



St Joseph's Catholic Primary School

Weekly Newsletter

Friday 20th December 2023

In this issue...

- Merry Christmas!
- Message from Governors
- Reminder—Early closure
- Reminder—After School Club
- Class Christmas Parties
- Advent Services
- Carol singing
- Pantomime
- Mental Health Services

Merry Christmas!

Christmas is a special time when we celebrate the birth of Jesus and we give thanks for the gifts of love, hope and peace which He gave to the world. On behalf of all of the staff at St. Joseph's, I wish you and your families a very merry Christmas and all the very best for the New Year. Enjoy the break and remember we return to school on Monday 8th January 2024.

Message from Governors

On behalf of the Governors, we would like to wish all our staff, children and families a happy and holy Christmas. We hope you all enjoy a well-deserved break and look forward to seeing you in the New Year for another successful term.

Anita and Hilary, Co-Chairs of Governors.

Sunday 24th December 2023

Gospel: Luke 2:1-14



How Jesus our Saviour was born

"Glory to God in the highest heaven, and on earth peace among those whom he favours!"

Reminder - School closes at 1.30pm today

Today is a half day, please pick up your child promptly at 1.30pm.

Reminder - After School Club

After school club will be closing at 4.30pm this afternoon. Please pick up your child by 4.30pm.

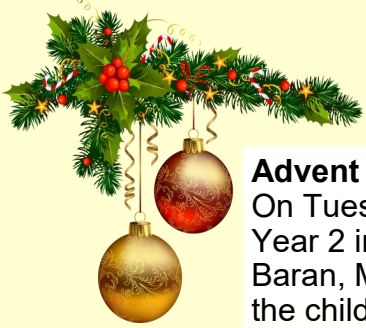
Class Christmas Parties

On Monday, all of the children enjoyed their party day. It was lovely to see the children sharing their food and having a fantastic time. I thank the PTA for organising for Santa to visit St Joseph's. I am impressed that he and his two Elves were able to take time out their busy Christmas schedule to drop in and visit all the children and hand out goodies. Thank you for all your donations for the Christmas Jumper day in aid of 'Save the Children'.



Love Learn Believe





Advent Services

On Tuesday, we were treated to two wonderful Advent Services. The first was led by Year 2 in school and the children performed their service beautifully. Thank you to Mrs. Baran, Miss Frost and Mr. Buckfield and the rest of the Year 2 team who helped prepare the children.



In the evening, it was the turn of Year 5 to lead the school Advent Service in the Church. As usual, the children's voices melted our hearts as they sang angelically and read superbly. Thank you to Mrs. Ingham, Mr. Wesolowski and Mr. Brooks for their musical expertise and to Mrs. Llewellyn, Miss Richardson, Mr. Sheehan, Mrs. Lisowski, Mrs. Mitchell and Ms. Males for preparing Year 5 so well. Thank you also to Father Cristiano who gave us a final blessing. We held a retiring collection in aid of CAFOD which raised £182.56. Thank you for your generosity. Please click on the link below to hear a recording of the children:

https://sicphanwell-my.sharepoint.com/:f:/g/personal/asheehan_sicphanwell_onmicrosoft_com/EhTm_1luqKFMnZKFhN-HhHcBdz3Az0FL_oNsuoURvnWs4w?e=Up524n



Carol Singing

Yesterday evening, our Carol Singers again sang carols at Hanwell Station for 90 minutes and impressed commuters so much that in total we raised £418.72 for CAFOD. The figure is slightly down on last week's collection but there were a couple of cancelled trains which meant less passengers coming through the station. Well done to all the carol singers and the extras who were 'pressganged' to help make up the numbers. Thank you again to Mr. Wesolowski for organising the children and music.



Love Learn Believe





Pantomime

Thank you for the donations towards the professional theatre show – Treasure Island. The pantomime was a huge success for the children in Years 1 to 6 who really got into the spirit of what a panto is all about... 'Oh no they didn't, oh yes they did!' Great festive fun!



Mental Health workshops

Please see the back of the newsletter for information on mental health workshops being run by the Ealing Mental Health Support Team in the Spring and Summer term.



Ealing Mental Health Support Team

WORKSHOPS FOR PARENT/CARERS

SPRING TERM 2024

West London
NHS Trust



Over the spring term, Ealing Mental Health Support Team will be running a variety of workshops for parents and carers of children who attend a school in Ealing.

If you would like to sign up to one of our workshops, please do so on the below website or scan the QR code.



<https://forms.gle/jmUT9kJNRPNdBUAh6>



If you have any questions, please do email us on: Ealing.mhst@nhs.net

PRE AND POST-ATTENDANCE GUIDE

Step 1

Use our QR code to sign up for a workshop(s) of your choice

Step 2

You will be emailed a Microsoft Teams link several days before the workshop

Step 3

You'll receive another email reminder on the morning of the workshop

Step 4

All workshops start promptly on the time advertised. Please note we cannot guarantee access to the workshop if sign up is on the day so do sign up as early as possible

Step 5

To ensure you receive resources from the workshop you have attended, please complete the feedback form provided at the end of the session



Promoting hope & wellbeing together



Disclaimer St Joseph's School is happy to use the newsletter to support activities and events. However, we have not vetted these services and are not specifically recommending them.

SUPPORTING ANXIETY IN CHILDREN AND YOUNG PEOPLE

This workshop is aimed at parents of children attending **Primary** and **Secondary** who would like to learn more about how to manage anxiety in young people, as well as helping to build their confidence.

Date: January 16th 2024

Time: 11am - 12:15pm

TEEN LOW MOOD

This workshop is aimed at parents of **secondary**-aged children, who would like to know more about what may cause low mood and gain knowledge of strategies that can help to improve low mood.

Date: January 25th 2024

Time: 1pm - 2:15pm

AN INTRODUCTION TO AUTISM

This workshop is aimed at parents of children attending **Primary** and **Secondary**, who would like to know more about Autism and how to support children where Autism may be suspected or diagnosed.

Date: January 26th 2024

Time: 1:30pm - 3:00pm

SUPPORTING FRIENDSHIP IN CHILDREN

This workshop is aimed at parents of **primary**-aged children to provide information to help you support your young person with building and managing friendships, including supporting with social anxiety.

Date: February 12th 2024

Time: 11am - 12:30pm

UNDERSTANDING BEHAVIOUR FOR CHILDREN WITH ADDITIONAL NEEDS

This workshop is aimed at parents of children attending **Primary** and **Secondary**. The workshop introduces how and why behaviours may occur in children with a range of additional needs, and how to support positive behaviours in children.

Date: February 13th 2024

Time: 11:30am - 1pm

MANAGING EXAM STRESS

This workshop supports parents of **secondary**-aged children to identify and manage exam stress in adolescents, and will provide strategies to promote wellbeing in students before, during and after exams.

Date: February 22nd 2024

Time: 1pm - 2:15pm

UNDERSTANDING MENTAL HEALTH IN ADOLESCENT BOYS

This workshop supports parents of **secondary**-aged children. It aims to introduce parents to the causes of declining mental health in adolescent boys and equips parents with strategies to promote positive mental health.

Date: March 14th 2024

Time: 11am - 12:30pm

AN INTRODUCTION TO AUTISM IN ADOLESCENTS

This workshop supports parents of **secondary**-aged children. It aims to introduce parents to the changes and impact of adolescence within autism, equipping parents with strategies to promote positive mental health among autistic teenagers.

Date: March 19th 2024

Time: 10:30am - 12pm

SUPPORTING POSITIVE BEHAVIOUR IN CHILDREN

This workshop supports parents of **primary**-aged children. It introduces parents to common behavioural difficulties, factors that influence behaviour and strategies to manage your child's behaviour. It'll also consider the impact of screen time and how to promote boundaries with this.

Date: March 28th 2024

Time: 11am-12:30pm



Promoting hope & wellbeing together



Disclaimer St Joseph's School is happy to use the newsletter to support activities and events. However, we have not vetted these services and are not specifically recommending them.



AIRPORTBOWL
BAR · ARCADE · RESTAURANT

CHRISTMAS HOLIDAYS



2 GAME SPECIAL

KIDS £10 per person
ADULTS £12 per person

EXCLUDING BANK HOLIDAYS

VALID FROM 19TH DEC 2022 - 2ND JAN 2023, MONDAY - FRIDAY 10AM - 5PM ONLY,
EXCLUDING BANK HOLIDAYS. UP TO SIX PEOPLE PER VOUCHER. ONLY REDEEMABLE
WHEN TWO GAMES OF BOWLING PER PERSON ARE PURCHASED. T&C'S APPLY.

FAMILY SPECIAL

**ONE HOUR
FOR £32**

EXCLUDING BANK HOLIDAYS

VALID FROM 19TH DEC 2022 - 2ND JAN 2023, MONDAY - FRIDAY
10AM - 5PM ONLY. UP TO SIX PEOPLE PER VOUCHER, MINIMUM
OF ONE CHILD PER GROUP OF SIX. T&C'S APPLY.

Tel. 0208 759 7246

bookings@airport-bowl.com www.airport-bowl.com

Airport Bowl, Bath Road, Harlington, Middlesex, UB3 5AL



AIRPORTBOWL



AIRPORTBOWL



airport_bowl



airportbowl