St Joseph's Catholic Primary School Weekly Newsletter

20th November 2025



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Crazy Hair Day

Today, the children were very creative with their hairstyles; lots of fantastic decorations in hair also. The purpose of the day is to help the PTA and the Christmas Fayre. Today the children should have brought in a gift for a female. If your child forgot, please ensure that your child brings it in next week. Thank you. A few example below of creativity shown.



Free School Meals

Even with the Mayor of London's universal free school meals, parents should still sign up for benefits-related free school meals because it unlocks extra support. Registration gives eligible families additional help such as holiday food vouchers, uniform support and other financial assistance not included in the Mayor's offer. It also provides St Joseph's with vital Pupil Premium funding which pays for learning support, extracurricular activities and wellbeing services. Without sign-ups, our school loses out on resources that directly benefit children. Applying also helps local authorities understand local need and allocate future funding fairly.

Sign up by clicking the link or come in to the office and pick up a form. http://fsm.bslforum.com/ealing/Dseat.jsp

Social Media Posts

The Co-Chairs of Governors sent out a letter this morning which addressed social media content posted by a former employee. If you did not receive the letter, please let the office know. Thank you for all the messages of support for the staff and school.

Sunday 23rd November 2025

Gospel: Luke 23:35-43



The crucified Jesus is the King who leads into paradise

The people stood by, watching; but the leaders scoffed at Jesus, saying, "He saved others; let him save himself if he is the Messiah of God, his chosen one!" The soldiers also mocked him, coming up and offering him sour wine and saying, "If you are the King of the Jews, save yourself!" There was also an inscription over him, "This is the King of the Jews."

One of the criminals who were hanged there kept deriding him and saying, "Are you not the Messiah? Save yourself and us!" But the other rebuked him, saying, "Do you not fear God, since you are under the same sentence of condemnation? And we indeed have been condemned justly, for we are getting what we deserve for our deeds, but this man has done nothing wrong.' Then he said, "Jesus, remember me when you come into your kingdom." He replied, "Truly I tell you, today you will be with me in Paradise.

Football Kits

The St Joseph's boys' and girls' football teams need new kits. Some schools ask local businesses to sponsor the kits so I am giving first preferences to our parent body. If you run a business and would be willing to sponsor one/both football kits, please let me know.

Live Simply Award





Ms. Klepacka's tip is to:

'Resell or donate:' Pass along items you no longer need to others who can use them.

Message from the ECO Team



Driving in York Avenue

The 'Safer Street' does not feel that safe. Our community needs to work together so that it lives up to the name. Pedestrian parents and children need to walk on the pavements and be aware of their surroundings, electric cars do not make much noise. Parents who drive need to be mindful of the children who cross the roads and not just stop anywhere to let their children out.

PTA Break the Rules Day

Please see the back of the newsletter for information about Break the Rules Days in school. The next one is Pyjama Day on Friday 28th November—children to bring a gift for a male.



Toddler Group

New second half of our autumn term dates for the Toddler Group meetings is out. Upcoming sessions will be 11th and 25th November and 9th December 2025. Please see flyer at the back for more information.



Flyers at the back

Ealing Mental Health Support Team - Over the Autumn term, Ealing Mental Health Support Team will be running a variety of workshops for parents and carers of children who attend a school in Ealing. Please see the posters at the back of this newsletter.

Art Therapy sessions

Celebrations

Religious Education Work of the Week awards are given to children who have shown that bit of extra effort in their RE lessons that week.

Class	Name	Reason	
Nursery	Franson	For drawing a beautiful picture of Mary and Angel Gabriel.	
RB	Maksym	For always sharing and showing kindness to others. Well done!	
RL	Alina	For showing a great understanding of why God chose Mary and how she would have felt.	
1EB	Alondra	For learning to say the 'Hail Mary' prayer in Makaton.	
1AP	Hayk	For his excellent effort when learning the Hail Mary prayer in sign language.	
2AF	Sara	For her lovely ideas on how we can help those in need this Christmas.	
2SR	Yonathan	For great input during our Catholic Social Teaching lesson	
2AS	Filip A	For showing excellent understanding of the importance of the Baptismal candle.	
3DB	Hania	For excellent work on describing each step of the Rite of Baptism.	
3GS	Ahmed	For understanding the sequence in the Rite of Baptism lesson. Well done!	
3AR	Katelyn	For trying hard when sequencing the second part of the Rite of Baptism.	
4JB	Ollie	For an informative poster of how we can and why we should donate to the poor.	
4AS	Teodor	For completing a lovely piece of work showing how we live in God's light by following the Holy Spirit.	
4S	Jordaine	For her detailed writing about Dean Devereux.	
5AL	Shaynie	For understanding the belief of how the coming of Jesus brings hope to people today.	
5MM	Aminadab	For great understanding on what Advent is and who the prophet Isiah was.	
5CR	Martin	For a great radio report linking to Isiah 40:9-11.	
6LI	Kei'Aire	For carefully considering the qualities necessary for a person entering the priesthood.	
6MS	Joshua	For his excellent explanation of the Rite of Ordination.	
6WL	Georgia	For explaining which qualities a priest would need and why they are important to the role.	

Celebrations continued

Headteacher awards are presented each week to children who the staff think have put that little bit of extra into their work. Well done to the children listed below:

Class	Name	Reason
Nursery	Menbere	For showing confidence during singing.
RB	Nina	For making good progress in blending. Keep it up!
RL	Milo	For always trying his best and being kind to others.
1EB	Morgan	For excellent work using plurals in sentences.
1AP	Eden	For her fantastic reading effort. Well done.
2AF	Tello	For his wonderful retell of Jack and the Beanstalk.
2SR	Angela	For using 2Paint A Picture brilliantly in Computing to create art in different styles.
2AS	Filip B	For creating wonderful digital art.
3DB	Amelia	For always presenting her work so carefully and beautifully.
3GS	Alia	For doing her addition and subtraction on step at a time to achieve the correct answer.
3AR	All of 3AR	For a wonderful assembly on looking after our 'Common Home'.
4JB	Anish	For fantastic behaviour for learning! Keep it up!
4AS	Lorena	For always putting great effort into her learning, even when finding something challenging.
4S	Viktoria	For always working hard and setting a fantastic example to her classmates.
5AL	Darragh	For an excellent opening to a descriptive story written in the style of Michael Morpurgo.
5MM	Meabh	For always being kind and helpful to those around her.
5CR	Esme	For using a great powerful verb at the beginning of her ship-wreck story!
6LI	Jane	For a fantastic persuasive letter to Jim Jarvis
6MS	Sophie	For her super effort practising division in Maths this week.
6WL	Reiko	For a great attitude and perseverance in all subjects.

Good Disciple awards are given to children who have shown exceptional love and kindness to fellow pupils and are helping to build God's kingdom here and now. Well done to the children listed below:

Phase	Name	Reason
Lower	Zoe 1EB	For always setting an excellent example to others.
Middle	Lidia 3GS	For being a kind and considerate friend to others in our class.
Upper	Malannie 6WL	For being a helpful classroom monitor - giving out books and ensuring that we are on time - always with a smile





AUTUMN TERM 2025

PARENTS/CARERS



Over the Autumn term, Ealing
Mental Health Support Team will
be running a variety of
workshops for parents and
carers of children who attend a
school in Ealing.

If you would like to sign up to one of our workshops, please do so on the below website or scan the QR code.

https://forms.gle/498J1SG2WXZ4q71h9

Promoting hope & wellbeing together



If you have any questions, please do email us on: Ealing.mhst@nhs.net

PRE AND POST-ATTENDANCE GUIDE Step 1 Step 2 Step 3 Use our QR code to email reminder on the morning of the sign up for a workshop(s) of your choice Step 4 Step 5 All workshops start promptly on the time advertised. Please note we To ensure you receive resources cannot guarantee access to the eedback form provided at the end of the session

Disclaimer St Joseph's Catholic Primary School is happy to use the newsletter to support activities, events and publications. However, we have not vetted these services and are not specifically recommending them.

SUPPORTING POSITIVE **BEHAVIOUR IN CHILDREN**

AN INTRODUCTION TO **AUTISM IN ADOLESCENTS**

SUPPORTING ANXIETY IN **ADOLESCENTS PART 1**

This workshop supports children. It introduces parents to and strategies to manage your

Date: 18th September 2025

Time: 10:30am - 11:30am

This workshop supports parents/carers of secondary-aged parents with strategies to promote positive mental health among autistic

Date: 26th September 2025 Time: 12pm - 1:30pm

This workshop is aimed at parents/carers of young people attending Secondary school who would like to learn more about how to manage anxiety in young people. as well as helping to build their confidence. Part 1 will focus on what anxiety is and how it's maintained.

Date: 1st October 2025 Time: 12pm - 1:30pm

INTRODUCTION TO OCD

UNDERSTANDING BEHAVIOUR FOR CHILDREN WITH ADDITIONAL NEEDS

SUPPORTING APPROPRIATE **TECHNOLOGY USE IN CHILDREN**

parents/carers of Primary and Secondary school-aged children who would like to learn more about the signs and symptoms of Obsessive Compulsive Disorder (OCD) and ways of supporting young people to fight back against compulsive behaviours.

Date: 3rd October 2025 Time: 11am - 12:30pm may occur in children with a range of additional needs, and how to support positive behaviours in children.

Date: 10th October 2025 Time: 12pm - 13:30pm

parents/carers of **primary**-aged children. It introduces parents to strategies in managing and

Date: 16th October 2025 Time: 12pm - 1pm

SOCIAL MEDIA AND SELF-ESTEEM IN CHILDREN AND YOUNG PEOPLE

annumum, parents/carers of Primary and econdary school-aged children. It w explore the top tips for using social media, single of positive and positive

Date: 22nd October 2025 Time: 10:15am - 11:30am

SUPPORTING ANXIETY IN **ADOLESCENTS PART 2**

CHARLES THE COLUMN TWO IS NOT THE COLUMN TWO

Date: 12th November 2025 Time: 12pm - 1:30pm

AN INTRODUCTION TO **AUTISM**

Autism and how to support thildren where Autism may be suspected or diagnosed.

Date: 18th November 2025 Time: 12pm - 1:30pm

SUPPORTING FRIENDSHIP IN CHILDREN

This workshop is aimed at parents/carers of **primary**-aged children to provide information to help you support your young person with building and managing friendships, including supporting with social anxiety.

Date: 25th November 2025 Time: 12pm-1pm

TEEN LOW MOOD AND SLEEP

And the same of the same of

Date: 1st December 2025

ADOLESCENT EXAM STRESS

parents/carers of **secondary**-aged children to identify and manage exam stress in adolescents, and will provide strategies to promote allbeing in students before, during and after exams.

Date: 8th December 2025



Promoting hope & wellbeing together





Each December, the PTA organises our beloved Christmas Fayre, where children choose gifts for their loved ones. To support this, we kindly request that each child bring a small gift (maximum £5) on each "Break the Rules" day.

This year, we've provided a list of gift suggestions tailored to your child's year group. We would appreciate a wider variety of gifts for the children to select from, along with a few examples. If possible, please choose a present from this list. Thank you for helping make this event magical!

Friday
21st Nov 2025
CRAZY HAIR DAY

BRING A GIFT FOR A FEMALE

Friday
28th Nov 2025
PYJAMA DAY

Nursery & Reception > Useful gifts (purse, wallet, umbrella, travel mug, notepad & pen)

Years 1 & 2 > Bath & Bodγ (women's cosmetics, toiletries, men's grooming gifts)

Year 3 + 4 > Wearable gift (Socks, scarfs, gloves, tie, hair accessories)

Year 5 + 6 > Home/DIY gift (Candles, photo frames, mini tool kit, torch)



Year 4 > 9+girl

Year 5 > 9+ boy

Year 6 > 11+ boy/girl











On the following Wednesdays: 19th, 26th November, 3^{rd,} 10th December 9:30 - 11:30am Hanwell Community Centre, W7 1PD

Mindfulness - Being in the moment
Anxiety & Stress - Tools to manage anxiety & stress
Self Awareness - Paying attention to your thoughts
and feelings

Self Esteem & Self Compassion - Practise being kind to yourself

To request a place call 020 8575 6139 or email: administrator@empowering-action.org.uk



EASE (Empowering Action & Social Esteem) Ltd Hanwell Community Centre, Westcott Crescent, W7 1PD Telephone: 0208 575 6139

www.empowering-action.org.uk Charity No. 1098965





NOVEMBER

- · Tinned Vegetarian Main Meals
- · Long Life Milk
- Tinned Chunky Soups
- Tinned Custard/Rice Pudding
- Tinned Chickpeas & Vegetables
- Tinned Fruit
- Peanut Butter/Jam/Honey
- Instant Coffee

You can also purchase our most urgently needed items on GiveToday for delivery straight to us.



Or donate via PayPal.

Donations fund food
purchases, debt and
benefits advice for
clients and more.







u12 Girls (Yrs 6 &7) and U14 Girls (Yrs 8&9)

Join us from 11am to 1pm and give rugby a try!

SYON LANE, OSTERLEY, TW7 5PN

For more info: juniorchair@grasshoppersrfc.com



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