign up to one of our workshops, please do so on the below website or scan the QR code.

<https://forms.gle/498J1SG2V/XZ4q71h9>



Promoting hope & wellbeing together

OUR SCHOOLS NEED MORE CATHOLIC GOVERNORS AND DIRECTORS.



CAN YOU HELP?

1

It's not for someone like me

It's for everyone and we need more diversity on all our boards— in race, age, experience and gender.

2

I've got no experience of Education

We need a breadth of people from outside of Education

3

I'm too old/young

Anyone over 18 can become a governor and there is no upper age limit

4

I wouldn't know what to do

The Diocese and LAs provide induction training and ongoing support

5

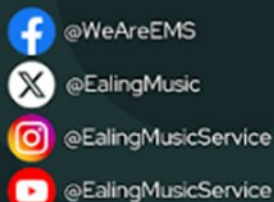
I'd get nothing from it

78% governors say they feel their work "makes a difference"

89% would recommend the role to others

Please contact governors@rcdow.org.uk
or check out some of our vacancies at
[Interested in working in our Schools –
Diocese of Westminster Education
Service \(rcdow.org.uk\)](#)





Cadenza has continued to grow and provide even more opportunities for our young musicians. Now with 19 ensembles and classes catering to over 200 pupils from Ealing and beyond, and with manageable monthly rehearsals, Cadenza is the chosen music centre for many young musicians in West London.

Our ensembles rehearse monthly on a Saturday at Grange Primary School, Ealing. The centre opens at 8:30am and our ensembles and classes run from 9:00am throughout the day until our last rehearsal finishes at 5:30pm.

Cadenza prides itself on being a friendly, supportive and relaxed setting where young people come to learn and make high quality music with professional teachers and conductors. We are proud to provide a wide variety of excellent ensembles and look forward to welcoming you for the year 2025/26.

For more information or to apply visit: ealingmusicservice.com/cadenza



ST JOSEPH'S TODDLER GROUP

AUTUMN TERM DATES

9TH SEPTEMBER

23RD SEPTEMBER

7TH OCTOBER

21ST OCTOBER

**WE'RE
BACK!**

9.30am – 11.15am

Gates open 9.30–9.40

No entry after this time
due to gate access

The Community Classroom @
St Joseph's Catholic Primary
School, York Avenue,
Hanwell, W7 3HU



Free Children Piano/Keyboard Taster Available Now

- Weekly 1 hour lessons available Monday to Sunday for children aged 5-13
- Children learn to read, write and play music in every lesson. we also provide keyboard at every lesson
- Termly Exams and certificate along with opportunities to sit at internationally recognised exams and perform at live events



Contacts us Now by Email, Phone, Whats App or via our Website/QR Code to Book Your "FREE TASTER SESSION"



e:office@soundstepsmusic.co.uk t:07926 371583
www.soundstepsmusic.co.uk



FREE TASTER SESSION AVAILABLE ACROSS THE FOLLOWING AREAS AND ONLINE



Limited Spaces Available For Next Term



Contacts us Now by Email, Phone, Whats App or via our Website/QR Code to Book Your "FREE TASTER SESSION"



e:office@soundstepsmusic.co.uk t:07926 371583
www.soundstepsmusic.co.uk

Disclaimer St Joseph's Catholic Primary School is happy to use the newsletter to support activities, events and publications. However, we have not vetted these services and are not specifically recommending them.