



St. Kentigern's Catholic Primary School

MISSION STATEMENT

St. Kentigern's School is part of our parish community of faith which helps our children to develop their spiritual, mental and physical abilities to their highest possible potential, by prayerfully basing their lives on the teachings and values of Jesus Christ and his Church, while recognizing and respecting the beliefs of others. We are committed to the development of the whole child within a community where every individual is valued and respected. Co-operation and friendship will encourage a happy and caring learning environment.

Our School Motto: 'Treat others as you would like them to treat you.'

Physical Education Policy

Physical Education Subject Leaders: Sean Hogarth

Rationale

Physical education, experienced in a safe and supportive environment, is vital and unique in its contribution to a pupil's physical and emotional development and health. The physical education curriculum aims to provide for pupils' increasing self-confidence through an ability to manage themselves successfully in a variety of situations. The scheme of work is based on progressive learning objectives which, combined with varied and flexible teaching styles, endeavour to provide appropriate, stimulating, challenging and enjoyable learning situations for all pupils.

Aims

We aim for the children at St. Kentigern's Catholic Primary School to become physically educated by giving them the opportunity to:

- Develop and explore physical skills with increasing control and coordination.
- Develop social awareness and team spirit through co-operation with others in fair and organised competition.
- Lead activities and reflect on, refine, adapt and evaluate their own and others' performances.
- Recognise the importance of a healthy lifestyle and describe how their bodies feel during exercise.
- Experience two hours of high quality Physical Education each week.
- Develop areas of activities of their choice in extra-curricular time.

We aim to develop, through our teaching of Physical Education, the following attitudes:

- A sense of fair play and good sportsmanship.
- A positive attitude towards and enjoyment of the subject in school.

Statutory Requirements (for Physical Education)

Statutory requirements for the teaching and learning of Physical Education are laid out in the National Curriculum and in the Foundation Stage we follow the EYFS statutory guidance (2012).

The Foundation Stage

Pupils should be given opportunities to take part in a variety of activities which encourage the achievement of ELGs.

Key Stage One

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their ability, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils should be taught to:

- Master basic movement including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.
- Participate in team games, developing simple tactics for attacking and defending.
- Perform dances using simple movement patterns.

Key Stage Two

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

The Role of the Subject Leader

The role of the subject leader is to:

- Produce a flexible scheme of work to help the teachers to plan lessons.
- Support colleagues in all aspects of the curriculum.
- Track progress in their subject area.
- Monitor the teaching of the subject in school.

- Review resources and manage the budget for the subject area.
- Update policy and documents with the curriculum team.
- Send letters home to parents of children who continuously come to school without their Physical Education kit.
- Attend meetings and courses which will inform future development of the subject and disseminate information and resources to staff.
- Ensure that pupils have the opportunity to become involved in extra-curricular clubs to further develop skills and talents.

The Role of the Teacher

The role of the teacher is to:

- Ensure that they are referring to the scheme of work when planning their Physical Education lessons.
- Prepare differentiated lessons suited to the different abilities in their class.
- Ensure areas for lessons are safe.
- Ensure that children are wearing the correct Physical Education kit.
- Endeavour to change their clothes before teaching a Physical Education lesson.
- Be mindful of any jewellery they are wearing and remove anything they think could cause injury to themselves or others.
- Ensure that children are behaving appropriately and safely during Physical Education lessons, especially when children are using equipment.
- Keep a record of and monitor children who continually miss Physical Education lessons due to an incomplete kit or medical reasons.

Equal Opportunities

We will ensure all children have equal access to the curriculum, regardless of gender, race, religion or ability.

Children with specific physical disabilities will be identified and supported through support programmes in school and external help will be sought where necessary.

Planning, Assessment and Reporting

Teachers will ensure that Physical Education is planned for following the agreed format.

Opportunities for assessment will be identified during planning and pupils will receive ongoing teacher assessment. These assessments will be directly related to learning objectives and will be recorded in lesson plans to help inform future planning.

Teachers will complete assessment trackers for each of the objectives covered in PE lessons and upload these into the folder in the Google Drive.

Teachers will make an annual assessment of progress for each child and will share this with the child's parents in the end of year report. The teacher will then pass this information on to the next teacher at the end of each year.

Resources

- It is the responsibility of all staff to ensure that resources are returned to their allocated place in the cupboard.
- Staff should inform the Physical Education Coordinators if they need any resources that are currently unavailable in school, or if any resources need repairing or replacing.
- All planning resources are kept on the staff server and is accessible for all teachers and teaching assistants.

Cross-curricular skills and links

Physical education offers an added dimension to the whole school curriculum and the wider life of school, for example, in English, Mathematics and language skills; and in personal and social education. The dance element of Physical Education will also enrich, complement and intensify experiences within the arts curriculum.

Health and Safety

We follow Blackpool Council's Health and Safety Guidelines for PE, which works in line with the 'Safe Practice in Physical Education and sport- 2020 edition' (This can be found with the PE co-ordinator). Each teacher has a 'duty of care' for the safety in planning and executing of their classes Physical Education lessons.

Physical Education kit

All children must change into their Physical Education kit for lessons. This consists of:

- A yellow t-shirt with the school logo
- Green shorts
- Pumps with socks

If lessons are outdoors in the winter, it is recommended that children wear:

- Tracksuits
- Trainers
- Gloves

Please note –

- If a child has no suitable footwear, they should not participate in socks or tights on polished wooden or tiled surfaces.
- Long hair should be tied back to prevent entanglement in apparatus or obscuring of vision.
- Children should not take part in lessons barefoot indoors due to the multipurpose use of the hall.
- If a child has no kit in school and there is no spare suitable kit for the child to borrow, they will be unable to participate in the lesson.
- If children continually forget their kit, staff should inform one of the Physical Education co-ordinators who will send a letter home.
- Children should be made aware that, on days where they have Physical Education lessons, they should not come in to school with any jewellery on. If they do come into school wearing jewellery, it is up to the child to remove the jewellery before the lesson begins. If the child is unable to remove their own jewellery they will not be able to participate in any physical activity during the lesson. The class teacher will give children a different role in the lesson if they cannot remove the jewellery. Due to Health and Safety, we do not allow tape or plasters to be placed over earrings.

Non participation

A note from a parent must be shown for a child to be excused from a Physical Education lesson. Their teacher should keep a record of any lessons missed with the date and reason why. The child must then either make observations of the lesson or (if applicable) take a different role within the lesson that does not involve physical activity.

Extra curricular activities

The school will provide additional sporting activities as can be delivered by school staff as well as via external agencies.

We work alongside Blackpool Football Club who run their 'Fit 2 Go' programme in Year 4, as well as after school workshops at our school for the wider community.

Each class will receive half a term of the 'Healthy Heads' module. Healthy Heads is a 5 week programme that enables children to develop their resilience, helpfulness and respect.

Date reviewed: Sep 2023

Next Review Date: June 2025

Signed:

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Subject Co-ordinators Subject Governor Chair of Governors

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