



# St Joseph's Catholic Primary School

## Weekly Newsletter

28th February 2025



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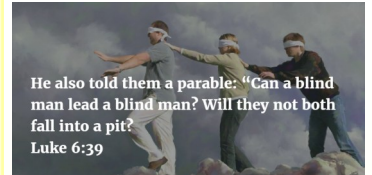
### Catholic Children's Society

Today, Liberty from the Catholic Children's Society came to school to give the children a talk. She explained that the CCS is a charity which supports children and families of all backgrounds during difficult times in their lives, giving them hope for the future. By supporting their work and fundraising for them this Lent, we are also helping to spread the message of hope too and this fits in nicely with the Year of Hope.



Sunday 2nd March 2025

Gospel: Luke 6:39-45



*We cannot offer guidance unless we see the way clearly ourselves*

Jesus told them a parable: "Can a blind person guide a blind person? Will not both fall into a pit? A disciple is not above the teacher, but everyone who is fully qualified will be like the teacher. Why do you see the speck in your neighbour's eye, but do not notice the log in your own eye? Or how can you say to your neighbour, 'Friend, let me take out the speck in your eye,' when you yourself do not see the log in your own eye? You hypocrite, first take the log out of your own eye, and then you will see clearly to take the speck out of your neighbour's eye.

"No good tree bears bad fruit, nor again does a bad tree bear good fruit; for each tree is known by its own fruit. Figs are not gathered from thorns, nor are grapes picked from a bramble bush. The good person out of the good treasure of the heart produces good, and the evil person out of evil treasure produces evil; for it is out of the abundance of the heart that the mouth speaks."

### Secondary School Offer Day

Monday 3<sup>rd</sup> March is Secondary School Offer Day for children who applied on time through admissions. Please pray that all our children get the school that they want and that they will continue to thrive when they go there in September.



**Cooking Club... A message from**

We hope you're doing well. We are reaching out from My Little Chef at Home regarding an important issue we have recently encountered with late pick-ups from our after-school club sessions.

Over the past few weeks, we have seen an increase in children being picked up later than the designated collection times, sometimes as much as 30 minutes to an hour after the club finishes. This has caused distress for the children and created some logistical challenges for our team. Furthermore, as a company, we are unable to offer supervision beyond a five-minute grace period due to safeguarding concerns, and our insurance does not cover children once they are past this time.

Considering these concerns, we are implementing a late pick-up fee of £1 per minute for any collection that happens after the designated pick-up time. This policy will help us address the challenges we are facing and encourage parents to arrive on time to collect their children. We would greatly appreciate your support in informing parents about this new policy. Please also let them know that the school is aware of this policy and implementation.

**Free Online Workshops or help**

Please look at the back of the newsletter for workshops and help on all manner of topics including:

Understanding Mental Health in boys	14th March
Introduction to Autism in adolescents	19th March
Supporting positive behaviour in children	28th March

## Celebrations

Religious Education Work of the Week awards are given to children who have shown that bit of extra effort in their RE lessons that week.

Class	Name	Reason
Nur	Grace	For talking about ways of helping others.
RB	Winie	For being a wonderful 'good apple' to everybody! Well done!
RL	Aylin	For always showing kindness and thoughtfulness to others. Well done!
1AP	Luca	For being able to say why the preparation of gifts is so important during Mass.
1EB	Sadbh	For super writing about the Last Supper for our Meals topic.
1SR	Pablo	For being a great role model in Hymn Practice.
2AF	Emmanuel	For his superb engagement in our RE lessons.
2CF	Anna	For her wonderful re-enactment of the Last Supper.
2JB	Antoni	For his excellent retelling of the Last Supper and understanding of why it is retold at Mass.
3AR	Benjamin	For knowing how we prepare to listen to the Gospel during Mass.
3DB	Joseph	For his thoughtful work on the meaning of 'The Gloria'.
3SM	Lorena	For sharing a great understanding of why we say the Gloria during Mass.
4AS	Harrison	For using great religious vocabulary when explaining elements and symbols of the Introductory Rite.
4GS	Aminadab	For always following God's teachings on how to be such a considerate and kind pupil in 4GS, and this is also reflected in his RE work. Well done!
4S	Chipo	For a fantastic understanding of the Introductory Rite in Mass
5AL	Sam	For his detailed insight when comparing Luke and Mark's account of the Last Supper.
5AS	Louie	For making great comparisons between scripture and Art that link to the Last Supper.
5CR	Cara	For great understanding of the Last Supper and linking this to famous paintings!

## Celebrations continued..

Headteacher awards are presented each week to children who the staff think have put that little bit of extra into their work. Well done to the children listed below:

Class	Name	Reason
Nur	Elliana	For growing in confidence.
RB	Elsie	For great improvement in her reading! Well done!
RL	Henryk	For contributing to our class discussion about Space. Well done!
1AP	Claire	For creating a detailed plan for their Space story.
1EB	Yesandi	For her hard work with number bonds to 20 and within 20.
1SR	Debora	For making a tremendous improvement in reading and phonics.
2AF	Gabriel	For his wonderful information sheet all about dolphins!
2CF	Olivia A	For beginning her maths tasks independently.
2JB	All of 2JB	For their excellent performance in our class assembly.
3AR	Chloe	For a great effort when performing a playscript in English.
3DB	Patrick	For showing great resilience when mastering new skills in Computing.
3SM	Kaia	For an informative speech that was incredibly engaging!
4AS	Kayden	For showing great enthusiasm and understanding about equators in Geography.
4GS	Nathan	For improved concentration during all Maths lessons. Well done!
4S	Blake	For super work on fractions this week in Maths!
5AL	Georgia	For her self-belief that she could do more challenging Maths tasks!
5AS	Ava	For writing and delivering an outstanding speech.
5CR	Diego	For brilliantly setting the scene for a playscript!
6LI	Evelina	For all-round effort across the curriculum.
6MS	Lorenzo	For an interesting and excellently prepared TED talk. Well done!
6WL	Lena	For presenting an excellent TED talk – thoughtful and thought provoking.

Good Disciple awards are given to children who have shown exceptional love and kindness to fellow pupils and are helping to build God's kingdom here and now. Well done to the children listed below:

Phase	Name	Reason
Lower	Aaron Nur.	For being kind and helpful to others.
Middle	Thevin 3DB	For always taking care of our common home.
Upper	Maria 6WL	For offering to help school staff and her peers; she always carries out her tasks in a kind and cheerful way.

# ST JOSEPH'S TODDLER GROUP

## SPRING TERM DATES

7TH JANUARY

21ST JANUARY

4TH FEBRUARY

4TH MARCH

18TH MARCH

1ST APRIL

WE'RE  
BACK!

9.30am - 11.15am

Gates open 9.30-9.40

No entry after this time  
due to gate access

The Community Classroom @  
St Joseph's Catholic Primary  
School, York Avenue,  
Hanwell, W7 3HU



Ealing Mental Health Support Team

# WORKSHOPS FOR PARENT/CARERS

SPRING TERM 2024

West London  
NHS Trust



Over the spring term, Ealing Mental Health Support Team will be running a variety of workshops for parents and carers of children who attend a school in Ealing.



If you would like to sign up to one of our workshops, please do so on the below website or scan the QR code.



<https://forms.gle/jmUT9kJNRPnDBUAh6>

If you have any questions, please do email us on: [Ealing.mhst@nhs.net](mailto:Ealing.mhst@nhs.net)

## PRE AND POST-ATTENDANCE GUIDE

**Step 1**  
Use our QR code to sign up for a workshop(s) of your choice

**Step 2**  
You will be emailed a Microsoft Teams link several days before the workshop

**Step 3**  
You'll receive another email reminder on the morning of the workshop

**Step 4**  
All workshops start promptly on the time advertised. Please note we cannot guarantee access to the workshop if sign up is on the day so do sign up as early as possible

**Step 5**  
To ensure you receive resources from the workshop you have attended, please complete the feedback form provided at the end of the session



Promoting hope & wellbeing together



**Disclaimer** St Joseph's Catholic Primary School is happy to use the newsletter to support activities, events and publications. However, we have not vetted these services and are not specifically recommending them.

**SUPPORTING ANXIETY IN CHILDREN AND YOUNG PEOPLE**

This workshop is aimed at parents of children attending **Primary** and **Secondary** who would like to learn more about how to manage anxiety in young people, as well as helping to build their confidence.

**Date: January 16th 2024**  
**Time: 11am - 12:15pm**

**TEEN LOW MOOD**

This workshop is aimed at parents of **secondary**-aged children, who would like to know more about what may cause low mood and gain knowledge of strategies that can help to improve low mood.

**Date: January 25th 2024**  
**Time: 1pm - 2:15pm**

**AN INTRODUCTION TO AUTISM**

This workshop is aimed at parents of children attending **Primary** and **Secondary**, who would like to know more about Autism and how to support children where Autism may be suspected or diagnosed.

**Date: January 26th 2024**  
**Time: 1:30pm - 3:00pm**

**SUPPORTING FRIENDSHIP IN CHILDREN**

This workshop is aimed at parents of **primary**-aged children to provide information to help you support your young person with building and managing friendships, including supporting with social anxiety.

**Date: February 12th 2024**  
**Time: 11am - 12:30pm**

**UNDERSTANDING BEHAVIOUR FOR CHILDREN WITH ADDITIONAL NEEDS**

This workshop is aimed at parents of children attending **Primary** and **Secondary**. The workshop introduces how and why behaviours may occur in children with a range of additional needs, and how to support positive behaviours in children.

**Date: February 13th 2024**  
**Time: 11:30am - 1pm**

**MANAGING EXAM STRESS**

This workshop supports parents of **secondary**-aged children to identify and manage exam stress in adolescents, and will provide strategies to promote wellbeing in students before, during and after exams.

**Date: February 22nd 2024**  
**Time: 1pm - 2:15pm**

**UNDERSTANDING MENTAL HEALTH IN ADOLESCENT BOYS**

This workshop supports parents of **secondary**-aged children. It aims to introduce parents to the causes of declining mental health in adolescent boys and equips parents with strategies to promote positive mental health.

**Date: March 14th 2024**  
**Time: 11am - 12:30pm**

**AN INTRODUCTION TO AUTISM IN ADOLESCENTS**

This workshop supports parents of **secondary**-aged children. It aims to introduce parents to the changes and impact of adolescence within autism, equipping parents with strategies to promote positive mental health among autistic teenagers.

**Date: March 19th 2024**  
**Time: 10:30am - 12pm**

**SUPPORTING POSITIVE BEHAVIOUR IN CHILDREN**

This workshop supports parents of **primary**-aged children. It introduces parents to common behavioural difficulties, factors that influence behaviour and strategies to manage your child's behaviour. It'll also consider the impact of screen time and how to promote boundaries with this.

**Date: March 28th 2024**  
**Time: 11am-12:30pm**



Promoting hope & wellbeing **together**





**FREE**

**online parenting workshop**



# **Managing the Stresses of Fatherhood: Coping with Pressure and Finding Balance**

Fatherhood is rewarding, but it can also bring significant stress and pressure. This workshop offers practical tools and strategies to recognise, manage and reduce stress, while maintaining your wellbeing.

Learn how to balance responsibilities, build resilience, and stay connected with what matters most - your family and yourself. Empower your journey as a father with confidence and calm.

Tuesday, 1st  
April 2025  
10am-12pm  
via MS Teams



Delivered by:  
Chris Kolade &  
Derek Willis  
Ealing Parenting  
Service

**Please note: This is a targeted workshop for men only.**

**email [parentingserviceadmin@ealing.gov.uk](mailto:parentingserviceadmin@ealing.gov.uk) to register your place**



**SUPPORTIVE  
ACTION FOR  
FAMILIES IN  
EALING**





**FREE**  
**online parenting workshop**

## **UNDERSTANDING PARENTAL CONFLICT AND TIPS TO REDUCE CONFLICT**

Conflicts are regular occurrence in family lives. It's often a normal part of everyday life. However, studies have shown that incidents of conflict that are frequent, intense, and poorly resolved, can have a significant negative impact on mental health.

Tuesday 18th  
March 2025  
10am-12pm  
via MS Teams



This workshop would explore types of conflict, causes of conflicts in families and the impact of parental conflict on children, as well as practical steps that parents/carer can take to reduce conflict

Delivered by  
Chris Kolade  
- Ealing Parenting Service

email [parentingserviceadmin@ealing.gov.uk](mailto:parentingserviceadmin@ealing.gov.uk) to register



**SUPPORTIVE  
ACTION FOR  
FAMILIES IN  
EALING**



**EALING  
PARENTING  
SERVICE**

**FREE**

**online parenting workshop**



# **Fatherhood and Identity:**

## **How does becoming a father shape who you are?**

This workshop invites fathers to reflect on how becoming a dad transforms identity and self-perception. Discover how fatherhood reshapes your priorities, relationships, and sense of self.

Together, we'll explore ways to embrace these changes and align them with your personal values, fostering growth and fulfilment. Celebrate the journey of fatherhood and connect with others navigating similar paths.

**Please note:**

**This is a targeted workshop for men only.**

Tuesday, 4th  
March 2025  
10am-12pm  
via MS Teams

Delivered by:  
Chris Kolade &  
Derek Willis  
Ealing Parenting  
Service

**email [parentingserviceadmin@ealing.gov.uk](mailto:parentingserviceadmin@ealing.gov.uk) to register your place**



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