



1st Sunday of Lent

Monday 28th February 2022

My question to you from last
week...


How will you show others the
type of apple you are?

Gospel

Luke 4:1-13



While Jesus was in the desert he had hardly any food to eat or water to drink.



How do you think he must have felt being alone and not having enough to eat?

Lent is a time when we try extra hard to help other people.

Lent is a time when, like Jesus in the desert, we spend 40 days trying to come closer to God.

We look at our lives and
prepare ourselves for Easter.

We try to pray more and share
more, thinking less about
ourselves and more about other
people – our neighbours at
home and around the world.


Lenten Charities



I will leave you with a question
for next week...



How will you prepare for Easter?



Dear Lord,
We know that you love
everyone. Help us to act with
love towards others and to do
what we can so that no one
goes hungry.
Amen.