



St Joseph's Catholic Primary School

Weekly Newsletter

23rd January 2026



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Upcoming Parent Evenings

Please put in your calendars the upcoming parent evenings. The dates are Thursday 5th February (4.30pm – 7pm) and Tuesday 10th February (3.30pm – 6pm). Please stick to the times and dates as teachers are discouraged from making appointments outside these times due to the government's work / life balance agenda. The letters will be emailed to you shortly.



Sunday 25th January 2026

Gospel: 4:12-23



Jesus calls his the fishermen to leave everything to follow him

As he walked by the Sea of Galilee, he saw two brothers, Simon, who is called Peter, and Andrew his brother, casting a net into the sea-for they were fishermen. And he said to them, "Follow me, and I will make you fish for people." Immediately they left their nets and followed him. As he went from there, he saw two other brothers, James son of Zebedee and his brother John, in the boat with their father Zebedee, mending their nets, and he called them. Immediately they left the boat and their father, and followed him. Jesus went throughout Galilee, teaching in their synagogues and proclaiming the good news of the kingdom and curing every disease and every sickness among the people.

Basketball

On Thursday, our Year 5 basketball team took part in a fantastic competition at Cardinal Wiseman. The pupils showed brilliant enthusiasm and demonstrated outstanding teamwork throughout, which was the key value celebrated in this tournament. Although we did not secure a medal position, we are incredibly proud of every student who took part and represented our school with such determination and sportsmanship. Well done to Arianna, Alan, Enzo, Rich and Julia. Thank you to Mr Miller and Ms Males for taking the children to the competition.



Year 6 World War II Workshop

On Wednesday, Year Six took part in a WWII workshop hosted by Carl, a former soldier and keen historian. The children loved the day and participated fully throughout. The day began with a breakdown of how Hitler came to power, the events that happened in Europe in the run-up to war and ended with the dropping of the atomic bombs. The children were shown artefacts and learnt about life on the 'Home front' which covered the role of women during the war, air raids, evacuation and rationing. After lunch, some pupils were given the opportunity to wear the equipment and uniforms of a British soldier whilst Carl taught them about weaponry and ammunition. The day ended with a spot of code-breaking inspired by the great minds who helped win the war at Bletchley Park. Thank you to Mrs Baran for organising the workshop and to Mrs Ingham, Ms Smith and Mrs Whybrew for inspiring the children.



Catholic Social Teaching

Solidarity & Peace – Let's Live It Together!

What is Solidarity?

It's about *sticking together*, helping each other, and remembering we're all part of one big family — our school, our community, and our world!

What is Peace?

It's more than just "no fighting" — it's choosing kindness, fairness, and respect every single day.

How can we show it?

Share and take turns

Listen to others

Help someone in need

Use kind words, even when we disagree

Family Challenge:

This week, pick **one act of kindness** to do together as a family.

Ideas:

- Bake or cook something for a neighbour
- Write a thank-you card for someone who helps you
- Tidy a shared space at home or in your community

Afterwards, chat about: *How did it make you feel? How do you think it made the other person feel?*

Love Learn Believe

PTA Annual General Meeting

On Monday 26th January 2026 at 7pm, the PTA will be holding its Annual General Meeting in the Community Classroom. This is an opportunity to hear about the work that the PTA has done and to establish a new committee. Please do come along.

Agenda

1. Opening prayer
2. Attendees and apologies
3. Matters arising
4. Chairperson's report
5. Treasurers' report
6. Appointment of Independent Accounts Examiner
7. Appointment of PTA Committee members
8. Any other business

Parent Workshop

A Parents' Workshop will be held at the school on Thursday 5th February at 9am - Supporting children's emotional wellbeing and helping them to achieve their full potential. Please let Miss Sassenarine know if you will be attending.

LiveSimply tips:



Mrs Whybrew's tip is: to make the most of our local libraries. How often do we read a book more than once? Some people say that they don't like reading but I truly believe that they just haven't found the right book yet! The library is a fantastic free resource which will save you space on your shelves and money. We need to use it or lose it and, sadly, some local libraries face closure.

PTA Parent's Night Out

Please see the flyer at the back for details on the Parent's Night Out.



St Joseph's Toddler Group

Please see the flyer at the back for the spring term dates.



Cooking Club

Please see flyer at the back for Early Bird offer for next term.



Flyers at the back

Please see the posters at the back of this newsletter. Some good signposting to events happening in our area:

Foodbank

BEST Club leaflet

St Joseph's Toddler Group

Cooking Club

Ealing Mental Health Support

Connect-ED

Celebrations

Religious Education Work of the Week awards are given to children who have shown that bit of extra effort in their RE lessons that week.

Class	Name	Reason
Nursery	Harlyn	For showing respect during class prayers.
RB	Maria	For being a thoughtful and helpful member of Butterflies. Thank you!
RL	Eve	For being an excellent prayer leader!
1EB	Felipe	For his work about how Mary, Joseph and the teachers were feeling when Jesus was lost in the Temple.
1AP	Molly-Mae	For understanding that God chose Jesus to share Good News with the people.
2AF	Sara	For her beautiful mobile she created about right and wrong choices.
2SR	Serah	For her great mobile that displayed how we can change when we ask for repentance.
2AS	Jack	For adding wonderful illustrations to the Act of Contrition prayer.
3DB	Lilianna	For writing an excellent recount on the journey of the Magi.
3GS	Omojade	For a great retelling of the story of the Magi. Well done!
3AR	Oliwier	For his re-telling of the events when the Magi visited the New Born King.
4JB	Nichal	For recognising some of the signs that Jesus is the Messiah, from Matthew's Gospel.
4AS	Elias	For showing great engagement during lesson discussions and enthusiasm for learning during RE.
4S	Viktoria	For quietly helping a friend when they were stuck.
5AL	David	For creating a wonderful pinwheel explaining the Beatitudes in RE.
5MM	Joseph	For demonstrating great enthusiasm and knowledge whilst learning about the Beatitudes.
5CR	Maja	For great focus in her RE lessons to correctly find links between the 10 Commandments and Beatitudes.
6LI	Taijah-Lee	For explaining the spiritual meaning of 'He revealed his glory' from John 2:11.
6MS	Leandro	For his thoughtful work about the Gospels this week. Well done!
6WL	Carla	For an insightful piece of writing about Jesus' first miracle at the Wedding at Cana.

Love Learn Believe

Celebrations continued

Headteacher awards are presented each week to children who the staff think have put that little bit of extra into their work. Well done to the children listed below:

Class	Name	Reason
Nursery	Sidra	For showing courage in new situations.
RB	Zofia	For making fantastic progress in reading. Well done and keep it up!
RL	Jolene	For excellent animal balances during gymnastics. Well done!
1EB	Macia	For her efforts and progress in her reading!
1AP	Danny	For his excellent effort during Guided Reading and Phonics. Keep it up!
2AF	Eyuas	For great improvement to his behaviour and attitude to his work - keep it up superstar!
2SR	Sravan	For having a great understanding of money in Maths.
2AS	Hannah	For making outstanding progress in Maths.
3DB	Adiana	For super research on the artist Henri Matisse.
3GS	Nathaniel	For focusing and working hard this week. Well done!
3AR	Adam	For making a big improvement with handwriting and the presentation of his work.
4JB	Lamis	For always having the most impeccable manners!
4AS	Teodor	For amazing resilience and technique whilst sketching dragons in Art.
4S	Eddie and Joseph	For really enjoying their Computing lesson.
5AL	Tymon	For excellent participation in all lessons this week.
5MM	Jacob	For demonstrating the outstanding qualities of a Year 5 learner in every aspect of our school life.
5CR	Jakub	For an incredible change in behaviour and attitude to his learning. Keep it up!
6LI	Larissa	For excellent effort, ideas and teamwork in Dance.
6MS	Louie	For his excellent participation in our WW2 Day this week. Well done!
6WL	Teaganmarie	For committing to more regular reading and showing renewed focus in her daily work.

Good Disciple awards are given to children who have shown exceptional love and kindness to fellow pupils and are helping to build God's kingdom here and now. Well done to the children listed below:

Phase	Name	Reason
Lower	Olaf Nur.	For being more outgoing with his friends.
Middle	Pablo 2AS	For giving support to children in the class who are finding things difficult.
Upper	Yanet 4AS	For her impeccable manners and for always wishing staff a good morning, lunch or evening. A thoughtful and respectful role model!

**FAMILY
SUPPORT
WORKSHOP**

In-person workshops designed
to enhance family emotional
wellbeing, specifically tailored
for parents and caregivers.



**SUPPORTING YOUR CHILD'S
EMOTIONAL WELLBEING**

Connect-Ed delivers mental health support at St
Joseph's RC Primary school.

This workshop will provide parents and carers with
space to explore common challenges, learn new
strategies and share with others.

**COME JOIN US ON THURSDAY 5TH
FEBRUARY FROM 9AM TILL 10AM**





NOVEMBER

- Tinned Vegetarian Main Meals
- Long Life Milk
- Tinned Chunky Soups
- Tinned Custard/Rice Pudding
- Tinned Chickpeas & Vegetables
- Tinned Fruit
- Peanut Butter/Jam/Honey
- Instant Coffee

You can also purchase our most urgently needed items on GiveToday for delivery straight to us.



Or donate via PayPal. Donations fund food purchases, debt and benefits advice for clients and more.





Introducing Our BEST Club Spring 2026

**Learning to Find and Channel our
Resilience
to Strengthen our Independence in Every-
Day Life.**



**Tuesday 13th January – Tuesday 17th March
7.45am – 8.45am**

This term we will be exploring mental resources for resilient well-being to overcome every-day situations. We discuss useful ideas about the brain, challenges, games, art and strategies for building strengths to create resilience.

Through Games, Art & Drama

To book a place please visit <https://best4learning.co.uk/stjosephsy1-y6/>

For more information please email best4learningvicky@gmail.com
or call 07718 588454



COOKING CLUB

Spring Term 2026
9th Jan - 24th Mar

Tuesdays & Fridays
3:20 – 4:20pm

Culinary Creativity in just one hour!

- Exploring food in a fun & safe way
- Sweet and savoury dishes
- A recipe for fun and skill-building



Developing Life Skills:

- | | |
|---------------------------------------|--|
| <input type="checkbox"/> Nutrition | <input type="checkbox"/> Literacy |
| <input type="checkbox"/> Creativity | <input type="checkbox"/> Numeracy |
| <input type="checkbox"/> Independence | <input type="checkbox"/> Confidence |
| <input type="checkbox"/> Teamwork | <input type="checkbox"/> Problem Solving |



Klarna



Book online!



SCAN ME

Our website

www.mylittlechefathome.co.uk



EALING PARENTING SERVICE

FREE PARENTING WORKSHOPS SPRING TERM 2026

Tues 13th
JAN

Building Healthier Relationships - Part 1

*Delivered by Chris Kolade - Ealing Parenting Service
via MS Teams 10am-12pm*

Tues 20th
JAN

Work / Time Balance: Fatherhood in a Demanding World

*Delivered by Derek Willis - Ealing Parenting Service
via MS Teams 10am-12pm *men only session*

Tues 27th
JAN

Building Healthier Relationships - Part 2

*Delivered by Chris Kolade - Ealing Parenting Service
via MS Teams 10am-12pm*

Tues 10th
FEB

Domestic Abuse, Parenting & You

*Delivered by Patricia Chapman - SAFE West
via MS Teams 10am-12pm*

email parentingserviceadmin@ealing.gov.uk to register or for more info



EALING PARENTING SERVICE

FREE PARENTING WORKSHOPS SPRING TERM 2026

Tues 24th

FEB

Intergenerational Healing:

Parenting Differently, Breaking Cycles & Taboos

*Delivered by Derek Willis - Ealing Parenting Service
via MS Teams 10am-12pm ***men only session***

Tues 3rd

MAR

An Introduction to Internet Safety

*Delivered by Hayley Jones - SAFE Team
via MS Teams 10am-12pm*

****for parents/carers of under 13s***

Tues 24th

MAR

Addressing the Challenges:

Fathers in Caring Roles for Children with SEN

*Delivered by Derek Willis - Ealing Parenting Service
via MS Teams 10am-12pm ***men only session***

Tues 21st

APR

Different Strokes:

Navigating Fatherhood Across Cultures

*Delivered by Derek Willis - Ealing Parenting Service
via MS Teams 10am-12pm ***men only session***

Tues 28th

APR

Understanding Your Teenager

*Delivered by Sabrina Meakins - SAFE Counselling
via MS Teams 10:30am-12:30pm*

****for parents/carers of over 11s***

email parentingserviceadmin@ealing.gov.uk to register or for more info





Getting Online: Cost of Living & Budgeting Workshops

Need help applying for council services and benefits online? Join our free workshop designed to guide you through the process step by step, help you understand benefit entitlements, and get signposted to useful services.

All are welcome! This session is especially supportive for the Deaf community, with a BSL interpreter available throughout.

Workshop Date

Date: Monday 2nd Feb 2026

Time: 12.30pm - 2.30pm

Location: Dominion Centre, Southall, UB2 4BQ


What to bring

- **Proof of identity:** Provide a valid British passport or national identity document.

Scan the QR code below to sign up for this event!



For more information, please contact
LearnEaling@ealing.gov.uk or call us on **020 8825 5577**.
We are looking forward to helping you learn!



Back to school:

Going back to school can be a difficult time. Maybe your child is worried about having a new teacher, feeling motivated or homework. It's good to remember that these feelings are common.

Helpful Tips:

- Get organised - use planners, diaries and apps to keep track of things
- Set goals - make sure they're small and manageable
- Look after them and yourself: take time to do the things you enjoy!

Children's Mental Health Week

The theme of Mental health awareness week this year is: **'this is my place'** which is all about belonging and feeling supported.

Create a fun "Belonging Passport" with your child using folded paper or a small notebook. Add pages like:

- My Safe Place
- People Who Help Me
- What I'm Good At

Let your child decorate with colour, stickers or photos. Talk together as you fill it in and celebrate each answer. This simple activity builds confidence, helps children share feelings, and strengthens their sense of belonging at home and at school.


Upcoming Workshops

- Why Is My Child So Anxious & How Can I Support Them? **Thursday 22nd January 12:30 - 13:30**
- What Is My Child's Behaviour Really Telling Me? **Tuesday 27th January 12:00 - 13:00**
- How Can I Support My Child With OCD? **February 5th 10:00 - 11:30**
- How Can I Help My Child Cope With Exam Stress? **February 13th 12:00 - 13:00**
- Is My Child Low in mood or Depressed & What Can I Do to Help? **Wednesday 4th March 12:00 - 13:00**
- How Can I Help My Anxious Child Make Friends? **Monday 16th March 12:00 - 13:00**
- How Do I Look After Myself While Parenting? **Wednesday 22nd April 12:00 - 13:30**

Specialist Workshops

- Introduction to Autism (primary school age) **Friday 30th January 12:30 - 13:30**
- Understanding Behaviour in SEN(D) **Monday 13th April 12:00 - 13:00**
- Autism and Adolescents **Thursday 30th April 12:00 - 13:00**

If you would like to sign up to one of our workshops, please do so using the link below or scan the QR code.



[MHST Workshop Sign up](#)



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ELTHORNE PARK

holiday sports camps

tennis
football
netball
group games
and more!



learn more
and book:



ages 5–14

EASTER HOLIDAYS | MAY HALF TERM | SUMMER HOLIDAYS

Disclaimer St Joseph's Catholic Primary School is happy to use the newsletter to support activities, events and publications. However, we have not vetted these services and are not specifically recommending them.



Friday 30th January 2026

From 8PM until late

NEED A NIGHT OUT?

The PTA have organised a disco night for parents, with a DJ, great music and a fun night out

St Joseph's Church Hall
52 Uxbridge Road
W7 3SU

Tickets
£2.50 each

Book your tickets by clicking the link or scan the QR code below.



www.pta-events.co.uk/stjosephshanwellpta/

Cash only bar!