

# AUTUMN/ WINTER 2026

## FRESH!

## NUTRITIOUS

## ST MARGARET'S CE PRIMARY SCHOOL MEALS AT A GLANCE

**We believe school meals should be nutritious, varied and enjoyable - helping every child feel fuelled, focused and ready to learn.**

### Nutritious and Balanced

- ✓ Our Autumn/Winter menu provides balanced, tasty and nutritious meals for pupils
- ✓ Meals are carefully balanced with carbohydrates, protein and healthy fats to support wellbeing
- ✓ Menus offer variety, colour and familiar seasonal dishes that appeal to pupils

### Fresh and Varied

- ✓ Fresh fruit and vegetables are available daily to encourage nutrient dense plates
- ✓ A wide variety of colourful vegetables are offered each week including seasonal choices where possible

### Standards You Can Trust

- ✓ All Menus are developed in line with the School Food Standards
- ✓ No Food Standards Agency (FSA) prohibited additives are used in our meals
- ✓ Meat dishes meet Government Buying Standards (GBS) requirements
- ✓ Oily Fish is included in accordance with the School Food Standards

### Something for Everyone

- ✓ Vegetarian options are available every day with plant-based dishes featured across the menu cycle
- ✓ Allergy Aware and bespoke menus are available to support pupils with specific dietary needs

### Healthier Choices

- ✓ Wholegrain carbohydrate options are regularly included, such as, wholemeal bread, wholegrain rice and wholewheat pasta
- ✓ Ingredients and recipes meet, or are below, Public Health England targets for sugar and salt

## TASTY

## FRUITY!

**AUTUMN/  
WINTER  
2026**

**FRESH!**

**NUTRITIOUS**

**TASTY**

**HOT DISHES**

**DELI**



**VEG**

**MESSY**

**DESSERT**

**AVAILABLE  
DAILY**



**FRESH FRUIT, FRESHLY BAKED  
BREAD, YOGHURT AND WATER**

 Vegetarian  Wholegrain  Nutritionist's Choice  Oily Fish (Salmon)  Fruity  Vegan

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

|                                                                    | MONDAY                                                                                                                                                                                                                 | TUESDAY                                                                                                                | WEDNESDAY                                                                                                                                                                                                             | THURSDAY                                                                                                                                                                                                                                                                                        | FRIDAY                                                                                                             |
|--------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|
| OPTION 1                                                           | Cheese and Tomato Pizza with Potato Wedges / Pasta   | Sausage Burger with Corn on the Cob  | Roast Chicken, Yorkshire Pudding Stuffing, New Potatoes and Gravy                                                                                                                                                     | Mince and Onion Pie with Mashed Potato                                                                                                                                                                       | Fish Fingers with Chips                                                                                            |
| OPTION 2                                                           | Messy Spaghetti                                      | Veggie Burger with Corn on the Cob   | Roast Quorn, Stuffing, New Potatoes and Gravy   | BBQ Veggie Wrap with Wholgrain Rice    | Quorn Dippers with Chips        |
| OPTION 3                                                           | Jacket Potato with Salmon                                                                                                                                                                                              | Jacket Potato with Baked Beans       | Jacket Potato with Tuna Mayonnaise                                                                                                                                                                                    | Jacket Potato with Cheese                                                                                                                                                                                    | Jacket Potato with Baked Beans  |
| OPTION 4                                                           | Ham Sandwich                                                                                                                                                                                                           | Cheese and Tuna Panini Melt                                                                                            | Cheese Sandwich                                                                                                                    | Cheese and Tomato Panini Melt                                                                                                                                                                                | Cheese Sandwich                 |
| ALL DISHES ARE SERVED WITH CRUNCHY VEGETABLES AND / OR FRESH SALAD |                                                                                                                                                                                                                        |                                                                                                                        |                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                 |                                                                                                                    |
| VEG                                                                | Sweetcorn Salad Bar                                                                                                                 | Corn on the Cob Big Bowl Salad     | Broccoli Carrots                                                                                                                 | Carrots Sweetcorn                                                                                                                                                                                          | Garden Pea Baked Beans        |
| DESSERT                                                            | Ice Cream                                                                                                                                                                                                              | Ginger Biscuit with Fruit          | Jam Slice with Custard                                                                                                           | Flapjack                                                                                                                                                                                                   | Fruit                         |

**FRUITY!**

**WEEK 1  
WEEK 2  
WEEK 3**

2/11/2026, 23/11/2026, 14/12/2026,  
18/01/2027, 08/02/2027, 08/03/2027



**AUTUMN/  
WINTER  
2026**

**FRESH!**

**NUTRITIOUS**

**HOT DISHES**

**TASTY**

**DELI**



|                                                                    | MONDAY                                                                                                                                                                                                          | TUESDAY                                                                                                                                                                                                         | WEDNESDAY                                                                                                                                | THURSDAY                                                                                                                                                                                                                                                                    | FRIDAY                                                                                                             |
|--------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|
| OPTION 1                                                           | BBO Cheese Pizza with Potato Wedges / Pasta   | Beef Burger in a Bun with Corn on the Cob                                                                                    | Roast Pork, Yorkshire Pudding, New Potatoes & Gravy   | Butter Chicken Curry with Rice & Naan Bread                                                                                                                                              | Fish Fingers with Chips         |
| OPTION 2                                                           | Macaroni Cheese                                                                                                                | Veggie Salsa Burger with Corn on the Cob   | Roast Quorn, Yorkshire Pudding, New Potatoes & Gravy  | Bean Pasta Bake    | Quorn Dippers with Chips        |
| OPTION 3                                                           | Jacket Potato with Cheese                                                                                                      | Jacket Potato with Baked Beans                                                                                                | Jacket Potato with Tuna Mayonnaise                    | Jacket Potato with Cheese                                                                                                                                                                | Jacket Potato with Baked Beans  |
| OPTION 4                                                           | Ham Sandwich                                                                                                                                                                                                    | Cheese and Tuna Panini Melt                                                                                                                                                                                     | Cheese Sandwich                                       | Cheese and Tomato Panini Melt                                                                                                                                                            | Cheese Sandwich                 |
| ALL DISHES ARE SERVED WITH CRUNCHY VEGETABLES AND / OR FRESH SALAD |                                                                                                                                                                                                                 |                                                                                                                                                                                                                 |                                                                                                                                          |                                                                                                                                                                                                                                                                             |                                                                                                                    |
| VEG                                                                | Sweetcorn Salad Bar                                                                                                          | Salad Bar Coleslaw                                                                                                          | Broccoli Carrots                                    | Sweetcorn Green Beans                                                                                                                                                                  | Garden Pea Baked Beans        |
| DESSERT                                                            | Ice Cream                                                                                                                                                                                                       | Chocolate Cookie with Fruit            | Raspberry Yoghurt Cake with Custard                 | Vanilla Crunch                                                                                                                                                                         | Fruit                         |

**AVAILABLE  
DAILY**



**FRESH FRUIT, FRESHLY BAKED BREAD, YOGHURT AND WATER**

 Vegetarian  Wholegrain  Nutritionist's Choice  Oily Fish (Salmon)  Fruity  Vegan

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

09/11/2026, 30/11/2026, 04/01/2027,  
25/01/2027, 22/02/2027, 15/03/2027

**WEEK 1**  
**WEEK 2**  
**WEEK 3**

**AUTUMN/  
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**FRESH!**

**NUTRITIOUS**

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**DELI**



**PARMO**

**DESSERT**

**OPTION  
1**

Cheese and Tomato  
Pizza with Potato  
Wedges / Pasta

**OPTION  
2**

Creamy Pasta



**OPTION  
3**

Jacket Potato with  
Cheese



**OPTION  
4**

Ham Sandwich

**TUESDA**

**THEME DAY**  
Chicken Parmo with  
Tomato Spaghetti

Chinese Vegetable  
Rice



**WEDNESDAY**

Roast Gammon,  
Yorkshire Pudding,  
New Potatoes & Gravy

Roast Quorn, Yorkshire  
Pudding, New  
Potatoes & Gravy



**THURSDA**

Sausage Roll with  
Baked Beans & Potato  
Wedges



BBO Fillet with  
Wholegrain Rice



**FRIDA**

Fish Fingers with  
Chips

Quorn Dippers with  
Chips



Jacket Potato with  
Baked Beans



Jacket Potato with  
Cheese



Jacket Potato with  
Tuna Mayonnaise



Jacket Potato with  
Baked Beans



Cheese and Tuna  
Panini Melt

Cheese Sandwich



Cheese and Tomato  
Panini Melt



Cheese Sandwich



ALL DISHES ARE SERVED WITH CRUNCHY VEGETABLES AND / OR FRESH SALAD

**VEG**

Garden Peas  
Salad Bar



Sweetcorn  
Big Bowl Salad



Broccoli  
Carrots



Salad Bar  
Sweetcorn



Garden Pea  
Baked Beans



Ice Cream

Custard Cookie with  
Fruit



Syrup Sponge with  
Custard

Chocolate Crunch

Fruit



**FRUITY!**

**AVAILABLE  
DAILY**



**FRESH FRUIT, FRESHLY BAKED  
BREAD, YOGHURT AND WATER**

Vegetarian Wholegrain Nutritionist's Choice Oily Fish (Salmon) Fruity Vegan

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**WEEK 1  
WEEK 2  
WEEK 3**

16/11/2026, 07/12/2026, 11/01/2027,  
01/02/2027, 01/03/2027, 22/03/2027