# St Joseph's Catholic Primary School Weekly Newsletter Friday 5th February 2021

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### **In School Provision**

Thank you to the parents who have removed their children from in school provision for reasons of safety and/or their work requirements have changed. May I remind you that the current Government guidelines state that parents who are critical workers should keep their children at home if they can. If there is a family member at home, then this is the safest place for children to be.

I am being made aware by members of the parent body that we have parents who are not working full time but sending their children in to school for the whole week. Please only send your children in to school for the time that you are working. This will give me a chance to give places to other children of critical workers who are currently blocked.

Please work with me out of fairness and respect to the whole of our school community.



Sunday 7th February 2021

Fifth Sunday in Ordinary Time

Gospel Mark 1 : 29 - 39

"Everyone is searching for you." He answered, "Let us go on to the neighbouring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

#### Parent Evening - Tuesday 9th February and Thursday 11th February

Last week, you should have received a communication from school about upcoming Parent Evenings. I know lots of forms are being returned and so appointments are being scheduled. Attached to the email you will find precise instructions on how to join next week. Mrs Sargeant has also made herself available to virtually meet with parents.



#### In the event...

In the event that somebody in your household wakes up with a fever (>37.8°C), or a new, continuous cough or a loss of the sense of smell or taste do not send your child to school. Immediately inform the school via email or phone and then book a test for the person. The whole household must then self-isolate. If the test returns negative and nobody has any ongoing symptoms, the child can return to school and the household no longer needs to self-isolate. If a positive result is returned, the household must self-isolate for 10 days and resume normal activity after 10 days as long as they have been symptom free for 48 hours.

If your child has a sniffle, runny nose or is sneezing, they are not coronavirus symptoms and your child should come to school if well enough.

# **Love Learn Believe**



Each week we set a Laudato Si challenge in the hope that small changes made by many will add up to big progress. We aim to educate the children so that they won't think twice about making decisions that invest in protecting the planet. But it can be disheartening to be told that we are not doing enough and to continually be tasked with doing more. So let's hear <u>the good news</u>. Over the next few weeks we would like to tell you about how the efforts of many are really making a difference worldwide.

- Overfishing has been reversed for half of the world's catch and, where fisheries are being managed, stocks are rebuilding above target levels.
- Blue whale populations are bouncing back.
- Global carbon monoxide emissions from the power sector fell by 2% in 2019, the biggest fall since 1990 or earlier.
- A decade ago more than 40% of the UK's electricity came from coal. Last year we clocked up our first coal-free month since the advent of the power grid in 1882.
- White-tailed eagles are back in the UK after disappearing in the early 20<sup>th</sup> century, thanks to a pioneering rewilding project.
- The number of black rhino in Africa is increasing and the population of elephants in Kenya has doubled due to repopulation and anti-poaching efforts.

We are heading in the right direction. Let's keep making a difference.

Let's make a difference - together!

### **Children's Mental Health Week**

This week, we celebrated Children's Mental Health Week. Children across the school were encouraged to express themselves as that was the theme this year – Express Yourself!

Nursery tried some breathing exercises (which help to calm down/self regulate).



The children in Year 1 enjoyed the Well Being activities and the screen free Wednesday afternoon. They had fun making nests, obstacle courses, dancing and even making up their own songs. They also found creative ways to enhance their learning.

Year 2, On Wednesday 3rd February, as part of Mental Health week for children, we had an afternoon with our own classes. Children and teachers enjoyed spending time with each other, sharing what they have been experiencing through lockdown. Teachers read a book to the class while children at school and online could come together as one class and enjoy a little bit of "normality".

Year 3 addressed Children's Mental Health Week in their Wellbeing Wednesday PSHE session. They talked about all the different ways they can express themselves and the positive effect it can have on their mood and the mood of those around them. Since then, they have received lots of photos of the children expressing themselves in all different ways at home: art, sports, sewing, crafts, music and many more.

### Children's Mental Health Week cont'd..

In Year 4 for Children's Mental Health Week, we have been looking at the importance of talking about our feelings, thinking of top tips as to how to be a good listener when others want to talk about their feelings and also thinking of who is in our circle of support when we want to talk about our feelings.

This week, Year 6 celebrated Children's Mental Health Week by learning more about how to positively express ourselves. On Wednesday, we had a 'Dress to Express' day where children were invited to express themselves by dressing in their favourite colours. Some children chose to wear bright, vibrant colours whilst others used this opportunity to show off their favourite clothes. We also spent some time creating art work that expressed our feelings and personality.



#### Lockdown Uniform

During lockdown please ensure that your child wears home clothes and not school uniform. The idea behind this is so that clothes can get washed regularly and therefore stop the spread of the virus on clothes. Please ensure your child wears clean clothes to school every day.

### Celebrations

Headteacher awards are presented each week to children who the staff think have put that little bit of extra into their work. Well done to the children listed below:

Class	Name	Reason
1B	Taneesha	For showing great enthusiasm and interest throughout our Space topic
1S	Liberty	For outstanding progress in reading.
1SW	Rory	For working hard in all his tasks.
2AL	Henry	For working hard and contributing enthusiastically in the Maths lesson adding amounts together in money calculations.
2B	Lidia	For always showing exemplary behavior during live lessons and regularly contributing following our code of conduct.
2SL	Lena	For always actively participating during 'live' lessons, making fan- tastic contributions and answering questions. Keep up the great effort !
3AR	Anthony	For excellent participation in online lessons and great effort with his learning.
3DS	Aidan	For using his times tables to help him with his fraction problems.
3SR	Maja	For her fantastic diary entry full of detail and challenging vocabulary.
4B	Patrick	For some outstanding work on the digestive system. Well Done
4C	Lilianna	For becoming more confident and successful with remote learning
4S	Liliana	For showing great understanding of fractions and submitting excellent work.
5B	Finbar	For his outstanding self-portrait in the style of Roy Lichtenstein.
5S	Ysabella	For always having a positive attitude towards her learning.
5W	Maria	For actively participating in live online lessons.
6B	Harry	For his active participation in ALL lessons.
61	Maja	For using a range of WWII vocabulary in a newspaper article.
6J	Mateusz	For his hard work and effort in constructing a WWII aircraft.

Good Disciple awards are given to children who have shown exceptional love and kindness to fellow pupils and are helping to build God's kingdom here and now. Well done to the children listed below:

Phase	Name	Reason
Lower	Daniel	For being kind to others.
Middle	Livia	For living out the mission statement in all she does both in and out of the classroom.
Upper	Weronika	For being consistently lovely, polite and adaptable.

## **Love Learn Believe**



This exciting, **free online presentation is for Ealing parents of Black Caribbean children (alongside their children)** who attend an Ealing early years setting, school and / or access a local authority service or community organisation.

This interactive whistle stop presentation (delivered by Oshun Education) provides a potted history of Black Peoples' presence in the United Kingdom starting from the Roman Empire and incorporating the Tudor, Georgian, Victorian eras and the arrival of the Windrush generation up to the present day. The presentation includes aspects of British race relations and its impact on Black and White communities and covers the race riots in the 1950's and the national uprisings during the 1980's.

This presentation includes an information sheet detailing teaching resources for parents and sources of further information so parents can continue to learn and teach their children.

Ethnicity Terminology - The term 'Black Caribbean', aligns with School Census ethnicity terminology. We acknowledge that many Black people of Caribbean heritage may identify themselves as African / African-Caribbean / Black / Black British, as opposed to the term 'Black Caribbean'.

Future Training - This course is aimed initially at Ealing Parents of Black Caribbean children (and their children / young people), as part of the Ealing No Learner Left Behind (Black Caribbean Achievement) Project. However, the possibility of this training being offered to parents of children of all ethnicities in the future too, is currently being explored. Date: Wednesday 17<sup>th</sup> February 2021 (half-term) Time: 4-5pm

Method: Zoom – the link will be provided after booking on to the course

Booking: Parents should email trainingsupport@ealing.gov.uk, stating their name, and the name of their early years setting / school / community organisation (Places allocated on a first-come-first serve basis)

Target Audience: Ealing Parents of Black Caribbean children (and their children / young people)





#### **February Shopping List**

- UHT Milk Semi Skimmed or Full Fat, not Skimmed
- Long Life Fruit Juice & Squash
- Tinned Fish
- Savoury Biscuits & Crackers
- Ready Made Custard tins or cartons
- Tinned Tomatoes
- Vegetarian Chilli & Curry
- Peanut Butter
- Size 6 Nappies
- Shaving Gear Foam & Razors
- Sanitary Towels not tampons or panty liners

#### Thank you!

Keep up to date with @EalingFoodbank on



Love Learn Believe