

# St Margaret's CE Primary School

## PE and Sports Premium Action Plan 2021/22



Department for Education Vision for the Primary PE and Sport Premium ALL pupils leaving primary school should be physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport. The premium must be used to fund additional and sustainable improvements to the provision of PE and sport to encourage the development of healthy, active lifestyles.

It is expected that schools will see an improvement against the following 5 key indicators:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school.
2. The profile of PE and sport being raised across the school as a tool for whole school improvement.
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport.
4. Broader experience of a range of sport and activities offered to all pupils.
5. Increased participation in competitive sport.

In 2021-2022 the school will receive an estimated £19,500 + £10,318 rollover from previous year = £29,818 to spend on school P.E. and Sport. Outlined below is how we anticipate to use this particular funding. The reader needs to be aware that there is a huge amount of additional activity which has historically taken place at St. Margaret's, which does not come from sports premium funding.

Government focus area	What do we want to achieve?	How will we achieve it?	How much will it cost?	Review of impact
1, 2	Continued access to high quality PE coaching in standard curriculum areas, including access to festivals and competitive sports.	<ul style="list-style-type: none"> <li>• Continue to buy in to sports partnership SLA at 'gold' level.</li> <li>• Martin Rose to deliver high quality lessons throughout the school.</li> <li>• Subject specific coaching given by SSP staff – strategic</li> </ul>	Partnership Gold level cost £7,200.00  Transport £2,435  Ipad - £500	All year, every pupil from EYFS – Year 6 have received high quality PE lessons from our PE teacher, Martin Rose.  All year groups have also had access to extra PE and sport coaching by SSP staff, including gymnastics and dance support, OAA/team building and balance bike

		<p>support for PE subject leader and staff mentoring in invasion games.</p> <ul style="list-style-type: none"> <li>• Transport</li> <li>• Purchase of an Ipad specifically for PE and sporting events.</li> </ul>		<p>sessions. This has allowed each child in the school to access a wider range of physical activity.</p> <p>Bikes were purchased for Year 1 children. These were a mixture of balance bikes and pedal bikes. These helped children with balance and co-ordination.</p>
1, 2, 4	<p>Increase quantity and quality of PE provision for pupils across the school, in a diverse and life-style focussed set of physical activities.</p>	<p>ONGOING FOCUS</p> <ul style="list-style-type: none"> <li>• Look to increase the quantity of provision for all pupils across the school.</li> <li>• Focus on 'Durham' lifestyle activities, which can be provided in the outdoor environment, to overcome lack of hall availability.</li> <li>• Continue to extend provision of Forest School activities.</li> <li>• Access to Durham City golf coaching lessons with visits to the club to deepen skill level.</li> <li>• Use of Durham Palatinates netball coach.</li> <li>• Use of Sam Stanislaus high level athletics coach.</li> </ul>	<p>£500 Forest School</p> <p>£600 bus transport</p> <p>£300 Palatinates</p> <p>£600 Stanislaus</p> <p>£400 Durham City Golf</p>	<p>Sam Stanislaus has been in school working with all Year 6 children in the Summer term, developing their skills in athletics. All children have made their own progress. They have been working to develop their skills and competencies within all aspects of track and field athletics. Building on the foundations of run, jump and throw, the children worked on the key aspects of each event discipline. Whilst working on performance, the children have also learnt about the rules of the event and practised the technical skills required.</p> <p>Sam also carried out an athletics after school club for Years 5 and 6.</p> <p>This year we have erected a gazebo as our first permanent Forest School structure. The children have used this as a base for Forest School sessions. In Winter months this will enable us to still carry out Forest School sessions during bad weather.</p> <p>Year 6 took part in a night time survival activity in Flass Vale Woods. This enabled the children to experience Forest School outside of school environment.</p> <p>This year the whole school took part in 'Skipping Week' organised by Durham and Chester-le-Street Skipping School. All year groups worked through a series of skipping skills. Many children who could not skip before, were able to skip after these sessions. All year groups also got the chance to work with Gail Robinson,</p>

				a experienced skipping instructor. She taught a progressive program where children developed their skipping, team work and personal skills.
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1,2,3,4,5	Develop stronger links with Durham Johnston to aid future progression of sports skills and healthy lifestyle	<ul style="list-style-type: none"> <li>• DJ students coming into school to work with Year 6.</li> <li>• G&amp;T pupils to attend sports days at DJ.</li> <li>• Year 6 teachers (plus MR) to liaise with DJ teachers to ensure pupils are ready for KS3.</li> <li>• DJ pupils to assist at sports day and house competitions.</li> </ul>	£0	<p>Four Year 6 children attended a Gifted and Talented Programme this year. This enabled them to receive extra support to help them to develop their all-round sporting skills, including agility, co-ordination, balance, striking and fielding, communication, leadership, strength and speed. The skills that are crucial if they want to go to excel in sport.</p> <p>The Headteacher at Durham Johnston has been in talking to the Year 6 children about life in secondary school. This talk included discussions about sport that is available and what PE might look like. Our Year 6 staff</p>
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				<p>also had the opportunity to talk to the Headteacher regarding PE.</p> <p>A student from Durham Johnston carried out work experience in PE in the Summer term.</p>
1	<p>All children throughout the school to continue to engage in 30 minutes of moderate to vigorous exercise every day.</p>	<ul style="list-style-type: none"> <li>• Provide equipment bags for each year group for break times.</li> <li>• Provide class resources for start of day healthy start DVDs etc Leadership training and delivery.</li> <li>• Staff training – ensure all staff are on board.</li> </ul>	£250	<p>All year groups have a wheelie bag full of equipment for use at playtimes and lunchtimes. Children make good use of this equipment which means their playtimes are active and enjoyable.</p> <p>There was lots of equipment bought this year for lunchtimes too. Things like space hoppers, scatch pads, hoola hoops and various sized balls.</p> <p>Regular emails are sent to staff informing them of upcoming events.</p>
1,2	<p>Increase pupil leadership of sport and activity.</p>	<ul style="list-style-type: none"> <li>• Link pupil leadership to Active 30 agenda – KS2 challenge tasks and leadership of KS1 activity.</li> <li>• Support from Sports apprentice to deliver a range of intra school break time competitions.</li> <li>• SSP to deliver Playground Leader Training to Year 5 children.</li> <li>• KS2 playground leaders to lead and mentor Year 2 leaders.</li> </ul>	£0	<p>The SSP have been into school this year to work with Year 5 sports leaders. This has enabled these children to develop the skills and confidence to take an active role in training other children. During some OAA/team building sessions, the year 5 leaders supported children from all year groups in many different activities.</p>

1, 2, 5	Continued focus on offering additional teams in competitive interschool sports competitions.	<ul style="list-style-type: none"> <li>• Work by Martin Rose in role as league organiser to offer more competitive sport for Upper KS2 pupils in football, athletics, cross country and netball so more leagues can be accessed, more fixtures available esp. in girls football and that more teams can take part, allowing more B and C teams.</li> <li>• Purchase new football kit.</li> </ul>	<p>Cover time for staff organising and supervising competitive sport out of school hours - £600.</p> <p>Football kit - £350</p>	<p>In football this year we have ran five teams, taking part in the Chester-Le-Street schools football league. This has involved around 90 children from year 4 up to year 6. We reached three county finals, winning one and coming runner up in another.</p> <p>With regards to athletics, children from year 3 to year 6 took part in the Durham Dash. We have also entered an athletics competition organised by the SSP and reached county finals in indoor and outdoor athletics.</p> <p>We have competed in netball leagues this year. Year 6 team played in CLS league and were runners up. We also had 2 teams in the SSP County Finals and we won that, with the B team runners up in the Durham league. Some upper KS2 children also took part in the Chester-Le-Street Primary School Athletics Association cross country events on Saturday mornings and they also entered into the County Cross Country Finals. We have also organised an inter-house cross country competition in school.</p> <p>These events and competitions have enabled the children to not only develop their sporting skills, but they have also supported them in developing their social and communication skills and their mental well-being.</p>
1, 3, 4	Further develop opportunities for year 6 pupils to deepen OAA as a transition tool and to build future 'lifestyle activities' such as cycling, walking etc	<ul style="list-style-type: none"> <li>• Offer of 5 lifestyle outdoor activities across the year, led by a range of staff and external providers. These extra-curricular activities to be subsidised by sports premium to allow accessibility to all.</li> </ul>	Subsidised amount of £10 per pupil, to 'price match' parental contribution £1000	During the year 6 activity week, the children got the opportunity to take part in a walk and picnic around the local area. They carried out team building games and got the opportunity to go in a 'cave bus'. As well as this, the year 6 children went rock climbing at Meadowfield Climbing Centre. This allowed the children to experience activities that promotes adventurous spirit.

1, 2, 4	Review and continue to improve quality, quantity and range of equipment for all sports and outdoor learning.	<ul style="list-style-type: none"> <li>• Continue to audit and renew/replace equipment for sport and activity.</li> <li>• Purchase and renew high quality resources which support learning and inspire pupils.</li> <li>• Purchase hoodies for all staff to wear on trips and at PE festivals/events.</li> <li>• Purchase uniform for PE staff.</li> </ul>	PE equipment £500 Forest School equipment £200	A big order of equipment was purchased for all year groups. This included SEN resources, e.g. Zedbugs and balance beams, and resources for Forest School sessions. These resources mean that all pupils are getting the most out of PE lessons and Forest School sessions, as well as playtimes and lunchtimes. Hoodies were purchased for all teaching staff so that they can represent our school at festivals and competitions. Uniform was purchased for PE staff, including shorts, jogging bottoms, t.shirts and tracksuit tops. This uniform makes our PE staff look smart and it means that they are wearing the same.
3	To involve class teachers in PE lessons, assessment and data.	<ul style="list-style-type: none"> <li>• Class teachers to liaise regularly with Martin Rose regarding PE and their pupils.</li> <li>• Class teachers will observe their class doing PE at least once a term.</li> </ul>	£0	Some teaching staff regularly speak to Martin Rose regarding their children's progress in PE lessons. This target needs to be a further focus for next year.
1, 2, 4	To increase the participation in afterschool clubs and the range offered.	<ul style="list-style-type: none"> <li>• Allow all pupils, in both KS1 and KS2 the opportunity to take part in after school clubs.</li> <li>• Provide a range of after school clubs for both key stages.</li> <li>• Provide a lunchtime 'change for life' club for those children who are not very active in and outside of school.</li> <li>• Allow pupils to have a say of which clubs they would like through a pupil voice survey.</li> </ul>	£0	There has been a number of after school clubs going on throughout the year for all year groups. Every term, all pupils in every year group have had the opportunity to be part of a club. These clubs have included football, athletics, ping pong and movement skills. They allowed children to develop their sporting skills as well as developing their individual personalities and social skills. At the start of this year we conducted a pupil voice survey and we took on board which clubs, like football and gymnastics, that the children wanted to do and made them available in the Autumn term.
1,4	To increase physical activity during playtimes and lunchtimes.	<ul style="list-style-type: none"> <li>• Buy into OPAL – Outdoor Play and Learning to give all children the opportunity to endlessly create and challenge themselves outdoors.</li> </ul>	£5000	SLT have had various meetings with OPAL consultants. Plans have been delayed and will start in September.

Swimming Of pupils leaving year 6 in 2021/22, 97% were able to swim a minimum of 25 metres and used a variety of strokes to achieve this. The cohort also worked on survival skills of floating and treading water to a good standard and were all able to perform a self rescue.

See government expectations below.

1. National curriculum outcome: Swim competently, confidently and proficiently over a distance of at least 25 metres.

- Swimming at least 25 metres should be viewed as an absolute minimum. Every Year 6 child should achieve this distance, with an expectation that the majority of pupils will swim significantly further.
- The swim should be continuous and completed without undue stress. The stroke or strokes used should be as strong at the end as at the start of the distance.
- In completing at least 25 metres some element of this must include in deep water, defined as greater than shoulder depth.

2. National curriculum outcome: Use a range of strokes effectively.

- The strokes used should be recognisable to an informed onlooker. The minimum expectation will be: - Alternative strokes: Front Crawl, Backstroke - Simultaneous strokes: Breaststroke, Butterfly

3. National curriculum outcome: Perform safe self-rescue in different water-based situations.

- Emphasis should be on young people being able to safely enter and exit the water. This includes falling in and using ladders to get out of pools.
- The ability to tread water and keep yourself afloat is vital for safe-self rescue, as is the ability to get back to the side.
- Schools should also ensure pupils have practical experience of using their skills in outdoor swimming environments, such as the sea, canals or rivers. The Swim Safe schools programme run by Swim England and the RNLI provides practical water safety sessions for schools during the summer term and are committed to working with schools to ensure all pupils are able to access a session by 2020