

Your Action	In a bit more detail	Looking for inspiration
Promote active travel on the school run Pathway: Culture	Nork with parents/carers to set up walking buses. A walking bus is a group of children and adults who walk to school along a set route, picking up more students along the way. When done on a regular basis, adults can take it in turns to accompany the walking bus. 2) Create and share a map of low pollution walking routes to school A walking zone is a defined area around the school within which children and families are encouraged to walk. Work with students to use mapping software to create a map of low pollution walking routes within the walking zone, and distribute this across the school community. 3) Launch a week-long active travel challenge to encourage your students to try walking or cycling to school By trying walking and/or cycling to school as part of a fun challenge week, new travel habits can be formed as families and students experience the benefits of active travel. Co-benefits Physical activity improves physical and mental health. There are also beneficial social outcomes.	Living Streets hosts an annual Walk to School Week. Living Streets' 'Walking Zones' lesson plan involves children in the set up of a walking zone. Use the 'Creating a map of low pollution walking routes' guide to lead your students through a map-making activity. Take a look at our case study of a school using Clean Air Day to launch their brand-new walking bus as a way to reduce children's exposure to pollution. Download Clean Air Day's the 'How to: Organise a walking bus to school' guide or 'Walking bus banner' and get walking. Check out our case study of a Clean Air Route map design helping 96% of children to walk to school in Bow. Sustrans have resources available to help encourage children to cycle to school.



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Get your students to lead their own environmental project Pathway: Culture	Empower students to lead a project on an environmental topic they care about. They will then be able to apply their learnings by taking action. Co-benefits Student's develop skills on leading their very own project that will have a positive impact on their local area.	The WildED workshop programme consists of a series of 3 two-hour workshops where Action for Conservation supports young people to take action on environmental issues that are interesting and relevant to them. Students will develop an understanding of building environmental knowledge, project management and teamwork. "Action for Conservation has not just inspired our students but has also given them practical ways of acting on their inspiration. Their staff were friendly, engaging and highly effective at communicating the urgency and relevance of environmental conservation" Mr Jones, Brentside High School, Ealing
Invite a visitor to speak about Fairtrade Pathway: Curriculum	Are you and your school new to Fairtrade and want to learn more? There are many people that you could invite to speak at your school â€″ your local Fairtrade community group may have somebody who would like to come and speak to pupils about Fairtrade. You could get in touch with a local Fairtrade-supporting supermarket to see if they have somebody who can talk about Fairtrade in your school. It is also possible to request a visit from a member of staff from the Fairtrade Foundation using the request form. Co-benefits Your students can hear from an expert on Fairtrade.	You can find out where your nearest Fairtrade Community Group is here.



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Hold a Fairtrade assembly Pathway: Curriculum	Present an assembly to help raise awareness and understanding of Fairtrade across the whole school. Fairtrade have a range of assemblies to choose from in the assembly section of their teaching resources library or you could make one of your own. Co-benefits The student-led role play assemblies support children to become confident individuals, boost self-esteem and develop empathy.	A Fairtrade message from Lothersdale Primary School in West Yorkshire.
Put on a Fairtrade event Pathway: Community	Inform the wider school community of the importance of consuming Fairtrade, which demands the highest standards from business and government, ensuring people and planet are not exploited to create the products we all enjoy. Co-benefits Holding an event can contribute to a Fairtrade School Award and becoming a Fairtrade School means joining a worldwide movement.	Once your students have learnt about Fairtrade whether that be through the teaching resources or by having a speaker visit the school. The next step would be to take action by running a Fairtrade event. This could be a Fairtrade bake sale, a Fairtrade fashion show or running a stall at a local event to raise awareness of Fairtrade.
Students to take part in a litter survey Pathway: Community	Litter not only makes our environment look unpleasant, but it impacts the health of thousands of animals every year, as well as reaching and polluting our oceans and rivers. Co-benefits In the process students will be clearing up litter in their local area.	In Marine Conservation Society's Litter in the Environment lesson plan and worksheets, students will experience litter in the environment first-hand by taking part in a litter survey. Results will then be analysed, looking at the sources and properties of litter, considering how it could impact the environment.
Sign Up to the Let's Go Zero Campaign Campaign Pathway: Campus	Call for action from the government to support schools in being zero carbon. Co-benefits Join a movement of schools. The campaign calls for policy change and supports schools to reduce their carbon footprint.	Let's Go Zero is a campaign demanding government backing for zero carbon schools. Every school that signs up is pledging to work towards a more sustainable future, while also urging the government to support this vital mission.



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Set heating to the 'right' temperature Pathway: Campus Pathway: Campus	Heating costs increase by around 5-10% for every 1isc increase (Carbon Trust) so setting the right temperature reduces the school's carbon emissions. Setting the right temperature for everyone in school can be difficult but the Health and Safety legislation suggests a minimum of 18C in most teaching rooms and 15C in areas of circulation. It is also important to consider the times that the heating comes on and off part of effective heat regulation. 1) Working with the Eco team find out who controls the heating. 2) Discuss how the temperature is set. 3) Make suggestions to reset the temperature controls and that they are adjusted to reflect different uses and activities in different areas or rooms. 4) Check timers so they reflect actual hours of use and are set to the right date and time (particularly after the clocks go forward or back). 5) Talk to the building's inhabitors to discuss the changes. Co-benefits It will save school money on heating bills. Can improve the learning environment for students	The National Education Union offers advice on temperature settings in schools and workplaces whilst the Department of Education advice states that cutting back your heating for an hour a day can save another 5-10% on the bills. The Department for Education also has tips to reduce energy and water use in schools, which you can access here. This action supports the key area of "our homes workplaces and public buildings " which is part of the GMCA's 5 year environment plan.