



St Joseph's Catholic Primary School

Weekly Newsletter

7th March 2025



In this issue...

- Lent begins
- Parent Evening
- World Book Day
- Transforming Claire's Garden
- Message from Cooking Club
- Online Workshops
- Celebrations

Lent begins

On Wednesday, the season of Lent began with Ash Wednesday. Father Cristiano led two liturgies in school (Years 1-3 and Year 4-6) to ensure the children and staff received ashes. He asked the children how they could pray more and how they could be more giving. The children also thought carefully about how they could help others who are less fortunate than they are and handed in their Lenten Promises. Thank you to Father Cristiano for taking the time to be with us and thank you to our readers. I must also thank Mrs Ingham for putting the liturgy together.



Parent Evening

Thank you to all the parents who came to discuss their children's progress during the parent evening on Tuesday. If you have not made an appointment yet, please do so for the next evening that will take place on Thursday 13th March 2025 from 3.30pm until 6pm.

Sunday 9th March 2025



Gospel: Luke 4:1-13

Jesus was tempted like we are, but he did not sin

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone.'"

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written, 'Worship the Lord your God, and serve only him.'"

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written, 'He will command his angels concerning you, to protect you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'" When the devil had finished every test, he departed from him until an opportune time."

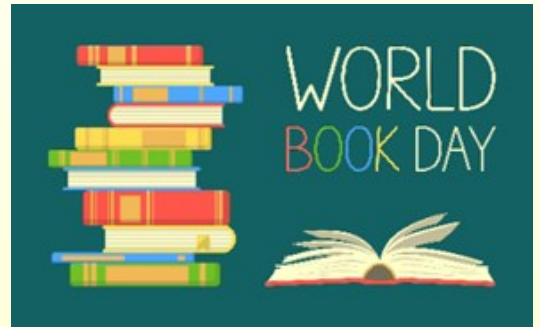
World Book Day at St Joseph's!

This week, we celebrated World Book Day with a fantastic range of activities that brought books and stories to life across the school!

Children arrived in school dressed as their favourite book characters, filling the classrooms and corridors with an array of colourful costumes, from classic literary heroes to modern favourites. Throughout the day, each year group took part in a special book-themed quiz, designed to test their knowledge of stories they have enjoyed as class readers. The children showed great enthusiasm and literary expertise as they tackled the questions!

A big highlight of the day was our World Book Day assembly, led by Miss. Redhead, Mrs. Reddin and Mrs. Lewellyn who did a brilliant job engaging the children in discussions about their favourite books and the importance of reading. Another exciting moment was the return of the much-loved Masked Reader, organised by Miss. Smith, where children had to guess which member of staff was reading behind the disguise. Look out on our Social Media pages over the next week to see if you can guess any at home!

Thank you to all the staff and children who made the day so memorable, and special thanks to those who helped organise the activities. We loved seeing the children immerse themselves in stories and celebrate their love of reading!



Growing Hope: Transforming Claire's Garden

The Middle Phase Team are planning a clean-up and replanting of Claire's Garden, the outdoor area behind the middle phase building, to transform it into a beautiful Garden of Hope. We are hoping this special project will bring new life and inspiration to our school's outdoor space!

To make this happen, we are kindly asking for donations of medium to large-sized pots that still have some life in them that we can use for planting. If you have any pots you no longer need, please consider donating them to help us bring this vision to life.

Thank you for your generosity and support as we work together to create a calm and uplifting space for the children to enjoy.



Message from the Cooking Club

We hope you're doing well. We are reaching out from My Little Chef at Home regarding an important issue we have recently encountered with late pick-ups from our after-school club sessions.

Over the past few weeks, we have seen an increase in children being picked up later than the designated collection times, sometimes as much as 30 minutes to an hour after the club finishes. This has caused distress for the children and created some logistical challenges for our team. Furthermore, as a company, we are unable to offer supervision beyond a five-minute grace period due to safeguarding concerns, and our insurance does not cover children once they are past this time.

Considering these concerns, we are implementing a late pick-up fee of £1 per minute for any collection that happens after the designated pick-up time. This policy will help us address the challenges we are facing and encourage parents to arrive on time to collect their children. We would greatly appreciate your support in informing parents about this new policy. Please also let them know that the school is aware of this policy and implementation.

Free Online Workshops or help

Please look at the back of the newsletter for workshops and help on all manner of topics including:

Understanding Mental Health in boys	14th March
Introduction to Autism in adolescents	19th March
Supporting positive behaviour in children	28th March

Celebrations

Religious Education Work of the Week awards are given to children who have shown that bit of extra effort in their RE lessons that week.

Class	Name	Reason
Nur	Charlie	For making a thoughtful Lenten Promise.
RB	Anthony	For his great understanding of the season of Lent. Well done!
RL	Ramdeesh	For leading our class prayers confidently and beautifully.
1AP	Arabella	For being a wonderful prayer leader to our class.
1EB	Gabriele	For his thoughtful writing about what happens when we receive Communion at Mass.
1SR	Lily	For her thoughtful written work on how she can help her neighbours.
2AF	Amelia	For super understanding of why we say the Eucharistic Prayer during Mass.
2CF	Roksana	For her work and great understanding on the Eucharistic Prayer.
2JB	Lourdes	For being an excellent prayer leader.
3AR	Teodor	For his understanding of the Eucharistic Prayer and why this is an important part of Mass.
3DB	Dominic	For creating a delightful poster on how we can share God's love with others.
3SM	Maks	For thoughtful responses for how to share God's love with the world.
4AS	Martin	For recognising the different prayers of the Communion Rite – Our Father and Prayer for Peace.
4GS	Thalia	For working extremely hard in the Communion Rite lesson and challenging herself. Keep it up!
4S	Scarlett	For good teamwork during group discussions.
5AL	Shaina	For describing what happens in the Liturgy of the Eucharist.
5AS	Keeva	For writing excellent prayers that give thanks for Jesus' sacrifice.
5CR	Quejeune	For brilliant verbal ideas for what the 'mystery of faith' is. Well done!
6LI	Sara	For creating artwork reflecting the words of the Eucharistic Prayer.
6MS	Leo	For designing a super piece of art reflecting the Eucharistic Prayer.
6WL	Kacper	For creating a piece of artwork based on the Eucharistic Prayer – well done.

Celebrations continued..

Headteacher awards are presented each week to children who the staff think have put that little bit of extra into their work. Well done to the children listed below:

Class	Name	Reason
Nur	Mollie Mae	For improving her drawing skills.
RB	Salvador	For his improvement in writing. Well done!
RL	Matilda	For always being well behaved and a great role model.
1AP	Gloria	For writing a brilliant space story.
1EB	Weronika	For making great progress with her reading and writing.
1SR	Ameya	For a great first week at St Joseph's.
2AF	Wyatt	For a brilliant improvement to his focus during lessons.
2CF	Annabelle	For trying her hardest to follow instructions.
2JB	Asena	For being an excellent role model and always being ready to learn.
3AR	Toby	For writing a great play script based on Gregory Cool.
3DB	Lily	For a super understanding of equivalent fractions.
3SM	Ollie	For sharing his computer knowledge with the class during computing, a super helper!
4AS	Eloise	For showing kindness towards all children in the class.
4GS	Rich	For impressive independent work when comparing and ordering improper fractions. Keep it up!
4S	Sophia	For always presenting her work beautifully.
5AL	Teaganmarie	For working hard and trying her best in all lessons.
5AS	Pinelli	For making excellent predictions about our class text.
5CR	Fred	For incredible maturity shown in all lessons this week! Well done!
6LI	Elijah	For creating an 'air-raid' conversation and punctuating it correctly.
6MS	Jason	For great participation in our Maths lessons about triangles and area this week. Well done!
6WL	Maddalena	For producing an eye-catching double page spread all about World Book Day.

Good Disciple awards are given to children who have shown exceptional love and kindness to fellow pupils and are helping to build God's kingdom here and now. Well done to the children listed below:

Phase	Name	Reason
Lower	Hannah RB	For her growing confidence.
Middle	Iga 2AF	For always displaying exemplary behaviour showing a perfect example of being a Good Disciple.
Upper	Maja 4AS	For showing kindness and patience to your peers.

ST JOSEPH'S TODDLER GROUP

SPRING TERM DATES

7TH JANUARY

21ST JANUARY

4TH FEBRUARY

4TH MARCH

18TH MARCH

1ST APRIL

WE'RE
BACK!

9.30am - 11.15am

Gates open 9.30-9.40

No entry after this time
due to gate access

The Community Classroom @
St Joseph's Catholic Primary
School, York Avenue,
Hanwell, W7 3HU

Ealing Mental Health Support Team

WORKSHOPS FOR PARENT/CARERS

SPRING TERM 2024

West London
NHS Trust



Over the spring term, Ealing Mental Health Support Team will be running a variety of workshops for parents and carers of children who attend a school in Ealing.



If you would like to sign up to one of our workshops, please do so on the below website or scan the QR code.



<https://forms.gle/jmUT9kJNRPnDBUAh6>

If you have any questions, please do email us on: Ealing.mhst@nhs.net

PRE AND POST-ATTENDANCE GUIDE

Step 1

Use our QR code to sign up for a workshop(s) of your choice

Step 2

You will be emailed a Microsoft Teams link several days before the workshop

Step 3

You'll receive another email reminder on the morning of the workshop

Step 4

All workshops start promptly on the time advertised. Please note we cannot guarantee access to the workshop if sign up is on the day so do sign up as early as possible

Step 5

To ensure you receive resources from the workshop you have attended, please complete the feedback form provided at the end of the session



Promoting hope & wellbeing together



Disclaimer St Joseph's Catholic Primary School is happy to use the newsletter to support activities, events and publications. However, we have not vetted these services and are not specifically recommending them.

SUPPORTING ANXIETY IN CHILDREN AND YOUNG PEOPLE

This workshop is aimed at parents of children attending **Primary** and **Secondary** who would like to learn more about how to manage anxiety in young people, as well as helping to build their confidence.

Date: January 16th 2024

Time: 11am - 12:15pm

TEEN LOW MOOD

This workshop is aimed at parents of **secondary**-aged children, who would like to know more about what may cause low mood and gain knowledge of strategies that can help to improve low mood.

Date: January 25th 2024

Time: 1pm - 2:15pm

AN INTRODUCTION TO AUTISM

This workshop is aimed at parents of children attending **Primary** and **Secondary**, who would like to know more about Autism and how to support children where Autism may be suspected or diagnosed.

Date: January 26th 2024

Time: 1:30pm - 3:00pm

SUPPORTING FRIENDSHIP IN CHILDREN

This workshop is aimed at parents of **primary**-aged children to provide information to help you support your young person with building and managing friendships, including supporting with social anxiety.

Date: February 12th 2024

Time: 11am - 12:30pm

UNDERSTANDING BEHAVIOUR FOR CHILDREN WITH ADDITIONAL NEEDS

This workshop is aimed at parents of children attending **Primary** and **Secondary**. The workshop introduces how and why behaviours may occur in children with a range of additional needs, and how to support positive behaviours in children.

Date: February 13th 2024

Time: 11:30am - 1pm

MANAGING EXAM STRESS

This workshop supports parents of **secondary**-aged children to identify and manage exam stress in adolescents, and will provide strategies to promote wellbeing in students before, during and after exams.

Date: February 22nd 2024

Time: 1pm - 2:15pm

UNDERSTANDING MENTAL HEALTH IN ADOLESCENT BOYS

This workshop supports parents of **secondary**-aged children. It aims to introduce parents to the causes of declining mental health in adolescent boys and equips parents with strategies to promote positive mental health.

Date: March 14th 2024

Time: 11am - 12:30pm

AN INTRODUCTION TO AUTISM IN ADOLESCENTS

This workshop supports parents of **secondary**-aged children. It aims to introduce parents to the changes and impact of adolescence within autism, equipping parents with strategies to promote positive mental health among autistic teenagers.

Date: March 19th 2024

Time: 10:30am - 12pm

SUPPORTING POSITIVE BEHAVIOUR IN CHILDREN

This workshop supports parents of **primary**-aged children. It introduces parents to common behavioural difficulties, factors that influence behaviour and strategies to manage your child's behaviour. It'll also consider the impact of screen time and how to promote boundaries with this.

Date: March 28th 2024

Time: 11am-12:30pm



Promoting hope & wellbeing **together**



Disclaimer St Joseph's Catholic Primary School is happy to use the newsletter to support activities, events and publications. However, we have not vetted these services and are not specifically recommending them.

FREE

online parenting workshop



Managing the Stresses of Fatherhood: Coping with Pressure and Finding Balance

Fatherhood is rewarding, but it can also bring significant stress and pressure. This workshop offers practical tools and strategies to recognise, manage and reduce stress, while maintaining your wellbeing.

Learn how to balance responsibilities, build resilience, and stay connected with what matters most - your family and yourself. Empower your journey as a father with confidence and calm.

Tuesday, 1st
April 2025
10am-12pm
via MS Teams



Delivered by:
Chris Kolade &
Derek Willis
Ealing Parenting
Service

Please note: This is a targeted workshop for men only.

email parentingserviceadmin@ealing.gov.uk to register your place



**SUPPORTIVE
ACTION FOR
FAMILIES IN
EALING**



FREE
online parenting workshop

UNDERSTANDING PARENTAL CONFLICT AND TIPS TO REDUCE CONFLICT

Conflicts are regular occurrence in family lives. It's often a normal part of everyday life. However, studies have shown that incidents of conflict that are frequent, intense, and poorly resolved, can have a significant negative impact on mental health.

Tuesday 18th
March 2025
10am-12pm
via MS Teams



This workshop would explore types of conflict, causes of conflicts in families and the impact of parental conflict on children, as well as practical steps that parents/carers can take to reduce conflict

Delivered by
Chris Kolade
- Ealing Parenting Service

email parentingserviceadmin@ealing.gov.uk to register



**SUPPORTIVE
ACTION FOR
FAMILIES IN
EALING**



**EALING
PARENTING
SERVICE**

GRASSHOPPERS

Rugby

MINIS

GIRLS - free rugby sessions

Sunday 16th, 23rd or 30th March

09:30 - 11:00 Grasshoppers RFC, TW7 5PN

Girls in Year 4 try 2 free U9's sessions!

Plus, a free gift for the first 3 girls that sign up!

**GIRLS- ENJOY PLAYING SPORT or WANT TO GET MORE ACTIVE?
WHY NOT POP DOWN TO YOUR LOCAL 'KIDS FIRST' RUGBY CLUB**

Mini Rugby- a fun-filled
inclusive program to develop
skills, values and friendships

QUALIFIED RFU COACHES (DBS approved),
EXCELLENT FACILITIES & a welcoming club

Joint girls training sessions with
minis & junior girls together



Upcoming social event to watch the RED ROSES play at Twickenham!

For more info, or to confirm attendance
contact Ross Fountain- 07930395014

TREDS values:

- Teamwork,
- Respect,
- Enjoyment,
- Discipline,
- Sportpersonship

See website for more details about Grasshoppers.

www.grasshoppersrfc.com

Grasshoppers, Syon Lane,
London TW7 5PN. Tel: 020 8568 0010

Follow us on



Disclaimer St Joseph's Catholic Primary School is happy to use the newsletter to support activities, events and publications. However, we have not vetted these services and are not specifically recommending them.