



Overview of PE at St Kentigern's

At St Kentigern's, we believe physical education should be a positive learning experience for children of all needs. Children will be inspired and equipped with the foundations to pursue a healthy and active lifestyle when they leave our school.

We have designed a School specific Physical education curriculum which ensures that children are developed into well-rounded individuals who display our school values through their PE lessons and in their everyday life. Children take part in PE lessons that are fun, inclusive and engaging which gives every child a chance to shine and ensuring that all children feel able to express themselves across a range of activities.

Vision

Our vision for PE is that pupils will develop the movement foundations to allow for lifelong participation in physical activity. They will be equipped with personal skills such as respect, courage, resilience and kindness to take forward into their further life and be successful in whatever they do.

How

A PE curriculum that develops and reflects St Kentigern's values and mission statement.

Delivering a PE curriculum that develops children holistically.

Provide engaging and fun Physical Education lessons

Encourage children to express themselves and develop the talents that God gave us.

Providing children with a broad range of activities.

Deliver a tailor-made curriculum that develops children into well-rounded individual who displays the core values of sport (honesty, resilience, teamwork, self-belief) in their everyday life.

Aims

In the delivery of our bespoke PE curriculum we aim to ensure that all St Kentigern's children will:

- Develop their 'Head, Hands and Heart'
 - Head – Develop cognitive skills such as problem solving and teamwork.
 - Hands – Develop physical skills such as agility, balance, co-ordination, throwing and catching.
 - Heart – Develop emotionally in areas such as resilience, respect and perseverance.
 - Have an enjoyment of sport and physical activity.
- Deliver lessons that have children physically active for the most time possible.
- Develop movement foundations to enable lifelong participation in physical activity and sport.
- Self-develop in areas such as: honesty, friendship, teamwork, resilience, courage, self-belief.
- Be provided with an inclusive environment in which children are not afraid to express themselves and their talents.
 - Children are inspired to engage with local sports clubs to further develop their love of physical activity.

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Details with regard to funding

Please complete the table below.

Total amount carried over from 2023/24	£0
Total amount allocated for 2023/24	£17,810
How much (if any) do you intend to carry over from this total fund into 2025/26?	£-0
Total amount allocated for 2024/2025	£17,810
Total amount of funding for 2023/24 to be reported on by 31st July 2025	£ 17,810 (TBC)

Swimming Data

Please report on your Swimming Data below.

<p>Meeting national curriculum requirements for swimming and water safety.</p> <p>N.B. Complete this section as best you can. For example, you might have practised safe self-rescue techniques on dry land which you can then transfer to the pool when school swimming restarts.</p> <p>Due to exceptional circumstances priority should be given to ensuring that pupils can perform safe self-rescue even if they do not fully meet the first two requirements of the NC programme of study</p>	
<p>What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?</p> <p>N.B. Even though your pupils may swim in another year, please report on their attainment on leaving primary school at the end of the summer term 2024.</p> <p>Please see note above</p>	77%
<p>What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?</p> <p>Please see note above</p>	73%



What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	60%
Schools can choose to use the Primary PE and sport premium to provide additional provision for swimming, but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes/ No (tbc Summer 25)

Action Plan and Budget Tracking

Capture your intended annual spend against the 5 key indicators. Clarify the success criteria and evidence of impact that you intend to measure to evaluate for pupils today and for the future.

Academic Year: 2023/24		Total fund allocated: £9,100	Date Updated: 25.09.2023	
Key indicator 1: Increase confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation: 50%
Intent	Implementation		Impact	
Your school focus should be clear on what you want the pupils to know and be able to do. What do they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:		Funding allocated:	Evidence of impact: What do pupils now know and what can they now do? What has changed?
Continued partnership with Blackpool Football Club Community Trust.	Every teacher to receive a minimum of 12 weeks CPD support from BFCCT staff during curriculum PE. BFCCT to provide 2 staff meetings per calendar year to model and upskill teachers in a games-based approach to PE. BFCCT to continue to work with subject leader to develop and implement our school-value led curriculum.	£8,600 (Inclusive of additional after school provision)	Teacher are upskilled in high-quality PE to provide more fun engaging lessons for our pupils. Teachers confidence in delivering games-based physical education is improved. Our value-curriculum suits the needs of our pupils and allows them to flourish in PE not only physically but also with a focus on their social and emotional	Sustainability and suggested next steps: Increased enjoyment from pupils during PE lessons. Staff feel more confident in delivering high-quality pe lessons. More pupil voice to ensure we continually meet the needs of our pupils in PE.

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	BFCCT provide to support packages to school as and when needed that reach beyond physical education (festival, Christmas hampers, racism events)		well-being.	
Subject leader CPD	Subject Leader to attend additional CPD through the year to support curriculum and implementation. Subject leader release time to work on curriculum and visit other schools.	£500	Increased knowledge and expertise of PE curriculum. Gymnastics has been identified as an area of weakness within the staff team so that will take a focus this year. St Kentigern's bespoke curriculum meets the needs of all our children.	Children's voice to be heard to keep curriculum current and meeting the needs of our children. A progressive, exciting curriculum for our pupils.
				Total Allocated: £2,000
Key indicator 2: The engagement of all pupils in regular physical activity – Chief Medical Officers' guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school				Percentage of total allocation: 10%
Intent	Implementation		Impact	
Your school focus should be clear on what you want the pupils to know and be able to do. What do they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated:	Evidence of impact: What do pupils now know and what can they now do? What has changed?	Sustainability and suggested next steps:
New playground trim trails installed in both KS1 and KS2. KS1 and KS2 fresh playground markings. Playground 'buddies' to be	New playground equipment bags to be purchased for each playground to enable active playtimes. KS1 and KS2 have both had new playgrounds. KS2 has a trim trail to encourage physical activity at	£2,000	Children will have active playtimes. Children will have a love of physical activity and hopefully to continue to lead a healthy active lifestyle throughout their time at our school and beyond.	Activity timetable to be created to allow children to know different activities going on at playtimes. Children to be engaged with new equipment and want to be



<p>established.</p>	<p>playtimes and also develop vital movement skills such as balance and coordination.</p> <p>KS1 has had new playground markings to encourage physical activity and also a mini trim trail to focus on Fundamental movement skills.</p> <p>Children in Year 5 to be trained as playground buddies. Visit KS1 playtime at playtimes to play games with children.</p>			<p>active at playtimes.</p> <p>KS2 children to take more responsible and ownership of running this and setting it up.</p>
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				Total allocated: £1,500
Key indicator 3: The profile of PE and sport is raised across the school as a tool for whole school improvement				Percentage of total allocation:
				8%
Intent	Implementation		Impact	
Your school focus should be clear on what you want the pupils to know and be able to do. What do they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated:	Evidence of impact: What do pupils now know and what can they now do? What has changed?	Sustainability and suggested next steps:



<p>A value led curriculum created to inspire children and focus on the social and emotional skills during PE lessons.</p>	<p>Subject leader has worked with Blackpool Football Community Club to develop a bespoke PE curriculum to suit the needs of children at St Kentigern's.</p> <p>Following the head, hands and heart model PE lessons will focus around our core school values and develop children not just physically but allow them to flourish as well-rounded individuals.</p>	<p>£8,600 (whole package cost)</p>	<p>Children display our core school values not just in PE lessons but across the curriculum and around school.</p> <p>Values such as teamwork, resilience and honesty and instilled and showcased and developed in PE lessons and then displayed throughout everyday school life.</p> <p>Class teachers think about the values needed to be developed within their class and then focus this into their PE lessons.</p>	<p>Staff CPD to enable staff to become familiar and then be confident in delivering our bespoke curriculum.</p> <p>Pupil voice interview with children show they are aware of these school values and are able to discuss how they can show these around school.</p>
<p>British Values delivered in Years 1-6.</p>	<p>British Values Programme delivered to Year 1-6.</p> <p>A fully comprehensive PSHE programme to promote and support positive mental health in children.</p> <p>30 minutes of classroom lessons focusing on British Values and an Additional 30 minutes implementing these values and skills into a practical session.</p>	<p>£1,500</p>	<p>Children more aware of feelings they might encounter in PE and in today's society,</p> <p>Pupils become more aware of British Values and how they can implement these not just in PE but in their daily lives outside of school.</p>	<p>Children developing valuable life skills.</p> <p>Children's are well-equipped to deal with modern society.</p> <p>Children will become better individuals across school and become well-rounded individuals that</p>



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				Total Allocation: £3,500
Key indicator 4: Broader experience of a range of sports and physical activities offered to all pupils				Percentage of total allocation:
				28%

Intent	Implementation		Impact	
Your school focus should be clear on what you want the pupils to know and be able to do. What do they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated:	Evidence of impact: What do pupils now know and what can they now do? What has changed?	Sustainability and suggested next steps:



Increased opportunities for all children to access sports and activities.	School minibus funded Increased participation in level 2 competitions.	£2000	Children can attend more local events and competitions. Children build life skills such as: teamwork, resilience and honesty. Increased competition in Level 2 competitions. No barriers to stop children attending sporting events.	More engagement across the school at sporting events. Allow children to try new sporting events. School Games Mark Gold award for the third year running.
	Opportunities for children to try new sports beyond the PE curriculum. Residential. High ropes, skateboarding, caving, bowling, ice skating....	£1,500	Children to have the chance to participate in different sports beyond the PE curriculum. With a focus on sports available around Blackpool each class to have a 'taster day' of different a different activity. Children will be inspired to take up new sports beyond the 'traditional'.	Inspire children to take up new sports outside of school. Promote a healthy active lifestyle for children. Make links with local sports clubs. Give children the opportunity to try something new, whom might not have that opportunity. Make links with local sports club to engage pupils in sports outside of school.

	Total Allocation: £1,000
Key indicator 5: Increased participation in competitive sport	Percentage of total allocation:



				4%
Intent	Implementation		Impact	
Your school focus should be clear on what you want the pupils to know and be able to do. What do they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated:	Evidence of impact: What do pupils now know and what can they now do? What has changed?	Sustainability and suggested next steps:
Increased participation in competitive sport.	Hire out Stanley Park for school sports day in summer term. Track and field events in house teams. Boys football league/cup Girls development football league Blackpool Youth Games maximise participation.	£500	Children can showcase sporting talents at the local athletic arena. Showcase personal development and display core sporting values such as: teamwork, sportsmanship and honesty.	More children involved in competitive sport throughout the year. Inspire children to take up sports outside of school. Children develop personal attributes relevant to sport and display these in their everyday life (honesty, respect, teamwork).
	Presentation event at the end of the year with medals and trophies.	£500		

Signed off by	
Head Teacher:	

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Date:	
Subject Leader:	
Date:	
Governor:	
Date:	

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