

w/c

AUTUMN WINTER MENU 2020 -21

<u>Week One</u>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Pork Sausages & Onion Gravy Mashed Potatoes Broccoli Florets & Carrot Batons	Crispy Fish Fillet Salad & Mayo Flatbread Paprika Potatoes Garden Peas & Sweetcorn	Roast Beef Yorkshire Pudding & Gravy Roast Potatoes Seasonal Cabbage & Carrot batons	Chinese Style Chicken Curry Mixed Savoury Vegetable Rice	Golden Crumb Omega 3 Fish Fingers Oven Baked Chips & Garden Peas
Option 2	Vegetable Korma Curry Mixed Rice & Naan Bread	Veggie Meatball & Spaghetti Marinara Crusty Bread & Salad Selection	Mixed Vegetable Omelette (v) Pommes Noisettes & Baked Beans	Cheesy Bean & Potato Bake Broccoli Florets & Carrot Batons	Pizza Margherita (v) Oven Baked Chips & Sweetcorn
Option 3	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato
	Beans <input type="checkbox"/>	Beans <input type="checkbox"/>	Beans <input type="checkbox"/>	Beans <input type="checkbox"/>	Beans <input type="checkbox"/>
	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>
	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>
Choice of Vegetables, Salads, Fruits & Desserts	Vanilla Sponge & Custard	Strawberry Jelly & Fresh Fruit	Flapjack & Apple Slices	Lancashire Cheese & Crackers with Grapes	Chocolate Cookie & Milkshake
Milk and Water	Available Every Day	Available Every Day	Available Every Day	Available Every Day	Available Every Day

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<u>Week Two</u>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Pork Sausages Hash Brown, Baked Beans & Omelette	Traditional Cottage Pie Seasonal Cabbage	Roast Chicken & Gravy Roast Potatoes Seasonal Broccoli & Carrot batons	British Beef Burger & Tomato Ketchup Potato Wedges Garden Peas & Sweetcorn	Crispy Battered Fish Oven Baked Chips & Mushy Peas
Option 2	Cheddar Cheese & Onion Slice Paprika Potatoes & Broccoli Florets	Tomato & Mascarpone Pasta Crusty Bread & Salad Selection	Quorn Tikka Masala Curry Mixed Rice & Naan Bread	Spagetti Neopolitan Crusty Bread & Salad Selection	Pizza Margherita (v) Oven Baked Chips & Baked Beans
Option 3	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato
	Beans <input type="checkbox"/>	Beans <input type="checkbox"/>	Beans <input type="checkbox"/>	Beans <input type="checkbox"/>	Beans <input type="checkbox"/>
	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>
	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>
Choice of Vegetables, Salads, Fruits & Desserts	Seasonal Fruit Crumble & Custard	Lancashire Cheese & Crackers with Grapes	Vanilla Muffin & Melon Wedges	Strawberry Jelly & Fresh Fruit	Ice Cream Sponge Roll
Milk and Water	Available Every Day	Available Every Day	Available Every Day	Available Every Day	Available Every Day

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AUTUMN WINTER MENU 2020 -21

<u>Week Three</u>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Pasta Bolognese Crusty Bread & Salad Selection	Cod & Salmon Fishcake Herby Potatoes & Mixed Vegetable Medley	Roast Pork & Gravy Roast Potatoes Seasonal Cabbage & Carrot batons	Creamy Chicken Tikka Curry Mixed Rice & Naan Bread	Chunky Fish Finger salad & Mayo Wrap Oven Baked Chips & Garden Peas
Option 2	Pork Meatballs & Gravy Mashed Potatoes, Broccoli Florets & Carrot Batons	Sweet Pepper French Bread Pizza Herby Potatoes & Freshly Prepared Salad Selection	Penne Pasta Arrabbiata Crusty Bread & Salad Selection	Pork Sausage in a bun & Tomato Ketchup Pomme Noisettes & Broccoli Florets	Pizza Margherita (v) Oven Baked Chips & Sweetcorn
Option 3	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato
	Beans <input type="checkbox"/>	Beans <input type="checkbox"/>	Beans <input type="checkbox"/>	Beans <input type="checkbox"/>	Beans <input type="checkbox"/>
	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>
	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>
Choice of Vegetables, Salads, Fruits & Desserts	Chocolate Sponge & Custard	Vanilla Cookie & Apple Slices	Fresh Fruit Medley & Ice Cream	Lancashire Cheese & Crackers with Grapes	Chocolate Cupcake & Orange Wedges
Milk and Water	Available Each Day	Available Each Day	Available Each Day	Available Each Day	Available Each Day