My question to you from last week...

Are you blessed and happy?

8th Sunday in Ordinary Time

Monday 21st February 2022



Luke 6: 43-45

Our words flow out of what fills our hearts.



Which apple a good apple?

Which apple is a rotten apple?

How do you know?



The good apple is on the left and the bad apple is on the right.

The good apple comes from a tree that is good and strong.

The rotten apple comes from a tree that is full of disease.

Are we good apples or rotten apples?

We are known for our actions. When we do good things, we show others that we have a loving heart.

I will leave you with a question for next week...

How will you show others the type of apple you are?



When our eyes do not see the gravity of racial injustice,

Shake us from our slumber and open our eyes, O Lord.

When out of fear we are frozen into inaction,

Give us a spirit of bravery, O Lord.

When we try our best but say the wrong things,

Give us a spirit of humility, O Lord.

When the chaos of this dies down,

Give us a lasting spirit of solidarity, O Lord.

When it becomes easier to point fingers outward,

Help us to examine our own hearts, O Lord.

God of truth, in your wisdom, Enlighten Us.

God of love, in your mercy, Forgive Us.

God of hope in your kindness, Heal Us.

Creator of All People, in your generosity, Guide Us.

Racism breaks your heart,

break our hearts for what breaks yours, O Lord.